

Some Things Change





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*East High School
815 East 13th Street
Des Moines, IA 50316*

(515) 242-7788

Enrollment: 1650



Some Things

Never Change

The sun will always rise and set
things like these we never forget.

When we were small and dreamed away
of times we'd grow and make our way.

We thought the world so large and fearful
yet, now we look at it a little tearful.

Some long for things they've left behind
but others strive to use their minds.

We see the new millenium ahead
and now's the chance to heed what our forefathers have said.

To make this world a better place
not just for ourselves, but for the human race.

Enjoy the time we have now to grow
because the future we yet do not know.

Let's try always to do our best
whenever we find ourselves under test.

We are the future and we can see
what a wonderful place the world can be.

Some things of the past have been rearranged
but we know that some things will never be changed.

by: Jennie Carico









B u s y S c a r l e t

by: Ashley Vitirillo

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It's students' favorite time of year. In the months of June, July, and August you can bet students and staff are keeping busy with sometimes nothing at all.

Maybe that's why students look forward to summer. It's their chance to really do nothing at all. No homework, no assignments, no nagging teachers, no 7:40 a.m. school bell, no tests. It's their chance at 80 days of freedom and their chance to do nothing.

"I didn't do a thing. I just hung out with my friends and went to parties," said sophomore **Aleisha Collins**.

"I just raced my dirt bike," said freshman **David Harbold**.

Some students don't really take the summer off. They're either working, traveling or making their way from practice to practice.

"I played softball and slept," said sophomore **Ginger Stevens**.

"I went to St. Louis with my family," said junior **Julius Johnson**.

Most staff members keep themselves busy with work and traveling.

"I worked the streets all summer long defending the good and locking up the bad," said SRO Officer **Greg Morse**.

"I went to the national tumbling competition and I played some tennis with Mrs. Steingrape," said P.E. teacher **Joyce Vickroy**.

We somehow managed to keep busy during the summer and get worn out, even if we weren't doing a thing.



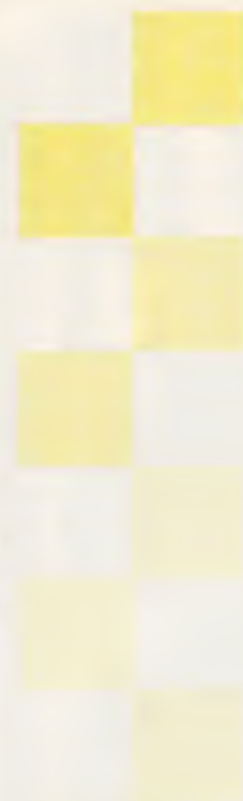
Can I get a push? Junior **Melissa Khodai** and senior **Anna Jones** spent the summer reminiscing on Anna's childhood swing-set. This was just one of the many things they enjoyed doing over the summer.



Chowing out! Juniors **Amanda Kindred**, **Michelle Denning**, **Kati Bainter**, and **Stephanie Stapes** gather for a group photo after chowing down at Okoboji Bar and Grill.



aging the rapids,
Seniors Josh
Gerrietts and James Grasso
raft through the Royal
Gordge. The Royal Gordge is
part of Arkansas River which
runs through Colorado.



ig ol' fish! Juniors **Meghan
Templeton** and **Sara
Westergaard** hope to catch a big one.
Fishing at a lake was one of the many
past-times these two enjoyed.



ven in the past, students managed to keep
busy during the summer months when school
was not in session. Gathering for a summer parade,
students intently watch the fun and gaiety of a proces-
sion of floats.

Something

by: *Phut HoangVan*

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What do most people do during Spring Break?

Some people stay at home and lounge around, work or visit relatives.

"I usually work and work some more," said junior **Sam Reese**.

In the case of some students, going on a huge trip is the answer.

It is an annual event for juniors.

The United Nations Association of Greater Des Moines took about 20 students from East to New York and Washington, D.C.

"I went on the trip because if I hadn't, I would've never visited New York or Washington, D.C.," said senior **Stephanie Miller**.

The trip was for juniors from many different high schools.

"I met many new people and everyone was really nice," said senior **Amy Hornocker**.

First stop was our nation's capital, Washington. There the students visited places like the White House and Arlington National Cemetery.

"I really enjoyed Washington more than New York," said **Miller**. "It wasn't as crowded."

After Washington, three days were spent in the big apple, New York City.

The Statue of Liberty stands high and mighty. Visiting students had to take ships to the island where she stood.



Smiling happily with FDR, seniors **Katie Nasat, Diana Calo, Phut HoangVan** and **Heather Knight** seem small compared to the sitting president. The FDR monument was just completed.





Knowing that they are having a great time, these students pose while they wait to get into Ford's Theatre. Inside the theatre the story of Lincoln's fateful assassination is told.



Washington Monument can be seen from anywhere in Washington D.C. The monument was one of the few things that was not visited to see the inside.

Traditions

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by: Linda Her



Walking through the doors of East High, students may not realize the history that is taking place yearly, but for the hundreds of former students who went through them last May, it was a bridge to fonder times and to the past.

"It's great to see all the people that come back because they've all had a part in the history of East," said Principal Jerry Stilwell.

A great tradition at East has been the annual Alumni Dinner, which is usually held in May, to honor graduating seniors who have achieved excellence in academics, athletics or other areas. There was also a presentation of new members to the Hall of Fame, as well as entertainment and food service provided by the students and staff currently attending East.

"It was a proud experience serving at the dinner. I chose to serve there not only because it's a good volunteer thing, but I hope to be a part of it some day," said senior Steve Kirkpatrick.

"Being the coordinator of the serving committee has always been fun and sometimes hard. Some years it's difficult trying to find students to participate, but most years, there are always students who really care and want to volunteer," said teacher Linda Nemmers.

Many of the alumni came from all over the country to attend this special event, and throughout the evening, many recollected memories of their years at East and told of how it's changed. However, one thing that hadn't changed was each person's school spirit and pride in East.

"One of the things I loved about the dinner was hearing the alumni tell stories about their experiences at East. One story that I remember was an alum telling me about how they used to ring a bell at lunch and then everybody would bow their heads and pray. Things are really different now," said junior Shawn Head.

As the evening went on, many sat and waited patiently for the main event to occur, which was the presentation of scholarships. That evening, 36 scholarships were awarded, ranging from \$500 to \$10,000.

"That was the highlight of the evening. Everyone attending has a part in making those awards possible, so they feel really great to see deserving seniors receive them," said Stilwell.

Students line the stage as they receive their scholarships. Many wore happy expressions that evening and were proud of their achievement.





After eating dinner, the alumni sit and listen as Pres. **Courtney Maxwell-Green** speaks. It was Maxwell-Green's last year as president as she passed the baton to **Gary Alford**. At far left, **Lauren Rice** receives her scholarships from former president **Marsha Yelick**.



taking part in the entertainment, at left, Voice Class performs for the alumni through song. Students have enjoyed being a part of this "great" tradition. Above, listening intently, members of the Alumni Foundation Board watch as new members of the Hall of Fame are inducted. Last year, the Alumni Association presented student government with a \$2500 check.

People

ALL the People in our lives make **the difference**

by: Debbie Montis

The freshmen can't wait to be sophomores, the juniors can't wait to be seniors and the sophomores just can't wait to be halfway through. Oh, and, of course, the seniors can't wait to get out.

Every year, whether you're a freshman or a senior, you always have something to look forward to. You'll always be the next step up and one foot ahead of the game.

But let's take a look back, just for a little while. We need to remember our past and present relationships, friendships and hardships. It's important to remember these and keep the experiences of life in our minds. They will be our memories in the changing future.

As we take the next step into the future, let's make sure we remember our loved ones. The more things change, the more we can count on these people to remain strong. The ones who helped us through each year, every hard time and all the good times.

1871

The first graduate was Elizabeth Mathews.

There were no more grads until 1875. The common attitude was that no one needed school past 8th grade.

1877

EHS moved from the top floor of Bryant School on East 9th and Grand to the top floor of Webster School on East 12th and Lyon.

1888

The freshman class was moved back to Bryant due to overcrowding.





1911

A "new" East High was built at 13th and Walker. That is our main building today.

1912

Because the new East building cost so much (\$400,000), it was impossible to have it furnished for school that spring. So students formed a parade line and marched all of their old furniture to their new school on May 17.

Class of



⇒ Abbreviations

AIB	American Institute of Business
AL	Academic Letter
BPA	Business Professionals of America
CB	Career Beginnings
DMACC	Des Moines Area Community College
FCA	Fellowship of Christian Athletes
ISU	Iowa State University
JA	Junior Achievement
JROTC	Junior Reserve Officer's Training Corps
LC	Leadership Council
NCYL	National Council on Youth Leadership
NH	New Horizons
NHS	National Honor Society
OA	Office/Library Aide
PEP	Pep "E" Club
SB	Science Bound
SG	Student Government
SS	Scarlet Standout
TS	Talent Search
UB	Upward Bound
UI	University of Iowa
UN	United Nations
UNI	University of Northern Iowa

ACKELSON, CHRISTINA—Spanish Club 7-8; Sr. Board; Swimming 1-7; Tennis 4-8; UN Trip. UNI
ANDERSON, MACEO—Football 1-7.
APPLEBY, SCOTT
ARMSTRONG, RUSSELL



AUDSLEY, JACOB
BAKER, KERRIN—Graphic Tech 3-6; Jr. Board; OA 1-2, 7-8; PEP 1-8 (Sec. 7-8); Scarleteers 5-6; SG 1-2, Mercy College
BAKER, KHIDRA—Basketball 3-4; Key Club 3-4; Graphic Tech 5-6.
BAKER, TARA—OA 3-7; PEP 1-6; Spanish 5-6; Sr. Board, Treble Choir 1-2; Volleyball 1-6. UI



BARKER, JOSH—Football 1-2; NH 7-8; Soccer 5-6; Swimming 2-8.
BEENER, JACKIE—A Cappella 1-2; Basketball 1-8; Mixed Choir 3-6; PEP 5-6; Softball 2-8; TS; Track 2-8; UN Trip; Volleyball 3-7.
BENESH, SARAH—NHS 5-8; NH 4; Scroll 5-8; SODA 6-8.
BENGE, JENNY—PEP 1-2; Wrestling 5; SODA 5-8. Police Academy





BENNETT, BROOKE—Cheerleaders 1-8; French Club 1-4; Jr. Board; Market Sales 5; OA 1-4; PEP 1-8; Sr. Board; Tennis 1-8. UI

BENNETT, GARY
BENNETT, LINDSEY—Basketball 1-8; Cross Country 5-7; PEP 1-8; Softball 1-4; Track 1-8; UN Trip; Volleyball 1-4

BIRD, MATTHEW—Golf 1-2, 5-8; Key Club 1-2; PEP 1-4; Soccer 1-8; Spanish Club 5-8; UN Trip. UNI



BISHOP, MISTY

BLAKEMAN, JENNIFER—BPA 7-8; Jr. Board; PEP 1-8; Softball 1-6; Sr. Board; SG 5-8; UN Trip; Volleyball 1-4. ISU

BOGGS, BRYON
BOS, BRIAN



BRAAFHART, BENJAMIN—Football 3-4. UI

BROWN, JULANDA—Gospel Choir 5-8; Graphic Tech 3-4; Jr. Board; Key Club 7-8; LC; PEP 7-8; SDS 1-4, 8; SB 1-4; Spanish Club 7-8; Sr. Board; SG 5-8; UB 1-6; Voices of Change 5-8.

BUCKLIN, AMBER
BUEHLER, JEFFREY



BUMP, CHRISTOPHER

BURGESS, TYCHIA—Jr. Board; Key Club 7-8; LC; SS; Spanish Club 7-8; Sr. Board; SG 5-8; UB 1-8.

BUSBY, TRES—AL; Chamber Choir 3-8; Colorguard 5-8; Concert Band 1-8; Marching Band 1-4; Prep Choir 1-2; UB 5-8.

BUSHONG, MICHAEL—Football 1-5; OA 1-4.



BYARS, STEPHANIE

CALO, DIANA—French Club (VP) 1-8; LC; PEP 1-8; SS; SG 1-4, 7-8; Tennis 3-8; UN Trip; UB 3-8. UI

CARICO, JENNIFER—AL; Key Club 2-6; NHS 7-8; NH 1-4; PEOPLE PE 7; Quill 3-8 (People Ed. 5-6, Editor 7-8); Spanish Club 3-7; SODA 5-7; Environmental Club 1-2; RIP 6-8.

CARR, JUSTIN—Basketball 3-8.

CARRASCO, GABRIEL—NH 5-8; PEP 5-8.
COLLINS, KENNETH
CONSTABLE, MATHEW
COPELAND, CLYDE



CORNETT, RAYMOND
COVALT, LOUISE—AL; Concert Band 1-6; Jazz Band 3-6;
Jr. Board; Marching Band 1-6; NHS 5-8; Quill 3-8;
SS; Sr. Board. Liberty University
CROOKS, NATHAN—PEP 1-6; SR Board; Wrestling 5-
6. ISU
CROWDER, TIMOTHY—AL; Football 1-8; TS ; Track 5-8;
Wrestling 5-8. Central



CULP, LEVI
CUPE, ANGELA—Cheerleaders 1-6; OA 3-4, 7-8; PEP 5-6;
SS; Treble Choir 1-2; Wrestling Manager 3-4.
Mercy
CURL, ADAM
CURTIS, ROBERT—Concert Band 1-8; PEP 5-6; SS. ISU



DAKE, SHELLEY—NH 1-8; PEOPLE PE 1-8; Prep Choir 1.
DANK, RACHEL
DAVIDSON, JASON—Football 1-8; PEP 7-8; Spanish
Club 7-8; Sr. Board; Track 1-8; Wrestling 5-8.
De La Cruz, Silvia



DHABOLT, ROCKY
DIEDRICH, DEMITRUS—Debate 1; Jr. Board 5-6; LC; Sr.
Board; SG 4-8 (Sec. 7-8); Track 6.
DORITY, SARAH—Basketball 1-2; Cheerleaders 3-8;
Soccer 1-8; Sr. Board. Graceland





DOWNES, GERRAD—PEOPEL PE 1-8; Scroll Circ. 1-8.
 DRAYTON, NICOLE—French Club 4; LC; PEP 7-8; SDS
 3-8 (Capt.); Scarleteers 3-6; Softball 2; Sr. Board;
 SG 6-7; UB 4; Voices of Change.
 EARP, ABBY
 EASTER, CINDY



EDWARDS, JENNIFER—AL; Class Officer (VP) 7-8; Jr.
 Board; NHS 5-8; OA 4-8; PEP 1-8 (Tres. 7-8); SS;
 Scarleteers; Span. Club 5-8; Sr Board; NCYL 7-8.
 DRAKE
 FICK, JON—Baseball 1-8; Football 1-8. ISU
 FISHER, ADAM
 FLIPPO, JENNIFER—Basketball 1-6; PEP 1-6; Track 1-2;
 Volleyball 1-6; NCYL.



FLORES, JOSE
 FOX, JAMES—AL; Chamber Choir 5-8; French Club 7-8;
 Gospel Choir 5-8; Mixed Choir 4; PEOPEL PE 5-8;
 PEP 1-8; Prep Choir 1-2; SS; SB 1-8; Vocal Jazz 7-8.
 FREERKSON, DAVID—Baseball 1-8; Basketball 1-2;
 Football 1-2; Golf 3-6; PEP 3-6; SS. William Penn
 FROST, DAVID—AL; Basketball 1-8; Football 1-8; Jr.
 Board; NHS 5-8 (Pres. 7-8); OA 3-8; Scroll (Ed. 7-
 8)5-8; Sr. Board; Tennis 1-8; NCYL.



FULLER, MICHAEL—AL; NHS 5-8; PEP 1-8; SS; Spanish
 Club 5-8; Un Trip. ISU
 GARDNER, ANGELA
 GATHERCOLE, LISA—AL; Cheerleaders 1-2; Jr. Board;
 NHS 5-8; PEP 1-8 (Pres. 7-8); SS; Spanish
 Club 7-8; Sr. Board; Steppers 3-8; SG 1-2;
 Tennis 2-4; NCYL. Drake
 GAZZO, NICOLE—Basketball 1-4; PEP 1-2; Volleyball 1-
 5.



GERRIETS, JOSHUA—AL; Quill (Design Ed. 7-8)4-8;
 Wrestling 1-4. ISU
 GIFFORD, GREGORY
 GIPSON, COREY
 GOFFMAN, JOE—Graphic Tech.1-6; Scarleteers 1-4.

GOOD, TIFFANY—BPA 7-8; Cheerleader 1-8; French Club 1-2; Track 1-8.

GORDON, LINDSAY—BPA 7; PEP 1-2; Quill 4; SS; Sr. Board; SG 7. DMACC

GOURD, ROBERT

GOVONI, DANIEL—Cross Country 5-6; French Club 1-8; Golf 7-8; Key Club 1-4; Soccer 1-8 (Capt.); Sr. Board; UN Trip.



GRAHAM, CURTIS

GRANT, NATHANIAL

GRASSO, JAMES—AL; Baseball 1-2; Football 1-8; Orchestra 1-8; Sr. Board. ISU

GRAY, SHEENA—Cheerleader 1-2; Golf 5-8; Market Sales 5-6; PEP 1-5; Photojournalism 7-8; SS; Softball 1-6; UN Trip; Volleyball 1-6. Mercy



GRIFFIN, CANDICE

GRIFFITHS, AMY—AL; Cross Country 5,7; Jr. Board; NHS 5-8 (VP 7-8); OA 1-8; PEP 1-8; Scroll 5-8 (Ed. 7-8); Softball 2,4,6; Spanish Club 7-8; Sr. Board; SG 1-4; Track 4,6,8; UN Trip; NCYL.

GRIMM, JR., TONY

HALE, STEPHANIE



HANKE, NABIL—Scroll 4-6.

HARDWICK, DAVID

HARTKOPP, CHRISTINA—Basketball 1-4; OA 3-4; Soccer 1-8; Spanish Club 7-8. ISU

HAYES, COURTNEY



HAYGOOD, DONALD

HEARD, FREDERICK—Art Club 1-8; Basketball 5-8. ISU

HELD, CRYSTAL—AL; Graphic Tech 7; NH 3-6; Spanish Club 5-6; SODA 5-8.

HER, LINDA—AL; Chamber Choir 3-8; Key Club 7-8; LC; Mixed Choir 1-2; NHS 5-8; PEP 1-2, 7-8 (Board); Quill 4-8; SS; Show Choir 1-2; Spanish Club 5-8; Sr. Board, RIP 1-8.





HERRERA, MARIA—Graphic Tech 3-8; OA 1-4; PEP 1-8; Sr. Board. DMACC
 HERRERA, NICKOLAS—Concert Band 1-8; Jazz Band 1-8; Marching Band 1-8; TS.
 HIBBEN, NATHANIEL—Basketball 1-8; Class Officer (Pres.); Cross Country 1-8 (Capt. 7-8); FCA 5-6; French Club 1-4; Kiwanian; PEP 1-8; SS; Scroll 5-8 (Copy Ed.); Sr. Board; UN Trip. Texas Christian
 HILL, JAIME—A Cappella 1-2; Chamber Choir 3-8; Mixed Choir 1-2; PEP 1-4, 7-8; SS; Show Choir 1-2; Swimming 3; Vocal Jazz 7-8.



HOANG VAN, PHUT—AL; Key Club 5-8; LC; NHS 5-8; PEOPLE PE 7-8; PEP 1-8; Quill 4-8; SS; Scarleteer 5-8; Spanish Club 5-8; Sr. Board; SG 5-6 (Pres. 7-8); UN Trip; UB 5-8; SODA 5-8; NCYL 7-8. ISU
 HOLMES, HOLLY
 HORNOCKER, AMY—Basketball 1-8; Jr. Board; Key Club 7-8; Market Sales 7-8; OA 1-8; PEP 1-8; Soccer 7-8; Sr. Board; Track 1-8; UN Trip; Volleyball 1-8. UNI
 HOUSLEY, JOSEPH



HOUSMAN, SARAH—Mixed Choir 5; Prep Choir 1-4; SS.
 HOWE, NICHOLAS
 HULSEBUS, ALAN—Acad. Decathlon 3-8; AL; Knowledge Masters 1-8; NHS 5-8; UI Quiz Bowl 1; Drake Quiz Bowl 1-8; Science Bowl 5; Spanish Bowl 2, 4; Heartland AEA Quiz Bowl 6.
 HUNT, SARAH



HYDE, LAURA—DMACC
 JACKSON, CHRISTON—Baseball 3-4; Basketball 1-8; Football 1-2; PEP 5-6; SB 2-4; UB 2-6.
 JACKSON, MYISHA—PEP 7-8; Sr. Board. Colorado State
 JAMES, SANDRA—BPA 7-8; Jr. Board; Prep Choir 1-4; SODA 5-7 (VP). AIB



JENKINS, MARQUITA
 JOHNSON, AMBER—Cheerleader 5-8; Graphic Tech 5-8; Jr. Board; LC; PEP 1-8 (Sec.); Scarleteer 3-8; Scroll 5-8; Soccer 3-8; Sr. Board; SG 3-6. ISU
 JOHNSON, BETHANY—AL; French Club 1-4, 7-8; Key Club 7-8; NHS 5-8; SS; Sr. Board. UI
 JOHNSON, DUSTIN

JOHNSON, EMILY—AL; Art Club 1-2; Key Club 4-8; LC; NHS; SS; Scarleteers 5-8; Scroll 5-6 (Co-Ed.) 7-8 (Design Ed.); Sr. Board; NCYL 7-8; SODA 5-8 (Pres.). Grand View

JOHNSON, THERESA—Drama Club 1-8; LC; PEP 1-4; Play Production 1-8; School Play 4-8; Soccer 1-8; Theater Arts 4-8; Voices of Change 5-8.

JONES, ANNA—AL; Graphic Tech. 7-8; Jr. Board; PEP 1-8; SS; Soccer 7-8; Sr. Board; Swimming 1-6; Track 1-2, 7-8. UI

JORDAN, JESSICA—Basketball 1-8; PEOPEL PE 5-6; PEP 7-8; Prep Choir 1-2; Sr. Board; Track 1-8; Volleyball 1-8.



KELLIS, DANIELLE—Cheerleaders 1-2; Graphic Tech. 3-8; Jr. Board; Market Sales 5-8; Sr. Board; Steppers 7-8; Wrestling Mgr. 7-8.

KENNEY, JESSICA—Graphic Tech. 2-3; PEP 1-8; Scarleteers 3-8; Scroll 3-8; SG 7-8; Volleyball 1-6; SUCCESS 1-8. ISU

KIGAR, KIMBERLY—French Club 1-4, 7-8; PEOPEL PE 7-8; PEP 1-2; Quill 4. DMACC

KINDHART, AMANDA—French Club 1-2; NH 5-8; PEP 1-8; Volleyball 1-2. DMACC



KIRKPATRICK, STEPHEN—BPA 5-8; Key Club 1-6; PEOPEL PE 5-8; SS; Span. Club 3-4; Sr. Board. UI

KNIGHT, HEATHER—AL; Key Club 1-8; Mixed Choir 3-4; PEP 1-8; Sr. Board; SG 1-4, 7-8; Treble Choir 1-2. DMACC

KOUANG, DAVID

KRASKA, NICHOLAS—AL; Baseball 2; Football 1-8; NHS 5-8; Swimming 5-6; Tennis 8; Track 4-8; UN Trip; NCYL. ISU



KRPAN, LUCAS—Baseball 1-8; Basketball 1-8; PEP 1-8; SS; TS.

LAKE, JULIA

LAMB, VALERIE—Graphic Tech. 3-8; Tennis 1-2; Volleyball 1-6. Central

LARY, CHRISTINA



LATCHAM, BANDI

LAWRENCE, NICOLE—Graphic Tech. 3-6; OA 2-5; Colorguard 5-8; PEP 1-8; Quill 3-8; SS; Sr. Board; Tennis 5-6; RIP 7-8; Youth Advisory Board 3-6.

LEE, CARLISA—PEP 5-6; Span. Club 5-6; Sr. Board; TS; UB 1-7. DMACC

LEIGHTON, CHRISTINA





LEONARDI, AMBER—Cheerleaders 3-4; PEP 7-8; Sr.
Board. UI
LEVERICH, LAURETTA
LEWELLIN, CORY
LINT, RACHAEL



LUCE, LAURA—LC, NHS; SS; Swimming 1-8; Tennis 3-8. DMACC
LUNA, MIRIAM—LC; NH 5-8; Sr. Board; SG 7-8.
MARTIN, SARA—PEP 3-8; Span. Club 5-8; Sr. Board.
Wartburg
MARTINEAU, SARAH—AL; Basketball 1-4; BPA 7-8;
Cross Country 3-8; Debate 1-2; Football 1-3; French
Club 1-4, 7-8; Jr. Board; Key Club 7-8; PEP 7-8; SS;
Sr. Board; SG 7-8; Track 1-2; NCYL 7-8. Mercy



MATLAGE, MARSHAL
McCARL, BETTY JO—Jr. Board; OA 1-2; SDS 1-2, 7;
Soccer 2; Sr. Board; SG 7.
McCLASKEY, JESSICA—Chamber Choir 5-8 (Treas.);
Span. Club 5-8; UB 5-8. UI
McDANIEL, JAMES



McDOWELL, CHRISTINA
MEER, CARRIELYNN
MESSENGER, CYNTHIA—Colorguard 3-4; Concert Band
1-8; Marching Band 1-8. American College of
Hairstyling
MICHELSEN, TIMOTHY—Baseball 1-8; Graphic Tech. 3-4;
PEP 1-8; Soccer 1-8.



MILLER, STEPHANIE—Cheerleaders 1-8; Debate 1; Jr.
Board; PEP 5-8; Soccer 6-8; Span. Club 5-8; Sr.
Board; UN Trip. ISU
MINOR, JUSTIN—BPA 3-8; TS.
MITCHELL, TRACY—Cheerleaders 3-4; Concert Band 1-4;
Honors Photo 7; Jr. Achievement 7; Marching
Band 1-4; Market Sales 7; NH 6-7; PEP 2, 4;
Photojournalism 7; Sr. Board; ROTC. AIB
MOELLER, MATT—AL; Basketball 1; Golf 7; Key Club
5; PEP 5-6; Soccer 1-8. ISU

MORRINE, ADAM—Prep Choir 1-2; Wrestling 3-4.
USMC
MORENO, JESSICA—AL; OA 4-7; PEOPLE PE 7; PEP 5-7;
SS; Span. Club 6-7; Sr. Board.
MORRIS, TODD—Football 1-6; Wrestling 1-8 (Capt.).
MULLINS, AMANDA—Debate 1; PEP 1-6; Softball 1-2;
Swimming 3; Track 2. Grand View



MURRAY, TAUREAN
NASET, KATIE—AL; NHS 5-8; SS; UN Trip; Kiwanian.
UI
NEMMERS, RYAN—AL; Jr. Board; NHS 5-8 (Treas. 7-8);
PEP 1-8; SS; Scarleteers 5-8; Sr. Board (Treas.);
Tennis 3-8. NCYL
NEWSOME, SHAKEELA—Basketball 1-4; Cross Country 3-
8; Orchestra 1-6; SDS 6-8; TS 1-8; UB 1-8. Art
Institute of Chicago



NICHOLS, KEARSTIN—Basketball 3-4 (mgr.); Drama
Club 1-8; LC; Play Production 1-8; School Play 4-8;
Scroll 5-8; SG 7-8; Theater Arts 3-8; Thespians 1-8;
Voices of Change 1-8. Grand View
NORWOOD, JABRE
OAKES, SHEILA—Mixed Choir 5-6; NH 7-8; Prep Choir
1-2; SDS 5-6; Treble Choir 3-6.
OLDHAM, RYAN—Honors Photo 7-8; NH 5-6; PEP 3-4;
TS.



OLIVER, TIFANY—Basketball 1-8; PEP 1-8; Softball 1-8;
Track 1-8; Volleyball 1-8.
OLSON, LESLEY—AL; Basketball 3-4; NH 5-8; PEP 1-8
(VP); Sr. Board; Swimming 1-8; Tennis 5-6;
Track 1-4. New York Univ.
PADGETT, BONNIE—AL; SS; Volleyball 1-4. DMACC
PAPIANI, MELISSA—Basketball 1-4; PEP 1-6; Swimming
1-8; Tennis 3-8. DMACC



PETERSON, ZACHARY—Debate 1-4; Forensics 1-6; Key
Club 5; Knowledge Masters; SS; World Travelers;
GLOBE.
PETTIJOHN, DEREK
PEAU, CODY—AL; Acad. Decathlon 1-8; Chamber
Choir 1-5; Knowledge Masters 1-8; NHS 5-8;
Orchestra 3-5; SS; Show Choir 1-4; Vocal Jazz 3-4;
Quiz Bowl 1-8; Span. Bowl 3-4. ISU
PLATT, JARED—Baseball 1-2; Basketball 1-8; PEP 1-8.
Univ. of Arizona





POTTER, MARK
 PRATT, JONATHON—Art Club 7-8
 PRESICK, ERIC
 QUANG, LINDA



RANDOLPH, ERIC
 RANDOLPH III, JAMES
 RAY, JASON
 REED, AMBER—Cheerleader 1-4; PEP 1-6; Photojournalism 5-8; SG 1-6. ISU



REEVES, JESSE
 REID, KRISTEN—Cheerleader 1-2; Colorguard 3-4; Gospel Choir 6-8 (Pres. 7-8); Mixed Choir 3-6; PEP 7-8; Swimming 3-5; Treble Choir 1-2. DMACC
 REIDBURN, MANDY—Basketball 1-8; Golf 8; Graphic Tech. 3-4, 7-8; OA 3-5; PEP 1-8; SS; Soccer 4-6 (mgr. 8); Softball 1-8; Sr. Board; SG 7-8; Track 1-6; UN Trip; Volleyball 1-8; RIP 5-8. Grand View
 RHODES, EDWARD



ROBY, TIFFANY—AL; Quill 4-8; UB 1-8. Drake
 ROUNDS, MYA—Debate 1; Graphic Tech. 6; Orchestra 1-8. Northwestern
 RAMAGE, MARK
 SAMUELSON, JULIE—Concert Band 1-8; Marching Band 1-8; Scroll 5.



SHANNON, DUSTIN
 SHARP, KEON—Basketball 1-8; Football 1-8; Photojournalism 7-8; Track 6-8.
 SHERIDAN, JUSTIN—Baseball 1-2; Basketball 1-2; Football 1-5; Prep Choir 1-2. DMACC
 SIRIANNI, ANGELA

SLAUGHTER, NICOLE—AL; BPA 3-6 (Asst. Treas. 5-6); French Club 1-4, 7; Key Club 7; NHS; PEP 4-7; SS; SODA 7; RIP 7-8.

SLAUGHTER, ROCHELLE—AL; French Club 1-4, 7-8; Key Club 7-8; NHS; PEP 1-8; SS; SODA 7-8; RIP 7-8. ISU

SMITH, CHRISTINA—Mixed Chior 3, 6-8; NH 3-8; PEP 3-4; Prep Choir 1-2; Treble Choir 3-4; ROTC 1-8.



SMITH, TYLER—BPA 7-8. DMACC

SMITHART, AMANDA

SODERBLOM, ERIN

SONNER, CORY—Cross County 7-8; Equip. Mgr. 3-8; Golf 1-8 (Capt. 5-8); LC; OA 7-8; PEP 5-8; Soccer 1-8 (Capt. 5-8); Sr. Board; Tennis 7-8. ISU



STAPES, JOSHUA—Baseball 7-8

STEVENS, JUSTIN

STEVENS, NICKELLE—AL; Cheerleader 1-4; Jr. Board; NHS (Sec. 7-8); PEP 1-8 (Historian 7-8); SS; Softball 1-6; Sr. Board; Steppers 7-8; Tennis 1-8; Volleyball 5-6. Drake

STEWART, JESSICA



STOKKA, EMILY—Chamber Choir 4-8; Concert Band 1-4; Jazz Band 3-8; Marching Band 1-8; Mixed Choir 3; Prep Choir 1-2; NCYL. IA College of Natural Health

TAHA, JOSH

TEDDER, LEAH—AL; Basketball 1-4; BPA 3-4; Cross Country 3-8; Key Club 1-8 (Pres. 7-8); NHS; Track 1-6; TS. UI

THAYER, MICHELLE



THOMAS, COREY—Basketball; PEOPLE PE 1-8.

THOMPSON, LYNISIE—PEP 7-8; Photojournalism 7-8; SDS 7-8; Sr. Board; SG 7-8.

THOMPSON, TANESHA—Basketball 1-2; NH 1-2; SDS 1-8; Tennis 5-6. IA School of Beauty

THORNTON, RYAN





THURMOND, BRANDI
TONSI, JOHN
TOUNSLEY, NATHAN
TURNER, REESE—Art Club 7-8; PEP 3-8; SS; Wrestling.
KC Art Institute



VAN TASSEL, BRANDY—BPA 3-4; PEP 1-4, 7-8; Prep
Choir 1-2.
VAN TASSEL, SARAH—NH 5, 7; OA 3-4, 5; PEP 1-4, 7-8;
Swimming 1; Track 4. IA School of Beauty
VAN VLEET, BENJAMIN—Baseball 1-8; Basketball 1-8;
PEP 1-8; SS; Scroll 3-8; Sr. Board. UNI
VITIRITTO, ASHLEY—AL; BPA 5-6 (Reporter); Graphic
Tech. 3-6; NHS; OA 3-8; PEP 1-8; Quill 3-8 (Stu.
Life Ed. 5-8); SS; RIP 7-8



VOLL, KATIE—OA 3-4; SS; Scarleteers 3-4; Soccer 1-8;
Sr. Board; SG 7-8; Swimming 1-8 (Capt. 7-8); Track
4. DMACC
WALDON, CRYSTAL—AL; Prep Choir 1-2; SS; TS; Home
Remodeling 5-8; SODA 5-6.
WALLER, HILARY
WARNOCK, TERESA



WARREN, KARI—Cheerleaders 3-4; Market Sales 7-8;
PEP 1-8; Sr. Board; Steppers 7-8; Tennis 1-2. ISU
WEBBER, AMANDA—Chamber Choir 5-8; French Club 1-
2; Mixed Choir 3-4; Orchestra 1-8; Prep Choir 1-2.
WEILAND, BRANDON
WENNEKAMP, NICOLE—Basketball 1-4; PEP 1-8; SS;
Soccer 1-8. Grand View



WEST, NICOLE
WHARTON, ANTHONY—Football 1-8 (Co-Capt. 7-8). CO
Institute of Art
WHITE, BRIAN—NH 3-6; Scroll Circulation 1-4.
WHITE, MAURICE

WILLIAMS, RONNIE
WILSON, ADAM—Baseball 1-8; Basketball 1-2; OA 1-2;
PEP 7-8. Grand View
WORTHAM, LEONA
WYANT, MICHAEL



XIONG, JACK
YAW, CHARLES
YORK, NIKI
ZELIADT, KURT



BENNETT, CHRISTINA
SHELTON, CARL

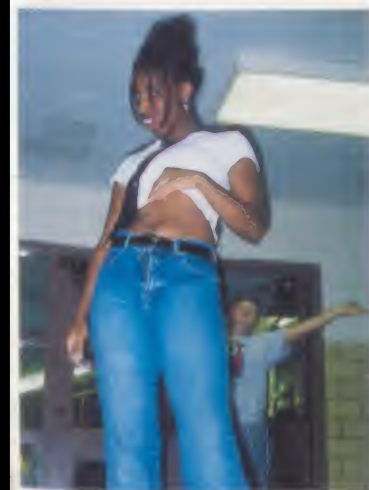


SENIORS NOT PICTURED

AIWEGAN, CORY
BACCAM, PETER
BLAIR, STEVEN
BUGO, MICHAEL
BULLAN, AARON
BRAGG, TYRONNE
BRASH, BROCKE
CARNEY, NICHOLAS
CARTER, SYDNEE
CFARKE, AMANDA
COOPER, JASON
CURL, DARWIN
DEATON, JOSEPH
EMBREY, JUSTIN
ETTER, LADY
FOX, LUTHER
GOLTZ, TERRY
GLUCK, TOPPER—A.L.
HAUTER, JEWATHAN
HANSEN, KREITHA
HEDTON, MICHELLE
JAY, JOHNATHAN
JONES, BONNIE—Scroll Circulation 1-8.
JORDAN, LAKESHA
KITTENMAIER, JULIE
LEWIS, RONICE

LINI, CHAO
LOVAN, JOHNNY
LUTTRILL, MICHAEL
MARSHALL, CIGGIA
McAULY, ANNAMARIE
McELVOGUE, HUGH—Cross Country 7-8;
NH 5-8; Track 3-8; Scroll Circ. 1-8.
McKINNEY, ROBERT
McPHERSON, JOEY
MEYER, NICOLE
MUNTON, MICHAEL—Basketball 1-2;
Football 1-2, 7-8; NH 7-8;
Scroll Circ. 1-8.
NEWTON, JASON
NGUYEN, MINH
OLIVER, ARRY
OWEN, BRIAN
PADDOCK, KANDRA
PALMER, DANIEL
PEARSON II, THEODORE
PLOMMER, HEATHER
REED, ERICA
REED, JERRY
REITZINGER, JUSTIN
RITCHIE JR., MICHAEL
ROBE, KELLY

SALAZAR, EVAN
SANACHT, SOUTHAFTON
SANDERS, ANTHONY
SANDERS, BROCKE
SCHACHTANG, STEVE
SCOTT, CARIANWA
SHEPARD, TIFFANY
SMITH, LEROY
STEWART, CARMO
STEWART, EVELYN
TALAMANTES, KELLY
TERRAZAS, JIBICA
TWOMBURY, JORICA
WALLACE, JAMES
WATLEY, LILLIE
WAY, AMANDA
WAY, AMY
WREIT, DETRICH
WILLIAMS, BANDI
WYDERENNER, NICOLE
ZIMMERMAN, TAMMY





HERE'S LOOKING AT YOU, KID!









Kids Looking At You

- [Page 28] 1-Brandon Weiland, 2-Lou Ann Covalt, 3-Sarah Martineau, 4-Bryon Boggs, 5-Jenny Edwards, 6-Brandy VanTassel, 7-Ashley Vitiritto, 8-Lauretta Leverich, 9-Erin Soderblom, 10-Jennifer Flippo, 11-CarriLynn Meek, 12-Nicole Winebrenner, 13-Cory Lewellin, 14-Matt Moeller & Adam Wilson, 15-James Grasso, 16-Tiffany Good, 17-Rachael Dank, 18-Tracy Mitchell, 19-Michael Fuller, 20-Cynthia Messenger, 21-David Frost, 22-Kristina Alvarez & Ray Comett, 23-Candice Griffin, 24-Jackie Beener, 25-T.J. Michelsen, 26-Amber Johnson, 27-Demitrus Diedrich, 28-Josh Stapes, 29-BJ VanVleet, 30-Adam Moraine, 31-Hilary Waller, 32-Katie Voll, 33-Tiffany Oliver.
- [Page 29] 34-Melissa Papiani, 35-Crystal Waldon, 36-Lindsey Gordon, 37-David Freerksen, 38-Jason Davidson, 39-Jessica Stewart, 40-Laura Luce, 41-Christina Lary, 42-Sara Martin, 43-Kearstin Nichols, 44-Josh Gerrietts, 45-Stephen Kirkpatrick, 46-Nicole Gazzo, 47-Jenny Benge, 48-Jessica Jordan, 49-Dan Palmer, 50-Sarah Hunt, 51-Curtis Graham, 52-Silvia De La Cruz, 53-Nate Tounsley, 54-Danielle Kellis, 55-Heather Knight, 56-Maria Herrera, 57-Christina Ackelson, 58-Lindsey Bennett, 59-Valerie Lamb, 60-Jennie Carico, 61-Phut HoangVan, 62-Linda Her & Jack Xiong, 63-Abby Oliver, 64-Jessica Kenney, 65-Reese Turner.
- [Page 30] 66-Crystal Held, 67-Abby Earp, 68-Jaime Hill, 69-Jared Platt, 70-Tony Wharton, 71-Amy Griffiths, 72-Gabriel Carrasco, 73-Michael Bushong, 74-Bandi Latcham, 75-Teresa Wamock, 76-Stephanie Miller, 77-Nickelle & Justin Stevens, 78-Mya Rounds, 79-Sandra James, 80-Julanda Brown, 81-Anna Jones, 82-Eddie Rhodes, 83-Lisa Gathercole, 84-Brandi Thurmond, 85-Nicole Drayton, 86-Matt Constable, 87-Sarah Dority, 88-Cory Sonner, 89-Kristin Reid, 90-Tara Baker, 91-Kerrin Baker, 92-Sarah Benesh, 93-Jenny Blakeman, 94-Theresa Johnson, 95-Marquita Jenkins, 96-Leona Wortham, 97-Nicole Wennekamp, 98-Amanda Kindhart.
- [Page 31] 99-Lesley Olsen, 100-Amy Homocker, 101-Angela Sirianni, 102-Tina Hartkopp, 103-Emily Johnson, 104-Lynsie Thompson, 105-Angie Cupp, 106-Ryan Nemmers, 107-Eric Prusick, 108-Mandy Reidbun, 109-Joseph Goffman, 110-Kari Warren, 111-Nicole Lawrence, 112-Jeff Bueller, 113-Kim Kigar, 114-Tyechia Burgess.

! Autographs !

TOP 3%

Front Row: Sarah Martineau,
Phut HoangVan, Linda Her,
Silvia De La Cruz, Leah
Tedder. Second Row: Lisa
Gathercole, James Grasso,
Michael Fuller, Jennifer
Edwards, Amy Griffiths. Back
Row: Cody Pfau, Matt Moeller,
David Frost, Emily Johnson.
Not Pictured: Katie Naset,
Rochelle Slaughter.



TOP 15%

Sarah Benesh, Brooke Brass, Tres Busby, Jennifer Carico, LouAnn Covalt,
Robert Curtis, Silvia De La Cruz, Jennifer Edwards, James Fox, David Frost,
Michael Fuller, Lisa Gathercole, Josh Gerriets, James Grasso, Amy
Griffiths, Topper Gulick, Crystal Held, Linda Her, Phut HoangVan, Holly
Holmes, Alan Hulsebus, Bethany Johnson, Emily Johnson, Anna Jones,
Nicholas Kraska, Bandi Latcham, Johnny Lovan, Sarah Martineau, Jessica
McClaskey, Matt Moeller, Jessica Moreno, Katie Naset, Ryan Nemmers,
Lesley Olson, Bonnie Padgett, Theodore Pearson, Cody Pfau, Tiffany Roby,
Souphaphon Sanachit, Nicole Slaughter, Rochelle Slaughter, Cory Sonner,
Nickelle Stevens, Leah Tedder, Ashley Vitirito, Crystal Waldon.



Kiwanians



October



Nate Hibben

November



Emily Johnson

December



Michael Fuller

January



Silvia De La Cruz

February



David Frost

March



Katie Naset

April



Ryan Nemmers

May



Cody Pfau

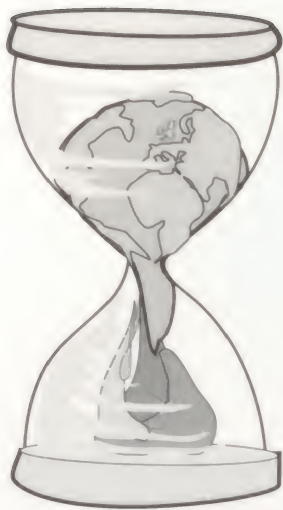
May



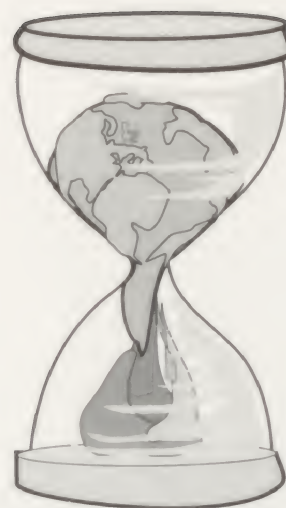
Lisa Gathercole

Senior Class





EAST HIGH
CLASS



GH SCHOOL
S OF 2000

Senior Class



Just Being...

SENIORS



Photojournalist: Josh Gerrietts.



Class of 2001



Sherri Acton
Lance Allison
Kelly Alshouse
Shane Andrews
Anthony Antelman
Ashley Armstrong
Trevor Ashby

Christopher Atkinson
Paul Augspurger
James Avon
Angela Bacon
Heidi Bailey
Jesse Bainter
Khidra Baker

Nicole Ballantyne
Kenneth Bass
Patrina Bates
David Bayer
Matthew Beals
Robert Bennett
Tanna Bennum

Ryan Bernhardt
Denise Birkhofer
Randy Blackford
Matthew Blanker
Tiffany Boggs
Venessa Boland
Michael Bolio



April Boll
Risha Booker
Chrysta Bosley
Matthew Boyd
Wendy Bradford
Tyrone Bragg
Roger Brass Jr



Matthew Breton
Gabrielle Brewton
Traci Briggs
Andrea Brockman
Jason Brooks
Brian Brookshire
Jaime Brueck



Scott Burk
Tyler Burrows
Dustin Byers
Christin Cady
Samantha Campbell
Kira Campos-Anderson
Jennifer Cantu



Tiffany Carey
Lindsey Carr
Christopher Cater
Sis Cavan
John Cavanh
Cynthia Caylor
Jonathan Cirkseña



Brandon Clark
Randi Clark
Emily Clausi
Andrea Cook
Adam Cooper
Charles Coulter
Crystal Cowles



Nathan Cox
Jack Creason
Oralia Crooks
Jennifer Csader
Jessica Dady
Stuart Dalrymple
Tessa Danielson



Angela Davies
Adam Davis
Bridget Davis
Ernesto De La Cruz Jr
Michael Demoss
Janna Dickey
Emily Dillard





Lacey Dimaio
Ashleigh Dowell
Paul Drey
Abby Earp
Michelle Easter
Amanda Edwards
Megan Edwards

William Emery
Matthew Evans
Cassie Ewurs
Michelle Ezzio
Bryan Fausett
Daniel Fetter
Manda Fife

Jessica Ford
Jessica Foreman
Anderson Forkner
Dominique Francis
Brianna Frank
Misty Frazier
Patsy Fredregill

Mary Froehle
Sara Froehle
Matthew Fry
Jamie Furby
John Galbreath
Nathan Gary
Aaron Giddings

Ashley Gilbert
Amy Goddard
Jennifer Golden
Brandi Gomez
Andrew Graeve
Nick Graham
Mary Grayson

John Greene
Brandon Gregory
Cody Grett
Shannon Griffiths
Mark Grimm
Bruce Guy
Shane Hacknorath

Emily Haines
Brandon Hall
Tommie Halsband
Kaleena Halterman
Amanda Harkins
Theodore Harrington
Allicia Hartman

April Hazelwood
Shawn Head
Crystal Hecker
Jason Henrichs
Jeffery Heslop
April Hiatt
Brian Hicks

Words of Wisdom



*Don't compromise yourself. You are all
you've got ~Janice Joplin*

*In time we hate that which we often
fear ~Shakespeare*

*Today is the tomorrow you worried
about yesterday.*

*The earth provides enough to satisfy every
man's need, but not every man's
greed ~Gandhi*

*Character comes before scholarship ~Margaret
Aye Barnes*

*If I were to begin life again, I should want it
as it were. I would only open my eyes a little
more ~Jules Renard*

*He tried to be somebody by trying
to be like everybody, which made
him a nobody.*

*You will always underestimate the
future ~Charles F. Kettering*

*We see things not as they are,
but as we are.*

Jessica Higgins
Bethdy Hoang
Jerry Holman
Leo Holtry Iii
Danielle Hopper
Nicole Houchin
Katie Hull

Heather Hutchinson
Jordan Hutchinson
Gabriela Ibarra
Anthony Ingrao
Eric Jeffries
Jessie Johnson
Alan Jones

Beth Jones
Jamie Jones
Joseph Jones
Michael Jones
Ashley Jordan
Darnell Jordan
Adam Jordison

Kathryn Karrett
Krista Kellen
Stephanie Kellis
Nikkolas Kemp
Phouthavon Keopraseuth
Marie Kern
Melissa Khodai



*The smallest good deed is better
than the grandest intention.*

*People are lonely because they build
walls instead of bridges.*

*Life is what happens to us while we are
making other plans ~William Gaddis*

*Anybody who isn't confused isn't well
informed ~Anonymous*

*The heart has reasons that
reason does not understand.*

*Let us love in deed and in truth
rather than in word and tongue.*

*All men desire peace; few desire the
things which make for peace.*

*Real friends are those who, when you've
made a fool of yourself, don't feel that
you've done a permanent job.*

*For all its shame, drudgery and
broken dreams, the world is still a
beautiful place ~Pierre Elliott
Trudeau*

*If there were no contradictions and no
struggle, there would be no world, no
process, no life, and there would be nothing
at all ~Mao Zedong*

*Be the labor great or small, do it well or
not at all.*



Chase King
Jessica King
Catherine Knight
John Knox
Karla Lampman
Carrie Laurie
Andrea Lawless

Chasity Lee
Chengnu Lee
Tommy Lee
Zeng Choua Lee
Zeng Kong Lee
Jay Lehman
Matthew Leichter

Anthony Leo
Kasandra Lester
Stephanie Letze
Leslie Lewis
Richard Lewis
Niki Loftus
Nicholas Logan

Penny Long
David Lopez
Sondra Lore
Mark Lovan
Vanthana Lovan
Alison Lowe
Kevin Lundberg

James Luong
Eric Luscombe
Takiyah Luster
Justin Lyon
Nicole Mabrier
Joshua Markle
Angela Marlenee



Justin Mathias
Joshua Mayhugh
Melissa McAleavy
Rebecca McAleavy
Shawna McChurch
Cheyenna McClish
Samantha McConnell



Charles McFarland
Daniel McKee
Robert McKinney
Bryan McLaughlin
Patrick McMahl
Amanda McNeely
John McPherson



Wendy Mehl
Patti Michael
Timothy Moberg
Bopha Mom
Debra Montis
Jennifer Moore
Nicholas Moore



John Moran
Angela Moreno
Robin Morris
Zach Mortice-Lowman
Mathew Mosset
Charles Mowery
Amanda Mullin



Katherine Murphy
Meyer Nece
Clinton Nereim
Jason Newton
Minh Nguyen
Brooke Nowadzky
Anna Obrien



Billie Ogburn
Jennifer Oliver
Christine Olson
Veronica Ortiz
Omar Otero
Angela Owens
Courtney Page



Ladawna Palmer
Shonna Parker
Corey Patton
Kenneth Paulding
Kevin Peck
Cassie Peterson
Joseph Pett





Larry Pettinger
Christopher Phillips
Linda Phongphetpanha
Krystal Pickett
Kari Pinta
Nicholas Piper
Thomas Powell

Jerry Praseuth
Annie Prock
Brandon Puchta
Erin Quigley
Steven Reben
Michael Redshaw
Jasmine Reed

Michael Reese
Samuel Reese
Blaize Reha
Karena Reihsen
Brandi Reinig
Kellie Reuppel
Robert Reynolds

Jessica Richardson
Katherine Richardson
Cristy Riley
Dawn Ritchie
Leslie Robertson
Kathleen Robinson
Douglas Rodgers

Heather Roseberry
Jetaime Rousseau
Stephanie Rover
Peter Sahling
Evan Salazar
Sherah Sawhill
Thomas Sawhill

Stacie Schietzelt
Gregory Schnoor
Ilka Schoettler
Christine Schreck
Lizabeth Schreckengast
Ryan Schuler
Stephen Sciacitano

James Scott Jr
Michael Sharon
Todd Sharp
Tiffany Shepard
Shannon Sherrard
Aaron Shipman
Sheena Signs

Angela Sirianni
Karl Sly
Amy Smith
Jared Smith
Jennifer Smith
Amber Soderblom
John Sorter Jr

Heang Sou
Khanthaly Souvatrat
Justin Stalker
Marie Stanley
Michelle Stanley
Misty Stanton
Michelle State



Angela Stewart
Nicole Stocker
Jermon Stokes
James Swacker
Jessica Sweet
Lindsay Taylor
Meghan Templeton



Jessica Terrazas
Michelle Thayer
Tia Thomas
Adam Thompson
Souphin Thonesavanh
Allameshia Tiesman
Tanna Tilley



Cassie Tonasket
Joseph Torrans
Patricia Towey
Adam Townsend
John Tulk
Kelly Underwood
David Valin Jr



Dana Van Horn
Sarah Van Tassel
James Vance Jr
Misty Vandermark
Terry Vang
Tria Vang
Betsy Vaquerano



Angela Vertz
Vannapha Vongxay
Tod Wacht
Stephen Waldron
Trevor Waldron
Michael Wangkham
Adam Warner



Amanda Warner
Erin Warren
Bradley Weber
Jack Weber
Jack Weber
Kelli Welker
Ashley Weltzheimer



Sara Westergaard
Christina Western
Amanda Whalen
Brian White
Maurice White Jr
Stephanie Whitten
Zechariah Wicker





Patricia Wickersham
 Craig Williams
 Daenele Williams
 Robert Williams
 Tigre Williamson
 Nicole Winebrenner
 Karris Wing



Adam Winn
 Michael Wolf
 Nicole Wood
 Stacey Wood
 Richard Woodard Jr
 Mildred Wright
 Luke Xiong



Christina Yenzer

Juniors Not Pictured

Nikki Clearwater
 Michele Curtis
 Robert Fletcher
 Lindsey Hews
 Timothy Mallory
 Robert Nussbaum
 Kandra Paddock

Jeremy Reben
 Heather Robinson
 Syreeta Taylor
 Maurice White, Jr.
 Jason Williams
 Kristine Williams
 Lisa Wolfe



Class of 2002



Tracie Althaus
Alicia Alvarez
Andrew Anderson
Sara Anderson
Jared Andrews
Shara Andrews
Michael Anousis



Nicholas Anousis
Justin Anspach
Tifani Armintrout
Jesse Atwood
Nickolas Audsley
Nicholle Axser
Joshua Babcock



Eric Baccam
Linna Baccam
Tanulut Baccam
Kati Bainter
Darcy Baker
Jessica Barker
Faith Barnes





Darcey Bartlett
 Joshua Barton
 Katrina Bass
 Lindsie Beck
 Amanda Beckett
 Melissa Beede
 Collin Benesh

Ashley Bennett
 Candace Bennett
 James Bennett
 Christi Bethards
 Luke Billings
 Ashley Birkinbine
 Michael Birt

Todd Bitting
 Jennifer Blackburn
 Kerry Bloomquist
 Clinton Boettger
 Valerie Boland
 William Borts
 Lan Boutdara

Monica Bowers
 Bradley Boyd
 Nicole Brady
 Eric Brandt
 Kimberly Brass
 Adam Britt
 Zachary Brooks

Anissa Brown
 Holly Buch
 Tony Burrell
 Jessica Bush
 Casey Byers
 Nicole Callahan
 Travis Campbell

Carolina Canas
 Tyler Card
 Gary Carder
 Christy Carlson
 Candice Carr
 Crystal Carr
 Noemy Carrasco

Kevin Chapman
 Michael Christian
 Misty Christopher
 Steven Clair
 Brody Clark
 Shane Clements
 Aleisha Collins

Matthew Connelly
 Ciji Cook
 Jay Cook
 Tracy Cooper
 Jodie Cosner
 Jonathan Covalt
 Christopher Crane

Joshua Crane
Darren Cruchelow
Brock Cunningham
Jeremy Curl
Megan Daggett
Elisabeth Dalton
Lisa Dare



Demareo Darrah
April Davenport
Amanda Davis
Brian Davis
Stacy Davis
Trentin Davis
Beau Dean



Lindsey Deaver
Michelle Denning
Nichalous Derry
Joseph Devore
Danelle Drayton
Rosemary Duenas
Jonna Eastcott



Robert Edrington-Bean
Blake Edwards
Steven Edwards
Benjamin Emery
Benjamin Erickson
Sarah Evans
Michael Fagen



Kristina Farrell
Cheri Fenton
Jenae Finney
Jason Fitzgerald
Chaya Franklin
Kathryn Freel
Elizabeth Freeman



Nickolas Frye
David Fuller
Zachary Gallmeyer
Michelle Gazzo
Geoffrey Gearhart
Amy Giddings
Amber Giles



Nicholas Gladwin
Brian Goemaat
Larry Golston
Angela Gomez
Joseph Gomez
Valentina Gomez
Tyler Goode



Leslie Gossen
Ashley Gourd
Travis Graspy
Jennifer Graves
Ashlie Green
Vincent Gregory
Jennifer Grochala





Ryan Grochala
Amanda Grossman
Anthony Guessford
Sarah Guhl
Lisa Haifley
Aimee Hankins
Jennifer Hanlin

Brandon Hansen
Kjersten Harvey
Aaron Hazelwood
Amanda Heckman
Robert Henderson
Miguel Hernandez
Stacy Hester

Christopher Hickman
Jeffrey Hidlebaugh
Heather Hildreth
Amanda Hill
Bryanna Hill
Dawn Hines
Elizabeth Hinman

Barbara Holt
Donald Holtry
Tiffany Hood
Aaron Hook
Melissa Horton
Saiphone Houangsavanh
John Housley

Jeremy Howard
Jennifer Hyde
Katrenia Isaac
Allison Israel
Brian Jackson
Regina Jackson
Meghan Jacobs

Stephanie Jennings
James Jewett
Dustin Jividen
Desiree Johnson
Julius Johnson
Leah Johnson
Alicia Jones

Angela Jones
Brittany Jones
Courtney Jones
Danielle Jones
Heather Jones
Jonathon Jones
Stephen Kahler

Tingkhram Kamvanh
Mone Kavan
Rebekah Keddie
Amy Kelley
Richard Kellis
Michelle Kellogg
Terry Kellogg

PLAYING LOVE

The Game Of

by: Tiffany Roby



According to *Teen Love On Relationships* by Kimberly Kirberger, guys and girls like special qualities in their mate. Do you have these special qualities?

Guys Like . . .

- ◆ girls who take good care of themselves
- ◆ girls who have a life
(they like it when you aren't always available)
- ◆ girls who have a sense of humor
- ◆ girls who don't try too hard
- ◆ girls who listen to them and find them interesting
- ◆ girls who have fun with their girlfriends
(they like girls who can have a good time without them)
- ◆ girls who sincerely like them



Alex Kelly
Phanna Kem
Linda Keothammakhoun
Joseph Kephart
Amanda Kindred
Nicole King
Merry Kouang

Matthew Lange
Bradley Langford
Lindsey Latcham
David Lawrence
April Leclere
Amanda Lee
Gary Jr Lee

Kao Lee
Rebecca Lee
Chantal Lefleur
Johna Leverich
Ina Lewis
Alyssa Long
Eric Lopez

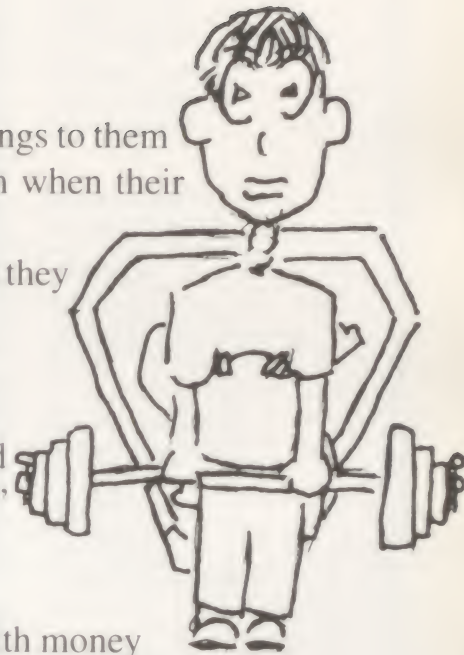
Vince Lovanh
Aimee Lozano
Charles Lozano
Sam Luu
David Marlenee
Amber Martineau
Jennifer Mason





Girls Like . . .

- ◆ guys who adore them
(this is the number one thing for girls)
- ◆ guys who are strong
- ◆ guys who aren't afraid to say sweet things to them
- ◆ guys who don't shy away from them when their buddies are around
- ◆ guys who know how to have fun when they are with a girl
(besides being physical)
- ◆ guys who make them feel special
- ◆ guys who care about their feeling and who aren't afraid to talk about "emotional" stuff
- ◆ guys who are thoughtful
- ◆ guys who are generous and not just with money but in other ways, too.
- ◆ guys who take care of themselves



Alfonso Mata
Kristi Mathis
Tiffany McBurney
Kimberly McCallister
Kelly McCann
Brenton McClelland
Matthew McCormick

Ryan McDonald
Edward McDowell
Cory McElvogue
Marcus McGarr
Melissa McKean
Nicholas McNelev
Jared Mendenhall

Joseph Merryfield
Casey Mikesell
Perry Mila
Greg Milbach
Chad Miller
Christopher Miller
Heather Miller

Nathan Miller
Montique Miller(Hayes)
Melissa Mills
Amanda Mitchell
Terry Mitchell
Nina Moore
Derick Moraine

Michael Moran
Pamela Moreno
Crystal Moses
Dalica Mott
Vee Moua
Stephanie Murray
Rhiannon Nagy



Amanda Newcomb
Danielle Norelius
Christopher Norwood
Sarah Ollie
Michelle Olson
Shayla Ousley-Lee
Randy Owens II



Christopher Parker
Mick Parsons
Troy Parsons
Jessica Payne
Robert Petefish
Shannon Petrie
Manisone Phondeth



Alan Pierce
Joseph Pierson
Randy Piper Jr
Natalie Plummer
James Pongphimkham
Mackenzie Post
Amy Preas



Ashley Prock
Victoria Punelli
Mindy Quaintance
Timothy Ragan
Aaron Ramirez
Jason Randolph
Justin Rankin



Corey Reben
Amanda Reed
Crystal Reed
Amanda Reimers
Jason Rice
Terrance Rice
Lyndsey Richardson



Barbara Risius
Dena Risius
Anthony Robinson
Rebecca Rodriguez
Travis Roseberry
Ellen Rothweiler
Jeremy Royse



April Russell
Shauna Ryan
Zachary Sadler
Malisa Sam
Chanthason Sanachit
Damien Sanchez
Alejandro Sandoval





Kasandra Savage
Shannon Scarlett
Courtney Schieffer
Heather Schietzelt
Bounmie Senephansiri
Alicia Shepherd
Donald Shiffer Jr

Kassandra Sholley
Larica Silver
Statia Sinclair
Justin Sleeth
Kurt Sloan
Brandon Smith
Jennifer Smith

Jordan Smith
Matthew Smith
Michelle Smith
Stacy Smith
Justin Snider
Brandon Snitker
Jonathan Sokoll

Mark Standley
Stephanie Stapes
Lindsay Steele
Michael Steeples
Kendra Stephen
Amie Stevens
Ginger Stevens

Jason Stevens
Joshua Stockbauer
Rodney Stockbauer Jr
Steven Strable
Sorya Sunny
Ryan Sutherland
Amber Swacker

Rachel Taggart
Phonemany Theppanya
Paphaphone Thipyothin
Cheyvone Thomas
Joseph Thomas
Cheyenne Thompson
Jason Thompson

Shellique Thompson
Krienkray Thongsoum
Jessica Tilley
Amanda Todd
Travis Tollari
Angela Tonsi
Sean Tran

Morgan Trenhaile
Becky Trigg
John Turner Iii
Jessica Van Dyke
Jonathan Van Syoc
Cynthia Vancleave
Jeremy Vertz

Troy Wacht
Savannah Wadsworth
Kimberly Wagner
Jacob Walker
Sean Wall
Lindsay Waltz
Misty Waltz



Adriel Ward
Michele Warnock
Rebecca Watson
Daniel Webb
Lee Webber
Brian Weber
Michael Weeks



Richard Weigel
Melinda Weiland
Tyanna Wells
Kristin West
Kacie Westlake
Krista Wicker
Daniel Williams



David Williams
Tyler Williamson
Alyssa Wilson
Nathan Wittenstein
Tavoya Wortham-Dixon
Teddie Worthington
Chang Xiong



Noah Yamen
Danielle Zenor



Sophomores Not Pictured

Casey Baker
Kelly Baker
Adam Boydston
Jesse Byers
William Cahlstadt
Bud Caylor
Heston Clark
Brandy Coe
Brandon Davis
Tyler Dearth
Markey Glenn
Maria Guerra
Jason Halferty
Austin kayser

Adam Knight
Jorge Lopez
Andre Lottie
Joseph Lovanh
Tod Mason II
Karrie Mathews
Frank McCarl
Jessica Nelson
Jennifer Page
Blake Smith
Danielle Smith
Andrew Vance
Terry Williams
David Worrall

by: *Melissa Rhodai*

Dancing to the Beat

The Steppers and Colorguard competed in State on Friday December 3, 1999. Both squads received Division I ratings, the highest level, on their routines.

This year Iowa had the biggest state competition ever, about 350 teams entered. The event has taken place at Vet's Auditorium for the past 15 years.

A panel of eleven judges, judged in eight categories. The

Steppers performed in Novelty and Jazz/Funk, and Colorguard performed in the category titled Colorguard.

"The rules state that if your school has a dance team and a Colorguard, then the only category that Colorguard can compete in is Colorguard," said **Phyllis Smith**, Colorguard sponsor. "We can perform the light show at assemblies, but at State we were limited."

The Colorguards' routine was choreographed by their choreographer, **Tiffany Koenig**. They performed to the *Top Gun* anthem.

"I picked the song because it had a slow part and a fast part, which calls for two different types of choreography," said Koenig. "I thought the judges would like that."

The Steppers danced to "You Can Leave Your Hat On" from the *Full Monty* soundtrack and Shania Twain's "I Feel Like a Woman."

"Shania was my favorite to dance to because it's a fun, upbeat dance to perform," said sophomore Stepper **Amy Preas**.

The Steppers got their costumes for the Shania routine the night before the competition.

"I think it's pretty comical that we got our costumes from Target the night before and got so many compliments," said senior Stepper **Kari Warren**.

"Andrea Cook's mom was sheet shopping, and found them," said **Melanie Cloud**, Stepper sponsor. "She ended up going to all of the

Targets' in the Des Moines area and also the one in Ames."

Combining flag and dance, the Colorguards' routine had a higher difficulty level than ever before. They did partner exchanges, one spins and high tosses.

"The partner toss was fun to work with and showed difficulty," said junior Colorguard member **Vanessa Boland**.

"I liked the way we switched flags," said junior Colorguard member **Alison Lowe**. "A group of girls went to the back, and the girls in the front did a partner toss, and we traded flags. It looked cool."

To get these tricks down-pat, they practiced three mornings a week and three hours on Sunday nights over about a month and a half. The Steppers practiced eleven and one-half hours a week throughout the month of November.

"I was very proud of how our scores resulted and I think the practice was worthwhile," said senior Stepper **Lisa Gathercole**. "Even though there's always room for improvement, I felt that everyone danced to their best ability."

DS enjoys breakfast before the big day (1). Steppers form a perfect triangle while performing for the crowd (2). Colorguard show off their flag handling skills (3).



Body Art: Working With

Tattooing: A Decision For Life

The art of the skin has been growing in popularity.

The teens that are getting tattoos are younger every year. Some wait until they are 18.

"On my 18th birthday I'm going to get a tattoo," said junior **Jennifer Oliver**. "It'll make me feel more mature by having the freedom to make my own decisions."

Some teens get tattoos when they're younger. The pain they experience seems to be part of the excitement.

Freshman **Mark Foster** said, "It felt just like a little prick, I didn't feel much pain at all."

Many students think it won't hurt, but when it comes time many change their mind.

"I'm not really scared now, but when I finally turn 28 it'll be time to panic," said Oliver.

Many adults that got tattoos when they were young felt it was a big mistake.

"I have a tattoo of a dragon on my leg," said Pastor **Scott Wesley** of Common Ground Church. "I wish I had never gotten it."

Some students find that they like them and want more than one.

College student **Ken Harding** said he has a tattoo of a demon on his right shoulder and wants more.

"I had a role model when I was younger that was covered in tattoos, I think that is why I have no regrets," said Harding.

For some, one indelible ink mark is enough.

"I have a tattoo of a scorpion on my right shoulder, and I have no regrets about my decision," said senior **Adam Jardisk**.

Jardisk said he has no plans to get more tattoos, though.

The trend of permanent skin art, indelible marks, and tattoo designs is here to stay. Though some may regret their decisions while others not, tattoos are a mark that lasts a lifetime.

— Story by: Alyssa Wilson

Melding Skin and Metal

"Hey mom."
"What do you want now?"

"Well, I was just wondering if I could get my ears pierced? Please!"

"Well sure, but I'll have to ask your father first."

"Great! And along as we're there can I get my tongue, nose, chin and belly button pierced, too?"

With the coming of this new fad of piercing different body parts also comes frequent conversations like this one between children and their parents.

East High senior **Jessica Kenney** has thirteen piercings.

"The pain has never bothered me," said Kenney. "It's all in your head!"

There are many locations a person can find a professional "piercer", but one of the more popular places is Expo 2 Extreme located in Merle Hay Mall. The piercer is Nick Roberson. He does an average of 300 piercings a month. The prices range anywhere from \$15-50 plus jewelry.

He had to go through apprenticeship and spent many hours studying different types of infections.

"It's a way for people to express themselves. It's really popular now, but I think it will die down after awhile," Roberson said.

Roberson says that there are no real dangers, but if a person is really dirty and absolutely doesn't take care of a nose piercing, an infection can creep up through the sinuses to the brain.

"It's just a matter of keeping it clean and caring for it," Roberson said.

There are no laws governing body piercing. The Expo won't pierce anyone under the age of 15 and if you are younger than 18 years of age you have to have a parent present.

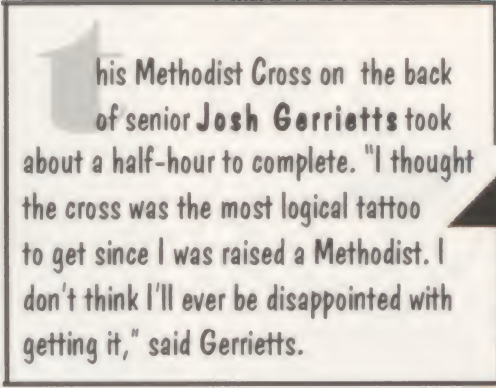
You see many kids walking the halls of their school with various piercings showing and there are no rules or regulations about this matter at East High.

— Story by: Janna Eastcott

Your Skin

Did that hurt? This often asked question presents itself after seeing this "brow" raising picture. "Most piercings don't hurt nearly as bad as tattoos," said a Reflections tattoo artist.





his Methodist Cross on the back of senior **Josh Gerrietts** took about a half-hour to complete. "I thought the cross was the most logical tattoo to get since I was raised a Methodist. I don't think I'll ever be disappointed with getting it," said Gerrietts.



o, you're not seeing double! Senior **Jessica Kenney** has two, count 'em, two belly button piercings.



bove is an example of one of the newest fads in ear piercing: piercing the ear cartilage at the front of the ear. At right, senior **Todd Morris** shows off the crest he got tattooed on his back. The "soft" lines are an effect made by a different, broader style tattooing needle.

Class of 2003



Jeremey Abrahamson
Brandon Adair
Delayna Adams
Megan Allison
Billy Anderson
Brian Anderson
Danny Anderson



Daren Anderson
Emily Anderson
Kory Anderson
Melissa Anderson
Amanda Armintrout
Amanda Atteberry
Christopher Auch



Kyle Audlehelm
Korey Avery
Erica Baker
Justin Bales
Matthew Ballard
Darra Beng
Jeffrey Bettis





Patrick Blackford
Valerie Blackford
Lynne Blake
Jacob Blanker
James Blount
Ashley Boffeli
Adam Bolander



Amanda Botts
Harley Bougher
Andrew Boyd
Anthony Boyd
Derek Brady
Heather Brady
Emily Brandt



Christopher Brewer
Elizabeth Briley
Christina Brooks
Christina Brooks
Joel Broughton
Anthony Brown
Julian Brown



Mark Brown
Willard Brown
Brandy Budd
Aaron Bunce
Grant Bunce Jr
Robert Burgett
Heather Burrows



Kally Busby
Tiffany Butler
Tiffani Byrd
Amanda Byrkett
David Calo
Danielle Campos-Anderson
Zaida Canas



Stacey Carlos
Heather Carlson
Stephen Carlson
Melvin Carr
Stephanie Carter
Lia Casebolt
Justin Cason



Risa Cave
Alicia Chavez
Michael Chumbley
Jacob Cirksema
Kelly Clark
Janelle Clemons
Correy Clouse



Kristy Cochrane
Veronica Coe
Ashley Coleman
Christina Collins
Jonathon Conn
Seth Conn
Justin Constable

Eric Cooper
Stephanie Cozad
Matt Crane
Andrew Croy
Amanda Cunningham
Tiffany Dalrymple
Jeffrey Dare

Matthew Daugharthy
Kari Daughenbaugh
Jessica Davenport
Joshua Davis
Heather Dellaca
Joseph Diaz
Noe Diaz

Jeffrey Doane
Jose Dominguez
Michael Doornenbal
Patrick Dorrian
Kurtisha Dotson
Rene Duenas
Paul Durham

Jessica Dyer
Gabriel Eaton
Rachel Edwards
Joshua Ellis
Michelle Emery
Adam Ezzio
Dustin Fargo

Andrew Feil
Krystal Field
Dustin Fisher
Rusty Fitch
Sarah Flagg
Scott Flaherty
Kenneth Jr Fleming

James Fortune
Michelle Fortune
Mark Foster
Molly Fredericksen
Joshua Freel
Charles Freeman
Matthew Freerksen

Raymond Fudge li
Ryan Gardner
Matthew Garringer
Heather Geisler
Matthew Geisler
Steven Gilbert
Shannon Gillespie

Mark Gines
Justin Givens
Steven Glick
Oscar Gonzalez
Rachel Goods
Jared Graeve
Shawn Graham





Richard Greenly
Abigail Griffin
Cory Grimes
Heidi Grother
Amanda Grove
Emily Grover
Laura Guzman



Brandon Hagins
Garrett Hagins
Neil Hall
Tyler Hall
Jodi Halterman
Christopher Hanlin
David Harbold Jr.



Ashley Harding
Christopher Hardy
Loren Harrelson
Christopher Harrier
Brandy Hartman
Jeremy Harvey
Jason Hausman



Dante Haygood
Brandon Heard
Holly Hedberg
Amy Heggen
Jennifer Henry
Nicole Herold
Steven Hess



Ross Hesseltine
Gabriel Hibben
Tina Hoang Van
Kevin Hoard
Tiffany Holley
William Hood
Jacky Housley



Kenney Hunsley
Stephen Hurless
Kelli Irvin
Mathew Jacob
Sherly Jacob
Tony Jeffries, Jr
Tyler Jenkins



Robin Jennings
Andy Jensen
April Johnson
Brandi Johnson
Joshua Johnson
Stacy Johnson
Bobbie Jones



Faith Jones
Gary Jones
Jessica Jones
Koncetta Jones
Ashten Jordan
David Jordan
Christopher Judkins

James Karns
Barney Kayser
Jamie Kellen
Linda Keo
Amy Kern
Jenelle Key
Meredith Kilbane



Heather Kilby
Betty Killen
Casandra Killinger
Amanda King
Brian Kirkpatrick
Sherry Sue Knapp
Ashley Knight



Stacy Knight
Sarah Knotts
Amanda Knox
Nastassia Korf
Gregory Krambeck
Tami Lambert
Amanda Lary



Judy Leach
Amber Lee
Nicholas Leo
Laura Lerma
Matthew Lewis
Yolanda Lewis
Daniel Lint



Mi Lo
Amanda Logan
Dustan Logan
Megan Logan
Amanda Long
Nicole Loose
Andrea Lopez



Joanne Lothi
Richard Lothi
Kevin Lovan
Joseph Love
Ross Loving
Stephanie Lowe
Francisco Luna



Thanh Luu
Steven Maier L.
Jovielle Maire
Micaela Mallett
Tammy Manning
Ryan Markle
Jonnetta Martin



Lucinda Martin
Molly Matlage
Nicholas Mayhugh
Scott Mc Cuen
Danielle McConnell
Jamie McCullough
Kellie McFadden





David McFarland
Sheena McGee
Joshua McGhghy
Nickisha McGregor
Sarah McLaughlin
Larry McNeeley
Katrina Mead

Michael Mendenhall
Jared Metheny
Jason Metheny
Amanda Michael
Shane Mihalovich
Michelle Mikesell
Amber Millard

Alysshia Miller
Ashley Miller
Christine Miller
Deanna Miller
Delynn Miller
Jennifer Miller
Nicholas Miller

Shaneeka Miller
Damien Minter
Matthew Mitchell
Megan Mohler
Morgan Mohler
James Moody
Terry Moon

Derrick Moore
Tiffanney Moore
Joshua Moorhead
Danyelle Moose
Hugo Mora
Kyle Morgan
Alfredo Muniz

Crispin Muniz
Aimee Munoz
Ashley Munoz
Stephanie Myers
Daniel Neal
Marcus Nece
Sara Neer

Ebony Newsome
Nathan Nissen
Steven Noble Jr
Shannon Noble
Amy Nutt
Neil Obrien
Gilberto Olmos

Andrew Olson
Jessica Ortega
Brian Osborn
Renee Owens
Amanda Palmer
Lukas Parks
Meghan Parsons

Amish Patel
Michael Patrick
Andrew Pebbles
Heather Perry
Austin Peterson
Payton Petrie
Nickolas Pettinger



Scott Phaydavong
Ake Phetdavieng
Amber Phillips
Diana Phomvisay
Somkith Phonesavath
Vithaya Phongphetpanha
Chelsea Pickett



Jonathan Piper
Kellie Poland
Laura Porter
Morgan Post
Randal Powell
Matthew Preston
Charlie Radke



Eric Radley
Sarah Ramus
Ericka Rankins
Montez Rankins
Joshua Ray
Sarah Raymond
Veronica Reed



George Renfro
Danielle Reynolds
Tony Rhoades
Reggie Ries
Beth Rissman
Tisha Rivas
David Rogers



Jacob Rogers
Katherine Rogers
Matthew Ross
Kelsey Rotter
Stephanie Roush
Donald Rowe
Aleksandr Roytman



Orlando Rushing
Joseph Russell
Bryan Sager
Ashley Sample
Hector Sanchez
Tania Sauz
David Sawhill



Rickey Sawyer
Martin Schnackel
Brian Schulz
Kardeea Scott
Bradley Shanahan
Dustin Shandri
Aaron Sharp





Joel Sheridan
Amanda Sherod
Robert Sholley
Justin Shootman
Amanda Smith
Blake Smith
Crystal Smith

Jennifer Smith
Thomas Smith
Lisa Smithart
Danielle Smithhart
Heather Snyder
Phitsamai Songkham
Chandy Souvatrat

Andrew Spargo
Grant Stalker
Jerry Stanley
Jacob Stephens
Travis Stephenson
Kamaye Steward
Darwin Stinson

Steven Strock
Jayme Strong
Joshua Stroud
Garry Summers
Allison Summy
Ashley Tappan
Ashli Taylor

Emily Taylor
Somneuk Thammathay
Benjamin Tharp
Lucas Thomas
Adam Thornton
Christopher Tillman
Daniel Tilton

Garry Tinsley
Ricky Todd
Samantha Trehy
Jon Trigg
Jordan Turner
Amanda Ulmer
Ao Vang

Fueche Vang
Harold Vantassel
Chase Vanzandt
Marcos Vasquez
Jeremiah Vincent
Keovilay Vongsouvanh
Emily Vuth

Emily Vuth
Debra Wagner
Mark Wagner
Roy Wagner
Theresha Wagner
Damian Warner
Daniel Watland

Joseph Watley
Bryan Way
Aaron Webb
Amber Weber
Tia Wells
Joshua West
Jayme Wetzel



Cass White
Delora White
Johnny White
Bryan Whiting
William Wicks
Elizabeth Widlund
Cyle Williams



Kenneth Williams II
Jennifer Williams
Michael Williams
Tiffany Williams
Jessica Wolff
Shannon Woltz
Krystal Worthington



Anthony Woxell
Lonnie Wren
Robert Wright
Justin Wyatt
Inh Xaysana
Jeremy Young
Alicia Zacher



Jeffrey Zelenovich
Brian Zigler
Shelbie Zimmerman



Freshmen Not Pictured

Jason Audas
Lisa Beck
Renee Birchette
Sharon Bohannon
Justin Bolden
Brian Branchcomb
Allene Cooper
Van Dinh
April Fisher
Rodger Gardner Jr.
Ashley Gerstenberger
Adam Green
Garrett Hanson
Ryan Heath
Ricky Hill
Jason Holsinger

Christopher Hunt
George Ivy
Timothy Johnson, Jr.
Shakela Johnson
Tonja Kindhart
Janet Knapp
Matt Latimer
Nesha LeAir
Eric Leanos
Christopher Lopez
Guillermo Lopez
Eugene Lottie
Barbra Milligan
Michael Mundo
Jamie Murphy
Tamicka Murray

Gerald Nussbaum
Fabricio Ochoa
Ryan Perry
Tyler Pinckney
Andrew Reimers-Bradford
Leonardo Romero
Crystal Schaff
Brent Skelton
Jessica Smith
Joshua Stanley
Chrissy Steinkamp
Nathan Tyler
Sayfha Viengvilayvong
Alan Ward-Well
Teshe White
Anthony Williams

For one of their semester projects, **Allison Summy** makes African yellow rice (directly below). **Joe Russell** uses a yard stick to change inches into meters (bottom). The House Program was designed to help incoming freshmen adjust to high school life.



There is a program at East that very few students are aware of. The only students that are familiar with this particular program are the ones involved. The House program at East involves 100 freshmen, six years, four subjects, and four dedicated teachers.

The program has realistic objectives. The main one is to make the transition from junior high to high school an easier one for the freshmen. It is also there to give them a sense of security and belonging, as well as an interdisciplinary effort to ensure that these East students are positive influences in the school and around the community. The four teachers involved monitor the students and their work closely.

"I think the program helped a lot with my first year," said freshman **Allison Summy**.

The teachers have meetings periodically that keep the group up to date on what is going on with the students and which students need help in what areas. They monitor progress and grades and are close with the students.

The House students get a chance to do things as a group that other freshmen don't have the opportunity to do. They do four projects a year. East High Week was their first project. During the week students studied East High's background and history to help them become familiar with the school. They made videos in December describing certain countries and they met in the auditorium to view their peers' work. In the spring they did a research project on a chosen scientist or mathematician. In May, the final project was studying the Holocaust.

"It makes a difference, and helps us keep track of the kids," said House English teacher **Cindy Selden**.

The subjects that are studied within the House are English, taught by Selden, math, taught by Dena Harms, science, taught by Janet Boyd and World History, taught by Ted Christensen. The students picked to be involved in the program don't have a choice. They are randomly selected by the computer. There are a variety of students with different abilities and academic levels.

The House Program has been tested all over the United States. It proves to be helpful to new coming freshmen, and in future years it may lower the high drop-out rate that East High is experiencing.



A house with one goal in mind

While **Kally Busby** and **Jordan Turner** present a newscast for their project, **Marcus Neco** plays the role of a local cameraman. For the House's first semester project the students did newscasts from other countries.

by: Nicole Lawrence

Ever wonder exactly what it is about Leonardo DiCaprio's babyface and well-groomed Tyson Beckford that leaves you in awe? Or why supermodels Tyra Banks and Nikki Taylor capture your eyes and leave you thirsting for more? What exactly is it that makes the opposite sex so appealing and irresistible?

"Body, facial features, eyes and a stunning smile. With all of those features I can't help but find the guy undoubtedly irresistible," said senior **Amber Reed**.

Dr. Randy Thornhill, a biologist at the University of New Mexico in Albuquerque, says, "The human brain is hard wired to consider certain physical qualities more attractive than others."

So ultimately it's been preprogrammed in your mind to fall head-over-heels for a pretty face.

So what exactly are we

Although looks play a big role in attraction, they're not alone. "The more symmetrical you are, the better you'll work together since paired attributes that contain the same genetic code tend to work best together," said Thornhill.

Translation: if you have something physically in common, such as height, you're more likely to be attracted to him/her.

"Since I'm 5'8", naturally I'm attracted to tall guys. If I'm taller than them, no matter how good-looking they may be, I feel like a monster instead of a girl," said senior **Lindsey Bennett**.

Although some may know what they like, the question is do they know which of the five kinds of cute is their type...rugged, baby-faced, expressive, groomed or mature? Whichever is your type, it's most likely to be a "reflection on you."

Despite how good-looking you may be, "appearance accounts for a small portion of what you are. It's who you are inside that really makes you gorgeous," said senior **Amber Bucklin**.

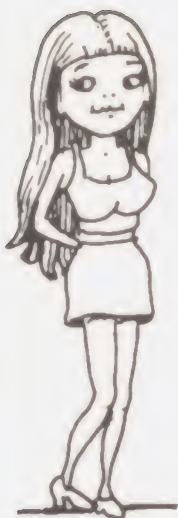
Who's that Babe

attracted to when we see a gorgeous face? Is it really pretty eyes and a good hair-do, or something more? Thornhill says it's "hormone markers." In a man's face it includes a broad chin, square jaw, bushy eyebrows and a big eyebrow ridge. In a woman it includes a small lower jaw and eyebrow ridges, a relatively flat face and big lips.

"The first thing I look at in a girl is her personality," said senior **Keon Sharp**. "I like a girl who can make me smile."



ZACK PETERSON



ZACK PETERSON

Okay, so now you know what type is your type and why, but how do you go about approaching that special someone?

Here are 10 "Clip-'n-Save" scoping clues taken from YM magazine to help you pick up a gorgeous guy/girl:

Don't stand around waiting for a guy/girl to talk to you. Be bold!

Do keep moving. If there aren't any babes/dudes in one area, cruise.

Don't go for a guy/girl who has something else on his/her mind. If he's/she's engrossed in something or another guy/girl move on.

Do pick up on his/her signals. If a guy/girl makes continuous eye contact with you, it's usually a sign he'd/she'd love to start a conversation.

Don't stick around if he/she brings up his/her boyfriend/girlfriend. Enough said.

Do go to places where dudes/babes are likely to be scoping, too.

Don't try the "I'll talk loud and maybe he'll/she'll notice me" approach.

Do look potentials in the eye and speak to them directly.

Don't wait around for him/her to ask for your digits. Score his/hers and use it!

Do just do it! You've got nothing to lose.

Donna Adams, Fam./Con. Sc.
 Polly Adam, HI Psych.
 Paul Allen, Resource
 Rhonda Anderson, Assoc.
 Mindy Aronow, Nurse
 Linda Baker, Counseling
 John Bankus, Soc. Sci.



Pat Bannon, Counseling
 Svetlana Baranova, Assoc.
 Mary Barton, HI
 Linda Berg, School/Work
 Jeff Bock, Graphic Arts
 Ron Borstad, English
 Janet Boyd, Science



Rollie Bramhall, Physics
 Kathleen Brown, MD SC
 Steve Brown, Math
 Judy Brownsberger, Sp. Ed.
 Jack Bryan, Counseling
 Dana Buddecke, HI
 Ken Burgess, Business



Jim Bush, Soc. Sci.
 Pat Bushong, Secretary
 Kacia Cain, Biology
 Pam Calaway, English
 Barb Callaghan-Mitchell, HI
 Bob Carmichael, MC



DM SCHOOL BOARD.
 Front Row: Marc Ward,
 Harold Sandahl III,
 Superintendent Eric
 Witherspoon. Back Row:
 Mark Schuling, Jane Hein,
 Margaret Borgen, Laura
 Sand, Nadine Hogate.



Staying busy, VP Alex
 Hanna works on his
 computer. Hanna was at
 Roosevelt before he
 arrived at East in the fall.





Dianna Carnahan, Assoc.
Donna Christensen, Vice Prin.
Jane Christensen, Assoc.
Ted Christensen, History
Nancy Christy, Counseling
Lonnie Clark, Registrar
Cindy Crawford, HI

Marjorie Crawford, Business
Karen Cross, Math
Diane Crozier, English
George Davis, Phys. Ed.
Sally Dehnert, Secretary
Gina Diaz, SUCCESS
Dick Doughan, Counseling

Mark Eaton, Assoc.
Samy El-Baroudi, Business
Charity Fees, Spanish
Diane Fleming, Secretary
Dennis Forker, English
Jill Franke, SUCCESS
Keri Frommelt, Science

Ken Gaeth, Phys. Ed.
Ruth Ann Gaines, Drama
Marlia Gatto, Assoc.
Ann Ginther, Resource
Shirley Gooch, Art
Jerry Goodrich, Art
Don Graves, Attendance

Joining the Community

Two new vice principals have joined our administration this year.

by: Phut HoangVan

"I came to East because East has always been home to me," said **Gary Rourke**. "I went to school here, my wife went to school here and my children also went to school here. I've always wanted to be here."

"I'm very happy to have the opportunity to be at East," said **Alex Hanna**.

Both Hanna and Rourke have come from surrounding schools to be a part of East.

"I was a vice principal at Hoyt. I also taught and coached wrestling at Keokuk," said **Rourke**.

Hanna was at Roosevelt for eight years as the Dean of Students before coming to East.

Besides being a vice principal here at East, Rourke is also the Athletic Director.

"I get a lot of help from other administration and staff. It's good to surround yourself with good people," said **Rourke**.

↑
Taking time out of his busy schedule, VP **Gary Rourke**, stops to smile for the camera. Not only does he serve East, but Rourke also attended East.



Jack Gray, Drivers Ed.
Tina Grove, Bookkeeper
Julia Hagen, English
Jeff Hall, Tech. Ed.
Michelle Hankins, MC SC
Alex Hanna, Vice Prin.
Kathy Hansen, Spanish



Nancy Hansen, Business
Dena Harms, Math
Mark Hawkins, Instr. Music
Cindy Hayes, ISS
Larry Hayes, English
Deann Hebert, Fam/Con. Sci.
Don Heese, Soc. Studies



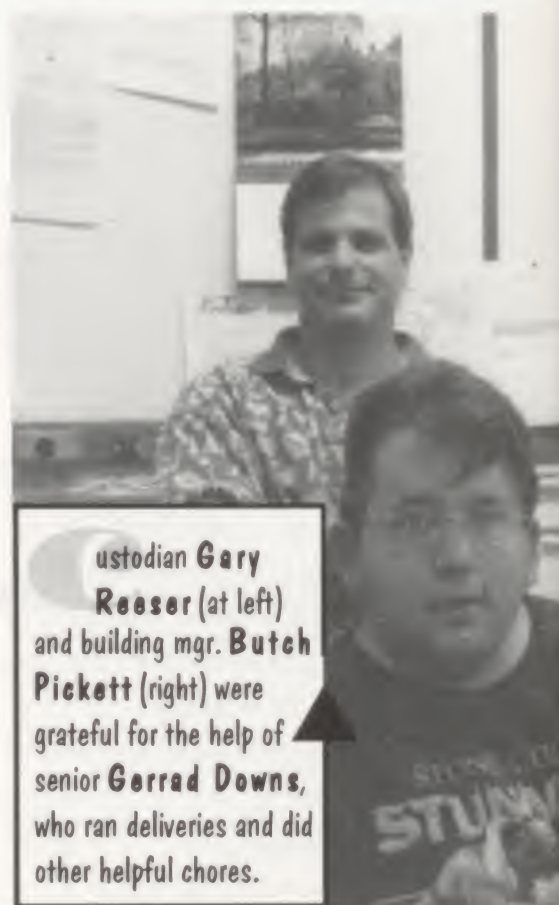
Joleen Heim, Assoc.
Stacy Herrin, HI
Patricia Hill, Assoc.
John Hodson, Govt.
Ann Hoehle, Library
Brian Hoff, Monitor
Patty Hoffman, Counseling



Deb Hoksbergen, Assoc.
Anita Holmes, Soc. Worker
Nancy Holmes, Photo
Andy Howard, Phys. Ed.
Daria Huang, Math
Mark Hurley, Phys. Ed.
Russ Junck, Tech. Ed.



CUSTODIANS (Alphabetical). Steve Barnes (Chief Engineer), KhengChey, Linda Cook, Verna Daniels, Randy Fitch (Stadium Chief), Joe Heggen, Cathy Howard, Daryl Jones, Joe Leo, Rithiya Mom, Butch Pickett (Building Mgr.), Gary Reeser, Lolita Rushing, Yon Um, Brent Willis.



Custodian Gary Reeser (at left) and building mgr. Butch Pickett (right) were grateful for the help of senior Gerrad Downs, who ran deliveries and did other helpful chores.



Mary Jane Kaldenberg, Bus.
Ed Kelly, Journalism
Lowell Long, Science
Susan Lorence, French
Carol Lortscher, Secretary
Derek Lounsberry, Math
Mike Lucht, Math

Judi Luther, Business
Robbie Malm, Math
Christina Martin, Spanish
Marjorie Mayes, Secretary
Maureen Mays, Science
Chris McMurray, Speech Ther.
James McNear, Vocal Music

Laurie Meyer, HI
Mike Miller, Debate
Betty Mills, HI
Marty Mohler, Tech. Ed.
Greg Morse, SRO
Don Murphy, Social Sci.
Linda Nemmers, Math

Debbie Neustadt, Science
Randy Nordaker, MD SC
Mike Nyman, Soc. Sci.
Dale Ogle, Work Study
Bill Oleson, Tech. Ed.
Sharon Page, Secretary
Elaine Peterson, Business

by: Brooke Nowadzky

Wanted...Appreciation!

Do you ever wonder what the custodians do? Do you give them enough appreciation? The fact is, when we call it a day (at school) their work is just begining. The first group of custodians get here at 7:30 a.m. and get off at around 4 p.m. Then, the second group comes in and is here from 3:30 p.m. until midnight.

So, what do they do while we're asleep, in class or just out and about?

"We do a little bit of every-

thing," said **Randy Fitch**.

An average day consists of helping unload food service trucks, moving furniture, setting up for staff meetings, making sure halls are passable, fixing lights, cleaning bathrooms, washing windows and keeping up the maintenance of the building.

"I had no idea that the custodians did so much work," said junior **Jennifer Oliver**. "They really keep this building looking nice."

Butch Pickett, Bldg. Mgr.
Delores W. Porter, Cafeteria Mgr.
Ned Rasmussen, Tech. Ed.
John Raymond, English
Claudia Richards, English
Andrew Rosene, Spanish
Gary Rourke, Vice Prin./AD



John Rudisill, Science
Judy Rush, English
Scott Ryan, Monitor
Annette Ryan, Science
Linda Saddoris, English
D'an Sassee, Resource
Al Schatz, Assoc.



Carla Sears, MD SC
Cindy Selden, English
Diane Sheil, Secretary
Lawrence Smith, MC
Vidal Spaine, Resource
Don Starcewich, MC
Carole Steingrabe, Phys. Ed.



Jerry Stilwell, Principal
Carolyn Strickler, LD Res.
Eric Sullivan, Math
Chuck Sutherland, Phys. Ed.
Jennifer Swartz, Orchestra
Mike Teale, Monitor
Stan Thompson, Govt.



CAFETERIA STAFF. (Alphabetical order): Kathleen Clater, Ernesto De La Cruz, Jackie Gibson, Geneva Hanson, Dixie Heimbaugh, Beverly Johnson, Delores Weeks-Porter, Mae Smith, Michelle Stone, Wanda Stoner, Marketa Welch, Norma Toigo, Barbara White, Arletha Washington.

rapping up leftovers,
this worker is ready
to go home after a long day.
A standard day is from 6
a.m. to two in the afternoon.





Fred Vanderley, Soc. Sci.
James VanTuyt, Soc. Sci.
Deb Van Velzen, B.D./Sp.Ed.
Joyce Vickroy, Phys. Ed.
Somkong Vong, Math
Bill Waller, BD
Mary Westover, English

Stayce Westover, MC
Steve Wetter, Psychologist
Jennifer Wickersham, Lib.
Lori Wolter, MD SC
Fani Wilson-Cunningham, NH
Chaney Yeast, SUCCESS

A typical weekly lunch menu...

Mondays you might eat a charbroil chicken wrap sandwich or pizza

Tuesdays we might enjoy a chicken salad sandwich or a beef entree with bread

Wednesdays you might eat a Chicken Parmesan sandwich or cheese soup

Thursdays might offer a veggie wrap sandwich or vegetable beef soup

Fridays meant a fish entree with bread or chicken nuggets and roll

Good Eats and Happy Faces

by: Debbie Montis

I imagine baking over 20,000 cookies in one month, or, start your day cooking at 6 a.m. and ending it at two with cleaning up.

To be a cafeteria worker it takes a lot of that kind of hard work and love for the job.

"You can't do a job like this and not love it," said **Delores Weeks**. "You wouldn't be able to stay if you didn't."

Every year the cafeteria staff works hard for the students. They're dedicated people that love their jobs and the kids.

"I really appreciate the workers in the cafeteria, they always have a smile ready and are always nice to me," said junior **Angie Davies**.

They serve around 1520 students and teachers daily, serving meals to Wallace, Willard and to the downtown schools.

Here at East, 800 to 900 students are served meals and ala carte services. There are at least ten menu choices daily.

The cooking staff does lots of extras, too, like making over 20,000 sugar cookies during the winter season.

The staff loves the students and are constantly trying to keep them happy.

"The students at East are a great, polite and caring group of young men and women," said **Weeks**.

his cafeteria worker is looking, counting and getting ready to order things used in our everyday breakfast and lunch. The workers love the kids and said "we have the best food program in the state."

Academics

~~THE~~ never- Ending bridge to **SUCCESS**

by: Tiffany Roby

Since early childhood, education has been a key element for gaining individual identity.

Learning starts from the first day a person enters the world. It progresses from learning the simple things like how to walk and spell words, to the curriculum in the classrooms today.

Gaining knowledge is an ongoing activity that varies from year to year, depending on the society one is growing up in. However, everything we accumulate through education helps us in living from day to day.

The future depends on what we learn today and how we decide to apply it in our future lives.

For all of the years to come the significance of education will never change.



1916

During this year the basketball team was divided by weight. To play on the "A" team one had to weigh 130 or less.

1918

To graduate from school, students were required to complete four years of English, three years of math, and two and a half of history.

1919

The first Student Council was introduced by principal A.J. Burton.



1930

"Extra, extra read all about it!" The Scroll newspaper was established. It was distributed bi-weekly.

1930

The Quill yearbook grows in thickness. It is now distributed semi-annually instead of quarterly.

&QA

“Why do you like being on the Quill Staff?”

“Four words: Highland Park Bakery Days.”

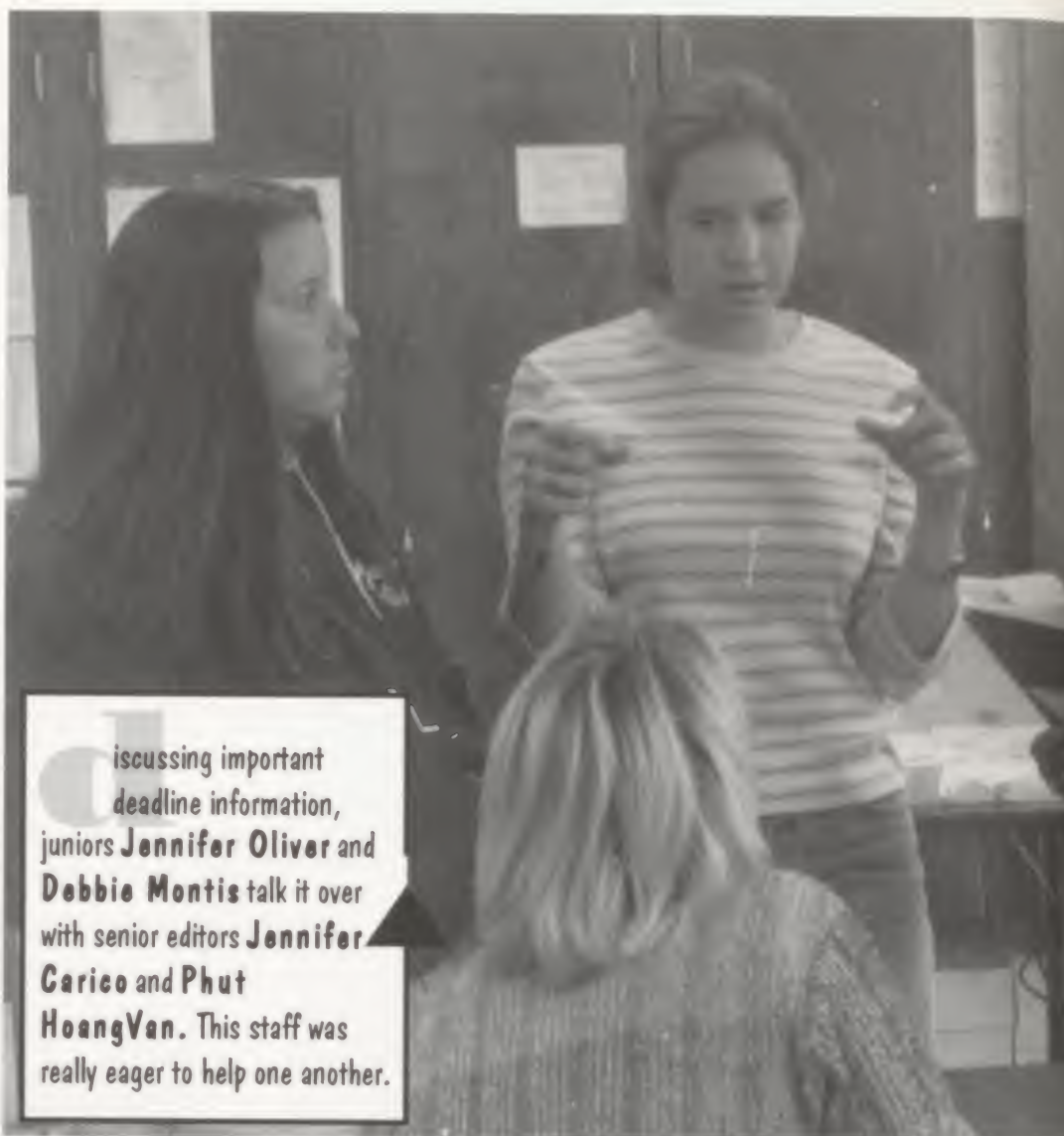
— Senior *Ashley Vitiritto*

“It keeps me busy and involved in school activities.”

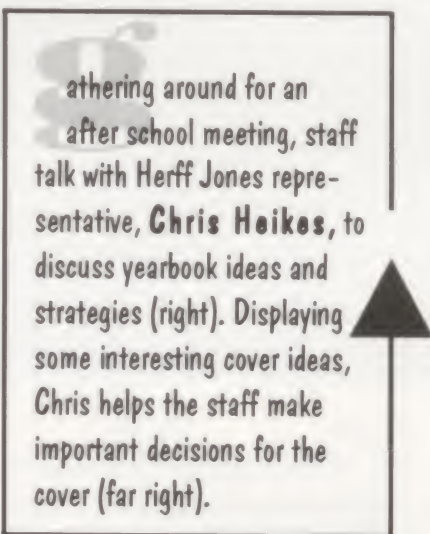
— Senior *Tiffany Roby*

“I love working behind the scenes and seeing the book before anyone else does.”

— Junior *Stephanee Carlos*



Discussing important deadline information, juniors **Jennifer Oliver** and **Debbie Montis** talk it over with senior editors **Jennifer Carico** and **Phut HoangVan**. This staff was really eager to help one another.



Gathering around for an after school meeting, staff talk with Herff Jones representative, **Chris Hoikes**, to discuss yearbook ideas and strategies (right). Displaying some interesting cover ideas, **Chris** helps the staff make important decisions for the cover (far right).





by: *Ashley Vitiritto*

STRIVING FOR A HISTORIC YEAR

It's the most celebrated book of the year. The only large, hard-bound school book that students will gladly carry from class to class and line up to get. Teachers constantly have to tell you to put them away, or they'll take them away. It's the book that contains your photographs, stories, signatures and memories of good old high school times. It's the yearbook.

"Getting the yearbook is my favorite time of the year. It's fun to look and find what pages you and your friends are on. Even better, it means it's the end of the school year," said senior **Marshall Matledge**.

That's right, the book of all books. But, have you ever really thought about what goes on behind the scenes of the yearbook?

"All I know is that every year we get a yearbook. I've never really thought about who does it or how," said junior **Nick Graham**.

Well, welcome to 656N, Mr. Kelly's room and during third and fifth hour it's the home of the non-stop, story-digging, memory-recording yearbook staff. Made up of seven juniors and eight seniors, this staff is driven and determined to record the most memorable events of the year.

"We really want this to be a book to go down in history. For not only being the last of the century and the first of the millennium, but the book that covered it all and will be the best ever," said senior **Jennifer Carico** (one of this year's three editors-in-chief).

There are some unusual twists to this

year's yearbook. First off, duh, it's the millennium and "we're striving to create a real quality yearbook this year," said adviser **Ed Kelly**.

"We want this book to be extreme and unusual. It's our goal to make sure everyone and everything gets in it," said senior **Phut HoangVan**.

Another unusual twist is that for the first time ever, we only have one guy writer on staff. All the elite and unusual pleasure of being the only male on staff other than Mr. Kelly goes to senior **Josh Gerrietts**.

"I get a lot of insight into the female mind. I thought by being the only guy in here I would be able to figure out females. Wrong, I'm even more confused," said **Gerrietts**.

"I wish there were more guys on staff for their input on things," said junior **Heidi Bailey**.

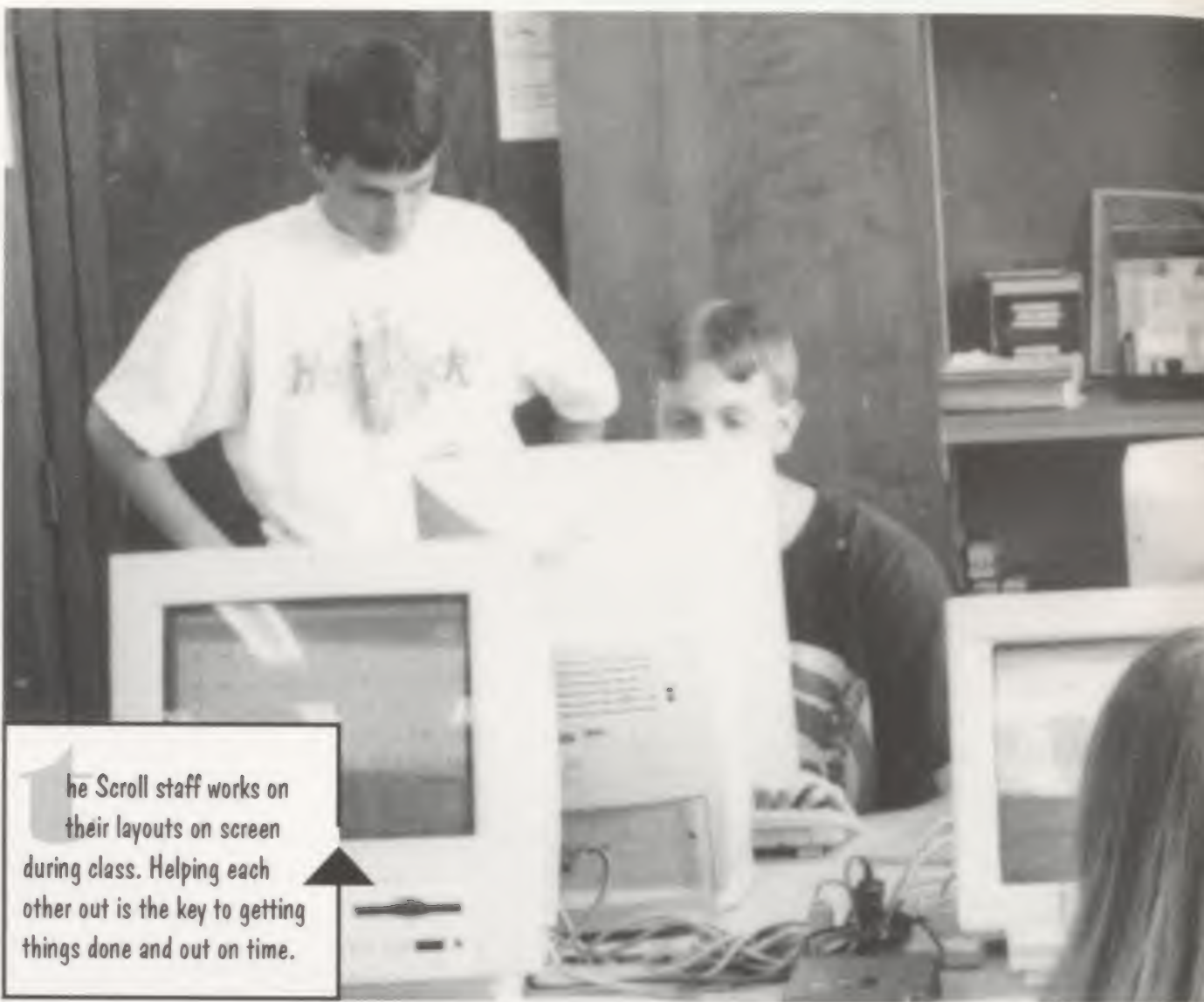
The minority can feel awkward sometimes. "I think sometimes Josh and Mr. Kelly could use some support from other males when all of us girls start unloading on them," said senior **Tiffany Roby**.

"I know Josh will survive and this will only make him stronger and a better listener," said senior **Nicole Lawrence**.

There's no doubt in our mind that they will make it through the year and that this staff is a talented one, trying to make this a great year.

This year is definitely one that will go down in history for many reasons. It's the end of some things and the start to many others and it's the job of the Quill 2000 staff to publish all the stories, highlights and memories that make up this exciting and historic year.





The Scroll staff works on their layouts on screen during class. Helping each other out is the key to getting things done and out on time.

Writing down some info, juniors **April Hiatt**, **Melissa Khodai**, and senior **Jessica Kenney** labor on a story. Interviewing is one of the many tasks they need to accomplish as staff members.



Being very attentive, senior **Nate Hibben** interviews a student. The paper tries to get students' comments published as often as possible.



by: Phut HoangVan

EXTRA EXTRA READ ALL ABOUT IT

Have you ever picked up a Scroll and went right to a specific section?

"When I read the Scroll, I read the opinion section," said senior **Shakeela Newsome**.

"I don't go to any particular section," said senior **Jaime Hill**. "I just look through the whole thing."

Some may or may not go to a specific section, but the paper is interesting to read from the front to the back.

This year there were 12 pages and the paper came out every three weeks.

"It was difficult, yet I think it was a good experience that could prepare me for the rest of my life," said junior **April Hiatt**.

"I think the Scroll was too short before, but I'm glad that it has more pages now," said junior **Emily Dillard**.

The staff was also different. There were more members, including a sophomore, and this made the production of the paper quicker with teamwork.

Some staff members have a specific section or page to work on.

"Everybody has their own work to do and it's not more than they can handle," said junior **Misty Stanton**. "Since there are more people, it's easier to get more things done."

The Scroll is definitely a big production at the school.

Students read through it for interesting and up-to-date school news.

"I'll skim through the paper and if there is something interesting in it I'll read it," said junior **Karena Reihsen**.

by: *Pon Thipyothin*

BEAUTY LIES IN THE LENS OF THE BEHOLDER

The process of shooting and developing pictures becomes a habit for students who are in the Photojournalism class. The Quill and the Scroll depend on this class to provide them with pictures.

The students in this class are given topics to take pictures for, then all they have to worry about is making sure they have the pictures by the deadline, according to teacher **Nancy Holmes**.

Holmes has been in charge of this group for eight years, but this class has been around for decades.

This year's Photojournalism class consisted of nine members, which is small compared to previous years.

"I think having a small class is great, since it's not a year-long class," said sophomore **Amber Giles**. "If the class was any bigger, there wouldn't be enough cameras to go around."

The life of a "photo kid" has to do with having the skills and knowledge to manage time in order to meet deadlines.

"We receive a lot of freedom in this class but we also have to get in the habit of showing production on our own," said senior **Keon Sharp**. "We are graded on whether we make the deadline or not, so it's important for us to have the pictures ready when the deadlines are due."

Many EHS students agree that the Photojournalism class is fun, due to the fact that they get to work independently at their own pace without having someone nag at them.

"It's my favorite class," said junior **Melissa Khodai**. "The atmosphere is open and you get to experience being an adult when you are working alone."

Even though the students tend to have a lot of fun in this class "there are some things that are harder than you think about this class," said Giles.

"We don't just take whatever pictures we want," she said. "Since we are not sure what type of pictures the Scroll or Quill wants, we sometimes have to decide for them what will work and what won't."

In addition to knowing how to manage time and choose pictures, students must be able to operate a camera and be responsible in case something breaks or gets stolen. Therefore, this class is offered to students who've taken a semester of Photo I.

"After students have taken Photo I, they already know the basics of printing and developing pictures as well as taking pictures," said Holmes. "That's why Photo I is required to be able to get in this class."

Part of having fun is showing up at the annual picnic which happens every year to celebrate what the students have accomplished.

"It's like a fun and relaxing time for us because the yearbook is done and we are really excited to see our work," said sophomore **Sean Wall**. "I also like the food everybody brings."

The process of taking pictures will continue in the Photojournalism class as long as the Quill and the Scroll still need pictures to go along with their stories.

"I feel that without us there wouldn't be any pictures and it makes me feel good that I'm doing something that helps our school build a good reputation," said Sharp.

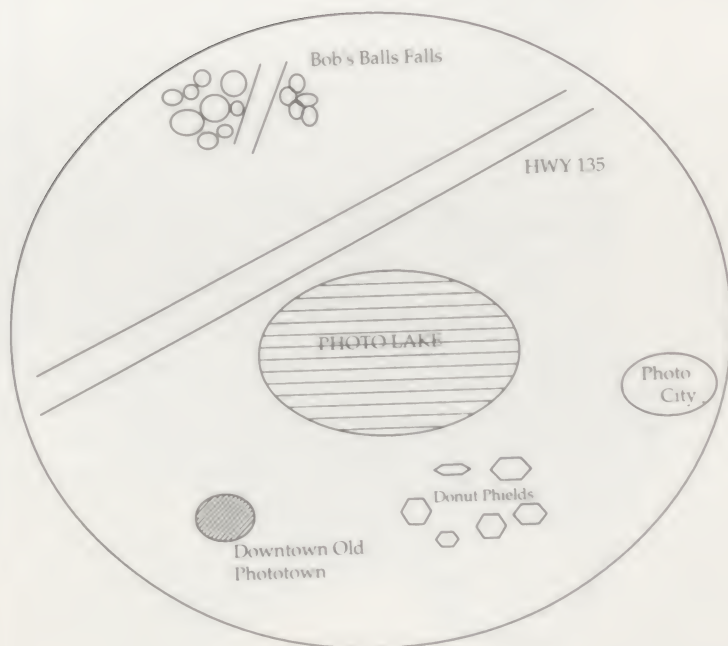
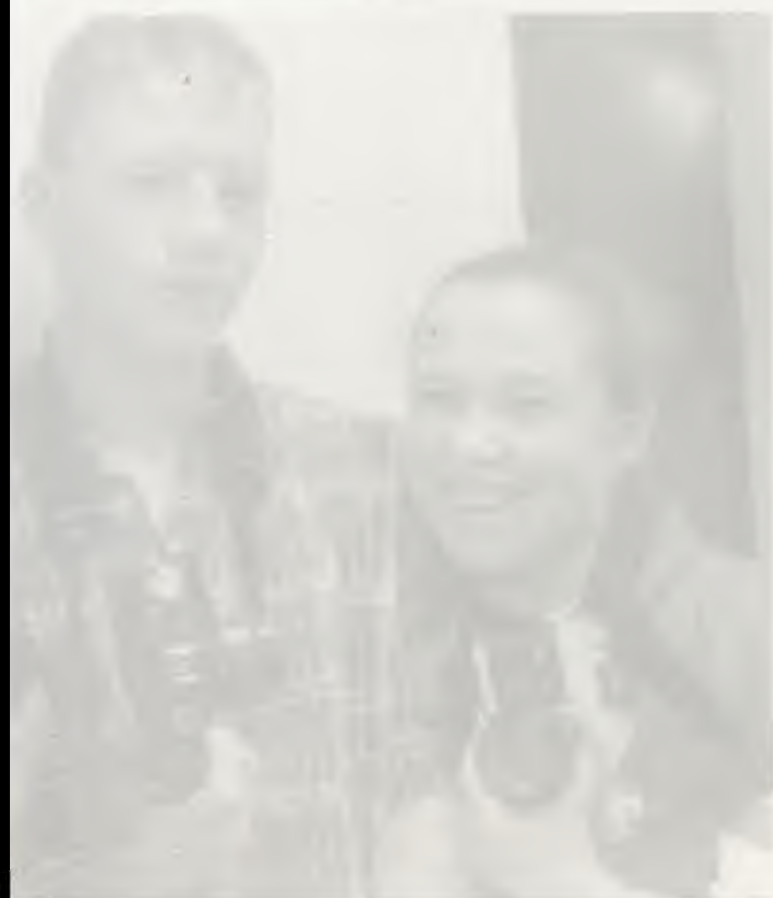
emostrating what the class does, senior **Lynsie Thompson** holds up her camera. The individuals take turns using the camera in order to get their work done.



Stopping for a break from taking pictures, junior **Chasity Lee**, and seniors **Jesse Reeves** and **Lynsie Thompson** find time to smile for the camera. The students attend this class during third period.




 rying to experiment with different shooting angles, senior **Jesse Reeves** aims his camera. The students have to know how to shoot at a certain angle/position which will make the picture come out acceptable to the eyes of the audience.



by: April LeClere

GIVING IT THEIR BEST SHOT

Almost every day there are 'Photo Kids' walking around taking pictures during their Photography class. Sometimes they take pictures of friends and other times of the water fountains. Ever wondered what happens to those pictures?

"Through these pictures we 'Photo Kids' have learned the basics of the picture printing process," said junior **Stephanie Kellis**.

The students in Photo I use the pictures taken to learn how to develop negatives and eventually they learn to print them. Photo II students spend most of their time working on a portfolio of their work over the years.

Nancy Holmes, the photography teacher, sets up a chart system that keeps the class rotating in three alternating groups. The people take pictures one day before develop their film the next. They rotate into the dark room the next day to print their pictures. This way the whole class isn't jammed into one small dark room.

"I think it's a good system," said junior **Wendy Bradford**. "This way we don't get stuck doing the same thing every day. We work at our own pace."

Photography class isn't the easiest class to get into. This year more than two hun-

dred students signed up to take it, but there were only fifty-eight spots to be filled.

Luckily, **Holmes** didn't have to sit down and decide who was in and who wasn't, the counseling computer made the decision for her. However, that didn't mean she didn't have an opinion.

"I liked having students in class that had siblings in the class before," said **Holmes**. "Then I know they have had some sort of experience."

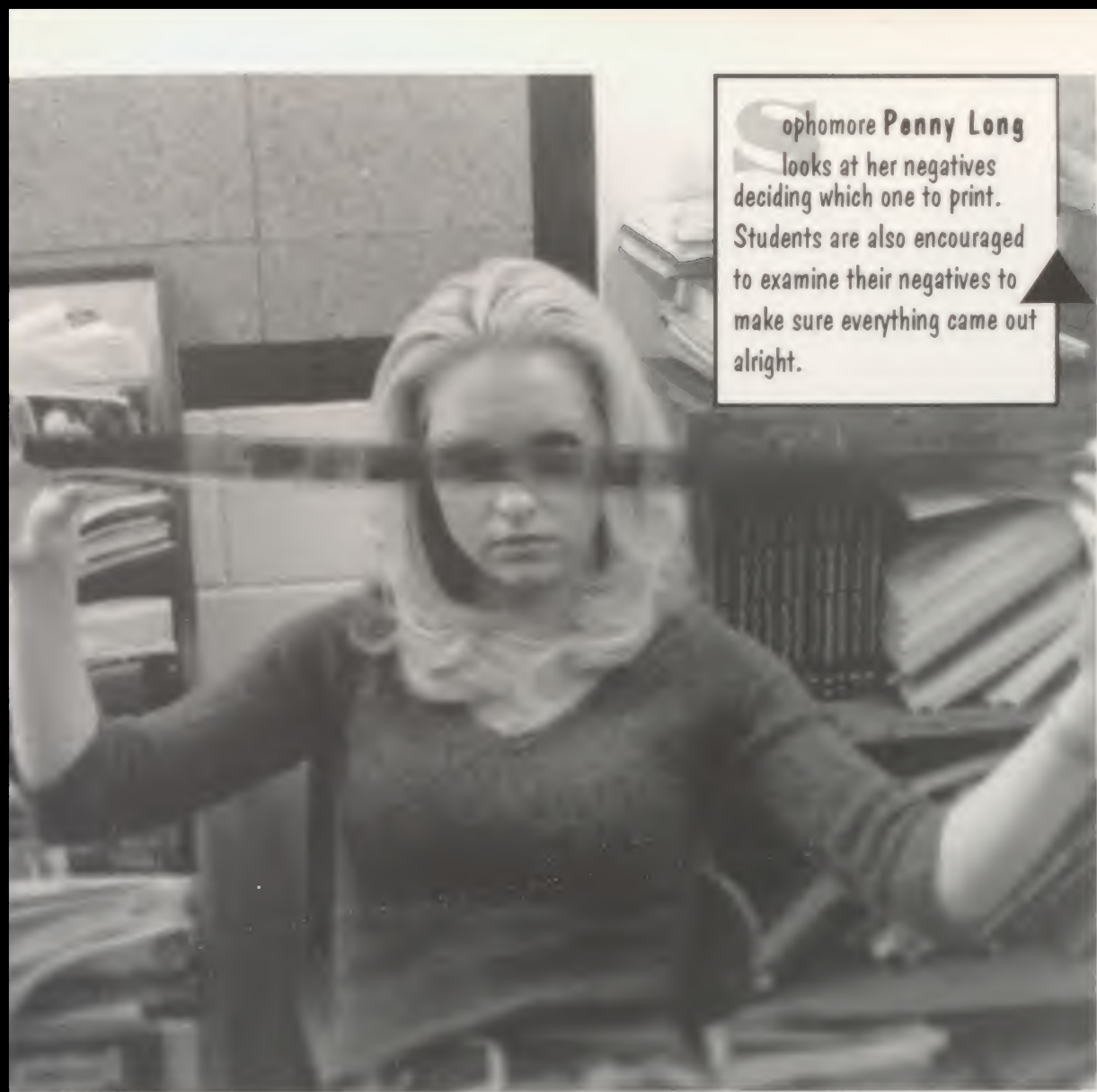
There were times when students who were supposed to be in Photo II ended up in the advanced class because of differences in scheduling, but it really wasn't too bad, according to **Holmes**.

Students that get interested in Photo I and have talent go on to Photo II. Then after doing a portfolio project, they decide whether they want to take Advanced Photo.

If, during these courses, a student decides that they want this to be their profession, then they take Photojournalism.

"My dream is to have one of my students get a scholarship to the Colorado Art Institute," said **Holmes**, "and some have come close."





Sophomore **Penny Long** looks at her negatives deciding which one to print. Students are also encouraged to examine their negatives to make sure everything came out alright.



At far left, sophomore **Lindsey Latcham** looks through her class' drawer for her negatives, which is an everyday ritual for many "photo kids." At left, sophomore **Josh Best** and junior **Wendy Bradford** look for their missing prints.

by: Kelli Welker

MAKING IT ALL FIT

"The best thing about Graphic Arts was learning how to put things together, so they look good and turn out creatively," said junior **Heather Robinson**.

Graphic Arts is a class where students work on designing their own projects, and learn the use of computers. Beginning students work on business cards and later they can design t-shirts, stickers, mirrors and notepads.

Junior **Jennifer Moore** said, "It's really fun how you get to design your own projects. Sometimes it was hard or confusing, but after you saw your project done, all of your time and effort put in it paid off."

Advanced classes printed the school newspaper, homecoming and prom flyers, graduation announcements and help contribute to the community. The class was also a major part in helping in the production and printing of the Quill and Scroll.

"I like teaching this course because I'm working with the students more one on one," said teacher **Jeff Bock**. "It also helps me to get to know the class better."

Bock has been teaching the class for seventeen years at East and hopes to continue for many years to come.

The class helps lead many students to creative projects that help them decide what to do in the future.

Senior **Amber Johnson** says, "I would recommend the class to any student interested in design, or if they want to learn about printers and presses."

Computers are a major part of the production of the projects. Although Bock would like to have more money spent on higher technology, it is not a major concern for him to do any better with his teaching of the class.



Graphic Arts

“What do you like the most about Mr. Bock or a favorite part of his class?”

“The class is a great class to go to if you’re having a bad day because you can throw yourself into your work and forget about everything else.”

— Senior Amber Johnson

“My favorite thing would have to be Mr. Bock because he’s my favorite teacher and I just Love that man.”

— Junior Heather Robinson

To the left Junior **Moghan Tomploton** develops a picture in one of the Graphic Arts dark-rooms. To the far left, Junior **Justin Rapplinger** shows off some of his Slipknot work to another classmate. Posters were one thing they could make in the class.

Junior **Niki Loftus** works on screen printing which is the step used before printing things such as stickers and t-shirts. She really worked hard on getting that tray clean so her project would turn out just right.

by: Shawna McChurch

FOR THE LOVE OF ART

As well as the classes already offered, the art staff has an after-school club for students who weren't able to fit art into their schedules.

"Art club is a great opportunity to explore areas of art that we otherwise wouldn't during the school year," said junior **Tony Antelman**.

"We silk-screened shirts and developed some of our own pictures for the yearbook," said teacher **Jerry Goodrich**.

There were three different art classes to choose from this year. Besides the ones taught by Goodrich, there was also Drawing and Painting, taught by Shirley Gooch.

"I worked with many dedicated artists in all my classes," said Gooch. "I tried to help them learn as much as I could."

Each class focused on different areas of art. Art 1 classes focused on the elements and principles of art, while the 3-D Design and Drawing and Painting classes focused on putting those elements and principles to work using ceramics, leather and other materials.

"Some of my classes made sculptures of their shoes using wire," said Gooch. "I thought they looked really cool and so did my students."

"I liked it when we did free drawing," said freshman **Justin Bales**. "To me, that's the best part of art."

The students had many chances to display their art. There were contests they could enter and shows at Grand View College, Simpson and the Art Center. A few students even won the contests they entered.

Two students won the Fire Safety Poster contest during the fall, senior Reese Turner received second and junior Mark Lovan received first place.

"It was no big deal. I thought that my poster was one of the best in my class, but I didn't know what the other classes had," said Turner.

"We now have a good positive tradition at East of winning that contest," said Gooch. Turner and Lovan, along with alums Lance Lethcoe and Marcos Ramirez, are a part of this winning tradition.

For some students, this year was better than past ones.

"Marcos wasn't here. Not that he was a spotlight-hog or anything, it's just that it opens the door for others to be seen," said Turner.

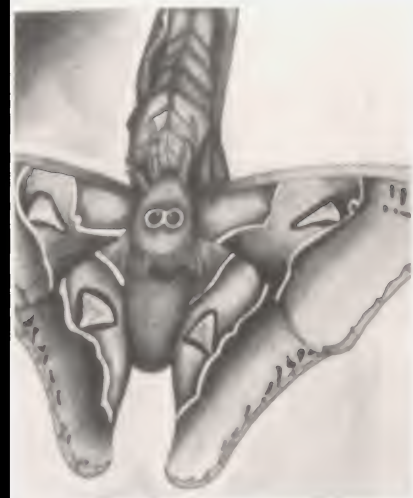
But Ramirez wasn't always gone. According to Gooch, Ramirez spent his Fridays in her room, helping with the other students and learning as well.

"I think it's cool that Marcos came back to work with us," said senior **Jacob Audsley**. "It showed that he really cares about art and that he likes East enough to come back."



"It's an eagle," said freshman **Nathan Tylor**. (above) "I thought it would be a really good picture to draw." Below, is a picture drawn by freshman **Stephanie Roush**. "I like to draw snakes," she said.





he snake in the picture below was drawn by junior **David Bayer**. Bayer is one of many students to be enrolled in art classes offered this year.



For a class project, students were to find a picture in a **National Geographic** magazine of a real animal or person and then draw it, imitating the original. Above is the work of senior **Fred Heard**, who chose a butterfly.



Above is a piece of art by junior **Jamie Jones**. Jones said she drew the mountain lions because "they looked catchy to me."



HS students took art for many different reasons. Some just liked it but others were intent on art as a career choice. Below is a drawing by talented sophomore **John Anderson**.

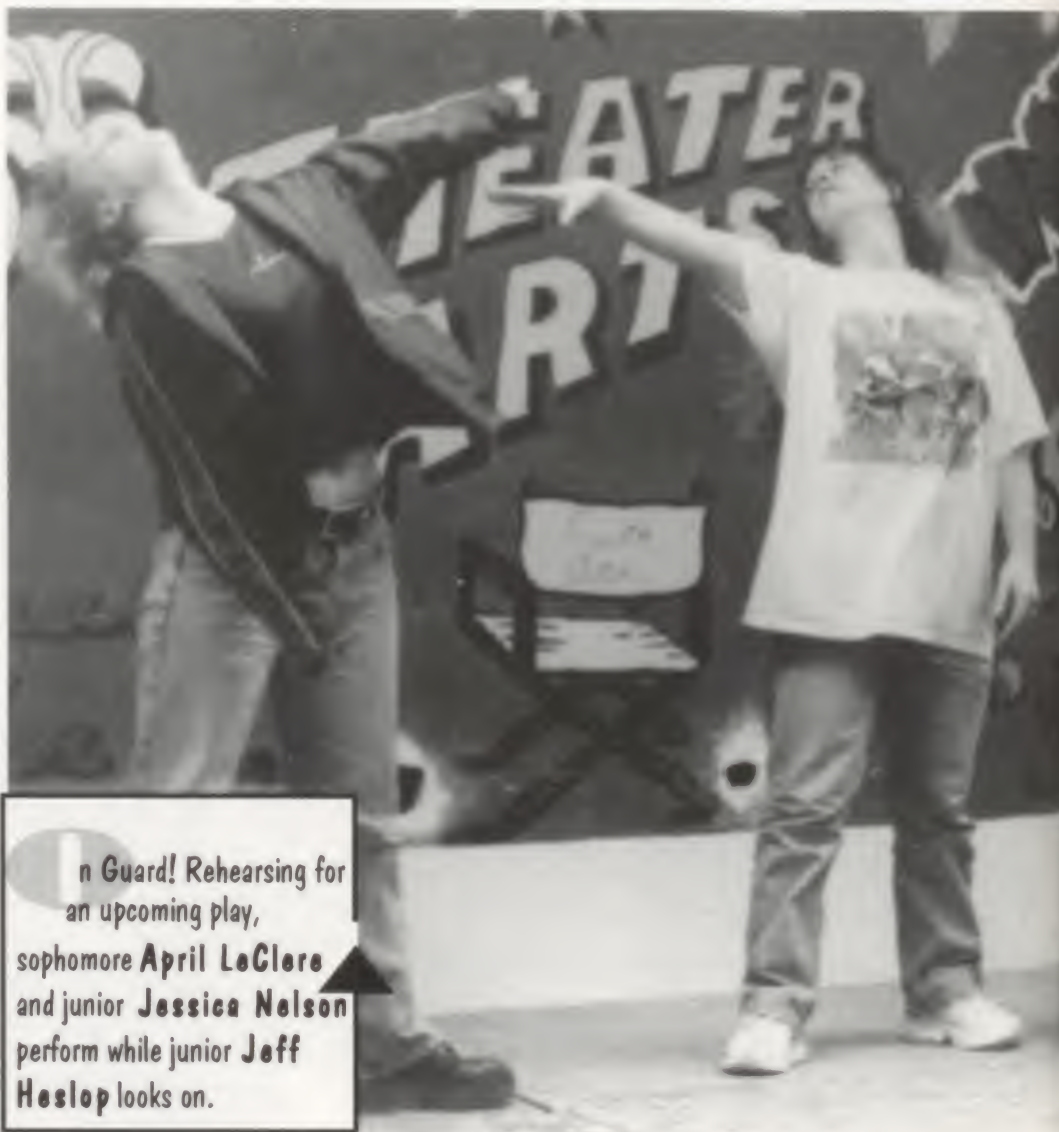


his picture had good shading contrasts so I chose to draw it," said junior **Crystal Cowles**. Some of the pictures that the students drew were later submitted to shows and contests by their teacher, **Jerry Goodrich**.



his is so crazy! That's what sophomore **April LeClaro** thinks as she walks off the stage. **LeClaro** and other mime students were practicing for *Frumpled Fairytales*, a play the students performed in December.

ing around the Rosy?" Actually these four students are busy practicing for a part that they play in *Frumpled Fairytales*.



n Guard! Rehearsing for an upcoming play, sophomore **April LeClaro** and junior **Jessica Nelson** perform while junior **Jeff Heslop** looks on.



by: Brooke Nowadzky

GAINES BACK & BETTER THAN EVER

Notice anything different this year? RuthAnn Gaines is back! Gaines was on a year's sabbatical because she was chosen as Iowa's 1998 Teacher of the year.

"I wasn't sure if I was going to come back," Gaines said, "but it feels good." Last year Sara Ostbloom was teaching in place of Gaines. They differed in their teaching styles.

"Ms. Ostbloom was more focused on reading plays, learning vocabulary and not as much on stage acting," said junior Heather Roseberry.

"I'm glad Gaines is back because she teaches from experience, Ms. Ostbloom taught from books," said sophomore April LeClere.

Now that Gaines is back, so are her activities in class. The Drama I students wrote and performed their own plays about serious teen issues, origi-

nal one-acts, newscasts, TV commercials, soap operas and talk shows.

Drama II, or Mimes, performed *Alice Through the Looking Glass*, *Frumpled Fairy Tales* and other group activities.

"I like mimes because we don't have to do much talking," said Leclere.

"My favorite was performing TV commercials in Drama I; it was fun and gave us a chance to show what we can bring to a part," said Roseberry.

Gaines has also written a book and has started writing another. The book she is writing is going to be called *Self Esteem: Building it Through Drama*.

"I hope the book will show other teachers how to look at the arts differently," said Gaines.

Though Gaines likes being back she said she will teach until 2003 at the most. According to students, when she leaves it will be a tough act to follow.

by: Casey Mikesell

ARGUING DOWN THE ROAD

"As a result of having single sex schools, students will get a better education because they won't worry about what the cute guy or girl next to them is wearing," said an East debater.

"I disagree. Because of single sex schools students will learn less because they will wonder what the opposite sex is doing," said a Roosevelt debater.

These are examples of arguments from two people from different schools competing for and against single sex schools in a debate tournament.

East's debate team is unique because of the trips they take and for one yearly special event.

"Debate took me places I might never have otherwise seen, like Harvard University in Boston," said alum **Jason Bent**, '93.

"We have driven to places like Chicago, Texas and Minnesota," said debate coach **Mike Miller**.

According to Miller, every November East hosts the Fall Classic Debate Tournament. East debaters don't debate in the tournament but they host it. It lasted from Friday, November 5, after school until midnight, to Saturday, November 6, 8 a.m. until 10 p.m. Teams from all around Iowa and Ne-

braska came.

"Hosting a tournament is a lot of fun, but it's also a lot of work. It's more fun because you get to meet the debaters without competing against them," said varsity debater **Kristi Mathis**.

Not only is debate an extracurricular activity, but it is also a class. Students can take debate and it counts as their required speech credit. The students that take the class are encouraged to participate in at least one interscholastic competition.

"I joined the class because I love to argue. I feel like I have an adrenaline rush when I'm competing," said sophomore **Tiffanney Moore**.

This year the debate team went to 16 competitions and tournaments. Most of the tournaments were two-person debate or Congress debate. Out of the 16 tournaments on the schedule most debaters went to only eight to ten tournaments over the year.

"I only competed in two this year because I'm strictly one style (congress) and we've only had two of these meets this year," said freshman **Ross Loving**.





bove left, freshman **Heather Brady** answers cross-examination questions in a Mock Trial during debate class. Sophomore **Mackenzie Post**, above, finishes her opening statement as a prosecuting attorney in *IA vs. Hansen*, a trial case.

rie Brandt gives a thumbs up after his victory for Mock Trial. All of his enthusiasm helped his team to win at the next tournament.

1999-2000 Tournament Schedule

Sept. 24-26
Mid-America Cup, Valley

Oct. 1-2 East HS (OPEN)
Oct. 5 Novice League
at East

Oct. 8-9 Ankeny
Oct. 15-17 Iowa Caucus,
C.R. Washington
Oct. 29-30 DSM Metro
League, North HS

Nov. 5-6 East Fall Clasic
Nov. 9 Novice League,
Dowling HS

Nov. 12-13 Kanellis
Overnighter,
West HS, Iowa City
Nov. 19-22
Glenbrooks, Chicago

Dec. 3-4 IHSFL Debate,
Iowa City
Dec. 10-11 The Paradigm,
Dowling HS
Dec. 17-18 Lincoln HS

Jan. 14-15 Westside, Omaha

Mar. 2-4 IFL All-Iowa
Tournament, Iowa City

May 6-8 Tournament of
Champions, Lexington, KY

June 12-16 NFL National
Speech and Debate Tourn.,
Portland, OR

by: Brooke Nowadzky

READING, WRITING, SPEECHES & MORE

In my English classes we do a lot of "Advanced English is hard because we do a lot of group work, it makes it fun for the students, but I also hope it helps them realize the wisdom from within," said English teacher **Judy Rush**.

The English teachers have different things to do for their students throughout the year. Some, like Rush, assign *The Crucible* and assign a lot of writing, but some have other things in mind.

"My Senior English classes did a lot of things: wrote epic poems and ballads, preformed group skits, led round table discussions and conducted group performance activities," said English teacher **Julia Hagen**. "But they seemed to have the most fun with the skits."

So what do the students think about the classes?

"Senior English can be hard sometimes, but it can be a lot of fun, too," said senior **Tres Busby**.

Speech on the other hand is a different world. Speech is not only giving speeches, but writing them and doing a lot of research.

"Speeches count for 60 percent of the student's grade, so they had to make an attempt at each one to pass the class," said speech teacher **Ron Borstad**.

Not only does speech have activities in class, but students have the opportunity to enter speech competitions.

"We usually have two different competitions, one in the fall and one in the winter. In the fall, students can make it to Nationals. In the winter, students can only make it to State," said **Borstad**.



A lot of hard work is given in English class. Revising her notes carefully senior Julie Kistenmacher studies for an upcoming test.



ored out of their minds? Nope, this Senior English class is concentrating on the assignment being given by Mrs. Hagen.



Group work is another thing students do in English. Junior Tommie Halsband, and another interested student, are working in a group and comparing answers.



QA

“What is the best thing about your

English or

Speech class?”

“In Mrs. Rush’s class we do a lot of relaxation activities.”

— Junior *Debbie Montis*

“Mrs. Saddoris does a lot of hands-on activities, and she doesn’t assign a bunch of worksheets.”

— Senior *Nicole Lawrence*

“I like talking in front of people in Mr. Miller’s speech class.”

— Sophomore *Alyssa Wilson*



gathering around in a group, students play the game "Guess Who?" in Spanish. This was one of the many new activities done to make learning a foreign language easier.



Sitting on top of a desk senior **Matt Bird** gives a big smile for the camera. Every year students get a chance to compete in a quiz bowl. This event included local schools coming together to see who was the best in performing conversations and skits.

Spanish students get together after school to go bowling. Everyone who took a foreign language could also get involved in that language's club. In the clubs, students were able to have more experience with that language and culture outside of the classroom.





by: *Tiffany Roby*

FUTURE PREPARATION TAKES A FOREIGN SPIN

Many students are starting to take more foreign language classes," said Spanish teacher **Kathy Hansen**. "One of the reasons for this change is students are realizing they can get a better job if they are bilingual."

"I think these kinds of classes are very important in today's world," said senior **Rochelle Slaughter**. "That's why I took French. I know there is a high demand for those who can speak it fluently."

Although some students took these classes for better opportunities in the future, others took them to expand their knowledge about different cultures.

"I believe learning about different cultures help people to be more diverse," said junior **Jack Weber**.

Students not only learned about cultures through the class, but also through differ-

ent activities. One of these opportunities was when a group came to perform songs and dances from France, Spain, Mexico and South America.

"I really enjoyed the performance. It was a fun and unique experience," said **Weber**. "It allowed to me to see how other countries have different art and music than the United States."

Not only did the students enjoy outside activities, but they also liked those done in class. One of the things that really seemed to catch the students interest was group work.

"I think it is a good idea that during class we do more group work because it makes it easier to learn. Also it was fun trying to help each other pronounce the words correctly," said senior **CarrieLynn Meek**.



"Would you recommend the class or **Q** & classes you are taking **A** at Central to others **A** with similar interests and abilities?"

AP Calculus AB

Yes, because they really challenge you and they teach you a lot, but be prepared to do a lot of work if you take them.

AP Chemistry

— Junior Mike Jones

Fashion &

I'd recommend this class because you learn a lot about clothes, such as who makes them and how the fabric is made.

Textiles

— Sophomore Jessica Bush

AP European History

If your social life is a high priority, you probably shouldn't take these classes. If it's not, you get to meet lots of new people.

AP Biology

Academy English 10

— Sophomore Angela Jones

Intro to

Yes, take this class if you want to go into the health field because it's nice to know what you're getting into before you pay for the class in college.

Nursing

— Sophomore Tifani Armintrout



Junior **Cynthia Caylor**, above right, takes a break from her Japanese class, while junior **Nate Cox**, at left above, shows off some of his work in a fashion class at Central Campus. At right, students finish a hard day and walk down a hallway leading to the bus taking them back to East.



by: Cheri Fenton

OUT OF SYNC IN A NORMAL DAY OF HIGH SCHOOL

taking a break from

learning, juniors

Michelle State and Billie Ogburn (front),

along with junior **Cody Woltzheim**, their

German teacher and

junior **Stuart**

Dalrymple pose in the

German classroom at

Central Campus.

Imagine going to school and seeing football players, baseball players, NHS members, cheerleaders, band members, basketball players and swimmers every day. Sounds like a basic day of high school, right? Now imagine these people are from 33 school districts and 57 different schools. Getting weird?

This is what Central Campus and Central Academy students see every day. Besides having an academic, social and extra-curricular life at East, they have a life at another school as well.

What is commonly known as just plain "Central" is divided into five main programs students may attend. There are career or technical programs in 28 career areas; world languages, including Chinese, Japanese, Italian and German; advanced academic classes, including advanced placement (AP) classes, which make up the Central Academy program; English as a Second Language (ESL) and special education programs in career exploration.

While this may seem like a wonderful opportunity for students, it leaves some feeling like they have been left in the dust.

"I don't like how Central students miss announcements or information given to the other students during the time we are at Central," said sophomore **Jenny Mason**. "Then nobody remembers to tell the Central students what was said and we miss out."

Going to Central typically takes half of a student's school day away from them. Their schedule includes two to three periods of curriculum plus one period of travel time a day. With half of the day away from their home school, many students tend to feel left out of a "normal" high school life. Students may miss out on daily social events by taking classes at Central.

"I go to Central in the afternoon and during volleyball season, when an announcement would be made regarding time or place changes for practice, I would miss out and not know what was going on," said sophomore **Kacie Westlake**.

Despite this, Central tends to be a great way for students to broaden their horizons by meeting people from across the city and surrounding areas. Friendships are made in the student's absence from his or her home school, and whether or not this makes up for what one has missed at his or her home school while away is predominantly up to the student.

"I don't like how Central students can miss out on things, but Central has been a good experience for me and I have

met a lot of people I never would have known if it wasn't for going to Central," said sophomore **Katie Freil**.

Another advantage to going to Central includes the break students receive in their school day, referred to as "travel period."

Students' travel periods are the time away from work they use to travel from their home school to Central or from Central to their home school.

"Travel period is a nice break in the day," said sophomore **Heather Jones**. "Since Central students usually don't have a period for PE and study hall at East, travel period gives them time to do homework, study for tests, or just relax from having to sit in a class and learn."

Either way one chooses to look at it, good or bad, Central can help students move ahead in their studies or career paths with classes that are not typically offered at a primary high school.

"I go to Central Academy and take AP European History, which isn't offered at East," said Freil. "By going to Central, I can receive college credit for the class so it's one less class I have to pay for in college."

One branch of classes not typically offered at most home schools are AP classes. Academy students usually begin taking AP classes as sophomores and can earn many college credits before graduation.

The Academy is also very prestigious for its students' scholastic achievements. Students there have consistently scored above state and national averages in every AP course by examination. Also, since 1991, 43 of the 51 Iowa recipients of the AP National Scholar Award have attended Central Academy.

Central has been around since the early '80s. In that time, thousands of students have gone in and out of its doors, gaining knowledge to move them along in their careers as well as giving them credits for classes that would cost much more to take in college.



Central Campus Academy



by: *Melissa Mills*

SURROUNDED BY NATURE

You're standing outside. You can smell all the plants and flowers around you. You see animals everywhere: birds, squirrels, the neighbor's dog — and don't forget the insects.

We're all surrounded by nature every day, but only some students study it in classes like Zoology and Botany. What do these classes have in common? They both involve the world around us.

Preparing slides for a microscope, juniors **Christina Williams** and **April Hazelwood** concentrate on studying the parts of plant stems. The samples were from plants being grown in the classroom as a project. They varied from cactus to ivy plants.



ZOOLOGY

"Eww...it's a bug." "Ahhh, get it away from me!" These are some common reactions of Zoology students to bugs.

The students also study invertebrates (animals without backbones, like spiders and millipedes).

"When I first think of Zoology I don't think of bugs, but they are the majority of the animal kingdom," said junior **Ryan Oldham**.

A speaker came from a pest management company to speak on termites.

"The guest speaker was fun, and he gave us some cool fly swatters," said junior **Matt Boyd**.

Class work spends some time on the animal kingdom and presentations are made on the animals of the world. The class visited the animals at the Henry Doorly Zoo on a field trip in the winter.

"I really enjoyed the trip to the Omaha Zoo, but I was disappointed because it was winter, and a lot of the animals like the elephants and tigers were put away," said junior **Shawn Head**.



BOTANY

Botany is the study of plants, and in this class that is exactly what they do.

Students study the structures of plants under microscopes and how to propagate different plants. Each student gets a plant to care for and to reproduce.

"Taking care of plants was fun," said junior **April Hazelwood**. "I had an English Ivy. I picked it because it was little and it looked so sad."

Students also work with landscape design and gardening, and this year visited one of the biggest gardens in Des Moines, the Botanical Center.

"A lot of my students use landscape and design for future careers, but even if they don't plan to make a career of it, it's good experience for when they have their own yards," said teacher **Keri Frommelt**. "I enjoy these things because I love gardening and watching landscapers work. It is a strong interest of mine."

osing for the
camera, junior
Mark Weckman
shows off his poster
of the parts of a twig.



he Zoology class smiles
for the camera perched
on a statue of lions at the
Henry Doorly Omaha Zoo in
front of the Pavilion.

QA

“What is the most repulsive thing you have done in Biology?”

“One time I ate a guinea grinder right after I dissected the fetal pig in Biology and felt sick.”

— Junior **Adam Thompson**

“I remember watching a woman give birth in a movie.”

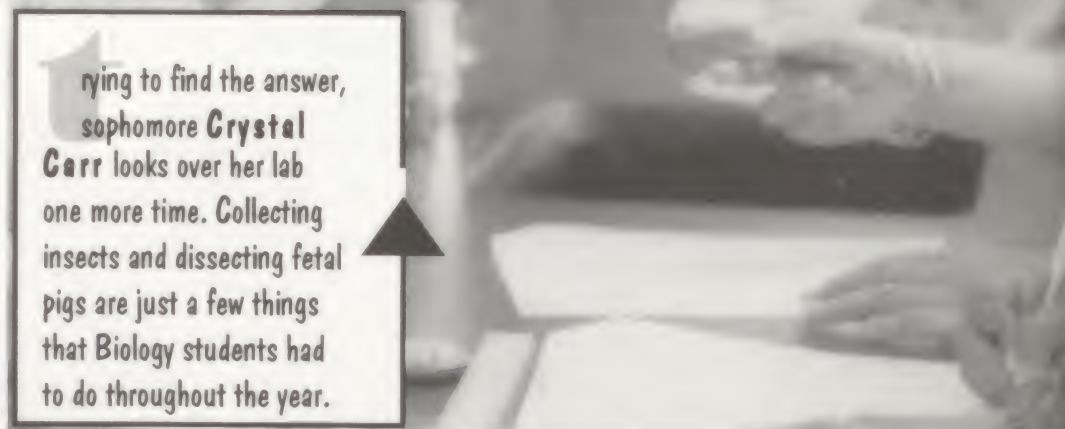
— Junior **Ashley Armstrong**

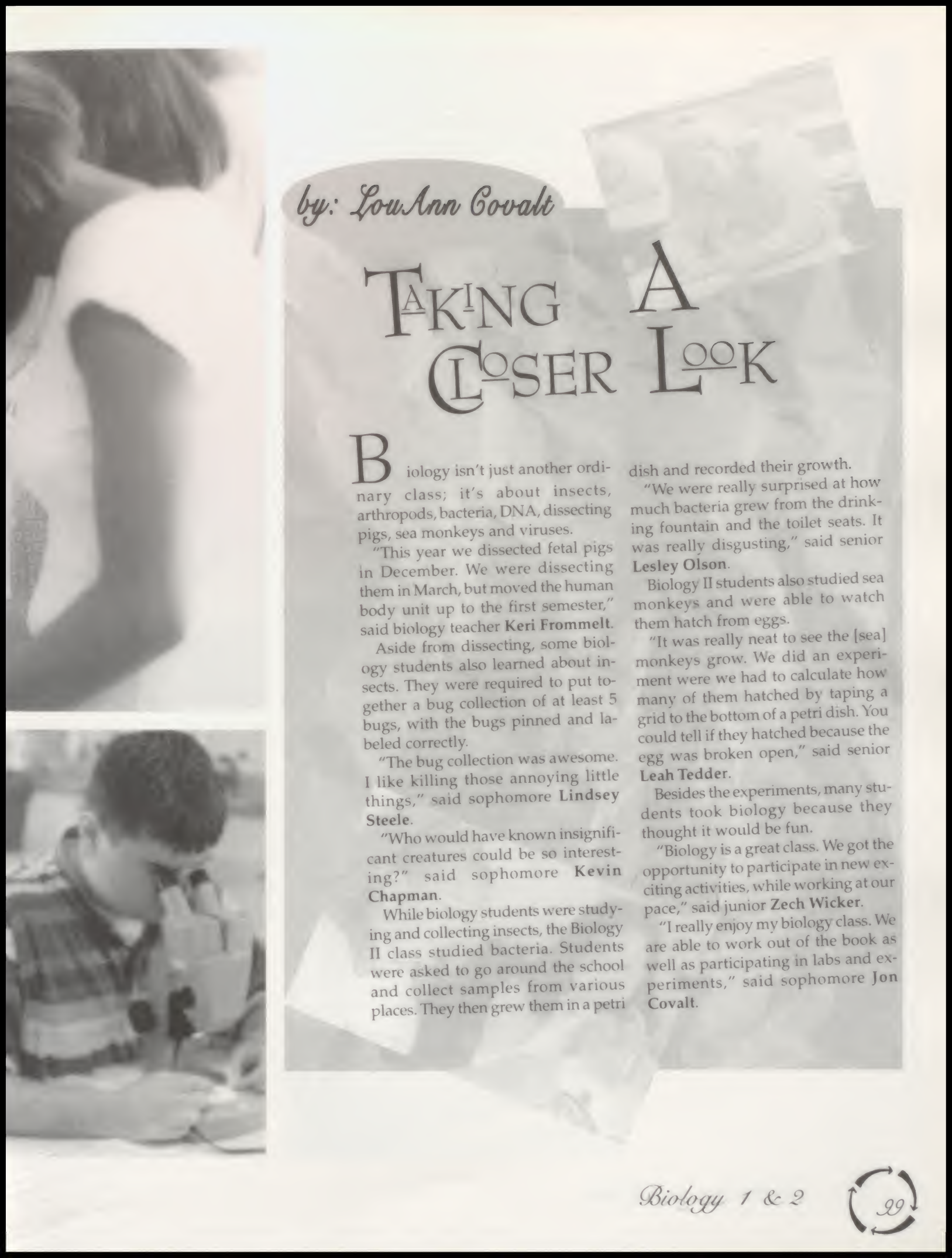
“Collecting the bugs was gross because when you pinned them, their guts squirted out.”

— Sophomore **Lyndsey Richardson**

Trying to find the answer, sophomore **Crystal Carr** looks over her lab one more time. Collecting insects and dissecting fetal pigs are just a few things that Biology students had to do throughout the year.

Keeping a stern face, Biology teacher **Lowell Long** teaches a lesson. At far right, senior **Ryan Nemmers** wonders what he is looking for in his microscope. The Biology II class took a field trip to the Omaha Zoo in December.





by: Lou Ann Covalt

TAKING A CLOSER LOOK

Biology isn't just another ordinary class; it's about insects, arthropods, bacteria, DNA, dissecting pigs, sea monkeys and viruses.

"This year we dissected fetal pigs in December. We were dissecting them in March, but moved the human body unit up to the first semester," said biology teacher **Keri Frommelt**.

Aside from dissecting, some biology students also learned about insects. They were required to put together a bug collection of at least 5 bugs, with the bugs pinned and labeled correctly.

"The bug collection was awesome. I like killing those annoying little things," said sophomore **Lindsey Steele**.

"Who would have known insignificant creatures could be so interesting?" said sophomore **Kevin Chapman**.

While biology students were studying and collecting insects, the Biology II class studied bacteria. Students were asked to go around the school and collect samples from various places. They then grew them in a petri

dish and recorded their growth.

"We were really surprised at how much bacteria grew from the drinking fountain and the toilet seats. It was really disgusting," said senior **Lesley Olson**.

Biology II students also studied sea monkeys and were able to watch them hatch from eggs.

"It was really neat to see the [sea] monkeys grow. We did an experiment where we had to calculate how many of them hatched by taping a grid to the bottom of a petri dish. You could tell if they hatched because the egg was broken open," said senior **Leah Tedder**.

Besides the experiments, many students took biology because they thought it would be fun.

"Biology is a great class. We got the opportunity to participate in new exciting activities, while working at our pace," said junior **Zech Wicker**.

"I really enjoy my biology class. We are able to work out of the book as well as participating in labs and experiments," said sophomore **Jon Covalt**.

by: Tiffany Roby

PUTTING IT INTO PRACTICE

Although there is a big difference between Physics and Chemistry, both classes provided a lot of lab experience for students.

During the year many labs were done to help grasp concepts being taught.

One unusual lab students conducted was called a bowling lab. In this lab, a bowling ball was rolled down the hall to time its velocity.

"This lab help me perceive that when an object is put into motion it will continue to roll until something stops it," said junior Zach Mortice.

While Physics labs dealt more with theories of matter, labs done in Chemistry were focused towards the particles that make up matter instead.

Some of the labs students conducted were able to relate with real world experiences.

"The forensic lab helped me see how Chemistry can be used outside of the classroom," said junior Adam Winn. "This lab let us experiment with crime scene evidence that determined a suspect in a crime."

Most of the results students found during their labs were compared with students at other schools through the Iowa Cable Network, also known as the ICN.

The ICN is a room that allows students to communicate with each other through microphones and video cameras.

"I think the technology used in the ICN is really neat," said junior Allicia Hartman. "It is different being able to talk to kids miles away about the things we discover in labs."

chemistry student carefully measures a liquid needed to conduct a lab. During the year, students realized that precise measurements help get accurate results in experiments.



Seniors **Jon Fick** and **T. J. Michelson** work together to complete a Physics lab. Many students found it was easier to understand Physics when they helped each other out in groups.



Spending as much time in class to complete homework is the main focus for senior **Nicole Drayton**. Teachers allowed students to have class time to work so if there were any questions they could be answered before the students took the work home.



At right, freshman **Matt Ross** recreates fossils as a part of studying geological time. At left, freshman **Kyle Autohelm** also makes fossils. By doing this lab the freshmen learn how fossils were formed.



Freshman **Andrea Lopez** makes paper rockets for a lab. This was just one of the many labs she did. At far right, students in Mr. Howard's class study hard for their test on the biology part of the book. Bookwork is a major part of the class.





by: Sarah Evans

EARTH SCIENCE EXPERIMENTS WITH THE NEW PROGRAM



Earth Science became Integrated Science, this year and East piloted the new course for the district. East was picked to experiment with the new program, so that kids could get a better view of what science is all about.

"There are four units to Integrated Science: Chemistry, Astronomy, Physics and Biology," said science teacher **Janet Boyd**.

For the first time, freshmen learned about other things besides just "plain old" earth science.

"I liked the science class because it taught me about a lot of things that I can use when I am older," said freshman **Ashley Munoz**.

According to science teacher **Lowell Long**, the program was developed to help the students get a better comprehension of science.

"I got a better understanding of what my teacher taught me," said freshman **Amanda Armintrout**. "Instead of using ordinary books we used packets."

The students in Boyd's science classes made their own packets at the beginning of the year.

Freshman students **Neil Hall** and **Tom Smith** said the packets helped them organize better and get their work turned in on time.

"I learned a lot from the packets and I think it will help me when I take more advanced classes," said Hall.

Science teacher **Andy Howard** said that he liked teaching the new science class because he thought the kids got a better picture of what science was using the different books.

"I liked the section about biology because I liked that class when I taught it," said Howard.

In this program the students did more labs to help them learn more science visually and physically rather than just by reading books.

"For one lab we took string and straw and dipped them in soap and water to make bubbles, it was a fun lab," said freshman **Kellie Polland**.

The curriculum wasn't set in stone, but the district decided to experiment with it anyway.

"Our goal for this science class is to teach the students how to be more scientifically advanced," said Boyd.

by: Josh Gerriettes

LEARNING HOW THE WORLD WORKS

There's an old saying that states "Knowledge is power." If that is true then education is the key to power. For a person to control his or her direction in life they must have a grasp on everyday functions in the world around them. The Government and Economics classes help open the eyes of students and expose them to the world around them.

"In Government we gained information on how political systems work," said senior **Leah Tedder**. "It also gave us background on our own."

The class gave students an in-depth view on how things came to be and why in terms of the government.

"The class taught us the importance of voting and why participation at the local level of government is so crucial," said senior **Matt Bird**.

Another class that taught the students about the "real world" was Economics.

"We learned the importance of handling money," said senior **James Grasso**. "We also learned that teamwork and dedication are key to getting from the planning stage to a final product that produces a profit."

In Micro/Macro Economics students create a business, which, in turn, promotes a product to sell. They plan everything from who will be the president to overall profit distribution.

"The students work toward a set goal which they establish themselves," said teacher **Samy El Baroudi**. "This year my students sold East High pennants, can 'coozis' (those things you put your can of pop in) and pet rocks."

These classes were important not just because they are required for graduation, but because they teach practical things that will be utilized long after high school.

Teacher, **Samy El Baroudi** talks to one of his classes. El Baroudi gives his classes guidance through out their projects.



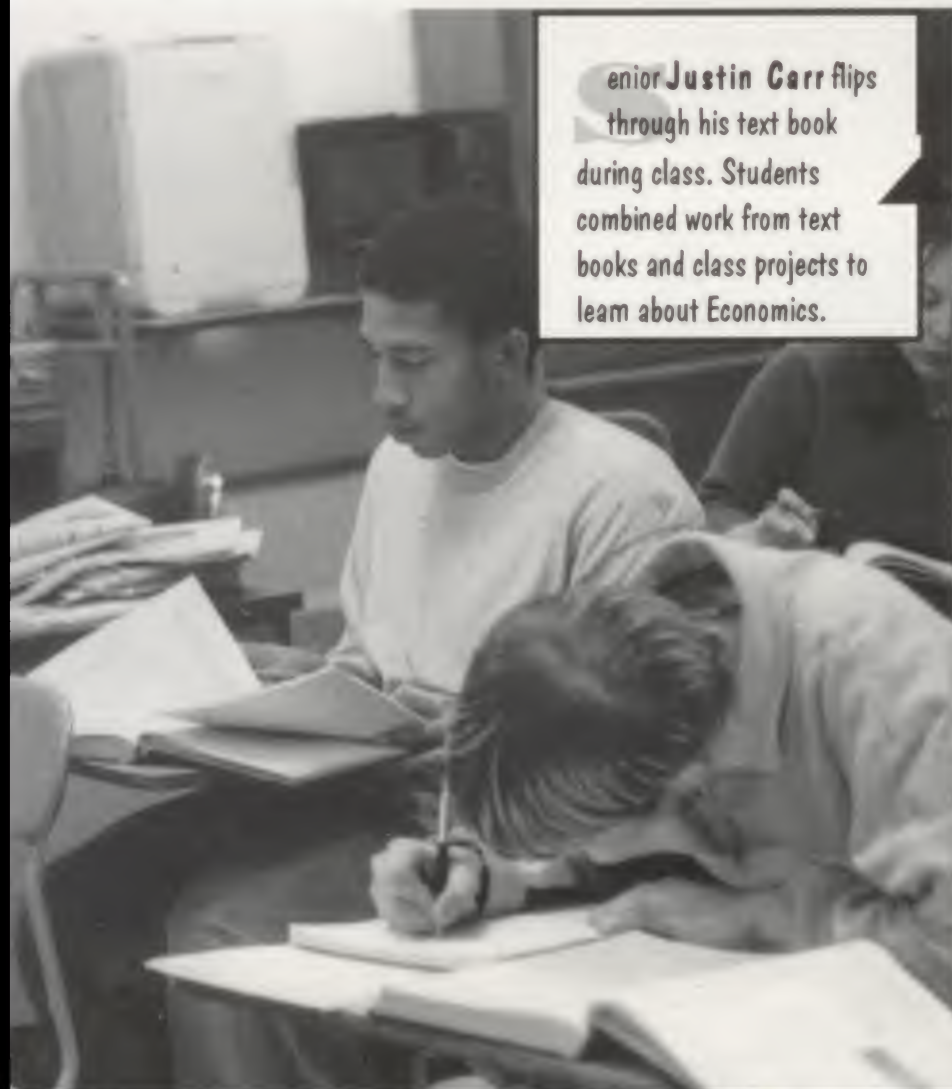


Students in Mr. Hodson's room are hard at work taking notes. Often the classes consist of lectures where students got the more basic information on what they were studying.



Senior Justin Carr flips through his text book during class. Students combined work from text books and class projects to learn about Economics.

Senior Michelle Thayer works on some worksheets during her government class. Students learn about the U.S. Government and how it works.



Where's your head in history?

1. What month will the 1% increase in sales tax come into action?

- a. January
- b. July
- c. April

"B."

—Lesley Olson

2. On April 23, 1966, the senior class had a "Mr. Legs Contest" to raise money for their plaque. Who was the winner?



4. Which president was assassinated in Dallas, Texas?

- a. Thomas Garamond
- b. Abraham Lincoln
- c. John F. Kennedy



"False, cause how can you control your dog.

If he needs to bark, he needs to bark."

—Choua Lee

3. True or False. In Little Rock, Arkansas, it is illegal for dogs to bark after 6pm.

5. In what year did prom have an ice skating rink on the girl's baseball field, as well as Spike Jones and his City Slickers as the band?

- a. 1952
- b. 1950
- c. 1963



Answers found at the bottom of page 107.

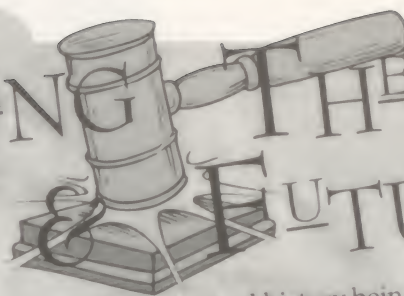


Showing her enthusiasm above, freshman **Valerie Blackford** contributes to the class discussion while freshman **David Calo** listens and tries to keep a hold of his items. At right, students listen intently as their teacher goes over last night's homework. At far right, sophomore **Stephen Kahler** concentrates hard on his test.



by: Linda Ker

LINKING THE PAST & FUTURE



The countdown began...
ten...nine...eight...seven...
six...five...four...three...two...one!

At the stroke of midnight, there was great celebration throughout the world as the new millennium approached. Many looked back and thought of the history made, while others pondered on the history still yet to come.

"We learned a lot in history class, but seeing history being made with the start of a new millennium was pretty cool," said junior **Choua Lee**. "Sometimes we don't think of our experiences as being a part of history, but they are."

Whether it was known or not, history took place that night. Also, with every second, of every minute, of every day, of every year, history continued to expand. Everything that happened in the past is linked to what is here in the present and what is to come. For students taking history or Law and Issues, the events of the past played a vital role in the present and in the future.

"History is so important to our society today because we can learn from past mistakes and try not to make them again," said senior **BJ VanVleet**.

"Although they were not my favorite classes, they were essential in learning about the development of our nation," said senior **Theresa Johnson**.

Throughout history there were many inventions made and scholars to answer questions. However, there were also many wars, plaques, and tragedies. Yet, history was still decorated with many triumphs and great leaders who paved the way for younger generations.

Not only were leaders leaving be-

hind legacies and history being made throughout the world, but also within the walls of East High.

It was 89 years ago that the current building was first constructed and since then it has undergone many renovations. However, one thing that remained the same through out history, was the pride shown by the student body and staff. From students parading from the old building to the new building carrying furniture in 1912, to the current pep rallies outside the steps of East High, pride in the school will not change.

"The students must have really wanted to learn or were really proud to come to East if they were willing to do that," said sophomore **Kristina Farrell**.

Being a part of the team at East was important, especially in 1930, when the football team was undefeated and the group to get the crowd pumped up were the guy cheerleaders instead of girl cheerleaders. Likewise, another advancement in sports was the new scoreboard at Williams Stadium, which students helped to create in 1949.

Alum **Jack Shockley** said, "This time I didn't need binoculars to see the score." Others still didn't notice the scoreboard because, like alum **Janet Essy**, they were still looking for a certain "basketball hero."

Although student involvement in the school and community were important back then, they still are today. Within the first few minutes after the ball had fallen in Times Square, history continued to grow into the new millennium.

"History began a long time ago, but just going to school and making memories, makes yesterday history too," said Lee.

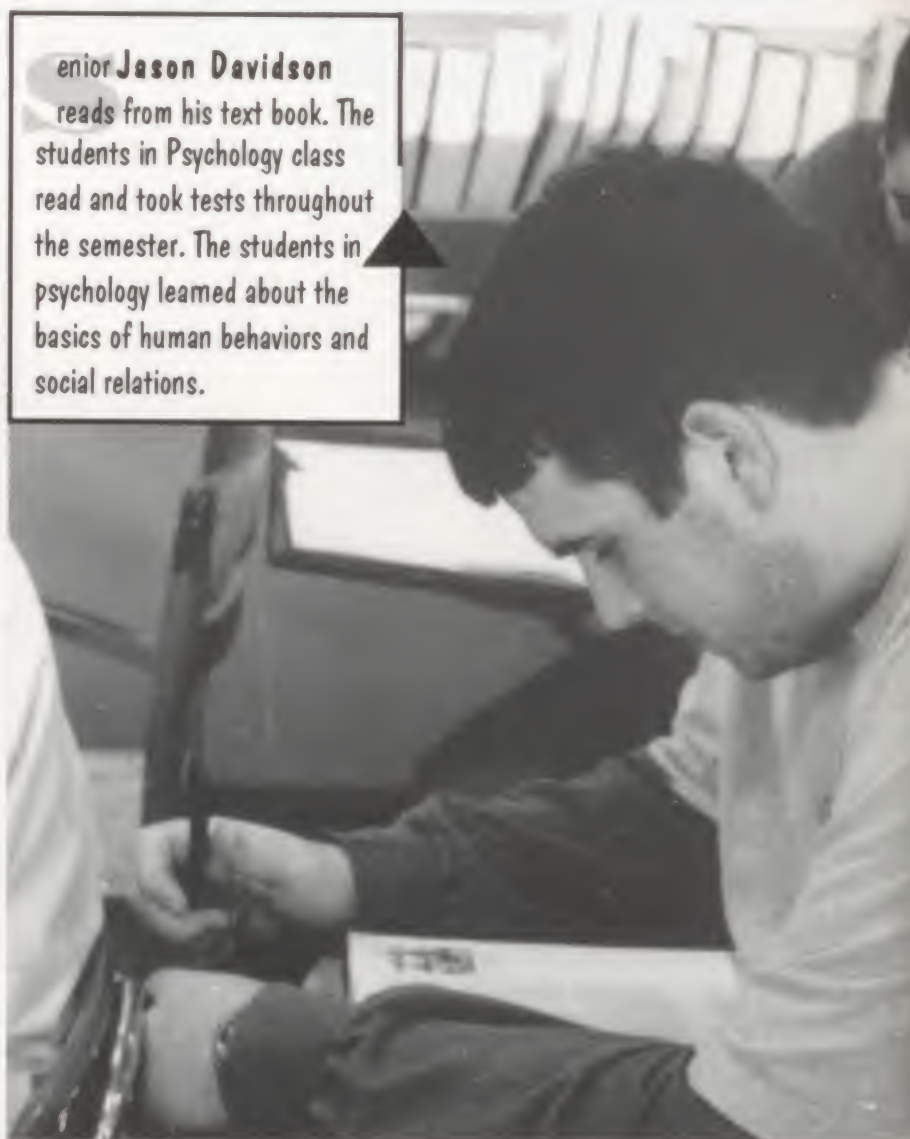
analyzing their options, these students try hard to remember what happened and when it happened, as they take a test in Law and Issues. Law and Issues isn't a required class, but many students take it their sophomore year to learn more about the leaders and people in our history.

1. 2. Mr. Tom Russell (Mr. Bones) 3. True 4. C 5. B

Learning new things every day is junior **Khanthaly Souvatrat**. At right, she reviews her notes for the test she is about to take. The tests in this class consisted of the Scantron multiple question test. At far right, sharing a smile and their books for the camera are seniors **Kearstin Nichols** and **Nicole Drayton**. Both took Psychology second semester.



Senior **Jason Davidson** reads from his text book. The students in Psychology class read and took tests throughout the semester. The students in psychology learned about the basics of human behaviors and social relations.



Sociology and Psychology teacher **Fred Vanderley** hands out a worksheet for the students to complete. On some occasions the students were given class time to do their homework.





by: Jennifer Oliver

MYSTERIOUS CREATIONS OF THE MIND



Have you ever wondered what society is all about or what your brain is thinking? In Sociology class you learn about society and how it connects with you. In Psychology class, students are provided with the basic understanding of human behavior and social relationships.

"I liked learning about how our brain works and why we think the way we do," said junior **Angie Davies**.

Most students don't hear about these classes unless they are interested in them or know someone in them.

"I heard about this class from my mom's friend. She recommended it to me," said junior **Katie Karrett**, "It sounded interesting so decided to take the class."

In Sociology, the students learned about their society from analyzing and evaluating the effects of social change, and the origin and impact of prejudice, discrimination, stereotyp-

ing and social stratification.

"What is really unique about this class is that we are able to learn how this relates with other cultures and issues around the world," said Davies.

"I thought it was neat how it fit into daily life and how much you already know about it just by being observant every day," said Karrett.

In Psychology, students become aware of the uniqueness of an individual and apply psychological principles to the solution of personal problems.

"I am planning to go into psychology in college because I want to be a psychologist and colleges require you to take this class," said Davies.

These classes have a lot in common.

"I have taken both of these classes and they are similar in that they both have to do with humans and their involvement with others," said Davies.

Senior Wills... Gifts to the underclassmen from the dearly departed

R.I.P.



I, Stephanie Miller, will Lacey DiMaio a locker on the third floor so no one will crowd around her locker

I, Ryan Nemmers, will Love Machine to Kenny Paulding.
May he proudly carry the tradition

I, Matt Bird, will the lights in my locker to Rhi Nagy

I, Nicole Lawrence, will my pig tails to Gabby Brewton so she never has to do her hair her senior year

I, Lysie Thompson, will Domino Francis my luck with cars so she can be on time for school and practice

I, Mya Rounds, will my box of "Cherry Pop Tarts" to James Vance

I, Amanda Webber, will my choir music to Anna O'Brien

I, Amy Hornocker, will my spandex shorts from volleyball (cause they'll only fit her) and my curvy figure to my little sister Lindsey Carr

I, LouAnn Covalt, will my parking spot to Angie Davies

I, Brooke Bennett, will Ashley Bennett all my clothes with the tags still on them

I, Amber Soderbloom, will my senior year to Kat Richardson so she can graduate on time

I, Cory Sonner, will my soccer and golf skills to "mini-me" Justin Constable

We, James Grasso and Amanda Mullins, will our animosity towards everything to our little buddy Mikey Jones

I, David Frost, will my football locker to Tyler Card

I, Sarah Dority, will Jonna Eastcott my awesome soccer scoring skills

I, Christina Ackelson, will my patio to Paul Drey

I, Crystal Held, will my locker, books, and my favorite teacher, Mr. Murphy, to my sister Heather and my evil government book to my friend, Cheyenne Thompson

I, Sarah Benesh, will my spot in NHS to Collin Benesh

I, Amber Johnson, will Krystal Pickett my driving abilities so that maybe she won't kill anyone

I, Adam Moraine, will my baseball card and memorabilia collection to anyone who wants to keep the tradition

I, BJ VanVleet, will the toilet in the boys basketball locker room to sophomore Joe Kephart. I also will my rage against everything to junior Paul Drey

We, Nate Hibben and BJ VanVleet, will Andrew Graeve and Mike DeMoss all tailgating responsibilities

I, Sheena Gray, will my Chex Mix to Melissa Khodai

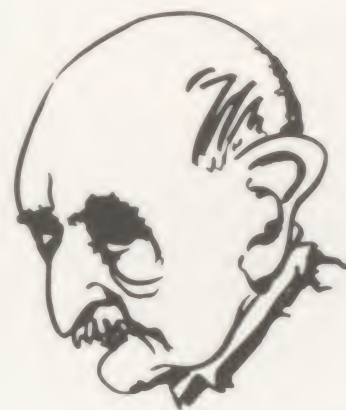
I, Lindsey Bennett, will my cuddles to Amy Goddard and Kathleen Robinson

I, Joshua A. Gerriets, will my escape artist abilities to Hefel (boy what a hard worker he was)



IN TWENTY YEARS. . .

In twenty years you may be a millionaire, or you may be married, or you might look like this guy! Sorry, the truth hurts. But don't get down, some of you have been selected to be "honored" by your fellow classmates. They have made some soulful and heartfelt predictions for your future.



Nicki Gazzo will have won the Powerball for \$52 million
 Nick Kraska will still be driving his beat up Grand Marquis
 Eddie Rhodes will still have a bunny named "Tweeker"
 Tiffany Oliver and Lindsey Bennett will be Romy and Michelle
 Mya Rounds will be married to "Spanky"
 Amanda Webber will still be looking for her stolen violin
 Michael Fuller still won't be married because he wouldn't hold his girlfriend's purse
 I, Linda Her, will still remember the good time we, the Quill staff, had in our limo ride downtown
 BJ VanMeet will be settled down living in a cabin in Minnesota and teaching American History at a community college
 Dan Govoni will be the last Bob Dylan impersonator (with a perm)
 Amber Johnson will be calling Sarah Dority to come pick her up because she locked her keys in her car
 Nate Hobben will be working at Subway spreading mayonnaise
 Jennie Carico will be the manager of a boy band while coaching JV basketball at a high school
 Jenny Blakeman will be a top fashion designer in New York City
 Jenny Edwards will still have Josh Gerriett's Japanese talking electric alarm cat

Tiffany Oliver is most likely to become a fly girl
 Todd Sharp is most likely to still be wearing orange
 Keon Sharp is most likely to be Kurt Warner
 Amanda Webber is most likely to be a singer
 Dan Govoni is most likely to cut or comb his hair

MOST LIKELY TO. . .

Tim Crowder is most likely to keep on cheering for the Dallas Cowboys (and will be still looking for a date)
 Jared Platt is most likely to be knocked out after diving into the stands while trying to save a basketball
 Nick Kraska is most likely to win the world's hairiest chest contest
 Jenny Edwards is most likely to keep dying her hair "royal oak"
 Jon Fick is most likely to be an exotic male dancer
 Emily Johnson is most likely to turn into a freak and achieve the world record for the most body piercings
 Michael Fuller is most likely to open his own guitar business just to close it two days later and become a camie
 Jenny Benge is most likely to become a police officer in a small town
 Josh Gerrietts is most likely to get married right out of high school
 Nicole Lawrence is most likely to be a VJ for some an obscure music video channel that plays only Hindu rock music
 Phut HoangVan is most likely to be a head executive in a big corporation
 Matt Bird is most likely to play soccer for a team based out of India
 Luke Krpan is most likely to still be snapping his fingers and eating everyone else's food
 Brooke Bennett is most likely to end up in a psych ward
 James Grasso is most likely to end up ripping his tight-a " " blue shirt
 Ashley Vitiritto is most likely to be a delivery person for Highland Park Bakery
 Silvia De La Cruz is most likely to be the first woman President
 Tiffany Roby is most likely to be a famous attorney

by: Josh Gerrietts

Unusual Interview Experiences

A JOB APPLICANT CHALLENGED THE INTERVIEWER TO AN ARM WRESTLE.

CANDIDATE ANNOUNCED SHE HADN'T HAD LUNCH AND PROCEEDED TO EAT A HAMBURGER AND FRENCH FRIES IN THE INTERVIEWER'S OFFICE.

APPLICANT SAID IF HE WAS HIRED HE WOULD DEMONSTRATE HIS LOYALTY BY HAVING THE CORPORATE LOGO TATTOOED ON HIS FOREARM.

APPLICANT INTERRUPTED INTERVIEW TO PHONE HER THERAPIST FOR ADVICE ON HOW TO ANSWER SPECIFIC INTERVIEW QUESTIONS.

CANDIDATE WOULDN'T GET OUT OF THE CHAIR UNLESS THEY WERE HIRED. POLICE WERE CALLED.

APPLICANT ASKED TO SEE INTERVIEWER'S RESUME TO SEE IF THEY WERE QUALIFIED TO JUDGE THEM.

DURING THE INTERVIEW, AN ALARM CLOCK WENT OFF IN THE CANDIDATE'S BRIEFCASE. HE TOOK IT OUT, SHUT IT OFF, APOLOGIZED AND SAID HE HAD TO LEAVE FOR ANOTHER INTERVIEW.

JOB APPLICANT SAID HE NEVER FINISHED HIGH SCHOOL BECAUSE HE WAS KIDNAPPED AND KEPT IN A CLOSET IN MEXICO.

CANDIDATE STRETCHED OUT ON THE FLOOR TO FILL OUT THE APPLICATION.

JOB SEEKER HAD A LITTLE PINBALL MACHINE AND CHALLENGED THE INTERVIEWER TO PLAY WITH HIM.

he business classes were not just about working on the computers. Students in Mary Kaldenberg's classes spent much of their time doing classroom and bookwork. Other teachers had students work out of the books as well.



Sophomore Shannon Scarlet and another student, right, look over notes for a resume. Scarlet took Intro to Business. At the far right, students work on computers in one of the many computer labs. Computer technology is the reality of most work environments.





by: *Shawna McChurch*

GETTING DOWN TO BUSINESS

Business is a scary word. For many people it means life after school, but for some it means life during school. There are so many different areas of business, and we've got them covered. Keyboarding and Business Law, Accounting and Marketing and so much more, you're sure to find what you're looking for within the walls of our school.

Why take one of these courses? Some students took them because they wanted a fun class.

"I chose to take [Business Law] because it is similar to Law and Issues and I took that class my sophomore year and found it was interesting and fun," said senior **Adam Moraine**.

"I thought [Business Math] would be interesting," said senior **Erin Soderblom**.

There were many reasons for taking these classes, other than for fun.

"I took [Business Law] because I wanted to learn more about laws and my rights," said senior **Aaron Boylan**.

"I thought [Computer Application] would give me a big overview of the computer world," said sophomore **Misty Waltz**.

"I wanted to take Keyboarding so that I could improve my typing skills," said junior **Wendy Bradford**.

Some students were really thinking about their futures when they signed up for these classes.

Christi Bethards, sophomore, said she took Business Math because she wants to be an accountant or a loan officer.

Senior **Nicole Drayton**, who wants to be a lawyer, thought Business Law would be helpful to her.

There are also many benefits to taking any of these classes.

"[Business Law] prepared me for working for the Peer Juvenile Court," said **Drayton**. (This court is a special court where teens' cases are brought before a panel of their peers who will rule on their cases.)

"We faced people for the first time [in Marketing and Sales] and you are always going to have to face new people," said junior **Lacey DiMaio**.

"In [Business Law] I learned all about my rights and to understand the law," said senior **Luke Krpan**.

"Computers are becoming more prominent and learning to type faster or better could help anyone," said freshman **Shannon Woltz**.

Bradford said that computers are used a lot now, so in the future, or even in a few years, we might need to use them for everything.

Some have a more simple logic as to how helpful these classes were.

"You always have to use math," said senior **Jim Randolph III**.

"You learn how to be successful," said senior **Nicole West**.

QA

“When do you use your calculator outside of math class?”

“I use my calculator at home when I want to figure out how much my check from work will be.”

— Senior *Abby Oliver*

“When I go to the store I like to use it to help me keep track of how much money I am spending.”

— Junior *Ernesto De La Cruz*

“I use my calculator for my Physics class and sometimes as a weapon to throw at my brother.”

— Junior *Billie Ogburn*



Junior **Todd Sharp** takes a look up from his **Consumer Math** book to look at the camera. This class taught learners about things that pertain to living in the real world. At the far right, teacher **Eric Sullivan** watches his students do daily warm-ups.





by: *Tiffany Roby*

MATHEMATICS ALL AROUND US

Students give their full attention to learning the daily lessons for math. Even though most class assignments dealt with book work, teachers tried to get more interesting projects involved in the curriculum.

"Where is that classical music coming from?"

"It can't be coming from the math classes, can it?"

Many students this year noticed their math teachers playing Mozart during class time.

"I like to play Mozart during warm-ups," said math teacher **Derek Lounsberry**. "I do this because studies have proven that this kind of music helps students improve their math skills."

"I like being able to listen to music while working on equations because it helps me relax and clear my mind," said sophomore **Jack Thongsoum**.

Besides listening to music in class, there are many other projects teachers are doing to help students relate

to math better.

One of these projects is making triangles out of spaghetti noodles. This activity helps students understand the special measurements needed to make certain kinds of triangles.

"I thought this was a really good idea," said sophomore **Lindsay Steele**. "It helps those of us that learn better with hand and eye coordination instead of always learning by the book and lectures."

Some of these projects are related to real world situations.

"I really enjoy the staircase project I did during first semester. That assignment proved that equations and slopes can be used outside of the classroom and used in real life," said junior **Rachael Dank**.



† right, junior **Jerry Holman** is carefully putting together car parts. Below, sophomore **William Borts** welds some metal so his project will be done on time.



iving his advice, shop teacher **Russ Junck** suggests to senior **Mark Potter** which paint to use. The Auto/Metal class got to work on many hands-on projects during the year.



&
QA

“What is your favorite thing about Auto/Metal?”

“I like shop because I can bring my own car in and work on it for free.”

— Senior **Nick Herrera**

“Shop is fun because we get to work at our own pace while learning about cars.”

— Senior **Jason Ray**

ightening a screw, junior **Michael Jones** works diligently on the roof of his car. Most of the students in Auto/Metal are boys, but some girls sign up.



by: Lou Ann Covalt

PIECING IT TOGETHER

While most students at East get to sit and listen to the teachers lecture, the Auto/Metal students experience a more up-beat, involved classroom.

"I really enjoy taking Auto/Metal (or "shop" as most of us call it) because it's a hands-on experience, and we are able to work at our own pace," said junior **Victoria Kerr**.

Some of the hands-on projects that students get to learn are how to repair fenders, fill scratches, and the basics of vehicle painting.

"My favorite part of shop is painting. Even though it takes a lot of work, we can use our imagination and be creative with the colors," said junior **Jenny Csader**.

Besides learning to repair things, the students believe they can really benefit from the class and hope it will some day be useful for them. Some students even plan to be mechanics or hope to paint cars for a living. Taking shop class helps to better prepare

students for future careers and gives them a better understanding of car parts.

"I know a lot more about cars and their parts, painting and repairing since I have taken shop class," said junior **Jerry Holman**.

Aside from the fun the students and teachers have building and constructing cars, there are actual requirements that the students have to know before they can begin painting and sandpapering fenders and putting cars together.

"Everyone is required to take a safety test about the third week in school. If you don't pass it, then you have to stay in the classroom. You aren't allowed to participate with the rest of the students. Almost everyone passes the test," said **Holman**.

Those students who pass the test are also required to turn in "projects" (which may include painting and finishing a fender) by a certain deadline.



by: Lou Ann Covalt

CUTTING IT CLEAN

Have you ever thought you could build your own guitar? Or a grandfather clock? How about a dresser or toolbox?

Well, the students who took woodworking at East had that opportunity, especially senior **Michael Fuller**.

Fuller spent his junior year designing and constructing his own guitar.

"It took me eleven months to complete, but I'm happy that I finally have it done," said **Fuller**.

Before he ever thought about his guitar, he first had to learn the basics of woodworking and the equipment used.

"We spent the first three weeks doing bookwork to learn how to use the machines and stay safe in the shop," said **Fuller**.

After the bookwork, each student is required to come up with a project design, then complete their project as soon as possible. Fuller's first project was a vase. His second, a guitar.

"I got the design from Dave Plummer,

a guitar designer. Some of the other students in the class designed grandfather clocks, dressers or toolboxes. This year I'm designing another guitar to go with my first one," Fuller said.

"During the course of last year and starting this year, there have been a lot of different things I have built. Some of the things I have worked on are a computer desk, an entertainment center, a nightstand and a dresser," said senior **Tim Crowder**.

Besides designing their own guitar, some students can also learn how to design houses or buildings by taking drafting or Technology Today, where an assignment is to design and "lay-out" a house on a computer.

"I have taken drafting at both Central and at East. I would like to be an architect when I grow up, so I thought those classes would be necessary," said senior **Nick Kraska**.

Showing off his entertainment center, senior **Tim Crowder** stands proud. Below, sophomore **Jared Methany** works on an electrical box. Many students in woodworking had the opportunity to design and make dressers, grandfather clocks, or even computer desks.



Working on his project, senior **Ben Braafhart** tries to control the miter box saw machine while cutting his piece of wood. Students will learn many new techniques about building and designing houses throughout the year.



At top, senior **Michael Fuller** works diligently to finish his guitar. At left, senior **Milton Wright** and teacher **Jeff Hall** take a minute to smile at the camera. Some of the projects that students work on in woodworking include dressers, computer desks, and grandfather clocks.

by: Debbie Montis

LEARNING TO BUILD FOR THE FUTURE

The home remodeling class has the chance to completely change a house to whatever they want it to be.

"The class offers a wide overview of construction techniques with hands on training to let the students explore the different fields they may go into," said teacher **Bill Oleson**.

The course is 10th through 12th grades, and is open to everyone, male or female. It takes a full year to complete and the students have a lot of fun learning and working together. Students can take the class for up to two full school years, and no fee is required, a lot of the materials the students need are already provided for them.

"I have liked shop classes since was

able to get into them in sixth grade. I was in an introduction class when I met Mr. Oleson, and I actually went into the class in eleventh grade," said senior **Crystal Waldon**.

Usually there is twelve to fourteen students a year, around six to seven in each class.

It's a completely hands-on class, the students go to the work site, usually a target area in the city, and rebuild it. They work on almost everything you would need to work on to build a house.

"I like to use my hands, and when I graduate I don't want to have a job sitting behind a desk," said Waldon.

The students are taught by professional craftsmen in carpentry skills, plumbing, painting, electrical work, appliance installation, landscaping, dry walling, ventilation and sewage systems.



Senior **Todd Morris** takes a break to smile for the camera. Protecting the wood was just one of the ways the class learned to work for excellence.



Teacher **Bill Oleson** helps a student with a problem. There were two classes a day, each three periods long.

Senior **Rocky Dhabolt** and junior **Mike Reese** get ready to lay down some tiles. This takes concentration because it's not as easy as it looks to line the tiles up and get them in their proper place. The students worked hard on many activities like this one throughout the year.

These two guys are getting down to business. Things the students did to get credit included painting, electrical work, dry walling, appliance work, ventilation and sewage system installation.





At left, a student pins the fabric together to get ready to sew it. At right, a student uses a pattern to make a project. Patterns are cut out and placed on fabric to get the desired shape for each project. Students made many projects throughout the year.



Showing her skill of sewing, sophomore **Jenny Hyde** puts together her own creation. These students made a variety of things for class projects, and learned about the techniques of sewing.

Trying to stay in a straight line, this student is perfecting her work. The students spend class time sewing and learning about it from sewing teacher **Deann Hebert**.



by: Jennifer Oliver

CONSUMER SCIENCE CLASSES NOT ONLY FOR GIRLS TODAY

Have you ever dreamed that your clothing ideas could be worn by the stars? With fashion class taking you a step closer to your dream you may be able to accomplish that.

The fashion class was offered second semester and taught by Deann Hebert.

"I really liked this class because I learned a lot about fashion and that would help me later in life if I decide to take up fashion as a career," said junior **Lacey DiMaio**.

In the fashion class, students learn about style, the principles and elements of design and learn about the fashion show which is presented at the end of the semester.

"Mrs. Hebert taught us a lot of really important things about fashion and that class was fun because it is not like other academic classes that I have to do millions of things for," said junior **Tanna Bennum**.

In Hebert's class the fashion students designed clothes, learned

about current fashion, fashion designers and about fashion history.

"I wanted my students to learn how different today's fashion is compared to the fashion from the past," said **Hebert**.

Traditionally, fashion, sewing and food classes were taken by female students, but in previous years, guys took them and are welcome today.

"There were guys in all my classes and they seemed to like it. It seemed to work for everyone because my classes were designed to help and accustom both guys and girls," said **Hebert**.

In the sewing classes, also taught by Hebert, the students learned how to sew and, as in fashion class, the principles and elements of sewing.

"The sewing students made a variety of things. The things made were not used in the fashion show," said **Hebert**, "they were taken home by the students and were for them to keep."

by: Jennifer Oliver

LEARNING ABOUT THE LITTLE PEOPLE

"My child development classes learn about children and how to interact with them, along with the discipline and guidance that goes along with it," said child development teacher **Deann Hebert**.

"I really liked the class because I learned a lot about children and very interesting things," said sophomore **Rebecca Rodriguez**.

"I liked the class because I could tell that Mrs. Hebert enjoyed teaching us. I could also tell she likes kids and had dealt with them a lot," said senior **Abby Oliver**.

On some days children ranging from infants and toddlers to early preschoolers came to the classroom so the students could study their actions and behaviors.

"We were able to observe how they got along with each other and what they liked to do for fun. We also had the chance to play with

them and that was the most fun thing we did all year," said **Rodriguez**.

The students had a few major activities that helped in their learning process. Some of their activities included creating a learning game for the children.

"In class we made toys for the kids and games. For one game we made memory cards for the memory game. When the kids came to class we would see if our games were successful or not," said **Rodriguez**.

Other activities that the students did included a story-telling project and doing an art activity with the children that came to visit.

"It was fun doing those projects because it wasn't boring like most of our other academic-type classes. We got to play with kids while we learned at the same time," said **Oliver**.



One-year-old Jordan seemed to have fun pushing her little dolly around, at right, when she came to visit the child development classes. Students observed and learned about these young children by interacting with them.



inding a good friend in a child development student, below, little Brandon cautiously observes his surroundings as students observe him. Many agreed that this class was more fun than traditional academic classes because they got to play with kids while learning at the same time.

n this day that preschoolers came to visit, students enjoyed blowing bubbles with them. The child development class had children come in that ranged in age from infant to toddler to preschool.



ith the many toys that the child development classes had, the kids really enjoyed blowing bubbles the best, at right Little kids came to the classroom often throughout the year so they could be observed.



by: Brooke Nowadzky

HELPING PEOPLE THROUGH GYM

As a helper in Peopel P.E. we are supposed to encourage the students to do their best in all the activities," said junior **Wendy Bradford**.

Peopel P.E. is a special gym class for students with mental and physical disabilities or for those who do not feel comfortable around others. The Physical Education Opportunity Program for Exceptional Learners (Peopel P.E) is based on the concept of using peer-helpers in Physical Education. The peer helpers work with the special and unique needs of the other students.

Some of the activities the students participate in are baseball, volleyball, kick soccer, track and field events, swimming and whiffle ball. They also have sports competitions that include: basketball, volleyball, track and field and ice skating.

"We participate in just about every-

thing the other gym classes do, except for one day a semester we don't have to dress out and we get to play games in Mr. Nordaker's room," said peer-helper junior **Wendy Mehl**.

This class has been around at East since about 1982. According to **Joyce Vickroy** it has been very successful.

"It just seems like a normal gym class and the students have a lot of ability," said Vickroy. "Some of the students ask me if they could go into a regular gym class so I let them, and they usually do fine."

Through this class students gain many skills that will stay with them throughout their adult lives. The most important is self-confidence.

"The helpers encourage the students, but the students try their hardest on their own. They gain confidence when they know they did well," said Mehl.





Put me in coach." That's what these Special Olympics players (far left) are thinking as they wait for their turn to play. At left, surfacing to the top this student is participating in a water exercise. Many PE exercises are done while in the pool.



Quick get the ball." During a jump ball the Special Olympics students try to get the ball. At right, one of the students shoots a lay-up to make the winning shot.



Below, juniors **Oralia Crooks** and **Jared Smith** review a folder document. Organization is key to Marketing Sales students. This helps them deal with the responsibilities that come with the work.



Let's get in the car! At left, Marketing Sales student **Sheena Signs** is preparing to get in her car. Students would often have to leave school to go pitch ad sales to businesses.



by: Josh Gerrietts

WORKING IN THE REAL WORLD

The main purpose of high school is to prepare students for their future. The way this is accomplished is by making classes available to the students that would teach them real-world skills. Such is the purpose of Marketing Sales.

"The course teaches students the importance of being professional," said teacher **Kathy Hansen**. "The students work with real money and real contracts, so it's important that the students be honest."

Marketing Sales students were in charge of setting up the advertisements that were in the yearbook. The money they raise from selling the ads is used to offset the price of the yearbook.

"I think our job is really important when it comes to the production of the

yearbook," said senior **Eddie Rhodes**. "We spend a considerable amount of time raising this money so that the student body can receive their yearbook at a discount price."

Students approach a lot of the businesses around the city for advertisement sales; the support from the east side, though, is by far the strongest.

"We're grateful for all the business that we get. The support is wonderful," said junior **Lacey Damaio**. "We're especially glad that businesses on the east side are so supportive."

Students who participate in Marketing Sales are taught how to work in a professional environment. In doing so the students learn skills that they will be able to utilize long after high school is over.

Junior **Sara Westergaard** works on an ad with a customer. Students approached businesses from around the area for ad sales.



The seven aspects of a sale.



- ☐ The Pre-Approach
- ☐ The Approach—Meeting the client
- ☐ Determining the needs and wants of the customer
- ☐ Making a presentation
- ☐ Handling the customer's objectives
- ☐ Closing the sale
- ☐ Reassuring the customer

i fit through here just the other day!
Gym teacher, **George Davis** tries,
without success, to squish himself
through the ticket cage window (right).
Displaying her flexibility, junior
Victoria Kerr puts one leg behind
her head (below).



ight squeeze! Junior
John Tulk worms
through a night stand
frame in Woods class.



Crazy Things You Will Never Hear:

Your mom will never say:

"Oh honey, you don't really need a jacket. That wind-chill temp. is just a bunch of crap anyway."

"No honey, I don't have a tissue — but please feel free to use your sleeve."

"The curfew is just a general time to shoot for. It's not like I'm running a prison around here."

"Yeah, I used to skip school a lot too."

"Well, if Timmy's mom says it's OK, that's good enough for me."

A police officer will never say:

"Hey, I just found this cool sidewalk chalk in my car, can I trace you?"

"Would you like to come back to my squad car and have a jelly-filled donut and a warm cup of java?"

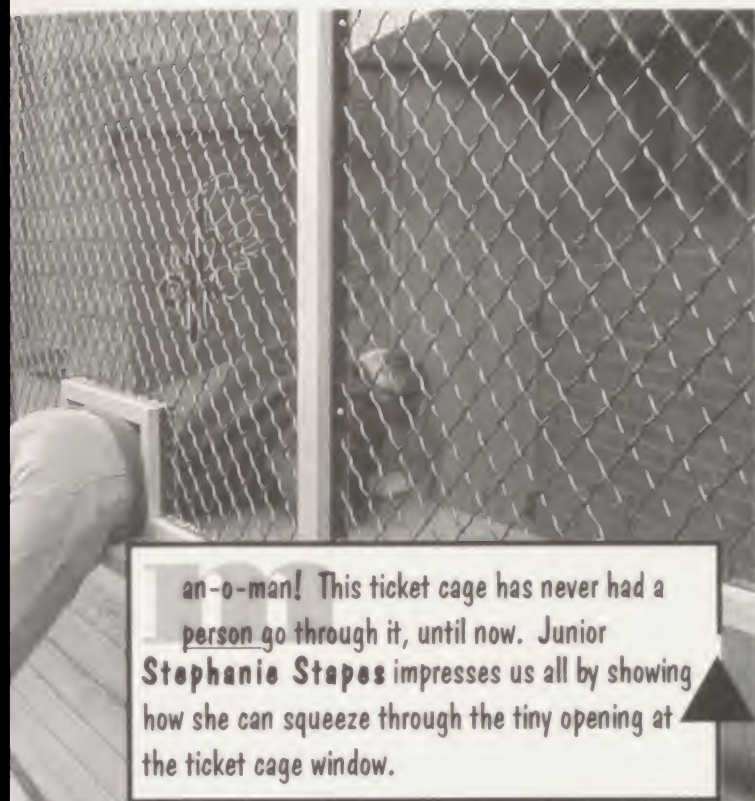
Children's Book Titles You Will Never Hear:

"You're Different, and That's Bad"

"Johnny Was Bad, so His Mom and Dad Stopped Loving Him"

"The Truth About the Tooth Fairy, Santa Clause, and Other Things Your Parents Lie to You About!"

"You Were An Accident!"



an-o-man! This ticket cage has never had a person go through it, until now. Junior **Stephanie Stapes** impresses us all by showing how she can squeeze through the tiny opening at the ticket cage window.



uch, looks painful! However, senior **Hilary Waller** doesn't think so as she displays her ability to twist her arm all the way around.

CAN YOU BELIEVE THIS?!

Our Very Own Stupid Human Tricks

David Letterman — look out! We've got our own home-grown talent.

While searching the halls for some, ummmm.....well, I guess you could say unusual "talents," I discovered some oddities and certainly interesting abilities people have acquired.

"I can make kids disappear from school (by dropping them)," said **Don Graves**.

These talents people have seem to have just appeared naturally. There was no training daily for two hours or working out to acquire these abilities. It's just natural-born talent, baby!

"There was no instructional video to purchase. However, I am thinking I should make one. The title would of course be 'How to Squeeze Yourself Through Tiny Openings and Make Your Friends Gasp in Amazement!'," said sophomore **Stephanie Stapes** who can squeeze herself through the tiny opening on the ticket cage window.



never be ashamed to show it off. It just might one day get you on Letterman. At least for now it got you in the yearbook. So go out there and show the world your talent cause it keeps us smiling. After all, you're a star ☆!

by: Ashley Vitiritto

The true key to talent is the ability to show it off and not be ashamed of it no matter how weird, odd, dumb or even ridiculous it might be.

"I was at first kind of bashful and reluctant to show off my talent. But one day I was just folding my tongue and someone saw me and they thought it was so cool and now everyone is asking me to show them," said senior **Sheena Gray**.

"I can eat 52 boiled eggs, three cheeseburgers and strawberry shortcake for breakfast! All while sitting upright at the table and singing *Earth Angel*," said **George Davis**.

No matter what your talent, great or small,

Student Life

THE changing Future is at HAND

by: *Ashley Vitiritto*

It's the millennium and everyone is asking themselves, what's going to happen? Am I Y2K compliant? Should I go buy a generator?

We know it's the turn of the century and that some things will change, like new advances in technology and the capabilities of machines and computers. Some things will **never** change. Like the way you put your pants on (when January 1, 2000 rolls around, you'll probably still be putting them on one leg at a time). As far as school goes, you'll still have to show up, turn in "written" assignments, take tests and deal with nagging teachers.

Students' lives, friendships, and the memories they have made during high school will never change though. Weeks are crammed with homework, friends, partying, work, weekends, studying for tests the night before, putting assignments off until the last minute and just having a good time.

Sure you might do things a little differently in the future, but some things will never change. This section of the book is dedicated to the students and their crazy, always-on-the-go lives and the memories created along the way.

So before you go crazy over not knowing what's going to happen, stop and look at all the things you know are going to be the same: friends, putting on pants, hectic lives and school.

Still, you might want to start looking for those generator receipts. Did you think we really needed them?



1932

East has Iowa's largest senior class with a total of 292 graduates.

1932

Cafeteria serves 396 meals — and five pounds of butter — daily!

1934

You could buy a knit dress skirt and blouse for \$8.95 and a men's suit for \$20 at Younkers.



1935
Student royalty
were Queen and
"Cardinal" in-
stead of King.

1936
Women's boxing
matches were
held. An East girl
competed.

1938
You could buy a
Quill for
only 50 cents.
Wow, talk about
inflation!

uarding the receiver, senior **Maceo Anderson**, plays good defense during the game. 2-Standing on the sidelines, senior **Jabre Norwood** watches the offense play. 3-The winning sidewalk painting, created by senior **Roose Turner** and junior **Mike DeMoss**, captured the spirit of East High. 4-From senior **Jon Fick**'s costume of Minnie Mouse to sophomore **Lindsey Steele**'s day in a mental institute, costume day proved to be a great success. 5-Bending over the stove, senior **BJ VanVleet**, sprays a little red and black to the momento of the class of 2000. 6-Before the big game, students eat and relax at the tailgating party. 7-Flags and the tailgating parties were the new "rave" of the season. 8-Showing their Scarlet spirit, these students participated in costume day. 9-Sitting in the hot seat, principal **Jerry Stilwell** gives the team encouragement. 10-At the assembly, the varsity football team gather around for a huddle. 11- Enjoying themselves at the tail gating party, juniors **Amanda Edwards**, **Lacey Dimaio**, **Krystal Pickett**, and **Courtney Pago**, strut their smiles and home-made t-shirts.



Scarlet

by: Linda Her

ewcomers walking through the halls of East High during the week of October 11, may have felt as if they had entered a twilight zone, filled with kids stuck in the wrong time period and guys dressed up as girls. However, it wasn't a twilight zone they had entered, it was Scarlet Spirit.

"It was kind of weird seeing guys dressed up as girls and nuns walking around the building, but then I realized it was costume day. I couldn't believe how much school spirit they had," said freshman **Ao Vang**.

Even though the week was cut short, there was Scarlet Fever within the student body.

"I knew that when I made the decision to have it this week, everything would be cut short because of conferences. However, it was between Dowling and North, and I felt that North seemed the better team to play against for our Homecoming," said student government sponsor **Samy ElBaroudi**.

Many believed that the student body's participation during Homecoming was "excellent." Monday was a day where "flower power" took action, but by Tuesday the atmosphere had changed from being "mellow" to "just plain fun." On Wednesday the students were pumped up for the "big" game and showed school spirit by wearing red and black.

"For costume day I dressed up as a shower curtain, which took my dad two hours to make. At first, it was good and fun but by the end of the day, it was a hassle," said junior **Tia Thomas**.

Other activities during the week were the pep rally and the assembly, which were both coordinated by teacher **George Davis**.

"The pep rally was fun because a lot of the people who showed up had school spirit. I really liked the assembly because I was able to run with the flag, even though I almost tripped and fell," said senior **Michael Fuller**.

Spirit Week was the start of a chain reaction that many hoped would end with a bang, a Homecoming game win. As the team paraded onto the field, with their heads held high and their hearts determined to win, the fans cheered them on. While the fans cheered, captains **Nick Kraska**, **Tony Wharton** and **Keon Sharp** told the team, "Show it on the field!"

The Scarlets weren't victorious, but some fans believed that it went beyond the game. School spirit was shown in different forms throughout the week and to most students that's all that mattered.

"Even though it wasn't the outcome we had wanted, I still had a good time. The stands looked great with all the decorations and there was a great turn out," said senior **Nate Hibben**, who reigned as Homecoming king.



An Evening

in R o m e

by: Linda Her

With the wind blowing and the evening dark, the atmosphere for "an evening in Rome" was set.

Romance was in the air, with soft ballads playing in the background and the occasional water drips from a fountain not far away. Vegetation surrounded the streets of Rome, but further below, the "night life" of young love appeared. Not only were the Roman pillars standing tall, but the students enjoyed a night in a foreign country.

"I had an awesome time at the dance, even though I didn't have a date, because the atmosphere was still festive. With an exception to romance, it felt like an evening in Rome," said senior **Leah Tedder**.

A lot of time and effort was put into creating the mood of the student government. It took long strenuous hours of planning and a lot of hard work from sponsor **Samy ElBaroudi**, president **Phut Hoang Van**, vice president

Shawn Head, student government members and volunteers.

"I was surprised to see how few people had turned out to help. For me, it was my last year and I wanted to leave knowing that I had had a part in making Homecoming happen and knowing that I took pride in my school," said senior **Emily Johnson**.

Although there had not been a big "decorating crew," **Hoang Van** felt it had turned out well.

"We had really expected more help, but with the few that came, I think we did a great job. It was really tiring, but all the work paid off," she said.

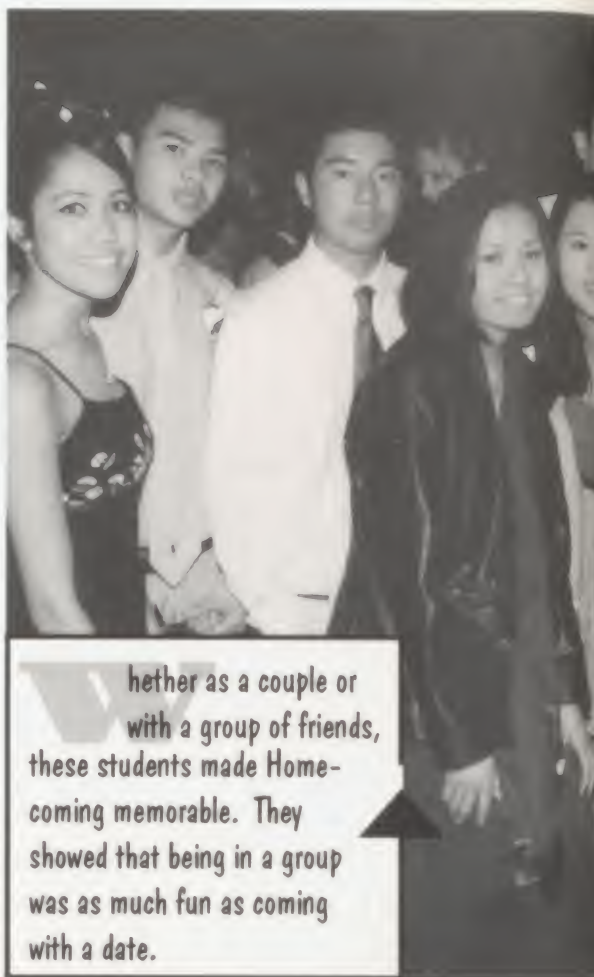
Not only was the decoration crew satisfied with their interpretation of the theme, but so were the students and staff that had attended the dance.

"I really think they did a good job of depicting an evening in Rome because of the Roman pillars they had," said junior **Tia Thomas**.

Besides an evening in Rome, there were other exceptions that made this year's Homecoming memorable. Many students enjoyed the light shows, made possible by the pyro technics used. Still others, like senior **Michael Fuller**, felt the disco ball and lighting were "awesome."

Many believed that this was an improvement from years before, but one thing that will remain true about Homecoming dances is the memories made.

"I really thought it was one of the best dances that I've ever been to. I will always remember how I tripped over the acorns on the school's lawn and had to get help from my date in standing up," said **Johnson**.



Seniors **Nate Hibben** and **Brooke Bennett** go for a dip on the dance-floor, juniors **Erin Quigley** and **Charles Lozano**, enjoy the night in each other's arms. Next to them, crowding around the stove, are seniors **Reese Turner**, **Dan Govoni**, **Hibben**, and **BJ VanVleet**.



olding each other
closely, sophomore
Jack Thongsoum,
juniors **Amanda**
Whalen, **Souphin**
Thonesavanh, and
Nick Moore enjoy
an evening in Rome.
Inset, students
groove to the music.



Showing their bright smiles
are king and queen, **Nate**
Hibben and **Christina**
Ackelson. "I couldn't have
imagined a better queen than
Christina," said Hibben.

The Roman Court

Homecoming Royalty and Court listed in alphabetical order:



Christina Ackelson
Amanda Armintrout
Tiffany Carey
Justin Constable
Nate Hibben
Saphone



Kouangsavanh
Joe Kephart
Kenny Paulding



Today the value of things is decided by the dollar amount. We live in a cash society, and if something can't bring any money it can be considered worthless.

However, to the average person, it's not money that makes them happy. It's the things with sentimental value that people can't seem to live without.

Some of the most valued gifts are those given by family and friends.

"I wanted one of the Bananas in Pajamas for a really long time. Finally, my grandma got me one for Christmas," said senior **Demitrus Diedrich**.

"My best friend got me the Beanie Baby Giraffe for my birthday. It's the cutest thing I've ever seen," said junior **Gabby Brewton**.

Some people value things that bring them good luck.

"I love my playbook because it generates so many points in basketball games," said Coach **George Davis**.

"My Winnie the Pooh stuffed ani-

What Can't You Live Without?

mal that I keep in my locker brings me good luck every day at school. Whenever I get upset I look at it and it makes me feel better. Without it I don't think I could make it through the day," said senior **Kearstin Nichols**.

Still others value the people closest to them.

"I couldn't live without my daughter, she means the world to me," said Coach **Mike Teale**.

No matter what your most prized possession is, it's something only you cherish and can't live without. No matter what it is, it has a special meaning to you.



Godzilla is attacking freshman **Steven Gilbert's** room and he likes it. At left, "There's no way I can let my hair be flat," said junior **Krystal Pickett**.

Coach **Brian Hoff** keeps his beads close to him at all times. At bottom junior **Pat McMahon** can't live without his favorite set of drumsticks.



Junior **Tia Thomas** said, "There's nothing I love more than my little dinosaurs and my thick white-rimmed glasses."



Who says you need two wheels to have fun? Junior **Jenny Golden** can't live without her unicycle.



Junior **Amanda Edwards** knows where **Scooby Doo** is. Her socks keep her warm and bring her good luck.

by: Nicole Lawrence

WHAT Did They Say?



"I know basically the whole song, but I can't figure out how the family rides down the street," said senior **Ashley Vitiritto.**

"Let's ride with the family down the street. Through the courtesy of Fred's two feet." — Flintstones' theme song.

Imagine for a minute that you're in your car listening to the radio and one of your favorite songs comes on. Immediately your body starts to sway to the beat and before you know it you're singing right along with it.

Right when you really start to get into the song, the part that you don't know comes on and you're forced into humming the beat until the next chorus comes, where you'll sing extra loud to make up for the words you couldn't understand or just didn't know.

When the song finally ends, you spend the next few minutes wondering what they said until the next song comes on and the process starts all over again.

Unless you're Mr./Mrs. perfect you've experienced this loss of words several times. The truth is you probably don't even know all of the words to your favorite songs.

"No matter how much I focus, I can never catch any of the words. All I do is hum along with the beat," said office secretary **Jane Christenson.**

"I really like Mariah's new song 'Heartbreaker' but I can't understand the first two lines of the chorus," said senior **Jennie Carico.**



"Heartbreaker you got the best of me but you just keep on coming back incessantly. Oh why did you have to run your game on me..." — Mariah Carey.

"I sing 'Mambo Number 5' all of the time but my kids make fun of me because I never get the names right," said **Maureen Mays.**



"Angela, Pamela, Sandra, and Rita and as I continue you know they're getting sweeter." — Lou Bega

"Rap usually isn't my thing but I really like 'Back That Thang Up.' I get the chorus mixed up," said sophomore **Joe Kephart.**



"Girl you look good won't you back that thang up You're a fine mother *!*\$ won't you back that thang up. Girl who is you playin with won't you back that thang up." — Juvenile



"I think 'I Want it That Way' says, 'I want it that way. Ain't nothing but a party,' but it doesn't make sense," said junior **Jamon Stokes.**

"I want it that way, Ain't nothing but a heartache. Tell me why Ain't nothing but a mistake..." — Backstreet Boys

TOP 3

Most Misunderstood Songs

He actually says,
Now more and more
I wonder where you
are..."

Brian McKnight
"Anytime"

Sounds like: "Now mirror,
mirror I wonder where you
are..."

Michael Jackson
"Thriller"

Sounds like: "Now is the
time for you and I to cut
our throats together..."

He actually says,
Now is the time for
you and I to cuddle
close together..."

She actually says,
I'm a genie in a
bottle baby got rub
me the right way
honey..."

Christina Aguilera
"Genie in a Bottle"
Sounds like: "I'm a genie in
a bottle, baby, got love me
the right way honey..."



What Did They Say?

Winter Formal turns into a Wild Night

By Nicole Lawrence

On December 18, the Pleasant Hill Elks Lodge was the place to be for a "Wild Night."

Although 12B didn't have the attendance hoped for, the turnout was a big step up from last year.

Some people say bigger is better, but for this winter formal, smaller was definitely better.

"It was small so everyone knew everyone," said senior Sheena Gray.

"It was a lot more fun than last year, mainly because it was planned better," said senior Laura Luce.

For a change, planning started early for this historically "early graduate" prom.

"Lesley and I started working on preparations for 12B last year. It took a lot of work, but we're happy with how it turned out," said senior Brooke Bennett.

"We wanted a jungle atmo-

sphere to go along with the theme *Wild Nights*," said Lesley Olsen.

"We had a bunch of balloons and streamers, but the decorations didn't completely have the jungle feel we had hoped for."

Unlike other school dances, this is not a school-sponsored event. Chairpersons, Lesley Olsen and Brooke Bennett had to pay for everything themselves.

"My mom put \$500 down on the Elk's Lodge," said Olsen. "We're still trying to pay her back."

In the past, this has been a dance hosted by senior, and some junior, girls. This year, however, they made an exception.

"I became a host to be politically correct," said senior B.J. VanVleet. "It shouldn't be all girls, boys should get involved, too."

Seniors Amy Hornocker, Jennifer Blakeman, Tiffany Oliver and Lindsey Bennett take time to photograph a friendship that will last a lifetime. The four have been friends all through high school.

Senior Nikki Gazzo gets down and dirty with alum **Zak Banks**. DJ Dave Foreman played all the right songs.

Looking "GQ", at top, senior males come together to show off their stuff. They were looking good and they knew it. Attire at the dance was stunning.



Caught off guard, senior **Tony Sanders** turns to take an unexpected picture. Dancing was Sanders' favorite part of the the night and, as usual, he was the comedy highlight of the dance.



After a long night of dancing, seniors **Jared Platt** and **Jimmy Randolph** lift **Lesley Olson** off her feet for a well-needed rest.



Sneaking away from their dates, seniors **Amber Bucklin** and **Melissa Papiani** pose for a quick photo. "The dance was a lot more fun this year," said **Bucklin**. At bottom, everyone comes together to "Raise the Roof." Excitement was in the air.



12-B HOSTESSES. Row 1: Lesley Olsen, Brooke Bennett. Row 2: Anna Jones, Lisa Gathercole, Nickelle Stevens, Kerrin Baker, Kari Warren, Sheena Gray. Row 3: Jennifer Blakeman, Lindsey Bennett, Christina Ackelson, Diana Calo, Heather Knight, Theresa Johnson, Amy Hornocker, Laura Luce, Tracy Mitchell, Mandy Reidburn, Tiffany Oliver, Melissa Papiani.



SPREE Q&A

1. How long does it usually take to plan a dance?
2. About how long does it take to think of a theme for a dance?
3. Is there any certain order in which the dance is planned?
4. Who plans the dance and usually who are the basic members that plan it?

Answers: 1) 3 months, 2) 3 months, 3) No, it is all done at once, 4) Pep E Club and senior members.



romance wasn't the only thing to be found at the dance this year. Wild costumes and funky Hawaiian outfits (at left) were also a big hit. Everyone seemed to enjoy the theme and the partying lasted way after the dance was over. Above, **Ryan Nemmers**, Spree King, must have felt really happy to be with his two queens, senior **Jenny Edwards** and senior **Linda Her**. Nine candidates were chosen from all grade levels.



East Spirit Soars with

Tropical Enchantment

by: Cheyenne Thompson

Febuary was the month of romance, friends and Spree. With a Hawaiian theme, this year's Spree was a hit.

Spree was held in the East High cafeteria from 8-11p.m. and the theme was "Tropical Enchantment."

According to Nemmers, the Pep E Club was mainly responsible for the planning of Spree.

"Senior Pep E Club board members have most of the responsibility of planning this dance," said sponsor and math teacher **Linda Nemmers**.

"We started thinking of the theme back in October," Nemmers said.

According to one of the senior members of the Pep E Club, **Jenny Blakeman**, planning the theme for this dance was crazy. "It was like we were debating between a disco theme and an oldies theme with 50's music," she said.

According to Blakeman, it takes a lot of time to plan a dance

that requires so much hard work and commitment.

"Planning any type of dance takes hard work and patience because there are so many different ideas and so little time. It takes about three months to put something like this together because while some of the members are picking the theme, the rest of the members are planning the songs and colors for the dance. Everyone is also trying to have their say in what should be in it as well," Blakeman said.

According to Nemmers, Spree didn't have as big a turn out as last year.

"Last year at the Spree dance the cafeteria was full, but this year there weren't nearly that many people to fill it up, but there were still a lot of people who attended," Nemmers said.

Blakeman says that she was hoping for a better turn out as well.

"I attended the dance and I really didn't think that there were nearly as many people there as there were last year. It made me feel bad because this was a dance that I helped to plan and hardly anyone showed up," Blakeman said.

According to Blakeman, the Pep E Club members were disappointed about the turnout and were hoping for better.

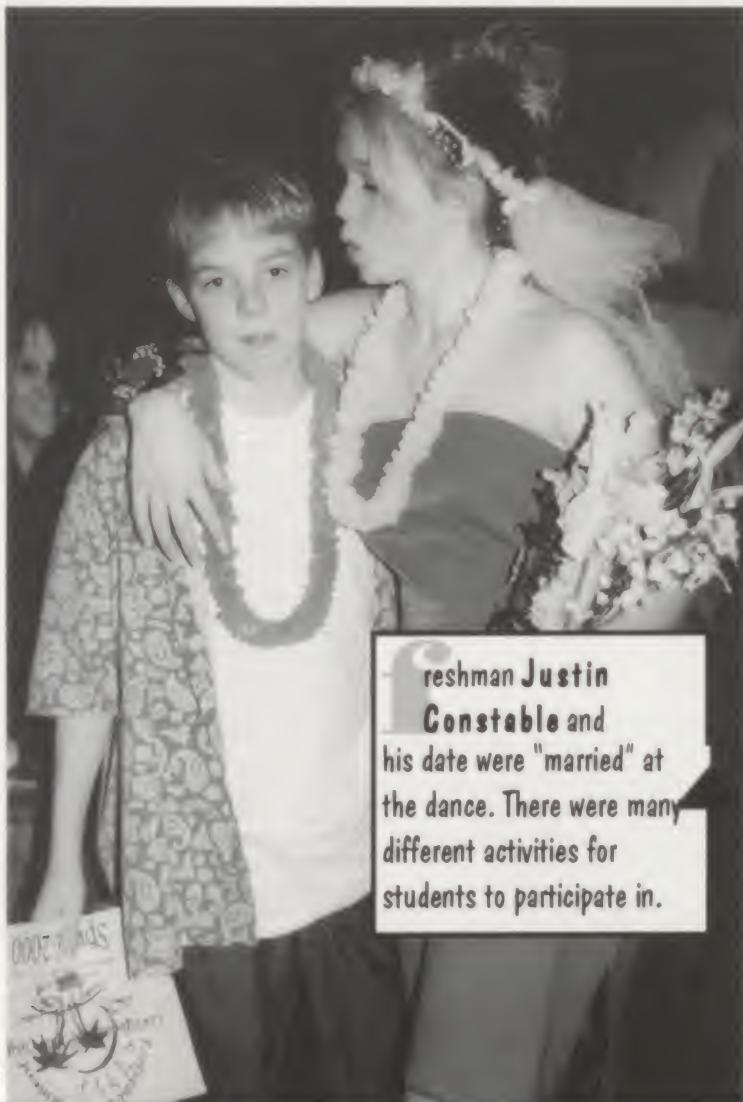
"Some of the members felt bad like I did because they were a big part of the planning," Blakeman said.

According to Nemmers, the dance would have been a lot better if there were more members on the Pep E Club board to help with the planning.

"We need more members to help plan our activities and we especially need help with the dances," Nemmers said.

Next year, if the club has more members, maybe the dances will go better and more people will show up.

To join the Pep E Club next year, see Mrs. Nemmers in Room 9 or call the office.



Freshman **Justin Constable** and his date were "married" at the dance. There were many different activities for students to participate in.



inside the minds of Scarlets...

From playing sports, to dancing, to singing, and to writing, students are able to express their feelings in various ways. Through their facial expressions to their screams, tears, and laughs, students understand how others are feeling. However, when writing, physical expressions can not be seen... only expressions coming from the heart.

Displayed on this page are students sharing their thoughts/emotion about love and life.

a Love so true

She left that night and I began to cry.
It was because our love was not so true.
I asked the stars and they won't answer why
I feel so alone in this place meant for two.

Now my life is slowly falling apart;
My wish is that I can get back my life
With a love so true she will take my heart,
and after that she'll also be my wife.
And I'll have a love, and she'll have a love,
That nor her or I would have said aloud,
And either would not have anything to prove,
Not by ourselves or in any place or crowd,
But dreams are not true and I am so blue
Till I meet a woman, with love so true.

—Eddie Rhodes

Angel

—Phut Hoang Van

The heart and soul of each
and every one of us,
She was the one to trust.
The strength for us to climb a mountain,
The sparkling water of a fountain.
Our shooting star to wish upon
The road to take on and on.
She was the one to guide us thru
She always knew what to do.
The harmony of our song
That lasted so very long,
With love and kindness too
She'll always be inside of you.
Seeing that we're together,
I know she'll be happy forever and ever.
Even though she's up above,
We will never forget her love,
Like an angel sent from heaven.

—Kally Busby

Every night before I sleep, I shed a tear for you.
Baby, why is it you do the things you do?
Don't you see you hurt me so to just give up and let our love go?
Please return to me and together forever we will be.

—Angie Cupp

I love you more than you could ever know.
I think about you night and day.
My love for you will never fade away.

I lay awake at night
wishing your arms were holding me tight.
I see your face all through the day,
My thought of "us" together never goes away.

One more chance is all I ask, let's start all over
Forget the past when we were together.
Everything seemed so real
there aren't even words to express how I feel.

So please remember this isn't a lie,
I'll love you always 'til the day I die...
forever yours.

Forget
Doubt's

Love

—James Fox

Love's untainted arrow has struck me o'er.
An untimely justice, for my heart she wins.
My love for her moves me all the more.
Flowers bloom, the wind blows, my world spins.
My heart's breath does move me with measure.
She's the fire that burns in me and ne'er put out.
Our passion is a desired pleasure.
Her gentle caress races my heart about.
Now the stars in heaven lift her soul above.
The forever kiss I shall surely miss.
Death's blow does not falsify our love.
Rest now in eternity's heavenly bliss.
Land nor sea nor sky can keep us apart.
For we will always be in each other's heart.

Heart still in your

—Mone Kavanh

When you lose somebody you care about,
It's hard to move on with so many doubts.
Wonderin' why they had to leave so fast,
And why couldn't things be like the past.
When you saw the smile upon their face,
In your heart you have to remember
That they're at a better place.

They never wanted to leave you,
It wasn't their choice to choose of what to do.
So you must understand
That an angel took their hand,
And took them to that special place up above
Where they will still be loved.

—Kearstin Nichols

Before I close my eyes forever,
I want him to know how I felt.
I wish he understood exactly
What I felt, deeper down than deep.
If I loved him a little stronger?
If I loved him a little longer?
I loved him more than anything else,
More than I ever loved myself.

Before I close my eyes forever,
I want to have touched many hearts.
I want to be the cause of many smiles.
I want to make a day brighter, a life easier.
I want to ease pain, sadness, and suffering
That I couldn't end for myself.

Before I close my eyes forever,
I want to teach many souls,
That they are strong, they can endure,
And that they do have worth...
Things I couldn't teach myself.

Before I close my eyes forever,
I want to make people proud.
The ones who contributed to loving me,
Teaching, guiding, listening to me.
I want them to feel their time was well spent.
How can I convince myself?

As darkness closes in on me,
As my eyes become heavy,
Before I let all of this go for good,
I want to be loved, to love me—
Before I close my eyes forever.

So stand tall and be strong
And keep holdin' on,
Don't be down,
Don't fall to the ground.
That's not what they would want you to do.
They would want you to start out new.
So do it for them
And soon things will start to mend,
Even if in your heart there's sorrow
You have to remember you still have tomorrow.

The tears may not stop flowin down from your eyes,
But you soon have to realize...
That they're not far apart,
They'll always be right there in your heart.

Love

Love is what you make of it.
Be it strong and secure,
Or frail and weak,
Love is what you make of it.

Even when it seems it's gone
Love is still raging strong.
When you love someone who doesn't know
Your whole life can seem as cold as snow.

But when you love someone
Who loves you back,
All the past hardships have met their match,
Because eternal love is where you're at.

Love is what you make of it.
Be it short and sweet,
Or infinite and everlasting,
Love is what you make of it.

—Jessica McClaskey

—Michelle Denning
How I felt for you, you would never know.
I told you that I loved you, or at least I thought so.
I would always sit and wonder why,
How you could hurt me and make me cry.
You were never there when I needed you,
You always told your friends, "I wish we were through."
Now I sit and wonder why, why I stood by your side.
You were my friend, my love for life.
I never had a problem with all I sacrificed.
Finally we are through, and I'm with someone new.
He stands by my side, and wipes all the tears that I cry.
How I could have stood by your side?
Now I laugh when I see the tears that you cry.

Jealousy

We are
best friends.
You with the
exotic features speak
to the men that gather
at your feet with a
giggling stupidity.
They, like starving
dogs wait
for you to drop
a morsel of
attention their way.
It is a sickening
spectacle to me.
On void of all
comprehensive thought.
I pretend that
I hate the exhibit
of flirtation but
truthfully I wish
I were you.

—Candice Griffin

Before I close my eyes

Quiz

How is Your East High Knowledge?

East High has come a long way since 1912. The building as well as the people inside have undergone many changes.

One thing that will never change is school spirit and the memory of the historical events that have happened.

After spending a school year of walking the halls and going to school events, you probably feel like you know East, but in all actuality, how good is your East High history?

Test your knowledge and try to complete the quiz of East High events.

[If you have trouble with the questions, feel free to flip through the book for the answers.]



1. In 1871, who was the first person to graduate from East High School?

- A. Mathew Johnson
- B. Elizabeth James
- C. Elizabeth Mathews

2. May 17, 1912, East High held a parade because...

- A. It was red ribbon week.
- B. They had to move furniture.
- C. It was the year everyone got new uniforms and they wanted to show them off.

3. In 1932, East had the largest senior class in Iowa. What was the total?

- A. 292
- B. 342
- C. 192

4. When the north parking lot was built, it had two purposes: parking cars and...

- A. Bicycles
- B. Playing basketball
- C. Making out



5. What was the original named used for crowned kings?

- A. Cardinal
- B. Chief
- C. Prince

8. In 1953, what was added to the cheer-leading squad?

- A. Girls
- B. Pom-poms
- C. Skirts

6. Before inflation, what was the average cost for a year-book?

- A. \$5.00
- B. \$1.50
- C. \$0.50

9. What year could you buy a men's suit from Younkers for only \$20?

- A. 1920
- B. 1934
- C. 1940

10. When was the last time the bathrooms were remodeled?

- A. 1990
- B. 1975
- C. 1983

11. EHS was first held on the top floor of what school?

- A. Bryant School
- B. Webster School
- C. Johnson School

12. During the 1930's, how often was the school news paper, the Scroll, distributed?

- A. Bi-weekly
- B. Tri-weekly
- C. Weekly

13. In 1979, what did the school install that affected students?

- A. Hall monitors
- B. Computers (for planning schedules)
- C. Drinking fountains



How Did You DO?

- 1. C-Elizabeth Mathews
- 2. B-They had to move furniture
- 3. A-292
- 4. B-Playing Basketball
- 5. A-Cardinal
- 6. C-\$0.50
- 7. C-Williams Stadium
- 8. A-Girls
- 9. B-1934
- 10. C-1983
- 11. A-Bryant School
- 12. C-Bi-weekly
- 13. B-Computers (for planning schedules)



7. In 1954, what addition of the building was added and completed?

- A. South Wing
- B. Gym (East Wing)
- C. Williams Stadium

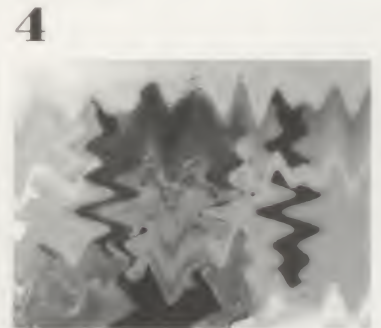


Can You Guess Who's Who

After the last nine months of school, you've had a chance to get to know your teachers. In some cases you may have formed relationships that will continue to have an impact on your life as you move on.

In any case, if you liked your teachers, or absolutely despised them, their faces are something you won't forget. Or will you?

We've taken some of your favorite teachers, and distorted their faces. After nine months, how well do you actually know what your teachers look like? Test your memory and skill and decide who's who...



Teachers

Jerry Stilwell

Lowell Long

Rollie Bramhall

Keri Frommelt

Jeff Bock

Linda Saddoris

George Davis

Kathy Hansen

Daria Huang

Maureen Mays

Ed Kelly

Answers
1. Jeff Bock
2. Linda Saddoris
3. Daria Huang
4. Rollie Bramhall
5. Jerry Stilwell
6. Maureen Mays
7. Kathy Hansen
8. George Davis
9. Keri Frommelt

Organizations

LOOKING inside the changes of our **LIVES**

by: Kelli Welker

Each year almost every student is involved in an organization. They're part of us and give us the opportunity to get into school spirit and pride and to have fun with the things we like doing in our spare time.

Some groups consist of showing spirit, planning school dances, fundraising, cheerleading and playing sports teams. Each group is important and carefully plans to make each year successful.

Every organization takes a part in leadership with students working together to learn skills they will use in the future. It prepares them for their lives.

As time goes on, the pride and fun shared in organizations is something that will never change. We will take with us these organization skills and they will be carried with us forever.



February 27, 1941

Cheerleaders hold try-outs for the squad.

Not only do they need stiff legs, tight arms and determination — they must be guys.

June 3, 1943

State track team wins championship title, the first in over 30 years during the City Series competition.



October 1, 1948

Plans formed for a
Pep Club to help promote
school spirit among the
student body and
friends of East.

May 6, 1949

Cinderella's Ball was the theme
of the Prom. Elections for Cinderella
and her King were voted on by both
juniors and seniors.

during practice, junior **Chrysta Bosley** and sophomore **Ellen Rothweiler** smile for the camera. During January, Voices of Change traveled to the DMACC Urban Campus, Iowa City High School, and the Martin Luther King Jr. Youth Forum.



Members of Voices of Change listen intently as sponsor **Ruth Ann Gaines** asks how they deal with racism. Sharing with others helped many students learn more about themselves and each other.



Say what?

Voices of Change is a performing group that shares their ideas about diversity with others through action and dialogue. Throughout the year, they traveled to different places, such as DMACC Urban Campus, Iowa City High School and the Martin Luther King Jr. Youth Forum, where they performed skits and learned more about each other.



"It's a funner and more accurate way to teach people about others instead of just giving them lectures."
Stacy Hester

1

"At the retreats, most of the speakers talked about life issues. I think the most common subject I hear about is not being racist."
Ellen Rothweiler

2

"During our retreat to the DMACC Urban Campus, the students learned how to work as a team and got new ideas for future skits."
Ruth Ann Gaines

3



by: Linda Her

As the group with the black circle marked on their name tags sits and waits for the sheriff to come by, they question the purpose of the different colors of the four groups. While freshman **Kally Busby** waits, a group member whispers to her, "What's with the color on our tags?" ♦ Before she can answer, teacher **Fannie Wilson-Cunningham** walks by. Senior **Angie Gardner** asks, "Sheriff, can we go get our building permit?" "No...no...not yet... You'll have to wait another five

minutes," said **Wilson-Cunningham**. During the five minutes, **Gardner** and her group watch as the sheriff allows a certain group of individuals, those with a white circle on their name tag, to go

Facing differences

Students experience discrimination

about the "town." ♦ Other groups were also just as frustrated as to why they couldn't go. "We were getting mad and confused when she kept telling us no, but we knew we couldn't give up. We had to keep trying because in life that's what you have to do," said senior **Diana Calo**, who was in the yellow name tag group. "We were still determined to make it happen." ♦ After five minutes, **Gardner** once again asks, "Sheriff, can we go now?" **Wilson-Cunningham** ignores her and moves on to the group with the white circles on their name tags. She allows them to get their building permit, no questions asked. Does this sound unfair? In this game, Leadership Council members were able to experience the kind of harsh inequality that individuals of color had to face in the past. The members had gathered at Drake University and participated in this activity led by teacher **Ruth Ann Gaines** and **Wilson-Cunningham**. The goal of the activity was to see which group would be able to build the best or most complete town within a time limit. ♦ **Gaines** was the deputy guarding the jailers and **Wilson-Cunningham** was the sheriff. During this activity, students "cheated" to get their permits and "bought" other students to help them build their town. One form of cheating was when sophomore **Jonna Eastcott**, from the black name tag group, asked sophomore **Rebecca Rodriquez**, from the white name tag group, to switch name tags. "We felt betrayed by some of our group members because they left us to build 'their' town and we all were frustrated. Not only were we mad that the other group was allowed to get their permits, but we were also fighting among ourselves," said senior **Tracy Mitchell**. After the activity, the students were able to gather around and express their feelings about the situation. Some took it seriously, while others thought of it just as a "game." ♦ "We represented the 'Asians' and I think it was really unfair that we weren't allowed to go anywhere because of that. I think it showed us how serious racism is, but I think we've improved a lot over the years," said **Calo**. "I think some took it way too seriously and were offended by the students who really got into their roles, but I took it as a game," said sophomore **Danelle Drayton**. There were many disagreements and some hurt feelings, but the students felt that their retreat was worthwhile because they were given the chance to express their opinions about racism and diversity not only at East, but in society. ♦ "In life, we will always encounter racism, but it's how we face it that makes us different," said junior **Kong Lee**. "You can't change people but if you try hard enough, you can affect who they become."



Working together, at left, senior **Koorstin Nichols** and a student from Nodaway High School share ideas about their similarities and differences. At far left, senior **Julanda Brown** pets the bear during a field trip taken with Voices of Change. Members of both groups took part in a student exchange with Greenfield High School.

by: *Tiffany Roby*

—by Amy Griffiths

*T*hroughout the year, National Honor Society members participated in many community events. One of the events members attended was the Race For The Cure. ♦ On October 16, thousands of people of all ages gathered at Sec Taylor Stadium to participate in the

annual Susan G. Komen Breast Cancer Foundation Race For The Cure.

♦ The Susan G. Komen Breast Cancer

Foundation was

established in 1982 by Nancy Brinker to honor the memory of her sister, Susan G. Komen, who died of the disease at the age of 36. Race For The Cure is a nationwide event that honors breast cancer recoverees and increases breast cancer awareness by getting the entire community involved. Love ones of those who died from the disease can wear a tag in memory of their lost one. "We lost my grandmother to the disease, so in memory of her, my mom,

sister and I have been going almost every year," said senior **Nickelle Stevens**

♦ In Des Moines, this event is sponsored by KCCI Channel 8, Mercy Hospital, Charles Gabus Ford, TCI, The New Mix 100.3, Farmland Insurance, Norwest Banks, Farm Bureau Financial Services, American Republic Insurance, Iowa Methodist and Iowa Lutheran Hospitals and Pepsi-Cola Bottlers. "Brinker saw that it was necessary for it to be a corporate effort in order to be successful," said English teacher and National Honor Society sponsor

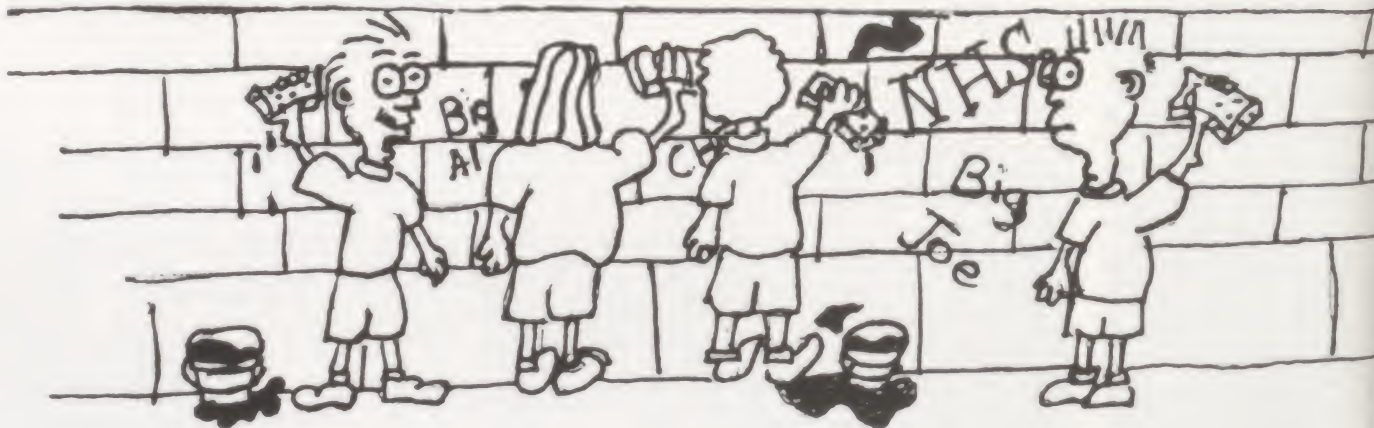
Linda Saddoris. ♦ This year the East High NHS got a team together, but weren't too successful. I'm pleased that this year we got such a nice size team together," said Stevens. "I was really disappointed that I couldn't go this year. It sounded like a lot of fun," said junior NHS member **Andrea Cook**.

♦ The 5-K (3.1 mile) course began at Sec Taylor, wound through downtown and finally ended back at the stadium. Participants could either walk or run. Before the race started everyone did warm-up exercises to loud music. "I go almost every year and it just keeps getting bigger and bigger. There's more people, more food, more activities and more prizes. It is such a neat experience," said Saddoris.

GIVING

a helpful hand

For the Service of Humanity



Raising money to fund the Juvenile Diabetes Foundation was one of senior **David Frost's** many goals to help those in need. Below is one of the shoes that people had the chance to buy to represent their promotion of the Walk To Cure Diabetes in February.



Helping the school live up to its motto, NHS senior member **Nickelle Stevens** gives a push to recycle newspapers. During the year, NHS members tried to help improve the community as one of their year-long projects.



by: Cheyenne Thompson

teacher and club sponsor **Christina Martin**. According to Martin, the club is always trying to find things to do in the community and around town, and

Some students 'key' into the community by volunteering their time to do good for others. ♦ Key Club involves all sorts of people willing to do a good deed or two for the East community. "If there's any activity involving community service, we are always willing to help out," said Spanish

Different

club is 'key'

to EHS pride, a better community

"we try to help." Key Club has appointed officers from different grade levels. The officers are the ones who go out and find activities to do in the community. "The club is a service that the school is involved in. We are really out there trying to work hard to help people," said senior Key Club officer **Leah Tedder**. ♦ According to Tedder, there is no set membership which means that anyone that wants to can join this club. "There is no set membership unless they want to go to the National Convention, and then they have to pay a fee,"

Tedder said. ♦ Key Club participated in Walk for the Cure and food drives. We raised money for those events by holding fundraisers," Tedder said. According to Tedder, the officers had a lot of fun by doing those events because it taught them a lot of responsibility.

"We have a lot of self-respect, and respect for other people and we feel sympathetic when we participate in these events," Tedder said. ♦ According to Martin, the club not only holds fundraisers, but they also help with soup kitchens as well. "We go to different kitchens to help out all the homeless people who are in need of a good meal," Martin said.

According to Tedder, the students who join the club are not required to do all of the activities that the club does. "This club is a whole volunteer experience for students,"

Martin said. ♦ In some of these activities, more help needs to be offered, and more members need to be found. "Anyone interested in volunteering can help with some of the activities in the club because we need all the help we can get," Tedder said. ♦ So far, the only actual "members" that are in the club all the time are the officers. They rely on volunteers to help with each project. But no matter how many people participate, the officers still get the job done. "We pride ourselves in the work that we do because we try to do the best that we can," Martin said.

The members held meetings before and after school to plan functions and decide where they would volunteer next. The officers were the biggest part of planning.





These Key Club members participate in a literacy campaign at McKinley Elementary School. The members dressed up as storybook characters for the students.

Key club sponsor **Christina Martin** helps the officers plan activities for the coming months. After the planning stage, events were announced and EHS students volunteered to take part.



Race for the Cure' fundraisers are what Key Club members do best. On Oct. 16, juniors **Robin Morris**, **Karla Lampman**, freshman **Alysshia Miller**, junior **Nicole Houchin**, and freshman **Shawn Graham** worked to help with the event. They helped to raise over \$900.

BPA OFFICERS. Front Row: Christina Western (Treasurer), Stephen Kirkpatrick (Treasurer), Niki Loftus (Assistant Historian). Back Row: Ashley Gilbert (Vice President), Tiffany Good (Historian), Sarah Martineau (President).



At the beginning of the school year, the office education class shows off the gifts they made to welcome to new teachers at EHS. Students must be in the office education class in order to be involved in Business Professionals of America (BPA).

At far right, senior **Lindsey Gordon** concentrates to get her work done during class. At right, smiling at the camera, seniors **Sarah Martineau, Tiffany Good, and Jenny Blakeman** show off the gifts that they wrapped for their "secret" families at Christmas. Many students in BPA competed with other students from the Des Moines area in business-like competitions that were held throughout the entire year.





by: Lou Ann Covault

Imagine going to work and getting school credits for it. Well, for some students at EHS, going to work most of the so-called school day is ordinary. "I like working in the attendance center because I don't have to go very far from school to my work place," said Assistance Historian of BPA, **Niki Loftus**. Loftus, along with some other students, signed up to take Office Education class and many of them are al-

lowed "work release," where they are allowed to go to work for most of the school day and get credit for it. ♦ The office education class can also help kids find a job or keep a job they may already have.

However, every six weeks, the employer must grade by performance. ♦ Many employers really enjoy having students work for them and ask them to return to the company the next year. While at school, business teacher **Mary Jane Kaldenberg** taught office education class during second period, in which the students learned more about the business world. ♦ "I want to prepare students for their future endeavors. Most of the kids will go off to college (or get a full time job) and the Office Education class teaches them the job and study skills that they may need," said Kaldenberg. ♦ Business Professionals of America (BPA) is a vocational youth program and the students in the Office Education program are automatically members of the organization. ♦ Through its affiliation with state and national organizations, EHS keeps abreast of and involved in the dramatic changes in technology, management, and business. Members elect officers, conduct meetings, and can participate in various activities by entering different contests and conferences. ♦ "It was really fun to compete with other students from around Des Moines. There were a lot more kids competing than I had thought there would be," said senior **Stephen Kirkpatrick**. "I always get really excited when I see kids win at competitions. In the past, we've had students who have had the opportunity to go to nationals and compete. One year nationals were held in Orlando [Florida], and if the student chose to go, then we went and had a really good time," said Kaldenberg.

going out into the world

Preparing students for tomorrow's future

by: *Melissa Mills*



In 1925, a group of dedicated East High students got together and formed a group still known today, 75 years later, as Student Government. "I think this group has survived this long because it's made up of dedicated students that want to serve their school and community," said

vice president,
Shawn Head.
"When you go to
things like the
alumni dinners it
gets you
pumped up and
ready to repre-
sent our school

75 years

governing EHS

Students leading students

and to work in the community." ♦ Over the years, Student Government has contributed to more than just services to our school. This year they joined forces with the National Honor

Society and Key Club to raise 5,271 nonperishable food items, far exceeding past food drives. "We came up with the idea of giving raffle tickets for every 5 items donated, so our part was getting the prizes," said president, **Phut HoangVan.** "The food drive had a rough

start and then it just exploded and we really exceeded our goal," said senior **Demitrus Diedrich.** "I hope our success this year will challenge future drives." ♦ Student Govern-

ment also orchestrated homecoming for the second year in a row. "I think these past two years have been very successful partly thanks to alum, Robert Moore, who has done an excellent job as our DJ both years," said sponsor **Samy El-Baroudi.** "Part of the reason he

does so well may be because he's close to the same age group as our students." According to alum **Robert Moore,** the music makes the dance. If kids are going to have a good time, they want music they like, and he tries to avoid playing the same thing. "Variations in the music helps fit everyone's taste because at a school like East you have a very diverse set of kids," said Moore. ♦ Students think the music may be a big part, but the original themes

make the dances more fun. For example this year's background was an elegant Italian street. "We had a much bigger group last year, but we were still much more elaborate when decorating. All our hard work really paid off," said HoangVan. ♦ According to El-

Baroudi everyone wanted to be a part of Homecoming planning, but afterwards attendance at meetings wasn't quite as good. "We need the people for Homecoming and appreciate their help and we'd like them to stay, but we're just grateful for the help," said

Diedrich. ♦ However, attendance has been a lot better than expected. Last year's group was made up mostly of seniors, and after they graduated, they needed almost all new members. Luckily plenty of students had no problem stepping up to base. "I'm happy with the turn out of students this year even though there's not as many members or seniors as last year. I was beginning to think maybe there wouldn't be a Student Government this year," said Diedrich. "I don't think many students realize how important the group is to the school and how many activities it is responsible for." "Despite any doubts, Student Government has survived the last 75 years and will continue to serve the East High community into the century ahead of us," said HoangVan.

In 1925...

East's football team won the
City Series in a defeat of
Roosevelt, 25-6,
on November 20.

East has the only printing
department in the Des
Moines School System.

The Quill was published 4 times a year
— and subscription was \$1 per year.

Nearly 600 people thronged
to enter East on Oct. 27 for
the evening PTA meeting.
There were 1114 members.

Photojournalist: Katie Hull



Student Government





Helping decorate for homecoming, sophomores **Kati Bainter** and **Gabby Galbreath** blow up balloons.



Above are the Student Government officers: **Shawn Head**, **April Hazelwood**, **Phut HoangVan** and **Demitrius Diedrich**. At left, sponsor **Samy El-Baroudi**, sophomore **Bobby Petefish** and freshman **Omar Otero** load food for delivery to the City of DSM, MidAmerican Energy and Combat Hunger food drives.



by: April LeBlere

Although school spirit hasn't been the best in the last few years, there are groups still showing their pride and the Pep 'E' Club is the largest one. "Since anyone can join, I think they do just so they can get seats right by the court at the assemblies," said sophomore **Lindsey Latcham**. The large group sits in the section closest to the basketball court. ♦ Anyone who is a student at East can be a member by getting a little red card with their name on it, but only a few are on the board. "We usually have about 30-35 students at our board meetings," said **Linda Nemmers**, sponsor of the Pep 'E' Club for six years, "but it varies from meeting to meeting." ♦ In the past not everyone could join, consequently few were on the board. Seven to eight years ago only two students were elected from each grade level to represent their class. Now you can sign up to be on the board as long as you have regular attendance to the meetings. ♦ The board meets every first and third Wednesday of the month, sometimes conflicting with the National Honor Society which meets in the same room. At these meetings they discuss the project that they are working on at the time. ♦ The meetings start at 7:15 a.m. and go until the first bell rings at 7:35. "I think it's kind of hard to get to school that early in the morning. And sometimes I miss the meetings," said junior **Bridget Davis**. Pep 'E' Club worked on many projects like selling spirit strips for Homecoming week, decorating for Spree. Also, during the Holidays, Pep 'E' Club got together and delivered fruit baskets to retired teachers. "We went around and delivered baskets to retired teachers who invited us in but talked too much and gave us nasty food," said Davis. "But we had fun anyway." ♦ Even though during these last few years school spirit hasn't been the greatest, the Pep 'E' Club is helping bring it back. ♦ In fact, Pep 'E' club has kept it's peppiness through the years, especially when school spirit declined. "I remember when I was a freshmen, during our Homecoming assemblies, the Pep 'E' Club was the loudest and I think they're starting to be that way again," said alum **Danny Evans**.

IS SCHOOL

spirit dead?

Not in the Pep 'E' Club



OFFICERS. Front Row: Kerrin Baker. Row 2: Lisa Gathercole, Jennifer Edwards. Back Row: Nickelle Stevens, Amber Johnson, Lesley Olson.



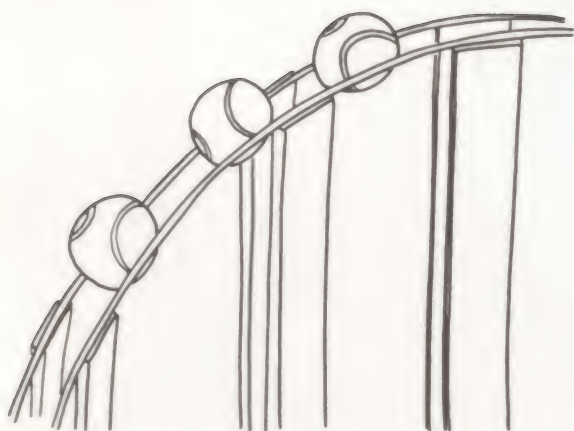


Pep 'E' Club cheers their loudest during the homecoming assembly. They definitely put in their two cents worth by selling spirit strips for this assembly.

Lisa Gathercole carries one of the many fruit baskets that the Pep 'E' Club gave out during the holidays. The fruit baskets went to retired teachers from East.



During an early morning meeting, at far left, sponsor **Linda Nemmers** and sophomore **Lyndsey Richardson** wait for ideas. At left Coach **George Davis** calls out winners for the spirit strip contest. The more strips a student bought, the more likely his/her name would be drawn in an attempt to win \$25.



Zachary Peterson and Matthew Moeller, both seniors, adjust their Destination Imagination tennis ball roller coaster project. They are in Zacks' basement testing the roller coaster to make sure it can handle all the curves and loops.



Art: Zachary Peterson.

The challenge was to make a 9-foot by 6-foot roller coaster for tennis balls. The tennis ball "riders" were required to complete four thrills events: a loop, a corkscrew, a 12-inch jump, and a team-designed thrill event.

"The team-designed thrill event is very open-ended. We were thinking of doing a pretzel-style track design, but later decided to build a simpler, faster helix down track for the competition," said senior Zack Peterson.

The goal for each participating team is to build the coaster that allows the most tennis balls to complete the four thrills in the shortest amount of time.

"We plan to use the maximum twenty tennis balls on our coaster to go for the highest possible score," said senior Matt Moeller.

The teams are also judged and awarded points for creativity and presentation quality.

"A very creative and effective presentation can make up for a somewhat weak roller coaster just as a high-scoring roller coaster can cover for a relatively ineffective presentation. We plan to have both a strong presentation and a great roller coaster," said junior April Boll.

by: *Jessica Bush*

*F*ast...faster...faster.... If you like the challenge of research, experiments and design, you would love the Destination Imagination program. ♦ This is a program that helps students and their peers put their minds together as one and create something intriguing. This year the team of seven students and one teacher took on the challenge of making a fruit roller coaster, using tennis balls and anything else they felt they needed to

make it work. Senior **Zack Peterson** and his peers designed and built the coaster to transport the tennis

Imagine *your purpose* through Destination Imagination

balls as fast as possible. ♦ The theme for this year's competition was "Food for Thought" and that's what they had to keep in mind while they built their roller coaster. The tennis balls had to represent the fruit because of safety issues, like the Hepatitis A threat with food. Success in the competition hinged on the speed with which the balls (riders) finished the course. "We wanted our coaster to go faster than everyone else's," said **Peterson**. ♦ Destination Imagination replaced Odyssey of the Mind, last year's competitive event, because of legal problems. The new program is very similar and still student-run. "It's a good project for those of us who like to put our heads together and have some free time on our hands. It is also something good to put on your resume for a job," said senior **Matt Moeller**. "I just joined and I don't know too much, but from what I have experienced, I really enjoy it. I hope to join it again next year," said freshman **Sherly Jacob**.

Participants are:

Tony Antelman
April Boll
Dave Frost
Shirley Jacob
Stacey Johnson
Matt Moeller
Zack Peterson

Destination Imagination

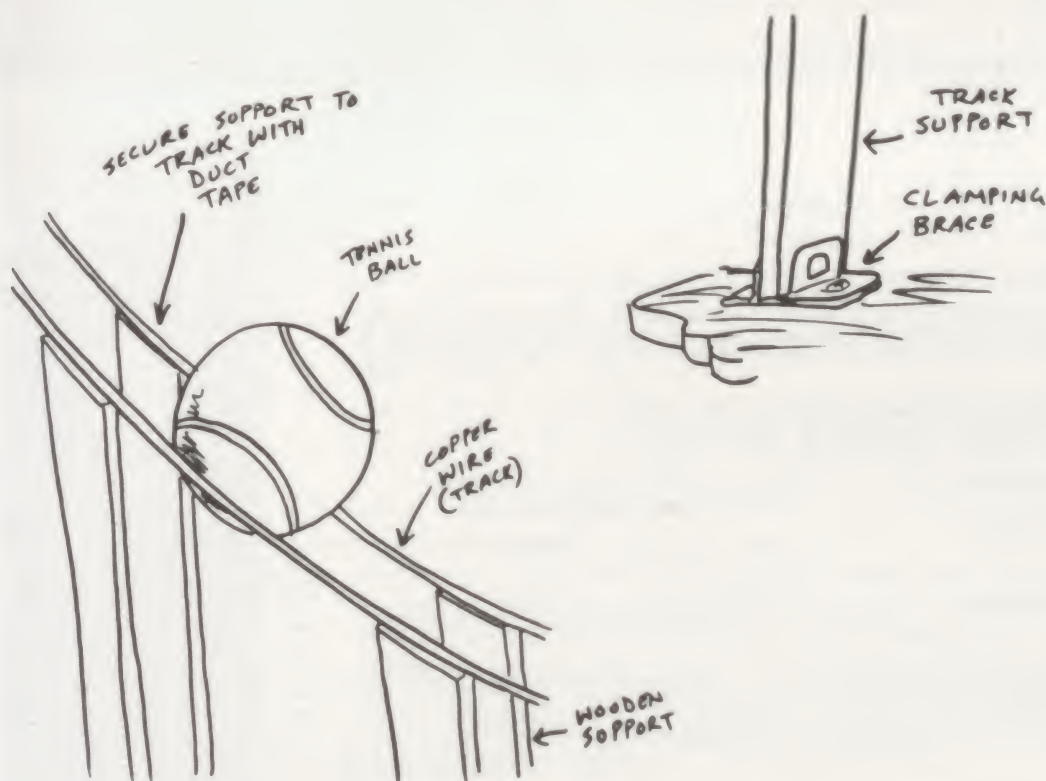
is an international organization for kindergarten through college students teaching life skills and expanding imaginations through team-based creative problems solving.

It emphasizes creativity through brainstorming, divergent thinking skills, presentation skills; teamwork through budgeting, life skills and research skills; and problem solving through project management, knowledge application and confidence.

For more info

about the program, connect to the official web site at: <http://www.dini.org> or contact EHS G/T coordinator Shirley Gooch at 242-3572.

CONCEPTUAL SKETCHES



by: Debbie Montis

basic stages of singing. "I love music and I want to continue with it in the future," said freshman **Laura Porter**. ♦ Mixed choir is a variety

Choir is fun for me because I love to sing," said junior **Alison Lowe**. Many students in the prep, mixed and treble choirs feel the same way. ♦ Each choir is very different from the next, but they all share the same love for music. "It's how I express myself and I love to sing," said freshman **Scott Flaherty**. ♦ Prep choir consists of mostly freshmen who want to learn more about music. They get to learn the beginnings of music and the

Mixed

Treble & Prep

choirs learn, grow in their music

of guys and girls who want to sing a variety of music. They sing anything from gospel to old-fashioned to pop and sometimes the class gets to choose what they get to sing. Voices range from soprano to bass. "I really like choir, I like to sing, and Mr. McNear makes it fun for us to do that," said senior **Carrie Lynn Meek**. ♦ Treble choir is an all girl choir. They sing a variety of music, with voices ranging from soprano two to alto two. "Mr. McNear helps us a lot to learn the music, not just the words, but the notes and what everything means," said Lowe. ♦ Getting into each of these choirs is pretty simple. By judging where you were last year, or maybe after a little try-out with choir director **James McNear**, you're placed usually where you want to go. McNear makes sure everyone is where he thinks they will be of the most use and where the students can learn more. "I enjoy working with the students and seeing how they progress," said McNear. ♦ Along with teaching notes and rhythms and the musicality of everything, McNear also teaches the students about music history, why music is so important to us and how it affects our lives today. "I try to teach the students about different types of music to expand their knowledge," said McNear. ♦ Being able to understand what you are learning and expanding your talent is a big part of the curriculum for the choir students. "McNear helps the other kids understand what music is all about, and that makes learning music a whole lot more fun," said senior helper **Emily Stokka**. ♦ Another part, and to many the most important, is the finished product. The concerts and talent shows and everything the students work for are the greatest reward for everyone who sings and to all who helped get them there. "My favorite part of teaching music to the students, is seeing the pieces come together and seeing the faces of the students when they know they've done well," said McNear.

What is your favorite song to sing in choir and why?

"Jada" because the tune makes you happy and can change your mood.

—Freshman **Janet Knapp**

"When You Believe" because it has beautiful chords.

—Freshman **Ross Hesseltine**

"Mangwiani" because it's a different language and it's fun to pronounce.

—Junior **Jessica Sweet**

"Musica Dei" because it sounds foreign and spiritual.

—Junior **Brandi Reinig**





usicality, dynamics, tempo, beat, articulation and rhythm are things go into learning a song. Music has many different aspects and that is what choir director **James McNear** tries to get across to his students.



aking notes, above, members of the mixed choir learn that music isn't just about singing. Below left, treble choir members listen to choir director **James McNear**, who taught not only how to sing, but, the history and culture of music.



Recruiting New Talent

"My country tis of thee, sweet land of liberty, of thee I sing. Land of the pilgrims pride, land where my fathers died, from ev'ry mountainside let freedom ring."

"Okay, for the most part, that was good, for the most part but a phrase or two were out of place. Lets try it again."

This was the sound at prep choir auditions at middle schools throughout the East high district. This is now the only way to currently get into prep choir.

"I just don't want to get slackers in there like some of the students I have that are in there now," said choir instuctor **James McNear**. "Too many students take it now because they think it is an easy course to pass."

The students auditioning for the class not only sing the song "America" but other songs as well. The students will also do several clapping charts to show they know the notes. The chart's difficulty will increase with each level passed by the students.

"I help Mr. McNear sift through the students by doing clapping charts with them and recording what level they reach. Then he has them sing in front of him. Sometimes they have to sing a song he just gave them in order to show him they know how to read notes," said sophomore Amber Martineau.

— Dan Williams

he choir performs at their first winter concert. The choir had two winter shows, a fall show and a spring show along with their performance in San Diego.



by: Daniel Williams

words in a song," said senior **Jaime Hill**. "I never really get used to a lot of people looking at me. They are all critics in their own way. They tell us 'good job' or 'you could do better.' That's why I still get stage fright."

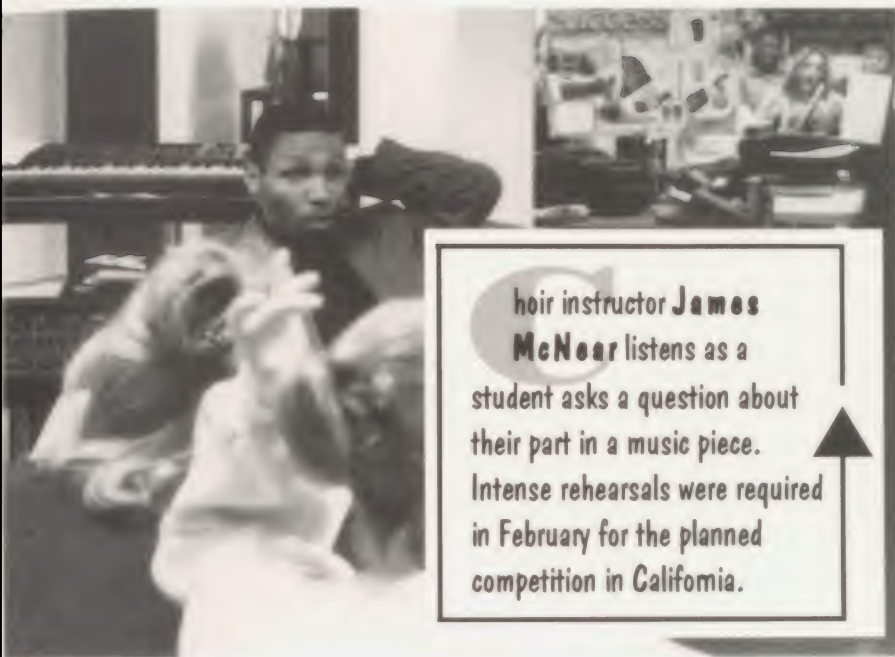
Fighting

stage fright

The curtain opened for nervous singers

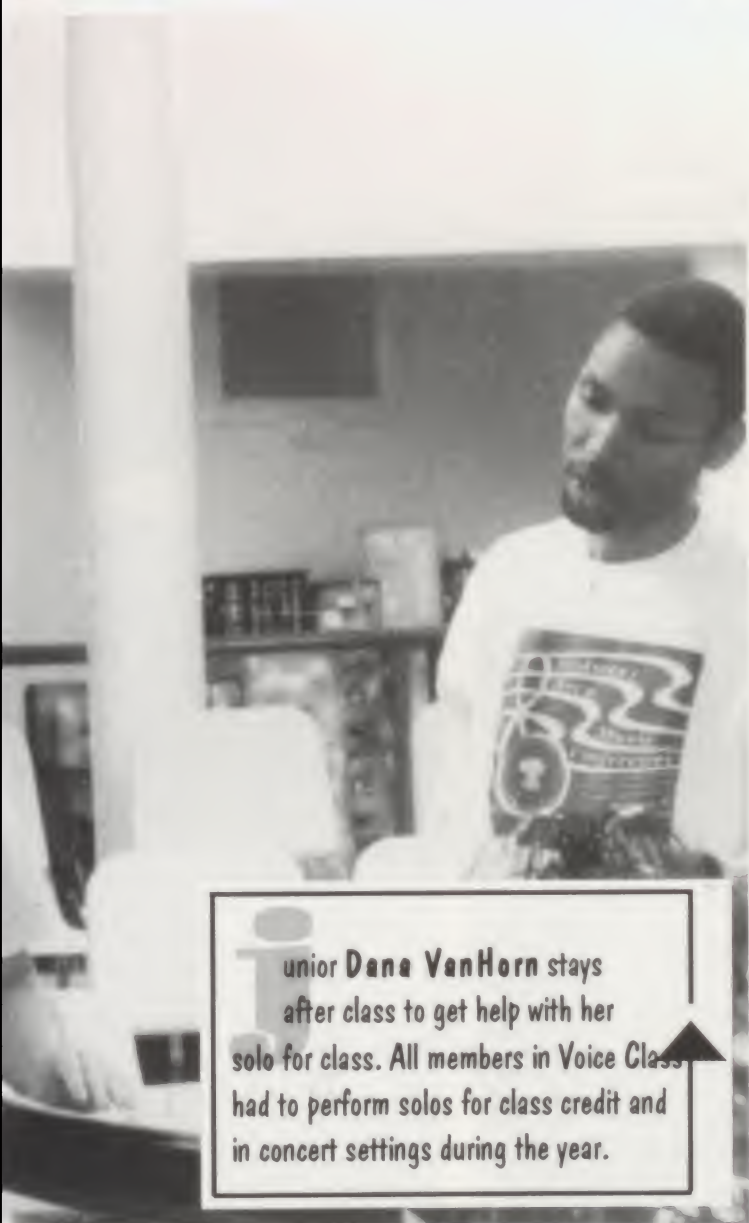
◆ Stage fright has an effect on anyone on stage, no matter how old, skilled or confident. Laurence Olivier (a famous stage actor) had stage fright after fifty years of experience in acting. Even today grown adults get stage fright. "I still get stage fright even though I don't sing that much in concerts anymore," said choir instructor **James McNear**. "I worry about my students and that to me is a form of stage fright. I worry about them hitting the right notes and singing with the right rhythm, things like that." ◆ Stage fright can be caused by many different things. When someone special is in the audience, or an acting partner intimidates a person it can lead to stage fright. Other causes are when a role calls for a person to do something they have never done before or if there is an important audition. "It's easy to sing to yourself and pretend no one is listening, but when you get up on stage and everybody is focusing on you, you to get a little nervous," said senior **Clyde Copeland**. "I love to sing and I would like to think that I have overcome my stage fright." ◆ Stage fright is associated with having butterflies in the stomach, a frog in the throat, or a "cat has your tongue" feeling. Some symptoms are wobbly knees (making it hard to stand up straight), difficulty with breathing, or a racing pulse. "I just joined chamber choir this year and at my first concert I had a bit of stage fright," said sophomore **Brian Jackson**. "The concert was a big concern because I was worried I wouldn't hit the right notes or I would forget the words. Later it was easier for me to sing because I realized it didn't matter what other people thought, it only mattered what the teacher thought." ◆ Even though they worked very hard the work paid off when the East community and parents congratulated them on a job well done. "I have to work really hard on solos and other songs for voice class, and the hard work pays off when we are given praises for a good performance," said junior **Kira Campos-Anderson**. "Not only do parents tell us we did a good job but some of the teachers that heard us said we did good."





Choir instructor **James McNear** listens as a student asks a question about their part in a music piece. Intense rehearsals were required in February for the planned competition in California.

Posing for the camera, sophomore **Daniel Williams** and juniors **Erin Quigley** and **Wendy Bradford** take a break from the normal choir practice.



Junior **Dana VanHorn** stays after class to get help with her solo for class. All members in Voice Class had to perform solos for class credit and in concert settings during the year.



Sophomore **Krista Wicker** (at left) practices her solo final before she has to sing for a grade. Below, senior **Marquita Jenkins** goes over her song with vocal music instructor **James McNear**.



by: *Shawna McChurch*

*M*usicians seem to have been more abundant this year. With thirteen freshmen, the class had a total of 31 students, making it the largest orchestra at East in several years. ♦ The students tended to have mixed feelings about this. For many of them, however, it was a good thing. "With such a large orchestra we can play better songs and you can also hear

your part better," said junior **Jessica Richardson**. "Having a big orchestra means that not everything is resting on you," said

improvement

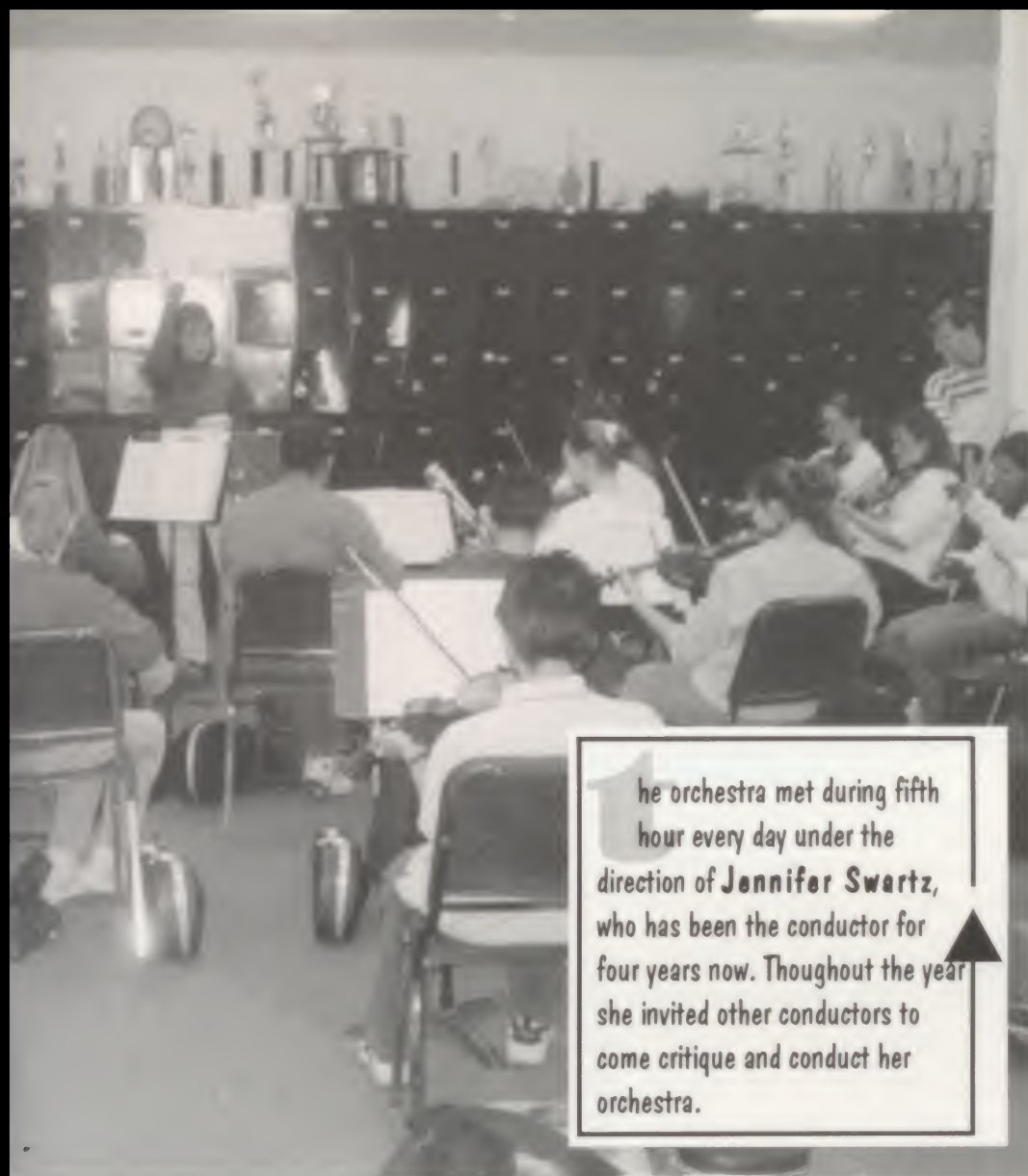
results from

Participation and encouragement

junior **Kira Campos-Anderson**. "It feels good to know that." ♦ On the other hand, some students felt that the orchestra was better when it was smaller. "You get more individual attention when the class is smaller," said senior **Mya Rounds**. ♦ The orchestra performed many times this year. As well as the usual school concerts, they performed at Capital Square, a nursing home, two middle schools, a large group contest and North High School for a CIML concert. From these concerts many students had their favorites. "I really liked the Capital Square concert because I like to play in front of people that I don't know," said sophomore **Angela Tonsi**. "My favorite was the Capital Square concert, but I liked the middle school tour as well," said Campos-Anderson. ♦ These students wouldn't be in orchestra, though, if they hadn't been influenced or helped along the way. "I started playing the violin because I wanted to play a string instrument that wasn't big and didn't have low strings," said Richardson. "I'm playing now because my grandpa bought me a new violin." Sophomore **Amy Preas** also said that her grandparents bought her instrument and that she always wanted to play the violin. "My dad has bought all three of my violins," said Campos-Anderson. She has a one-quarter size and two full-size violins. "I started playing the violin because of my parents." "My great uncle plays the violin, and he has inspired me to play," said Tonsi. "I don't own my own instrument though, I just play my uncle's. It's from the 1900s and it's really special to me."

freshman **Jayme Wetzol**, at right, watches and listens to the conductor during a rehearsal. Instruction was given daily and it helped the students improve their skills. At far right, Swartz helps one student with tuning their instrument while other students finish tuning and prepare to play. Tuning and warm-ups were always done during the first part of each class period.





1 he orchestra met during fifth hour every day under the direction of **Jennifer Swartz**, who has been the conductor for four years now. Throughout the year she invited other conductors to come critique and conduct her orchestra.



strings are us

Think you can match these stringed instruments to the right clef?



1

cello



2

viola

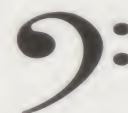


3

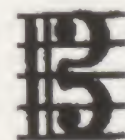
violin



TREBLE CLEF



BASS CLEF



ALTO CLEF

1. Bass clef 2. Alto clef 3. Treble clef

by: Debbie Montis

After years of saving and saving and saving some more, the Marching Scarlets finally have their new uniforms. ♦ "The boosters really helped this year, they went in there and reorganized everything. Now we have our uniforms," said band director **Mark Hawkins**. The band has been anxious to get new uniforms because the old ones are 11-12

years old. ♦ "It took a lot of hard work, but in the end we got the uniforms and they look good," said sophomore

Eric Lopez.

According to

Band Boosters President **Phylliss Smith**, the band has been trying for at least five years to get the funds for the uniforms. ♦ Each marching uniform cost \$317, totaling \$30,800. Each Colorguard outfit cost \$330, for a total of \$5,080. ♦ **Smith** said, "We've all worked really hard in the last year, it's been a long hall, but at least we've got them and now we're looking toward new goals." ♦ The band is still trying to raise money for instruments, music and a new drum line. Half of a drum line was purchased this year. ♦ "I'm excited about the uniforms and new equipment," said junior **Jenny Golden**. "It's going to make us look much better." ♦ Other than the excitement of the uniforms, the band achieved an amazing goal for them. They received a two rating at state marching contest. The band has gotten a rating of three many years in a row and was very proud of their rating for this season. ♦ "The student leadership really started going up in the middle of the year. We lost a lot of guys that have been here for a long time. They were power players," said **Hawkins**. ♦ Now though, the student leadership is up and the band is doing better than ever. ♦ The band worked hard for all that they have accomplished this year. They're still striving to be better and are always working toward a higher goal. ♦ **Hawkins** said, "The secret to a successful band program is the students working through the program, they need to help each other and that's what we're doing. We're not quite there yet."

Band improves looks and talent, while working together

What instrument is this?

Can you guess what these commonly used instruments are?



1

Plays loud, high and about an octave above a flute.



2

This one is used in jazz, marching, concert and pep bands.



3

The percussion uses this one to make bell-like sounds.

1. Piccolo 2. Sax 3. Chimes

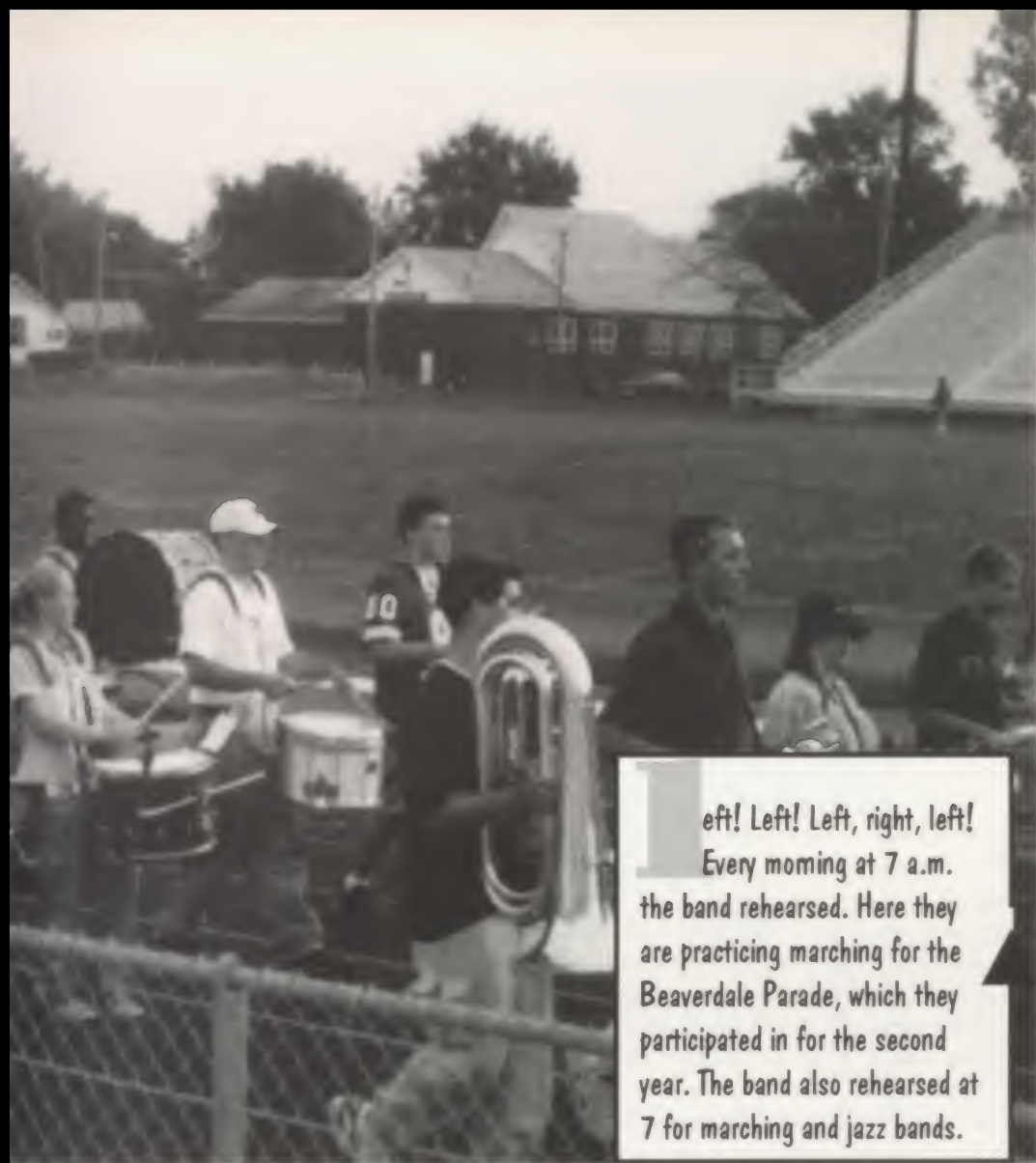
MUSICAL TERMINOLOGY

An octave is a set — of eight notes, usually played in a scale.

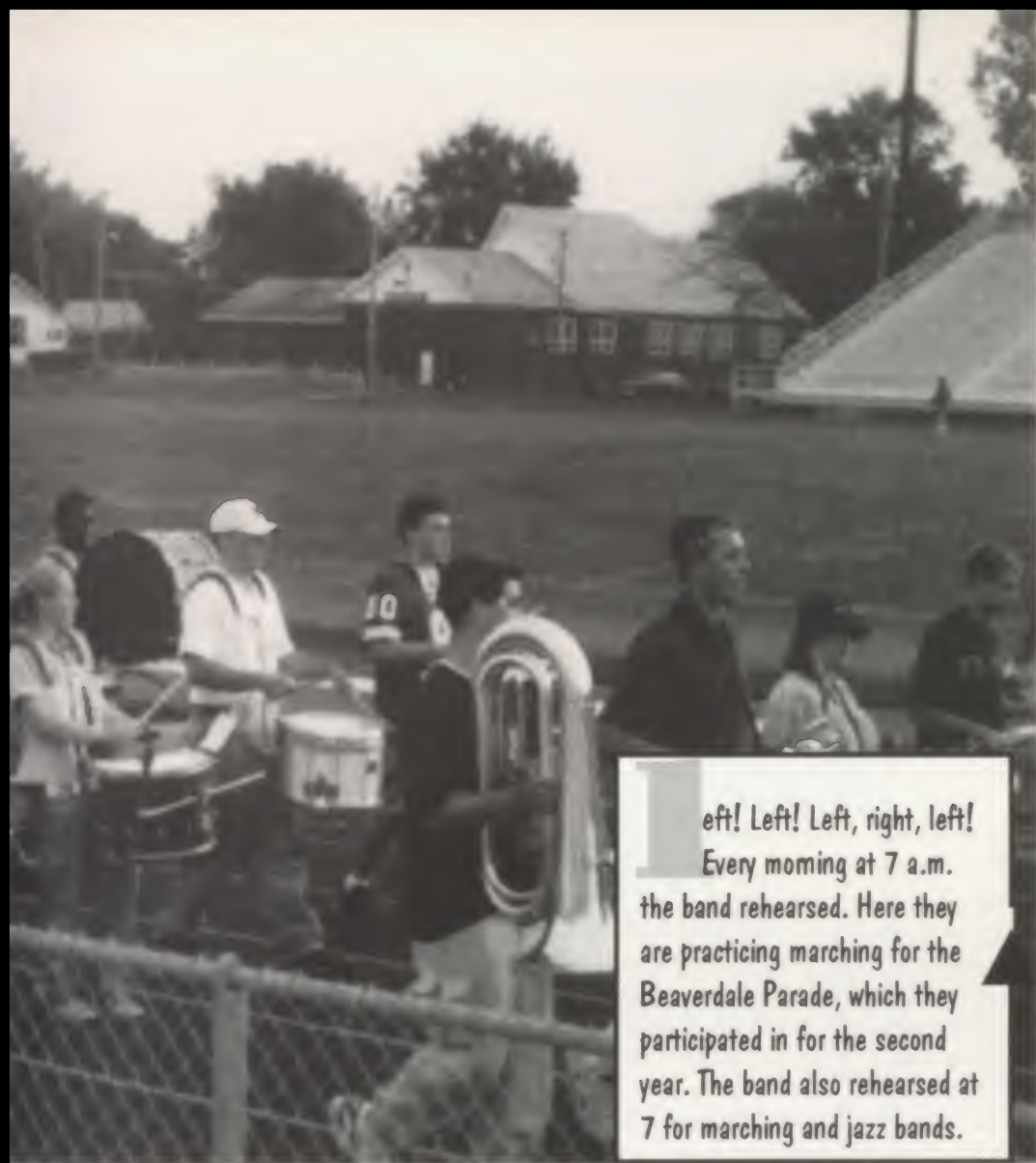
A decrescendo is — when you go from playing loud to playing soft.

A crescendo is — when you go from playing soft to playing loud.





Junior **Vonessa Boland** helps at the K-Mart fundraiser. This was one of the many events that the band participated in to raise money for uniforms. Here, it was sponsored by "K-Mart for Kids Against Drugs" and was fun for the kids and the band students.



Left! Left! Left, right, left! Every morning at 7 a.m. the band rehearsed. Here they are practicing marching for the Beaverdale Parade, which they participated in for the second year. The band also rehearsed at 7 for marching and jazz bands.




Band leader and teacher **Mark Hawkins**, (far left), is leading the band in pep and marching music. They had a lot of fun playing at all the home football games and some of the home basketball games. At left, the band plays our national anthem before a home football game. For half-time they played popular music from James Bond movies, which included the ever-present theme, "Diddle 007" and "The James Bond Closer."

by: Phut HoangVan

Meeting tons of new people, having lasting relationships with them, doing fun activities every night, living in a building with about 60 other people and attending interesting classes that prepare you for college. Sound like a good idea? And it's all free. ♦ This is what went on from day to day for six months for the Central College Upward Bound Pella

students. "A lot of us were strangers at the beginning but at the end we were all friends," said junior **Tanna Tilley**. "Upward Bound was a

Living the

college life

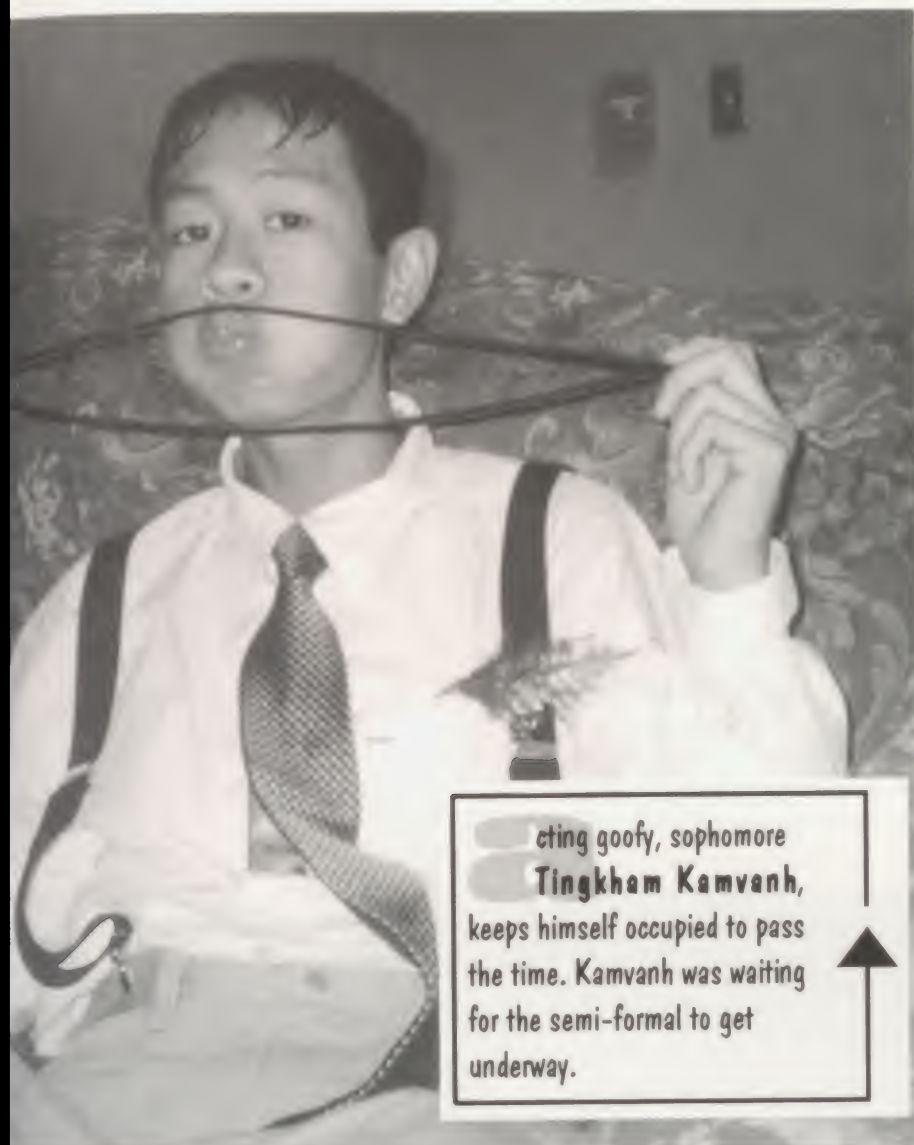
Preparing for the future

really fun place where you could open up to people and be yourself and not get looked down upon for it," said senior **Clyde Copeland**. ♦ Every day was started with a good breakfast, then it was off to classes which prepared the students for their fall courses. There was also a special preparation class for college and a college credit course. "The college level courses were interesting," said junior **Charles McFarland**. "They gave you a chance to see what college could possibly be like." "Even though there wasn't very much homework, it helped," said Tilley. ♦ It was definitely not just attending classes. Every evening there was a fun activity planned such as watching movies, having dances, swimming, bingo and much more. "Everyone would get together in one area and just have fun and socialize," said Tilley. ♦ The program is funded by the federal government. The students actually get paid every week during the summer and every month during the school year.

"The money is beneficial for those who need money," said senior **Shakeela Newsome**. "Some people shop and some save; I'm the one who shops." "The money really helps you to keep focused on the program because if you keep your grades up you get the money and you can stay in the program," said McFarland. ♦ Participants were chosen from two Des Moines schools, and schools from towns surrounding the Pella area. "Even though there's only two Des Moines schools in the program, the majority of the students came from these schools," said McFarland. ♦ Students would all agree that there isn't a disadvantage to being in this extraordinary program. "There's no real downside except for the fact that it's only six weeks long," said Copeland.

Smiling for the camera, seniors **Shakeela Newsome** and **Phut HoangVan** are all dressed up for the semi-formal. This dance and a historical trip celebrated the completion of the academic summer program.





Being goofy, sophomore **Tingkham Kamvanh**, keeps himself occupied to pass the time. Kamvanh was waiting for the semi-formal to get underway.



Being silly, junior **Ashley Armstrong** chills out with friends during the Olympics. The event took place in Ames at the Iowa State campus.



by: Holly Buch

*L*a fiesta ya comienza. This year's Spanish Club T-shirts may say the "party's just beginning," but for Spanish teacher and club sponsor **Kathy Hansen** the party began over a decade ago. "I started the club my first year at East and that was 11 years ago," said Hansen. ♦ According to

Hansen, Spanish Club is different than most other clubs in that attendance is not mandatory. The club is based solely on two things: Spanish and fun.

Anyone

for a fiesta?

Look no farther than the Spanish Club

"It's just a fun thing to do," said Hansen. "We went to a Mexican restaurant for Columbus Day and we'll probably do the same on Cinco de Mayo." ♦ Besides having fiestas at local restaurants, the Spanish Club also went ice skating and mastered the art of bowling "It was a lot of fun because nobody really knew how to bowl," said junior **Trevor Ashby**.

♦ Also, this was the third year that the club went on a hayrack ride at Sleepy Hollow Sports Park. "I had a nice time," said sophomore **Meghan Jacobs**. "There weren't a lot of people, but it was fun." ♦ Although the Spanish Club may have a problem getting members to show up at club activities, one thing's for sure—the party will keep going on for as long as Hansen teaches. "I'll always do the club," said Hansen. "All the other Spanish teachers are too lazy."

Senior **Mike Fuller** cheeses while picking out a bowling ball. The Spanish Club went bowling in November.





At left, sophomore **Josh Babcock** takes time out of a club meeting to smile for the camera. The Spanish Club met at least once a week this year. Below, club members get together after the annual hayrack ride. This was the third year the club went to Sleepy Hollow Sports Park.

Down on the floor, junior **Trevor Ashby** blocks the bowling alley at Des Moines Lanes, a favorite 'field trip' site for everyone.



by: Joe Kephart

"Are you ready to get started? Yes, we are. Are you ready to get started? Yes, we are. I said S, S-T, S-T-A-R-T, lets start. S, S-T, S-T-A-R-T, let's start." ♦ The East High cheerleaders were. During the summer the cheerleaders worked up a sweat getting ready for this year. They attended a

UCA (Universal Cheerleading Association) camp in Iowa City, and also practiced for two hours every Sunday in front of the school.

GIVE ME

an E • H • S

More than they seem

"The camp improved my skills and I learned a lot of new cheers. I also met new people. It was really fun, I'm glad that I had a chance to go," said sophomore **Michele Warnock**. "The best part was when we were camp champs." ♦ Even though they worked hard all summer, there was a lot of time for fun. "I had a lot of fun at practices when we split up into our squads to practice mounting," said sophomore **Jeni Grochala**. "My squad didn't have a flyer (someone who is on top when mounting) so we spent all practice trying to put all of us up." ♦ When some people hear the word cheerleader, they think of words like popular, pretty, loud, and even stuck up. But what is a cheerleader? According to the dictionary, cheering means to shout out loud in favor of a team. Cheerleading sponsor **Denise Rourke** said, "I think cheerleaders are more than just that. They not only cheer at games, they also represent the school in and out of their uniforms." Many of the cheerleaders agree with Rourke. But they also feel cheerleading is a lot of hard work. "Most people think cheerleading is easy," said freshman **Amanda Armintrout**, "but it is a lot harder than it looks. A person has to be flexible and want to work hard to be a good cheerleader." ♦ Not many people realize this, but cheerleaders have to be more than just outgoing. They have to be able to get a crowd on their feet to cheer for their team. "A great part of cheerleading is being able to get the crowd fired up for the game," said freshman **Stephanie Lowe**. ♦ Cheerleaders found many rewards in cheerleading. They found new friends, had a lot of fun and stayed physically fit. "I'm glad that I made cheerleading because I got to make a lot of new friends before school started," said Armintrout. ♦ Another great thing about being a cheerleader is the memories that will last a life time. "My favorite thing about being a cheerleader was all the great times, the friends, laughter and memories that I made throughout the year," said Grochala. ♦ It takes... it takes... it takes a little bit more to be an E-A-S-T... East High Cheerleader.

ast sophomore cheerleaders shake their pom-poms to get the crowd going. The crowd was especially packed thanks to the great weather.





Ligh-spirited sophomore cheerleaders **Jennie Grochala** and **Michelle Denning** show their school spirit out of uniform. This was their first year representing the EHS student body.

ast high freshman cheerleaders can always take time out to pose for the camera. They cheered the football team to a record of 1-8.



ast high sophomore cheerleaders, at far left, pose for the camera after the nail-biting loss to SE Polk. Freshman **Mandy Ulmer**, at near left, struts her stuff modeling homecoming dresses at Younkers in Valley West Mall.

by: Cheri Fenton

ten to fifth grade, it's practically a synonym for role model.

Outside of cheering and practicing, the varsity

Cheerleader. According to the Merriam-Webster Dictionary, it means "one that calls for and directs organized cheering." On the other hand, "cheerleader" is a word that means a myriad of different things to different people. ♦ To a certain group of 75-80 little girls from kindergar-

Cheering

'leaders'

promote school spirit

cheerleading squad, with help from some of the sophomore and freshman cheerleaders, put on a cheerleading clinic for young girls during the football season. The cheerleaders showed the girls some of the standard stretches and jumps, and then taught the girls a few chants that the girls performed during half-time of the East/Dowling football game on Saturday, October 9. The young girls weren't the only ones said to have had fun at the clinic, however. "It was as wonderful for the cheerleaders as it was for the girls," said cheerleading sponsor **Denise Rourke**. "The little girls looked up them and they really took that to heart." "It was kind of hard to teach the younger kids," said senior and varsity cheerleader **Amber Johnson**, "but it was very rewarding and was a lot of fun." ♦ While the cheerleaders did much of the work involved with teaching the girls some of the basics, a group of approximately 15 cheerleading moms worked in the background, ordering shirts for the girls and helping to set up the event. "We would have never in a million years pulled the clinic off without the help of the mothers," said Rourke. ♦ Besides the clinic, the cheerleaders had successes in other areas this year as well. Since the cheerleaders aren't issued a budget for their program by the school, they have to raise money themselves for the gear and uniforms the program requires them to have. Fundraising went well this year, as the cheerleaders raised approximately \$2,000 from their car wash over the summer and from passing out Cracker Jacks to customers at the Merle Hay Mall and Valley West Mall Youngers stores the day after Thanksgiving. "Passing out Cracker Jacks required us having to stand for a long time, but it was worth it," said junior and varsity cheerleader **Courtney Page**. "The car wash was great," said junior and varsity cheerleader **Krystal Pickett**. "I had fun standing on a milk crate and singing while I was rinsing the cars off." ♦ This year also saw changes made in the standards of the cheerleaders. Stricter regulations were made regarding the cheerleaders' grades and the use of drugs and alcohol. The squad had to manage their responsibilities regarding cheerleading while studying and staying clean. "I thought the new regulations were a good thing, because they keep us in line and we stay more focused," said Page. "We have very intelligent, responsible girls in the cheerleading program," said Rourke. "This year was our best year as far as keeping grades up." ♦ Overall, the last year was a pretty progressive and successful year for the cheerleaders. "I think that cheerleading at East has been a good program this year," said Page.

amp proved to be a good time for juniors **Krystal Pickett** (front), **Courtney Page** and senior **Sarah Dority**. Posing for pictures was a favorite activity while resting from cheering.





Caught in the middle of a cheer, senior **Jenny Edwards** looks toward the camera. Edwards was one of the five varsity cheerleaders performing during the winter season.

Laughing and smiling, the varsity cheerleaders surround senior **Tiffany Good** as she jumps out of a decorated box. This event preceded the squad's dance to the song "1999" at the Winter Assembly.



Crunching together, the girls pose for a quick pic during their stay at camp (left). Showing off their skills, the squad presents one of their many cheers at camp (top). The '99 camp was held at the Univ. of Iowa during the summer.

by: Jonna Eastcott

The East High dance team took a step in the right direction this year. Under new authority, the Steppers traveled from dance camp last summer to two Division I ratings at State. "I was hoping for an accomplishment like this, but I wasn't expecting it," said new sponsor **Melanie Cloud**.

◆ The Steppers practiced long hard hours for State, on an average of three days a week. They spent one and a half hours in the morning

Steppers

take a step

in the right direction

and two hours at night and occasionally threw in a Saturday afternoon. ◆ "It was really hard practicing in the mornings, but at State when they announced that we had gotten a Division I rating in both of our dances, all the hard early practices paid off," said sophomore **Amy Preas**. The Steppers performed to the songs "Man I Feel Like a Woman" by Shania Twain and "You Can Leave Your Hat On" by Tom Jones. ◆ The Steppers also used their practices to critique their dances for their performance at a Des Moines Dragons Basketball game. "The Dragons game was a total blast! It was a great experience and it also gave us a chance to see former Steppers," said sophomore **Kristen West**. ◆ Other performances included the Iowa State Fair Parade, football and basketball games and pep assemblies. "The parade was my first performance in front of a crowd so I was nervous, but the other girls helped me out a lot so I wasn't as scared," said freshman **Lynn Blake**.

◆ While Cloud couldn't always be around to help the girls out, "junior sponsor," **Lisa Gathercole** took charge. She made up the dances that the girls didn't already know from summer camp and helped critique them. "I've been dancing since I was three so it's not really hard for me to make up the dances in my head," said Gathercole. ◆ The Steppers' goal for next year is to get a placing at State. "I honestly think that we could accomplish getting a placing at State, but we are going to have to work harder than we ever have and it all will be worth it," said junior **Chris Olson**.

What's your favorite thing about Steppers?

"It gave me a rush to perform in front of an audience."

- Sophomore *Valerie Boland*

"Dancing is an outlet for my stress. It's my whole life."

- Junior *April Hiatt*

"We all get along and can pull together as a team."

- Junior *Andrea Cook*

"Not getting up at five in the morning!"

- Junior *Jessica Foreman*





he girls practice their whole dance at summer camp. The camp for the Steppers was held in East's cafeteria.

teppers perform at the homecoming pep rally to the school fight song. The rally was held the Wednesday before homecoming.



teppers Kerry Bloomquist and Valerie Boland, both sophomores, take time out of their busy day at State to take a snooze (above). The Steppers got two Division I ratings that day. At left, the squad marches in the Iowa State Fair Parade. This has become a tradition for them each year.

by: Jennifer Oliver

This year the Colorguard started off on a good note by receiving their new uniforms through the support and contributions from the Band Boosters and the East High Alumni. ♦ Along with the Colorguard, the band also acquired its new uniforms a few months later from the same support and contributions. "The new uniforms looked great and they gave us a new look," said junior **Alison Lowe**. ♦ The Colorguard

not only wore the new uniforms to all the home football games, but also to the

Smashing

new uniforms

give the Guard a new look

annual State Drill Team Competition. ♦ In the competition they performed a routine to the "Top Gun Theme" from the *Top Gun* soundtrack. "This routine was one of the hardest I have ever done in my three years of being on guard. It was still a fun and energetic routine to do," said junior **Wendy Bradford**. "I really liked doing this routine because it was hard and it challenged me to do it right. It also gave me more self-confidence," said junior **Megan Edwards**. ♦ To prepare for the state competition, the guard practiced an average of four hours a week including two hours on Sunday nights. "It was hard to be at school three or four days a week at six a.m. It was well worth it, though," said junior **Kellie Reuppel**. ♦ Many of the members believed that all the hard work paid off when they received a division I rating at State. "It was definitely worth all the time we put into this routine because it was difficult getting a division I rating when we were competing against so many other schools," said junior **Venessa Boland**. "It was a great feeling when they called our name." ♦ In addition to performing at all home football games, the Colorguard also performed at some of the home basketball games, along with the Steppers and Scarlet Dance Squad. "We perform a different song for the basketball games, usually a more energetic one because we can do more things on a basketball court than we can do on a football field," said junior **Daeneile Williams**. ♦ At the basketball games this year, the Colorguard performed to the song "Dub the Dice." "I like performing to this song because it was fun and we did some very motivating dance parts. It was kind of hard because this was my first year," said junior **Angie Davies**.



aving a little fun during a summer practice, juniors **Daeneile Williams** and **Erin Quigley** get together for a picture. The Colorguard practiced during the summer for the half-time show for home football games. They were taught the routines by choreographer **Tiffany Koenig**.





etting pumped up before the homecoming game, the Colorguard was anxious to perform that night. The band and Colorguard presented the homecoming king, queen, and court at half-time of the Homecoming game against North.

Leading fellow Colorguard members onto the floor is junior **Samantha McConnell**. McConnell was one of the many first year members to join as a junior. There were 12 juniors, one senior and one freshman on Colorguard this year.



Supporting their new uniforms, juniors **Alison Lowe**, and **Daeneile Williams** hang out with friend and baton twirler **Venessa Boland**. The Guard wore the uniforms to all the home football games, to the annual State Marching Band Competition in October and the State Drill Team Competition in December.

basics of Colorguard

Test your knowledge of the Colorguard basics

1. What is a drop spin?
2. What is a right slam?
3. What is an eggbeater?
4. What is the light show?
5. Who is the choreographer?

1. Vertical spin at the belly button. 2. Flag down at the right, in front of you. 3. Figure eight in front of you. 4. It's a performance at the homecoming assembly with glow in the dark lights. 5. Tiffany Koenig.

Lack and white was the chosen uniform for the Christmas assembly.

Outfits are a group decision. The squad danced to "Stay the Night" by Immature.



Lining up is part of the squad's routine while performing to "Vibrant Thing" by Q-Tip at the Homecoming assembly (above). At right, senior **Lynsie Thompson**, sophomores **Karrie Mathews**, **Jessica Davenport** and junior **Mandie Fife** sit on chairs during a routine choreographed to a song by Immature.



by: *Pon Thipyothin*

*L*ast spring sophomore **Valentina Gomez** ran into a member of the Scarlet Dance Squad (SDS) and was asked if she would like to join the team. "Before I can decide, I'll need more information about it," said Gomez. "One of the members told me it can be a fun

Did the *hard work pay off?* New uniforms, sponsor add spice

experience for me if I've never performed before." Gomez was not the only person that has been

asked the same question. This year many people were asked to join when the squad was told it needed to recruit young girls to join the squad next year. "We go out to middle schools every year and tell them about the SDS," said senior **Nicole Drayton**. "Usually we perform for the whole school in the auditorium/gym, so they can have an idea of what we do." ♦ The squad is recruiting young girls because every year the tradition seems to be that SDS tends to lose some of its members during the year. "We started the year with 18 members," said sophomore **Carolina Canas**, "Compared to previous years that is pretty big." More people wasn't all the squad is looking for. According to the group's new sponsor, **Joyce Brewton**, part of having a good team is for everyone be role models. They are expected to be attending practices/meetings, having a positive attitude, getting good grades in school, and being able to dance well. "I would like to encourage girls who aren't afraid of a large audience and who are willing to try-out," said Brewton. "It's very important that we all cooperate and work as a team." ♦ Along with having a new sponsor, the squad also received new uniforms which they worked hard for. "We sold frozen foods, such as pizza, for three weeks and raised enough money to buy the uniforms," said senior **Angela Gardner**. ♦ "Some of the money was spent on plaques and awards, which were given to each of the team members at the banquet last year." According to Drayton, the fund-raiser paid off because the uniforms were what she expected them to be. "The skirt is red and the shirt is white," she said. "I really liked it, because it's not a one-piece outfit like last year's." They squad was offer a chance to perform at wrestling meets for the first time. "Performing at wrestling meets was a fun experience because we had never performed in front of that type of crowd," said sophomore **Karrie Mathews**. "But I didn't like how we had to dance on the mats." Usually the squad would perform during half-time at football games, basketball games and assemblies. ♦ The different members also have their own favorites of where they like to perform. "I really like performing at basketball games," said junior **Dominique Francis**. "There are more people there to watch." Behind the crowds, the group practiced twice a week by a dance instructor/choreographer named, **Bo James**. The squad gathered to pick out songs and created a dance routine to go with the song said James. "It was my first year on the squad and I enjoyed it because we do a lot of fun things as a group, like picking out songs and dance steps," said senior **Lynsie Thompson**. "I would recommend those who are shy to give it a try."

*S*tanding in the parking lot of Veteran's Memorial Auditorium, juniors **Gabby Brewton**, **Dominique Francis** and **Liz Shrockongast** smile. They were watching the Steppers and Colorguard compete in a competition.



Ikay, so what's going on?
That is what sophomores **Johna Leverich** and **Savannah Wadsworth** ask junior **Brooke Nowadzky** while discussing changes in the blocking at a night rehearsal. At right sophomore **Troy Wacht** is "making a phone call" while performing a scene in the classroom.



Do you know your...

stage terminology?

- ◆ 1. Stage Right
- ◆ 2. Black out
- ◆ 3. Cue
- ◆ 4. Script
- ◆ 5. Curtain Call

- ◆ A. At the end of a performance when the actors take their bow.
- ◆ B. A signal in dialogue or for an actor's entrance.
- ◆ C. The lights go out to signal the end of a scene.
- ◆ D. The area to the actor's right.
- ◆ E. A copy of the text of a play.



by: Brooke Nowadsky

Imagine you are back in the 1940s. You are in Germany, Hitler is in power and both your family and friends are Jewish. ♦ That is what the Theater Arts class was asked to do for their play about the Holocaust, *I Never Saw Another Butterfly*. "Once you put yourself in the victims' shoes, it makes the whole situation much more real, and you wonder how a person could do that to another human being," said sophomore **Savannah Wadsworth**.

Behind the scenes of the fall play

♦ The play mostly took place in a Jewish work camp, but all the scenes were flashbacks from the lead character's memories. To

prepare for their performance the class had to watch actual footage of when the American soldiers went and rescued the people who had been taken to the death camps. "The video we had to watch showed people who were so skinny they looked like human skeletons, and it showed methods the Nazi's used to torture the victims," Wadsworth said. "That was something I could have lived without seeing." ♦ Another way they prepared was, to start night rehearsals two weeks prior to the play. "They really helped a lot because without them we never would have been ready to perform the play," said junior **Mike Wolf**. ♦ According to the actors, the class was very time-consuming. Most of the time the students would be at school until 10 p.m., sometimes as late as 10:45. "I know I was rarely home 24 hours in two weeks," said junior **Wendy Mehl**. ♦ With any play there are unexpected things that people have to work through. For instance, it was difficult for the class to pick a serious play because of the lack of male students. "I was expecting there to be more guys in the class, but when I got there I only saw two others so I tried to get more to join," said **Wolf**. Another thing they had to work around was none of the original light crew was in attendance on opening night. But you know what they say... the show must go on. "I think the play went really well considering the problems that we had," said **Mehl**. ♦ In addition to the fall play, Theater Arts students perform another play in the spring. The plays are the main focus for the class each semester.



ust calm down. That is what junior **Chrysta Bosley** is telling sophomore **Aimee Hankins** while senior **Kearstin Nichols** takes a snooze on the floor. Junior **Mike Wolf** and sophomore **Troy Wacht** look on. This was one of the many emotional scenes in the play.



irls just wanna have fun! Sophomores **Ellen Rothweiler**, **Savannah Wadsworth** and junior **Wendy Mehl** hang out after the play with a few students at Perkins to celebrate a job well done.



Concentrating like crazy?

The students in Academic Decathlon spent many hours after school studying for different contests and competitions they had throughout the year. The quotes below are how the kids felt after finding out that the team qualified for State.

"It was cool that we made it to State because I didn't think that we would and we scored better than I thought too."

1

Sophomore Jon Covalt

"I was really excited when I found out that we qualified to go to State, although I was disappointed because we didn't score as well as I thought we would."

2

Junior Brianna Frank

"I was glad that we made it to State because I was able to prove to our coach that we could do it."

3

Sophomore David Fuller

by: *Lou Ann Covalt*

Spending much of their time after school, the Academic Decathlon students study for the many "tests" that they may take. Decathlon is a club where students have individual competitive testing and are able to participate at local, state, or nation-wide contests. The tests they take cover topics from literature, math, music and history questions. Think the questions are easy? Here are a few which the kids have to know:

How much

do you know?

Take this quiz and test your knowledge

1. Which of the following is not a characteristic of Romanticism? ♦

- A. Emphasis on emotion
- B. Simple language
- C. Respect for common man
- D. Emphasis on order and symmetry

2. William Wordsworth's greatest autobiographical poem is called ♦

- A. Steamboats, Vias, and Railways
- B. The Prelude
- C. The Labyrinth
- D. One Foot in Eden

3. Which two nations have been responsible for 80% of the world's above ground nuclear explosions? ♦

- A. China and the United States
- B. The United Kingdom and France
- C. The United States

and the former Soviet Union ♦

D. The former Soviet Union and France

4. The earliest known aqueduct was built about ♦

- A. 700 B.C.
- B. 300 B.C.
- C. 900 A.D.
- D. 1500 A.D.

5. Ragtime refers to a style of music prevalent between ♦

- A. 1890s to 1920s
- B. 1920s to 1930s
- C. 1930s to 1940s
- D. 1940s to 1950s

6. What percent of industrial nations' organic garbage is re-used? ♦

- A. Forty
- B. Two

- C. Eleven
- D. Fifty

7. The blues refer to a style of popular song having ♦

- A. An 8 bar cord progression played in two 4 bar phrases
- B. A 12 bar cord progression played in four 3 bar phrases
- C. A 16 bar cord progression played in four 4 bar phrases
- D. None of the above.

8. Find the lateral surface area of a right cylinder with diameter of 24 ft. and height of 12 ft. ♦

- A. 432(3.14) ft. 2
- B. 216(3.14) ft. 2
- C. 360(3.14) ft. 2
- D. 720(3.14) ft. 2

E. 288(3.14) ft. 2

Answers: 1=D (Emphasis on order and symmetry), 2=B (The Prelude), 3=C (The United States and the former Soviet Union), 4=A (700 B.C.), 5=A (1890s to 1920s), 6=C (Eleven), 7=D (None of the Above), 8=E (288 ft.2). ♦

Note: This is just an example of the real test. The actual tests are much more complicated than this.



Sophomore **David Fuller** thinks about what to look up as he opens his book. At far left, junior **Anthony Ingrao** stares at the camera in disbelief. The students who participate in Academic Decathlon study many hours after school for the individual competitive tests which they take to compete with other schools.



At left, junior **Brianna Frank** and sophomore **Jon Covalt** talk and relax before they begin studying. Above, senior **Alan Hulsebus** opens his book to find out the answer to his question. Academic Decathlon worked hard this year to make it to State competitions.



by: Shauna Ryan

When somebody mentions the word "horizon" you usually picture a sunrise or a sunset. Well, here is another use. The New Horizons program was founded 30 years ago because students were having trouble gaining the experience they needed for a career from the part-time jobs that they had.

◆ Today, the program is still helping students plan their future careers and get through their high school lives.

"New Horizons is a work-based

The

sun is rising

on the New Horizons program

program designed to help students understand the importance of an education and how education plays an important role in the future," said career advisor **Fannie Wilson-Cunningham**. "The program was also designed to help students make a smooth transition from school to work." ◆ Many people have a range of feelings on the program and how it helped them.

"I think the program helped me a lot because it helped me to decide what career I wanted to choose for my future. It also gave me the strength and will power to go out and get a job rather than trying to find one by myself," said junior **Nicole West**. Seniors **Carmel Stewart** and **Tracy Mitchell** feel just about the same way. "I think the program has

been a big help because it helped me to expand my career choices beyond belief," said Stewart. "I liked the program because it let the students go at their own pace and nobody pressured the students," said Mitchell. "We all got to work at our own speed." ◆ Each of

the students had their own way of finding out about the program. "My mother told me about the program," said Stewart. "She said they had the program when she used to go to school, so I decided to check, and they still had it after all of those years." "I actually found out about it from my counselor Mr. Brian," said West. "He said it would be an advantage to me because I needed the half credit and it helped." Some found out about the program on their own. "I heard a little about the program, so I went to the bulletin board posted by

Mrs. Cunningham's room and found a job that I liked and I got into the program," said Mitchell. ◆ All of the students liked having the advisor there to help them along the way.

"I liked having Miss Wilson there to talk to because she inspired me to be the best that I could be," said Stewart. I liked having Mrs. Cunningham there because she was there to help me all of the times I needed her," said West. "She helped me plan my future." "I am committed to helping students gain the most they can in high school, so they are prepared for the future," said Wilson-Cunningham.

Senior Miriam Luna

searches for the right occupation with the help of the book *World of Work*. Luna wants to work in the computer technology area. Right. Sophomore **Jessica Nelson** is learning all she can about teaching. Nelson holds a part-time job at Hiatt assisting teachers, counselors and other support staff. Far right.



Photojournalist: Katie Hull



New Horizons & Success





'Shadows' are part of the 'horizon'

The New Horizons program kicked off the new millennium with a nation-wide Job Shadowing Day on February 2.

Over 50 of the program's students participated in the event. On that day the students followed an employee at a company location to learn about a particular occupation or industry.

"I liked doing the job shadowing project because I got to see all of the people doing the job that I could be doing in the near future," said senior **Nicole West**.

West is going to DMACC for two more years, and then for more years at Iowa State.

"I am going to attend school at Living Stone College in Baltimore, then I will go to Morgan State," said senior **Carmel Stewart**. "I plan on majoring in psychology because there are so many things that children don't know and need to know about."

The Job Shadowing Day helped students explore a range of career objectives and select a career major for the near future.

"The Job Shadowing Day is something we've done for the past few years, and we will probably continue doing it," said career advisor **Fannie Wilson-Cunningham**.

Junior, Quashonda Shield-Perrin worked at the State of Iowa Merit Employment Office. Shield-Perrin's plan for the future is to work in a business office.



SUCCESS is a 'success'

For the past 5 years, the Success program has become a big success with over 60 students in the program. "Anybody can join the program. The program is for the students and families who feel that they have had, or are having trouble at home," said Success advisor **Chaney Yeast**. "The students come in when they feel they should, or at least once a week."

Other counselors and therapists come from other schools to help the students in the program.

"If we feel that the students and families need more help than what we can give them, then we ask counselors from other parts of Des Moines to assist us in

helping that student and his/her family," said Yeast.

Many programs and clubs have events or activities that they participate in. Well this year, some of the students in Success took part in the Ragbrai event.

"In the event, the students bicycled through the different cities in Iowa, and explored different places that they had probably never seen before," said Yeast.

The program had some goals that it was hoping to accomplish over the year.

"One of the goals we wanted to accomplish was to help the students get better grades and to graduate," said Yeast. "I think we accomplished it."



At one of the EHS tailgating parties, several students show their school spirit. Tailgating is something new students began this year where they just hung out before games in the parking lot.

A volunteer parent whips up some of those juicy hamburgers, cheeseburgers and hotdogs we all love. The booster club sponsored the bonfire.



by: Heidi Bailey

Maggie Simpson wouldn't have found PTSA members standing behind the counters of the East High concession stands this year to give her a lollipop and soda. ♦ "We decided to give the duty back to the school," said PTSA President Peg Froehle. ♦ Booster Club secretary

Working

to 'boost' benefits

For students, athletics and academics

Twila Webb said that it was "hard work" and that different groups can now run the stands to make money for their

organization, sport, etc. ♦ The Booster Club and the Parent Teacher Student Association (PTSA) work to "boost" benefits for athletics and students. ♦ "The Boosters is an organization that supports athletics," said Webb. ♦ There is a parent from each sport involved in Booster Club working to make money for their sport through such things as AAU. ♦ "PTSA leans more towards the academics," said Froehle. ♦ That group consists of the board and a changing membership. A single membership costs five dollars and a family membership costs ten. The PTSA uses these membership dues for funding. There's anywhere from 40 to 50 members involved in PTSA and anyone can join at any time. Webb said approximately 20% of the members are active at any one time. ♦ Meetings are held the third Monday of every month. ♦ "The meetings are basically planning sessions of what we are going to do next to benefit the students," said Froehle. ♦ "We benefit the school by offering more activities to students and providing parental involvement," said Webb.

PTSA Officers

- President— Peg Froehle
- Vice-President— (Membership)
George Davis
- Vice-President— (Programs)
Dale VandeHaar
- Vice-President— (Fund Raising)
Kathy Kahler
- Vice-President— (Community
Affairs) Susan Griffiths
- Secretary— Susan Hook
- Treasure— Twila Webb



Helping out with the bonfire is the booster club serving some cool pop on a hot day. The concession stand money went towards different sports to help with expenses such as new uniforms and equipment.



by: Kelli Welker

This year's RIP students have been very motivating and helpful while traveling all around to Des Moines Public Schools. The group is designed to go to surrounding elementary schools and teach younger students to stay away from alcohol and tobacco by using self-motivating rock music.

◆ "It's cool to be a role model and it's a big energy booster to see the kids looking up to us," said senior Ashley Vitiritto.

◆ The group is

run by counselor Nancy Christy who has been in charge for four years. "I think teaching the children while having a great time and running a fun activity is a great way to let the children know not to use drugs," said Christy. ◆ The group runs rallies, events and holds

Christmas parties for needy children and their families. RIP also Marches in the Red Ribbon Parade which is a way for all surrounding schools to come together and help run the event. The parade is held yearly at Nollen Plaza in downtown Des Moines and hosted by Pat McManus. ◆ "I think going to the schools is a way for the children to see that you

don't need alcohol and drugs to have fun," said senior Jennie Carico. ◆ Some of the surrounding schools visited this year were McKee, Douglas, and Garton. ◆ "I would say the best thing about going to see the kids is how they follow you and look up to you," said junior Meghan Templeton.

Keeping

kids off drugs

Helping kids around the community

Junior Andy Graeve listens to kids at Garton who talk to him about drugs. At right, students from RIP take a minute from their speeches to pose. RIP traveled to McKee Elementary before Christmas break to let the kids know how to have a safe holiday.





S.O.D.A is a club that has been at East for two years. It stands for students "okay without drugs and alcohol."

It is a serious program which takes students and gets them together to do fun activities.

It's guided towards giving students things to do on weekends, by having fun, and being around positive role models.

"I really feel it helps people stay out of trouble and from going to parties," said senior **Phut Hoang Van**.

The group does fundraising throughout the year to help get money for activities, such as hayrack rides and pizza parties.

With it comes a serious responsibility to promote an awareness of drugs and alcohol and to have a support group where students can talk to someone.

SODA members begin to plan after school activities and get everyone in the group involved. Below, students at Garton Elementary listen and sing along to music that keeps kids off drugs.





VARSITY CHEERLEADING. Front Row: Stephanie Miller, Sarah Dority, Tiffany Good, Brooke Bennett, Jenny Edwards, Amber Johnson. Back Row: Bridget Davis, Jenny Moore, Tiffany Boggs, Tiffany Carey, Sheena Signs, Kelli Welker, Tigre Williamson. Not Pictured: Courtney Page, Krystal Pickett.

SOPHOMORE CHEERLEADING. Front Row: Stacy Smith, Amanda Kindred. Row 2: Jeni Grochala, Monica Woodard, Heather Schietzelt, Lindsey Latcham, Tifani Armintrout, Saighone Houansavanh. Back Row: Michele Warnock, Michelle Gazzo, Darcy Baker. Not Pictured: Kati Bainter, Michelle Denning, Cheri Fenton, Stephanie Stapes.



FRESHMAN CHEERLEADING. Front Row: Stephanie Lowe. Row 2: Ashely Tappan, Molly Fredericksen, Amy Heggen. Row 3: Michele Emery, Emily Brandt, Jessica Dyer. Back Row: Mandy Ulmer, Amanda Armintrout, Sarah Knotts. Not Pictured: Aimee Munoz, Ashely Munoz, Chelsea Pickett.

STEPPERS. Front Row: Ashleigh Dowell, Meghan Templeton, Melissa Khodai, Nickelle Stevens, Lisa Gathercole, Kari Warren, Brandi Reinig, April Hiatt. Row 2: Morgan Post, Melissa Beede, Amy Smith, Kristen West, Jessica Foreman, Christine Olson, Kerri Bloomquist. Back Row: Ginger Stevens, Andrea Cook, Dawn Ritchie, Amy Preas, Valerie Boland, Lynne Blake, Nikki Loftus, Amanda McNeley.



COLORGUARD. Front Row: Shawna McChurch, Wendy Bradford, Kellie Reuppel, Chasity Lee, Angie Davies, Jennifer Oliver. Row 2: Alison Lowe, Samantha McConnell, Megan Edwards, Tres Busby, Erin Quigley. Back Row: Daeneile Williams, Venessa Boland, Meghan Parsons.

SCARLET DANCE SQUAD. Front Row: Dominique Francis. Row 2: Lysie Thompson, Nicole Drayton, Tanesha Thompson. Row 3: Mandie Fife, Betty Jo McCarl, Carolina Canas, Allameshia Tiesman. Row 4: Jessica Davenport, Amanda Mitchell, Stephanie Rover, Karrie Mathews. Back Row: Angela Gardner, Shakeela Newsome, Liz Shreckengast, Tovoya Wortham, Gabby Brewton. Not Pictured: Leona Wortham, Teshe White.





TREBLE CHOIR. Front Row: Jamie Rousseau, Daenelle Williams, Casey Mikesell, Rebecca Watson, Heather Hildreth, Heather Miller, Brandi Reinig, Sarah Guhl, Samantha Trehy, Back Row: Jessica Sweet, Selena Reed, Jessica Terrazas, Alison Lowe, Marquita Jenkins, Dana VanHorn, Angela Bacon, Misty Frazier. Not Pictured: Elizabeth Dalton, Kristina Williams.

VOICE CLASS. Front Row: Cody Pfau, Tyrone Braggs. Back Row: Kira Campos-Anderson, Marquita Jenkins, Dana VanHorn, Lindsay Waltz, Hilary Waller, Jessica McClaskey.



CHAMBER CHOIR. Front Row: Amber Martineau, Misty Stanton, Alyssa Long, Chaya Franklin, Teresa Warnock, Emily Stokka, Linda Her. Row 2: Mark Standley, Chasity Lee, Wendy Bradford, Stephanie Rover, Amanda Webber, Krista Wicker. Row 3: Charles Lozano, Jaime Hill, Anna O'Brien, Erin Quigley, James Fox. Back Row: Austin Kayser, Angela Marlenee, Rhiannon Nagy, Kristi Mathis, Tres Busby, Jessica McClaskey, Daniel Williams. Not Pictured: Brian Jackson, Chad Lint, Clyde Copeland, Payton Petrie.

PREP CHOIR. Front Row: Kamaye Stewart, Zaida Canas, Nikesha McGregor, Danielle Reynolds, Ashley Knight, Amanda Byrnett, Laura Porter, Amy Nutt, Ashley Tappan, Molly Fredericksen, Amanda Lary. Row Two: Veronica Reed, Hector Sanchez, Adam Ezzio, Seth Conn, Danny Anderson, Justin Cason, Delynn Miller, Tiffany Holley, Elizabeth Briley, Danielle Smithart, Amanda Palmer. Back Row: Debra Wagner, Ashley Boffeli, Amber Phillips, Ross Hesselstine, Dustin Shandri, Scott Flaherty, Andrew Pebbles, Dean VanTassel, Danny Lint, James Karns, Cory Grimes, Joviell Maire, Janet Knapp, Danielle McConnell. Not Pictured: Danna Bronner, Julian Brown, Kira Campos-Anderson, Jonathon Conn, Brandy Hartman, Deanna Miller, Stephan Myers, Meghan Parsons, Tiffany Taylor.



MIXED CHOIR. Front Row: Jessica Payne, Amanda Newcomb, Rebecca Keddle, Kimberly Wagner, Christy Yenser, CarrieLynn Meek. Row Two: Tiffany Moore, Christina Yenser, Ashley Prock, Krista Kellen, Annie Prock, Cindy Easter. Back Row: Payton Petri, Robert Petefish, Christina Smith, Patsy Fredregill. Not Pictured: Kenneth Bass, Patsy Fredregill, Nickolas Frye, Robin Morris.



JAZZ CHOIR. Front Row: Tiffaney Moore, Anna O'Brien, Wendy Bradford. Back Row: James Fox, Ross Hesselstine, Dan Williams. Not Pictured: Austin Kayser Charles Lozano, Erin Quigley, Emily Stokka.



GOSPEL CHOIR. Front Row: Christina Lary, Kira Campos-Anderson, Kristen Reid. Row Two: Dean VanTassel, Sarah Ollie, James Fox, Debra Wagner. Back Row: Cindy Caylor, Andre Lottie, Kimberly Wagner. Not Pictured: Julonda Brown, Amber Phillips, Theresha Wagner.



SENIOR BOARD. Front Row: Lysie Thompson, Demitrus Diedrich, Mandy Reidburn, Tyechia Burgess, Jennifer Edwards, Lesley Olson, Kari Warren, Phut HoangVan. Row 2: Tiffany Oliver, Jennifer Blakeman, Nickelle Stevens, Brooke Bennett, Lisa Gathercole, Amy Griffiths, Amber Johnson, Stephanie Miller, Linda Her. Row 3: Miriam Luna, Julanda Brown, Angela Gardner, Stephen Kirkpatrick, Lindsey Gordon, Katie Voll, Heather Knight, Leah Tedder, Jason Davidson, Sarah Dority. Back Row: Emily Johnson, Nate Hibben, Ryan Nemmers, James Grasso, David Frost, Nathan Crooks, Christina Ackelson, BJ VanVleet, Jon Fick, Amy Hornocker, Dan Govoni, Cory Sonner.

NATIONAL COUNCIL OF YOUTH LEADERSHIP. Front Row: Silvia De La Cruz, Nicole Drayton, Jennifer Edwards, Jenni Flippo, David Frost, Michael Fuller, Lisa Gathercole, James Grasso, Amy Griffiths, Phut HoangVan, Emily Johnson, Nick Kraska, Sara Martineau, Ryan Nemmers, Lesley Olson, Cody Pfau, Emily Stokka.



LIBRARY AIDES. Pictured: Christina Leighton, Paphaphone Thipyothin, Mike Patrick. Not Pictured: Tara Baker, Mike DeMoss, Justin Fisher, Kjersten Harvey, Michelle Olson, Tony Sanders, Jessica Terrazas, Jose Dominguez.



LARGE GROUP CONTESTANTS (IHSSA). Rhi Nagy, Ellen Rothweiler, Rebecca Rodriguez. Not Pictured: Megan Daggett, Alfonso Mata, Shannon Petrie, Tyler Pinckney.

KIWANIANs.

Oct. — Nate Hibbens
Nov. — Emily Johnson
Dec. — Mike Fuller
Jan. — Silvia De La Cruz
Feb. — David Frost
Mar. — Katie Naset
Apr. — Ryan Nemmers
May — Cody Pfau
Lisa Gathercole



KNOWLEDGE/QUIZ BOWL. Front Row: Brianna Frank, Andrea Brockman, Adam Winn, Cody Pfau. Back Row: David Frost, Dan Govoni, Nate Hibben, Zach Peterson. Not Pictured: Alan Hulsebus, Anthony Ingrao, Katie Naset, Jon Covalt, David Fuller, April Boll, Angela Jones.



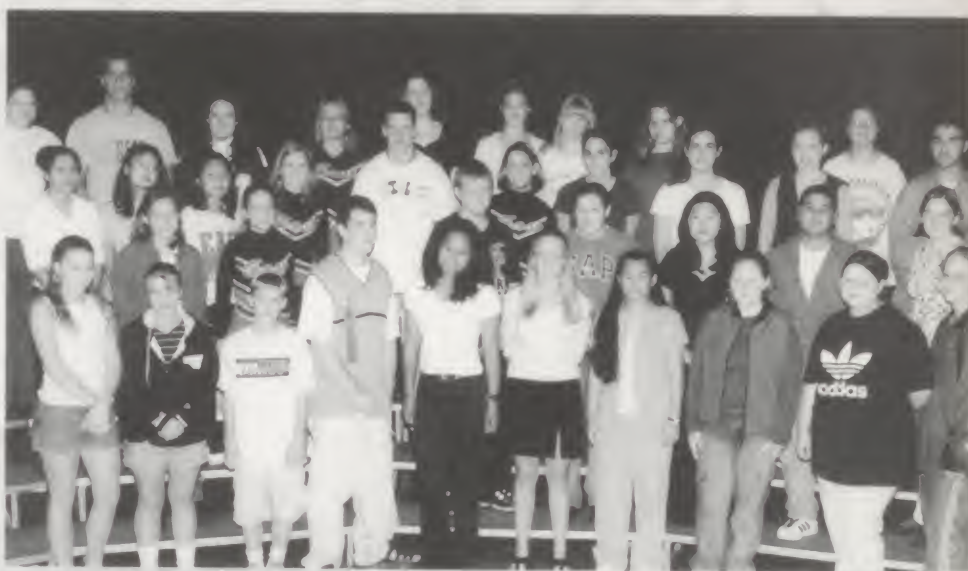
ACADEMIC DECATHLON. Front Row: Brianna Frank, Andrea Brockman, Cody Pfau. Back Row: Kevin Chapman, Heston Clark. Not Pictured: Alan Hulsebus, David Fuller, Jessica Dady, Anthony Ingrao, Jon Covalt, Vincent Gregory.





NATIONAL HONOR SOCIETY. Front Row: Nick Kraska, Lisa Gathercole, Andrea Cook, Nickelle Stevens, Lesley Olson, Laura Luce, Amy Griffiths. Row 2: Michael Fuller, Ryan Nemmers, Ryan Bernhardt, Linda Her, Vanessa Boland, Andrea Brockman, Sarah Benesh. Row 3: Ernesto De La Cruz, Silvia De La Cruz, Jennifer Carico, Phut HoangVan, Emily Johnson. Row 4: Nicole Slaughter, Ashley Vitiritto, Jennifer Edwards, Bethany Johnson, Leah Tedder, Heidi Bailey. Row 5: David Frost, Alan Hulsebus, Cody Pfau, Chris Bump, Anthony Antelman. Back Row: Rochelle Slaughter, Matt Breton, Krystal Pickett, Mary Froehle, Tiffany Carey. Not Pictured: Lou Ann Covalt, Katie Naset.

KEY CLUB. Front Row: April Fisher, Stephanie Lowe, Shawn Graham, Adam Regan (Vice-President), Leah Tedder (Co-President), Heidi Bailey, Phut HoangVan, Stacy Hester, Jessica Sweet (Secretary), Kelly Alshouse (Publicity). Row 2: Amanda Armintrout, Stacy Smith, Jon Van Syoc, Ashley Armstrong, Linda Her, Ernesto De La Cruz, Sarah Ollie. Row 3: Mone Kavan, Phitsami Songkham, Saiphone Houangsavan, Amanda Kindred, Aaron Hook, Jeni Grochala, Amy Hornocker, Beth Jones, Heather Knight, Jose Flores. Back Row: Meghan Jacobs, Jason Metheny, Amanda Todd, Monica Woodard, Kristi Mathis, Payton Petrie, Morgan Mohler, Sheena McGee, Becky Lee. Not Pictured: Tricia Wickersham, Nicole Houchin, Brooke Nowadzky, Nate Hibben, Daynelle Drayton, Nicole Drayton.



UPWARD BOUND. Front Row: Phut HoangVan, Bopha Mom, Tria Vang, Diana Calo, Jonna Eastcott. Row 2: Eric Lopez, Ernesto De La Cruz, Holly Buch, Ashley Armstrong. Row 3: Shakeela Newsome, Kendra Stephen, Jessica McClaskey, Tyechia Burgess. Back Row: Charles McFarland, Tony Grimm, Christon Jackson, Tingkham Kamvanh, Angela Moreno, Tiffany Roby. Not Pictured: Tres Busby, Clyde Copeland, Carmel Stewart, Tanna Tilley.



SCIENCE BOUND. Front Row: Ashli Taylor, Danielle Campos-Anderson, Kira Campos-Anderson, Alysshia Miller, James Fox, Silvia De La Cruz. Row 2: Annette Ryun, Sarah Ollie, Dante Haygood, Sarah Evans, Rosemary Duenas, Ernesto De La Cruz. Row 3: Alex Kelly, Amanda Botts, Hector Sanchez, Thomas Powell, Eric Lopez, Jose Flores, Angela Moreno, Noemy Carrasco.



ART CLUB. Front Row: Adam Davis, Crystal Cowles, Ross Hesselstine. Row 2: Casandra Killinger, Janna Dickey, Jessica Dady, Tessa Danielson. Not Pictured: Jacob Walker, Judy Leach, Jen Smith, Tony Antelmen, Kristine Williams.



FOREIGN EXCHANGE STUDENTS. Front Row: David Bayer, Ilka Schoettler, Peter Sahling.



PEP E CLUB BOARD. Front Row: Lyndsey Richardson, Amber Johnson, Amanda Edwards, Jennifer Moore, Stephanie Miller, Stacy Hester. Row 2: Stacy Smith, Sarah Martineau, Bridget Davis, Tifani Armintrout, Lindsey Latcham, Saiphone Houangsavanh, Krystal Pickett, Lacey DiMalo, Heather Hutchinson, Phut HoangVan, Linda Her, Bethdy Hoang, Emily Brandt. Row 3: Kerrin Baker, Karie Warren, Kati Bainter, Brooke Bennett, Mandy Reidburn, Lisa Gathercole, Jenny Edwards, Sarah Knottz, Valerie Blackford, Ashley Tappan, Heather Knight, Tori Punelli. Back Row: Nickelle Stevens, Lesley Olson, Shawn Head, Becky McAleavy, Amy Hornocker, Lindsey Bennett, Jenny Blakeman, Andrea Cook, Dawn Ritchie, Stacy Knight, Kelly Clark, ?, Michelle Emery, Michele Warnock, Michelle Easter.

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ROCK IN PREVENTION (RIP). Front: Tiffaney Moore, Cheyenne Thompson, James Fox, Phut HoangVan, Sarah Benesh, Kerry Bloomquist. Row 2: Mandy Reidburn, Tiffany Oliver, Andrew Graeve, Lisa Gathercole, Melissa Khodai, Nicole Lawrence, Amber Giles, Christine Olson, Valerie Boland. Row 3: Jesse Byers, Angela Bacon, Jessica Sweet, Rebecca McAleavy, Chaya Franklin, Sarah Evans, Cindy Caylor, Bridget Davis, Nicole Stocker. Back: Nate Hibben, Dan Williams, Peter Sahling, April Hiatt, Amber Soderbloom, Megan Templeton, Sara Westergaard. Not Pictured: Gabby Brewton, Jennie Carico, Jessica Foreman, Brittany Jones, Clint Nereim, Adam Ragan, Liz Schreckengast, Ashley Vitirito, Kim Wagner.



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PEOPLE PE. Front Row: Kim Kigar, Jenni Carico, Phut Hoang Van, Jessica Marino, Christina Western. Row 2: David Williams, James Fox, Wendy Bradford, Wendy Mehl. Back Row: Jack Weber, Ryan McDonald, Aimee Hankins, Stephen Kirkpatrick.

MIMES. Front Row: Lacy Etter, April LeClere, Jessica Nelson. Row 2: Ryan Sutherland, Nicole West, Amy Giddings, Jeff Heslop. Back Row: Shellique Thompson, Gabby Galbreath.



VARSITY DEBATE. Front Row: Tigre Williamson, Jasmine Reed, Nate Cox, Kristi Mathis. Not Pictured: Katie Murphy, Stacy Hester.



NOVICE DEBATE. Front Row: Tiffanney Moore, Alyssa Long, Ross Loving, Justin Bales. Not Pictured: Alex Roytam, Martin Schnackel.



SCROLL. Front Row: Misty Stanton, Jenni Grochala, Andrew Graeve, Melissa Khodai, Amber Johnson, Amy Griffiths. Row 2: Jason Williams, Kearstin Nichols, Jessica Kenney, Emily Johnson, Lindsay Taylor, Erin Warren, Sarah Benesh. Row 3: Charles McFarland, David Frost, Matt Breton, BJ VanVleet, Nate Hibben. Not Pictured: Andrea Cook, April Hiatt, Christine Olson.

QUILL. Front Row: LouAnn Covalt, Holly Buch, Joe Kephart. Row 2: Linda Her, Jennie Carico, Phut HoangVan, Pon Thipyothin, Josh Gerrietts. Row 3: Jonna Eastcott, Jennifer Oliver, Heidi Bailey, Kelli Welker. Row 4: Debbie Montis, Sarah Evans, Dan Williams, April LeClere, Jessica Bush, Melissa Mills, Shauna Ryan. Row 5: Shawna McChurch, Casey Mikesell, Ashley Vitiritto, Brooke Nowadzky, Nicole Lawrence. Not Pictured: Tiffany Roby, Cheri Fenton, Cheyenne Thompson.



PHOTOJOURNALISM. Front Row: Amber Giles, Katie Hull, Keon Sharp, Dawn Ritchie, Melissa Khodai. Back Row: Stuart Dalrymple, Lacey DiMaio, Lysie Thompson, Sheena Gray. Not Pictured: Sean Wall.



GRAPHIC TECH. Front Row: Mandy Reidburn, Amber Johnson, Krystal Pickett, Lacey DiMaio. Row 2: Eddie Rhodes, Stacie Schietzelt, Abby Oliver, Khi Khi Baker, Maria Herrera, Ryan Schuler. Back Row: Josh Babcock, Heather Robinson, Matt Lange, Justin Repplinger, Jessie Johnson. Not Pictured: Casey Baker, Christina Bennett, Matthew Blanker, Beau Dean, Michelle Denning, Balke Edwards, Jerry Holman, Heather Hutchinson, Danielle Kellis, Jessica King, Valerie Lamb, Brandy Lester, Becky McAleavey, Melissa McAleavey, Hugh McElvogue, John McPherson, Cindy Senaphansiri, Heang Sou, Jacob Stephens, Meghan Templeton, Jacob Walker, Nicole West, Sara Westergaard, Jennifer Williams, Richard Woodard.



MARCHING/CONCERT BAND. (Alphabetical): Kelly Alshouse, Chris Atkinson, Paul Augspurger, Vanessa Boland, Wendy Bradford, Nicole Brady, Tres Busby, Risa Cave, Jacob Cirksema, Robert Curtis, Angela Davies, Silvia De La Cruz, Megan Edwards, Benjamin Erickson, Michael Fagan, Kristina Farrell, James Fortune, Kathryn Freel, David Fuller, Rodger Gardner Jr., Aaron Giddings, Jenny Golden, John Greene, Mark Grimm, Amanda Grossman, Ashley Harding, Aaron Hazelwood, Nickolas Herrera, Christopher Hickman, Beth Anne Jones, Heather Jones, Alex Kelly, Jenelle Key, John Knox, David Kouang, Chasity Lee, Nicholas Leo, Lauretta Leverich, Eric Lopez, Andrea Lopez, Alison Lowe, Charles Lozano, Micaela Mallett, Angela Marlenee, Amber Martineau, Kimberly McCallister, Shawna McChurch, Samantha McConnell, Wendy Mehl, Jared Mendenhall, Polly Messenger, Patti Michael, Debbie Montis, Jim Moody, Zach Mortice, Katie Murphy, Stephanie Murray, Jabre Norwood, Jennifer Oliver, Meghan Parsons, Cassie Peterson, Christopher Phillips, Erin Quigley, Kelly Reuppel, Heather Roseberry, Travis Roseberry, Julie Samuelson, Shannon Scarlett, Courtney Schieffer, Martin Schnackel, Brad Shanahan, Marie Stanley, Emily Stokka, Steven Strock, Rachael Taggart, Betsy Vaquerano, Sean Wall, Delora White, Daeneile Williams, Alyssa Wilson.



JAZZ BAND. Front Row: Cassie Peterson, Paul Augspurger, Charles Lozano, David Kouang, Sean Wall, Nick Herrera. Row 2: Amber Martineau, Martin Schnackel, Erin Quigley, Ben Erickson, Heather Jones, Alex Kelly. Back Row: Zach Mortice, Nicholas Leo, Mark Grimm, Chris Hickman, Jared Mendenhall, Emily Stokka, Michael Fagen, Robert Curtis, Brad Shanahan.



ORCHESTRA. Front Row: Stephanie Carter, Becky Harkins, Francisco Luna, Emily Dillard, Jessica Richardson, Katie Hull, Mya Rounds, Shawna McChurch, Kira Campos-Anderson. Row 2: Rachel Edwards, Michelle Stanley, Fuech Vang, Jayme Wetzel, James Vance, Christina Lary, Amy Preas, Shannon Griffiths, Angela Vertz, Veronica Coe. Back Row: Amanda Botts, Katie Rogers, Mike Mendenhall, Josh Freel. Not Pictured: Darcy Baker, Andrea Brockman, Ianna Dickey, James Grasso, Emily Grover, Ashley Sample, Angela Tonsi, Amanda Webber.

Sports

IT'S all About the love of the **GAME**

by: Jennifer Oliver

Even though we may or may not win every game we play, the one thing we know is that we always have fun playing the game.

Parents and students are our biggest fans. When they take a night off from work and school work, we receive a lot of support from them. Support is a valuable factor in our lives and our future.

Students get involved in sports the most, either by being on the team or being there to watch the event. Team work and leadership is needed to be on the team and is something also needed for a job or career.

No matter if you get involved or are just there for support, you are a part of the team. One thing will always be clear — some things never change.



1952

A bond issue to build the new Williams Stadium was voted down. It was finally completed in 1954.

1953

East broke tradition by assigning the first girl cheerleaders. Before this, the squad consisted of mostly guys.

1954-55

The big gym and east wing's Industrial Arts classrooms were added. A reason they weren't built earlier was because the old pool was needed for that year's students.



1966

During this year the library and the south wing were built onto the main building.

1967

Des Moines Public School enrollment peaked at 46,561 students during this year.
(For 1999-2000, it's 32,193)

IMPROVING

by: Nicole Lawrence

Rapidly

East's JV football team is working its way up the ladder and improving the stats.

Success didn't come easy for the sophomores, it took a lot of hard work.

"We lifted weights and did a lot of running," said sophomore **David Marlene**. "It was hard to stay focused, but the coaching staff was a big help."

"We tried to work with the boys and encouraged them as much as we could," said coach **Mike Teale**.

Their hard work paid off in the end when they were ranked 2nd in the city.

"It's good to see East's football team start to improve," said sophomore **Gene Jewett**.

Although the freshmen didn't rank in the city, they showed some real potential.

"It was a young team," said coach **Ken Burgess**. "They had a lot of talent and I tried to help them use it."

"I really didn't know what I was doing when I first started," said freshman **Danny Lint**. "Toward the end, I really started to improve."

Although they didn't have many wins, they did beat North 34-14, which proved to be the highlight of the season.

"I was really excited," said freshman **Andrew Olson**. "We worked hard and deserved to win that game. Hopefully, it won't be the last game we win."



What's your
best Memory
of the Season?



Freshman players try to find an opening in Indianola's defense. They practiced their offense by splitting into groups and working on blocking and other offensive techniques.



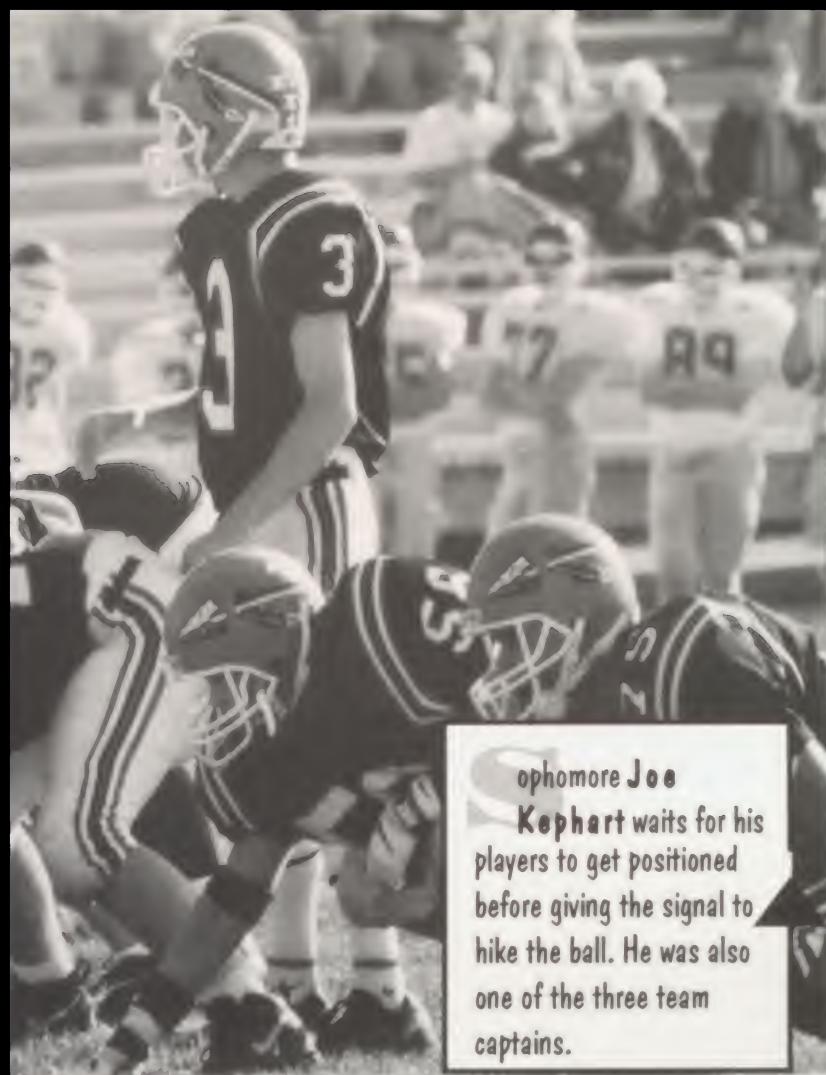
When I scored four touchdowns in one game against Roosevelt.

-Sophomore
Terry Rice



When we fifty-pointed North for the first time.

-Sophomore
Gene Jewett



Sophomore Joe Kephart waits for his players to get positioned before giving the signal to hike the ball. He was also one of the three team captains.

Metro		Overall
3-8		3-9
East	Opponent	
6	SE Polk	7
42	Lincoln	16
24	Ottumwa	34
40	Roosevelt	13
13	Hoover	34
0	Dowling	50
56	North	6
15	Indianola	27
38	Newton	50

SOPHOMORE

Metro		Overall
1-8		1-9
East	Opponent	
6	SE Polk	45
13	Lincoln	56
6	Ottumwa	46
6	Roosevelt	60
12	Hoover	66
20	Dowling	33
34	North	14
6	Indianola	49
35	Newton	73

FRESHMAN

Sophomore Darrah DeMareo cools off at the drinking fountain after a hard scrimmage. DeMareo was the quarterback and also a good runner.



Looking for an open man, freshman Danny Lint tries to find an opening while the offense holds back the opponent. At top, sophomore players come back to protect their quarterback against Dowling's defense.

FIGHTING

by: Lou Ann Covalt

You guys have to get stronger." The football players have risen to that call. They hit the weights the day after the '98 season ended and continued to do so all the way into this season.

"We just don't seem to have the strength that we need to be a conference threat quite yet," said senior captain **Nick Kraska**.

One thing the seniors did was take the juniors to the weight room and it started to show.

"If the juniors keep hitting the weights and working on the fundamentals of the game, they and a very talented sophomore class will do a lot of damage next year," said senior **Jabre Norwood**.

From time in the weight room, to the Wednesday practices in July, through the grueling two-a-day (two practices a day, one in the early morning and the other in the afternoon) of August, the East high football team gives up a lot.

"It takes a lot of time and commitment. The guys who want to succeed put in time in the weightroom and in the classroom. You have to have good

time management skills to do any sport," said junior **Mark Grimm**.

Even though they put in a lot of time and their record may not be impressive, the team still had heart to play. Most of the seniors have played together since their freshman year.

"I love football. It's given me memories that I will never forget, even our first game against Indianola our freshman year," said senior **James Grasso**.

When the football team did win, everyone had fun, including the fans. From the tailgating to the flag swinging, EHS pride was growing, no matter what. That in itself fired the players up.

"I was a regular member at the tailgate parties prior to the game. It pumps you up when the student section and the fans get into the game instead of leaving after the opening kickoff," said senior captain **Keon Sharp**.

"When the students would get their keys and rattle them on the kickoffs, you could tell they were into the game. It makes you play harder if you have something to work for," said junior **Kenny Paulding**.

Back



Junior **A. D. Ward** (#26) and senior **Keon Sharp** (#98) ran in pursuit of a pass verses Southeast Polk as senior **Mike Wyant** (#80) and senior **Tony Wharton** (#64) rush the passer.



The Scarlet fans enjoy watching the Friday night games at Williams Stadium. At the right, senior captain **Keon Sharp** got encouragement from Coach **David Frost** after a tough faught series.



Varsity

	Metro	Overall
	1-7	1-8
East	Opponent	
6	S. E. Polk	49
8	Lincoln	14
6	Ottumwa	55
7	Roosevelt	6
15	Hoover	19
0	Dowling	55
0	North	42
14	Indianola	47
6	S.C. North	33



The Scarlet defense
 listens to Coach Dan
 Sickles and Coach Tron
 England for instruction on
 the next series (left).
 Above, the players watch
 the game intently from the
 sidelines, waiting for their
 chance to get in.

RESULTS

Metro		Overall
10-5		12-6
34	Ames	19
27	Norwalk	49
48	Indianola	30
37	Newton	9
33	SE Polk	26
42	Lincoln	35
40	Ottumwa	45
51	Roosevelt	44
17	Dowling	43
66	North	31
59	Indianola	51
36	SE Polk	65
34	Lincoln	50
42	Roosevelt	37
31	Hoover	17
47	Hoover	9
27	Dowling	69
66	North	16

and in, around the rim, sink it in. Shooting layups was a key part to helping the team come back with a 10-11 season. The squad ended the year with 9 sophomores.

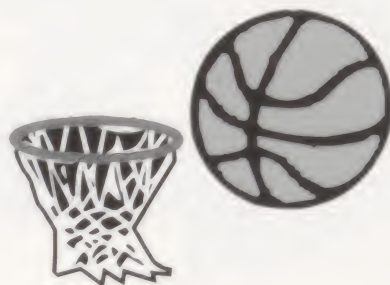


SOPHOMORES

Metro		Overall
7-9		10-11
37	Ames	56
26	Norwalk	30
34	Indianola	29
51	Newton	48
29	SE Polk	46
28	Lincoln	65
31	Ottumwa	50
46	Roosevelt	38
36	Hoover	25
29	Dowling	33
45	Nevada	21
32	Indianola	45
33	North	22
32	SE Polk	58
38	Lincoln	47
39	Ottumwa	33
43	Oskaloosa	36
22	Roosevelt	38
34	Hoover	23
37	Dowling	53
42	North	21



After being fouled, a sophomore steps up to the free throw line. Teammates get into position as they cheer her on and try to rebound the shot.





After being fouled, an EHS freshman uses a lot of her strength and effort to try and get the last basket in as the buzzer ends. The freshman girls practiced weekdays from 3 to 5 p.m.

AROUND

by: Kelli Welker

The Rim

Being out on the court isn't as easy as it looks. The ninth and tenth grade girls put a lot of hard work and effort behind their chosen sport of basketball.

"I think it takes a lot of patience and dedication to stick with it," said sophomore **Stacey Carlos**.

The team doesn't just work on layups and three pointers. The squad practices on teamwork, shooting and dribbling skills, defense and working together as one.

"After the sophomores beat Ottumwa they found out if they wanted to win they could turn the season around. Then we ended up with a 10-11 record," said Coach **Lowell Long**.

Long has been coaching the girls for six years and has coached overall for ten.

The teams practice weekdays after school from 3 to 5 p.m. The freshman squad consisted of 13 girls and nine sophomores.

Debbie VanVelzen, coach of the freshmen for four years, said, "It really takes a desire to want to play ball. We had a great season with an 11-7 win and a great group of girls to work with."

Games were held on Tuesdays and Thursdays at five. The girls had a lot of energy and helped to cheer on each other.

"We really worked together to make our plays better and getting everyone pumped up," said Carlos.

"There is a lot of competition out there and it really makes a difference when working on the team's attitude and determination," said Long.



WITH BROKE THAT?

A. I broke the career three-point record.

B. I broke the career assists record and the career steals record.

C. I broke the career blocks record.

Metro 8-8		Overall 12-10
East	Opponent	
39	Ames	58
39	Norwalk	43
53	Indianola	55
66	Newton	37
44	SE Polk	50
56	Lincoln	55
39	Ottumwa	49
55	Roosevelt	32
53	Hoover	45
46	Dowling	53
40	Nevada	34
52	Indianola	60
61	North	46
52	SE Polk	64
51	Lincoln	71
48	Ottumwa	52
59	Oskaloosa	57
51	Roosevelt	27
53	Hoover	51
29	Dowling	59
53	North	35
53	Ames	44

CIML Standing — 5th Place



The girls play an intense game against Lincoln. They won the first game they played against Lincoln by one point.



Above, sophomore Lindsay Steele waits for a rebound from a penalty shot. At right, the Scarlets show their spirit by doing a team cheer before a game.



GIRLS SCORE

by: Daniel Williams

with new season



Three seconds left on the game clock. The Scarlets are down by two. Senior **Tiffany Oliver** has the ball at the three point line. One second left on the clock. She shoots and the ball hangs in the air for what seems like forever. Swish. The Scarlets win the game. Even though this may not have happened, many of the games were just as intense.

"Some of the games were pretty intense but none of them were as intense as our last game," said senior **Lindsey Hews**. "Although some of our games were intense we still had fun."

Through all the intense plays and practices, memories will always remain with the players and the coach.

"The hardest thing for a coach to do is let go of his seniors. Over the years that the players play, the coach and players develop a relationship," said head coach **George Davis**. "I would like to think I played a role in their life because they played a role in mine."



Many records were broken by seniors this year with the help of practice. Senior **Jackie Beener** broke the career assists record and career steals record. Senior **Jessica Jordan** broke the career blocks record, and **Oliver** broke the career three points record. When **Oliver** went past the career three points record they gave her

the game ball. They also gave **Jordan** the game ball after she broke the career blocks record.

"I felt really proud of the girls when they broke the records. I have known them since seventh grade and I think they deserved it because of all the hard work they put into it," said **Davis**. "It made me really proud because they have been in the program so long. I am really proud of them as a team, but I am extremely happy with them as students."

"We have played together since we were twelve," said senior **Amy Hornocker**. "I played for **Hiatt** in middle school, but I also played for the **Scarlet League**."

Even though the girls have played for a while, classes must be passed in order to play. District policy requires that sports team members pass a minimum of four classes, but **Davis** has different requirements.

"The district requires that my players pass at least four classes but I think they can do better than that," said **Davis**. "I don't expect them to have straight A's, but they should do the best they can in each class. If I talk to a teacher about a girl who is failing a class and they say her attitude isn't good, she won't play for me. If a girl is failing because she doesn't understand the class that well but her attitude is good, she will play."

FRISHTAT

Metro 10-12		Metro 10-12
East	Opponent	
58	SE Polk	47
35	Ft. Dodge	39
49	Ames	62
78	Lincoln	34
49	Ottumwa	47
27	Hoover	54
51	Dowling	79
50	North	55
45	Indianola	52
66	SE Polk	28
57	Roosevelt	54
39	Indianola	64
62	Lincoln	36
67	Roosevelt	63
41	Hoover	75
44	Dowling	68
65	North	45



FRONTHOS

Metro 11-5		Metro 12-7
East	Opponent	
43	Ft. Dodge	46
54	Ames	64
70	SE Polk	78
64	Lincoln	45
92	Ottumwa	69
50	Roosevelt	42
80	Hoover	59
43	Dowling	71
45	Indianola	43
76	North	52
68	SE Polk	78
83	Lincoln	39
63	Ottumwa	52
68	Roosevelt	80
68	Hoover	67
50	Dowling	72
66	North	59
71	Indianola	69
85	Newton	84



Following through on his shot, team captain and freshman **Jeff Zelenovich** shoots a free throw in a game against North.



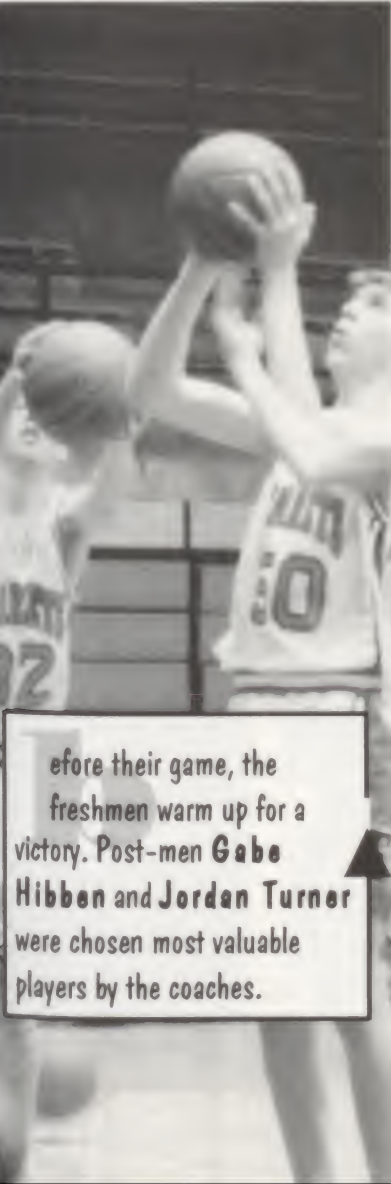
WINNING

by: Joe Kephart

isn't everything



he freshman boys b-ball squad huddles up during a time out. They went on to beat North, 55-50. A later season match-up ended in a 75-65 loss.



efore their game, the freshmen warm up for a victory. Post-men **Gabe Hibben** and **Jordan Turner** were chosen most valuable players by the coaches.

Winning isn't the only thing, it's everything." Well, for the freshman and sophomore boys basketball teams, that's not the case. They had one goal in mind, to become well-disciplined teams. Both teams tried to the best of their ability to try and reach that goal.

With this their main goal, the teams could concentrate on more important things than just winning. They could concentrate on things like shooting and dribbling.

"I think it is more important for us to work on our shooting and dribbling skills, before we even think about winning," said freshman **Jordan Turner**.

Coach **Andy Howard** believes that freshman and sophomore years are just stepping stones for varsity. This is where they learn all the things that it takes to be a varsity basketball player.

"The idea is to get the players ready enough for varsity, for when they are juniors and seniors," said Coach Howard.

The freshman team sure excelled in their goal this year. Even though their record didn't show it all that well, they did a great job of working as a team. Their combined record was **16-16**.

"The combined team record was just fine," said **Coach Hoff**. "Our main objective was to learn new things and to be able to use

what we learned in the games."

For this year's freshman team, it wasn't much of a problem to learn new plays and to be able to use them right. Both coaches **Hoff** and **Mike Teal** said they believe that this group of kids was the most coachable group they have ever coached.

It was a whole other story for the sophomores. The coaches felt the team needed to focus and bear down more during practices.

"Even though this is one of the most all-around talented group of kids I have ever coached, they still somehow find it hard to win," said **Coach Brian Luft**.

The final record was an improvement over last year's record, yet their record was still not up to the team's standards.

Player **Brandon Snitker** said, "For the team to reach their goal next year, they are going have to become a lot more disciplined."

"You can expect nothing but great things out of these two teams in the next few years," said Coach Luft.

Many believe that conference championships are in the near future.

"But before we can become anywhere near championship caliber, we have to become better disciplined and have to start playing even better together than what we do now," said Coach Howard.

GAME BY GAME

by: Sarah Evans

All the way...

As the end of each girls varsity basketball game approached, the boys often waited patiently in the locker room, listening to the familiar sound of the team's anthem, "Adrenaline Rush" by Twista.

"Before every game I would bring Twista and listen to that song," said junior **Richard Lewis**. "Pretty soon the whole team got hyped up about listening to it, that's how it became our team's anthem."

Before every game senior **Huck Jackson** pours his 'Holy Water' onto the rest of the team for good luck.

"I know my 'Holy Water' is only regular bottled water," said Jackson, "but I feel it gives us goodluck!"

These rituals may seem funny and weird, but they boosted the team's spirit and got them hyped for games.

Good luck was definitely in the air during the game against Ottumwa.

"I could not believe it when I broke the three-point record, I made eight three-pointers in one

game," said senior **Bryon Boggs**.

Boggs was not the only one breaking new records during that game.

"I couldn't believe my free-throw shooting average," said Jackson. "I was 16-16 breaking the record set by Chris Standley by two points."

These remarkable accomplishments led to a 78-63 win against Ottumwa.

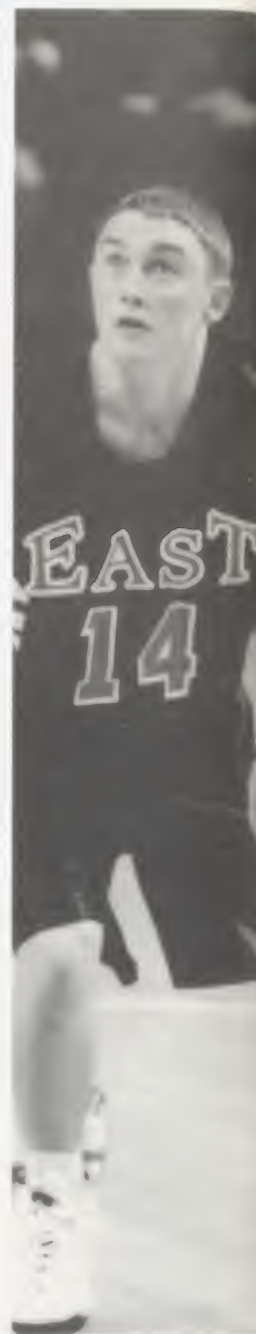
Although there were a lot of ups, there were also some downs to the season.

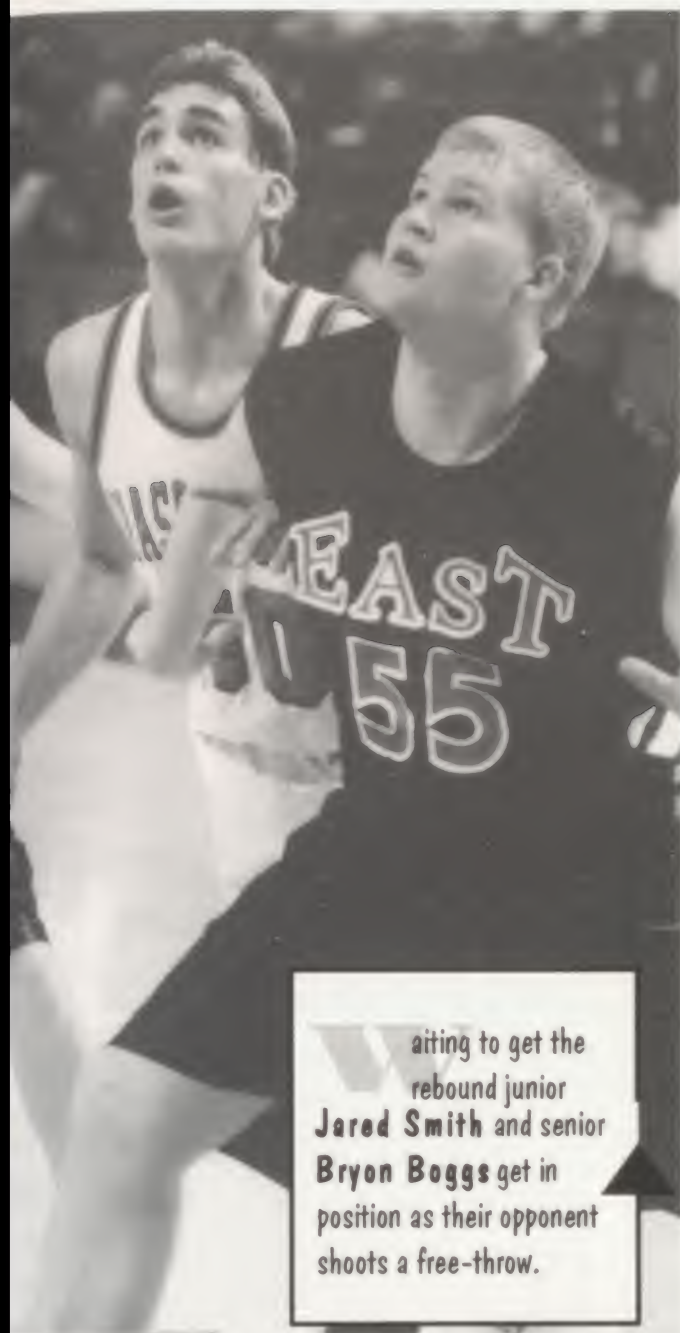
"Even though we did not all get along, we tried to keep our problems in the locker room and not allow them to get in the way of our playing," said senior **Nate Hibben**.

"If the team wants to keep winning and make it to State," said Coach **Andy Howard**, "next year, they are going to have to work together more and try to improve their attitude."

"My hopes for next year is that we have more team spirit and play more as a team," said junior **Jermon Stokes**. "If we accomplish this I am sure that we will make it all the way."

At near right, senior **Keon Sharp** shoots hoping to make the first basket of the game against Roosevelt. At far right, Sharp waits to rebound one of his teammate's shots.





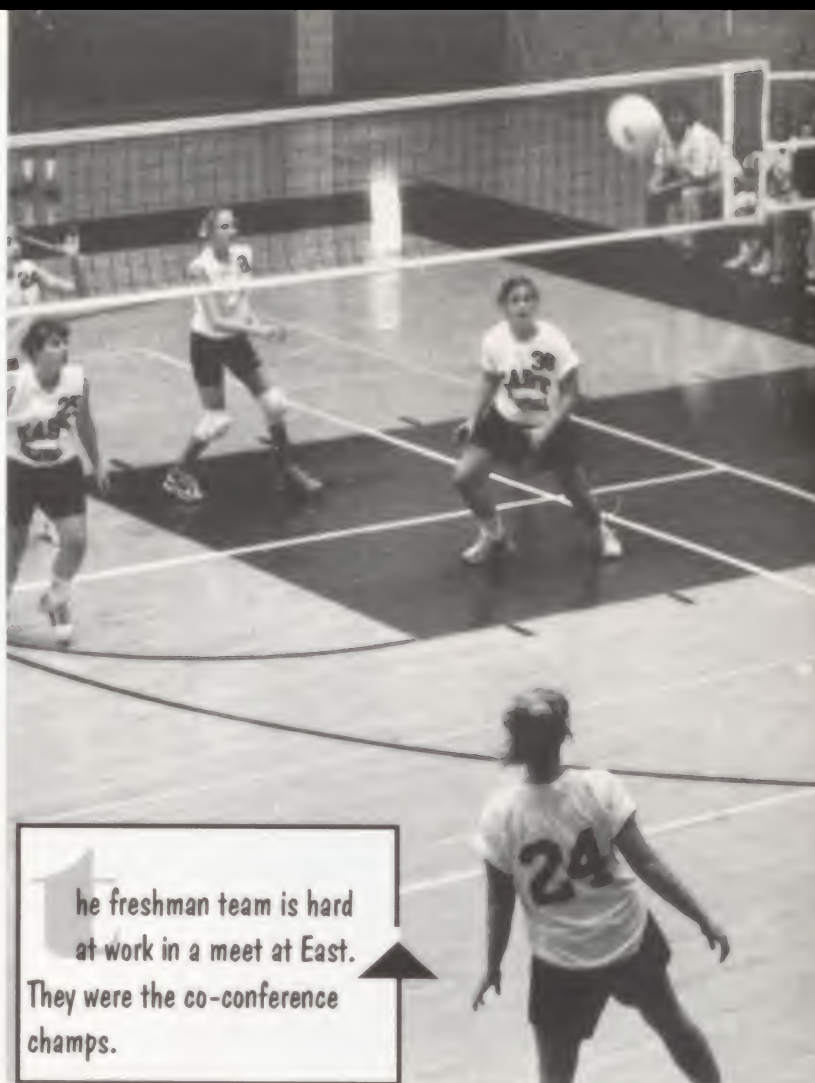
Waiting to get the rebound junior **Jared Smith** and senior **Bryon Boggs** get in position as their opponent shoots a free-throw.

Metro 7-9		Overall 8-11	
East	Opponent		
53	Ft. Dodge	58	
54	Ames	62	
67	SE Polk	91	
55	DM Lincoln	81	
78	Ottumwa	63	
40	Roosevelt	41	
62	Hoover	59	
40	Dowling	48	
45	Indianola	72	
79	North	52	
57	SE Polk	64	
61	Lincoln	72	
65	Ottumwa	55	
70	Roosevelt	66	
73	Hoover	58	
59	Dowling	73	
76	North	57	
47	Indianola	72	
93	Newton	59	



Being the tallest guy on the team, senior **Nate Hibben** gets the advantage of tipping the ball at the start of the game.

freshmen Brandy Budd, Ashley Munoz, Chelsea Pickett and Jayme Watzel work together. Practice on teamwork is required to succeed since the players can't communicate on the court.



he freshman team is hard at work in a meet at East. They were the co-conference champs.

FRESHMANS	Metro 2-0-9		Overall 2-0-10
	East	Opponent	
	1	S.E. Polk	2
	1	Lincoln	2
	2	Ottumwa	0
	1	Roosevelt	2
	2	Hoover	1
	0	Dowling	2
	0	Ottumwa	2
	0	Ames	2
	0	Valley	2
	0	Ankeny	2
	0	Roosevelt	2
	0	Indianola	2

JUNIORS	Metro 13-2-3		Overall 15-4-5
	East	Opponent	
	2	S.E. Polk	1
	2	Lincoln	0
	0	Indianola	2
	1	Ottumwa	1
	1	Roosevelt	1
	2	Lincoln	0
	0	Winterset	2
	0	Ankeny	2
	2	Ottumwa	1
	2	Roosevelt	0
	1	Grandview Park	1
		Baptist	
	2	Perry	0
	2	Norwalk	0
	1	Nevada	1
	2	Ankeny	0
	2	North	1
	1	Dowling	2
	2	Indianola	0
	2	North	0
	2	Lincoln	0
	2	Hoover	0
	0	Ankeny	2
	2	Indianola	1

DOING WHATEVER

by: Heidi Bailey

It Takes

In the office of Athletic Director **Gary Rourke** sits a plaque stating that the 1999-2000 freshman volleyball team came in second place in the Lincoln tournament. Each of the proud 11 players have a medal.

"In the Lincoln tournament we were 6-1," said freshman coach **Mary Decker**. "The girls beat every team except Dowling."

Not only did the freshmen come in second place in the Lincoln tournament, they were also co-conference champs. They tied with Indianola

The sophomore team may not have had as great a turnout as the freshmen, but that doesn't mean they didn't work just as hard.

"People underestimate the skills and hard work it takes to play volleyball," said freshman **Crystal Smith**.

"When in a game, you can't communicate with the other players," said freshman **Aimee Munoz**.

Both teams practiced every day after school. Sophomore **Courtney Schieffer** said that they worked on their "struggling parts" in order to make themselves better.

Smith said that the freshmen did serving drills and run-throughs, "a drill in which you have to practice reading the player's stance to determine how they are going to hit the ball over."

Both teams and their coaches believe that they have improved greatly over the year.

"A highlight of the year would have to be that the second week we played Indianola, we only scored three points. In the last match we beat them two games to one," said Decker.

"This year, I was coming right out

of junior high and I thought I would play all of the time. I didn't, but being able to sit and watch the other players really helped me improve how I play," said freshman **Danielle Campos-Anderson**.

"This year we had to be more aggressive and had to work much harder in order to win, unlike volleyball in middle school," said freshman **Ashley Munoz**. She said that aggression and good strategies are the key to winning.

Players and coaches on both teams agree that a player also has to focus, concentrate and, most important, play with the team.

Sophomore **Kacie Westlake** said, "At the beginning of the year, people didn't know each other that well. We had new players and everyone separated. By the end of the season, though, we had all come together and gotten to know one another. As a result, we played better together as a team."

This year the sophomore team had a new coach, **Kathy Erickson**, gym teacher at Hoyt.

"After every game coach had us look over our stats and see how we needed to improve," said sophomore **Shannon Scarlett**.

Almost every player would say they had a blast this year.

"We may have lost the tournament," said sophomore **Chantal LeFleur**, "but at least we had fun. I guess the only downfall to the whole season was when we realized it was over. I hope everyone plays again next year."

"The girls were willing to do whatever it took. They were willing to make sacrifices and they worked very hard. Their main goal was to win as many games as possible," said Decker.



Sophomore **Nicole King** assists a teammate. A player must always be prepared in volleyball and ready to back up the other players.

Set it up

SPIKE IT OVER

by: Kelli Welker

tarting out with five straight victories, the volleyball team showed it was to be a year with many changes. Among these changes were new players and new varsity uniforms which got picked every year. There was also a new varsity coach, **Lizz Baethke**.

"The coaches were there to support the team and correct us when we were doing something wrong. They encouraged the team to hustle, but only to make the players better," said junior **Krystal Pickett**.

The team practiced Monday through Friday from 3:15 until 5:15 p.m. The only exceptions were the days of the games.

Volleyball has more to it than spikes, bumps and sets. It takes a lot of teamwork and dedication. Along with the intense practices, the team

ran line sprints and lifted every day. The team would also have to run hard, non-stop drills if they didn't play together as a team.

Junior **Courtney Page** said, "I liked playing on the varsity team. Everyone was friends and got along. It was a great opportunity playing for such a respected program."

Team co-captains were juniors **Michelle State**, **Krystal Pickett** and **Courtney Page**.

"One of the funniest moments was when senior **Jackie Beener** played without her front teeth because they were knocked out and the reactions from the other players," said senior **Amy Hornocker**. "Tiffany Oliver was also there to keep us laughing."

In an attempt to get the ball, senior **Mandy Reidburn** gets down to bump the volleyball. During practice the squad ran line sprints and non-stop drills. Also, they played fun games to get the team ready for a game.





The JV team members work together on setting up a play to help their teammate set. The squad had made strategies to determine which plays to use throughout the games. The squad was made up of 10 members.



Varsity team members huddle together to get spirit and teamwork involved. This helped the team show more unity.

VARSITY

Metro 6-2		
East		Opponent
15, 6, 15, 15	SE Polk	6, 15, 6, 8
15, 15, 15	Lincoln	11, 5, 13
15, 16, 7, 15	Ottumwa	6, 14, 15, 10
15, 15, 15	Roosevelt	8, 8, 7
15, 15, 15	Hoover	3, 2, 1
5, 15, 8, 9	Dowling	15, 5, 15, 15
15, 15, 15	North	3, 5, 6
6, 7, 7	Indianola	15, 15, 15

JUNIOR VARSITY

Metro 7-17		
East		Overall 7-17 Opponent
8	Lincoln	15
4	Lincoln	15
15	Ottumwa	9
2	Ottumwa	15
10	Ottumwa	15
5	Roosevelt	15
12	Roosevelt	15
15	Hoover	6
15	Hoover	9
15	Dowling	4
15	Dowling	13
15	North	7
15	North	5
7	Indianola	15
5	Indianola	15
4	SE Polk	15
12	SE Polk	15

by: Shauna Ryan
Tension Crowds

Dancing!

What do they all have in common? *EHS Breakdancers*

The East High breakdancers broke their way into the year by performing at the homecoming assembly in October.

"Before you perform there's always that nervous feeling you have," said junior **Kong Lee**. "There's the fear of hurting yourself, too."

Junior **Terry Vang** has his own feelings about how he feels before he performs.

"Before I go to perform I get really excited. The crowd really hypes you up," said Vang.

Vang isn't the only one getting excited, Lee and the others also share the feeling of getting hyped up by the crowd.

"When you're out there doing your thing, listening to the crowd screaming and watching the other guys perform is what hypes me up the most. It gives me a good feeling too," said Lee.

Both of these guys basically have the same feelings about the type of music they like to perform to.

"The best music to breakdance to would probably be something with techno," said Vang. "It has a better beat."

Most people don't know it, but there are actually two different groups of breakdancers who perform. The concept of starting the breakdancing groups was formed out of town.

"I never really cared about breakdancing, but when I went out of town one time, and I saw people doing it, I thought it was pretty cool," said Lee. "When I got home I bought some tapes of people breakdancing, and I tried to imitate the moves."

Lee has been breakdancing for about three years now and a group has been formed.

However, the breakdancing group has slimmed down from its original number.

"Of the original breakdancers in my group there are only four of them who are still doing it, but there are always more people coming up to me and telling me that they would like to perform with us," said Lee.

Out of all of the breakdancers at school, the guys don't really know who would be the best dancer.

"I think we're all good at it because we all have our own different styles," said Lee.

The breakdancers don't seem to think that the dancing they do will still be around in the future.

"I doubt that once we leave high school the breakdancers will still be around," said Lee. "I would like to be able to say that I started something that will still be going strong, but it actually depends on the other people."

Vang says that the guys don't really know what the future plans are for the break-dancers.

"Some of us competed in a dance competition that Miss Gaines told us about, it was pretty fun, but other than that, we don't really know where all of this is going," said Vang.

The guys say being able to breakdance isn't all that cool at times.

"What can really get on your nerves sometimes is that people come up to you and ask you to teach them how to breakdance, but you can't teach them," said Lee.

"Breakdancing is not something you can teach, it's something you have to teach yourself and learn on your own," said Vang.



Junior does his thing out on the dance floor by performing the "robot" (left). Junior **Terry Vang** and Popeye think of what to do for their next move (bottom left).

- Top Ten Moves of Breakdancing*
1. Windmill
 2. Flare
 3. Headspin
 4. Cricket
 5. Tommy Jack
 6. Kalo
 7. UFO
 8. 90
 9. Up Rock
 10. Skittles



Strutting his stuff on the gym floor, Junior, performs at the homecoming assembly in October (top left). Popeye prepares to make the girls go wild with his own unique moves (top right).

AND DEDICATION

by: *Jonna Eastcott*

Sacrifices

Imagine yourself in a room of 105 degrees. You're wearing sweats, gloves, a winter hat and anything else that keeps you warm. Imagine running around doing conditioning drills and wrestling with someone to see who is the best. Imagine doing this Monday through Friday from 3 to 5 p.m. This may seem a bit extreme to some people, but that is an everyday routine for wrestlers.

"It is definitely one of the hardest sports that I know of because we put so much strain on our bodies to get ourselves in condition for our wrestling meets," said sophomore **Jeremy Vertz**.

Being a wrestler takes a lot of hard work and endurance. It can even take over a person's life for the season. Some wrestlers feel that they put off their social life of friends, dating, partying and even their personal life just so they can give the best performance possible.

"I have a daughter that I don't get to see until Sundays because I'm so busy with my practices and meets," said senior **Rocky Dhabolt**.

Many people thought that the wrestling program was going to go down because the team lost so many outstanding seniors last year, but the underclassmen had

a surprise in store for all the fans.

"I believe that our underclassmen shocked a lot of people by stepping up to the challenge of replacing the spots of our graduates and they have done a remarkable job at it," said head coach **Larry Jackson**.

The wrestlers had many great accomplishments of the season. They took second place at the Roosevelt Dual and they took 5th place in the CIML conference.

"At the Roosevelt Dual we were there from 9 a.m. to 5 p.m. It was a great team effort and I think it was the most exciting meet that I have ever been to. If the team hadn't pulled together like they did and put all their heart into the match, then we would have lost," said junior **Nick Piper**.

Though they can't always fill the weight classes up and have to forfeit an occasional match, the coaches are very impressed with the unity the team has shown and the great leadership by the captains of this year: **Rocky Dhabolt**, **Josh Taha** and **Todd Morris**.

"Being a captain to me means that I have to show a huge amount of leadership to the other members on the team and help keep a serious atmosphere so we can give it our all," said senior **Josh Taha**.





Senior **Rocky Dhabolt** tries to take down his opponent. Dhabolt finished his season with a 34-4 record and went to State.



Senior **Tim Crowder** takes a Centerville wrestler down. Crowder ended up winning the match. To the left, captains **Todd Morris**, **Rocky Dhabolt** and **Josh Taha** take time to look tough for the camera. They were appointed by a team confidence vote.

What was the funniest moment of the season?

"When I beat a Dowling boy and he started crying."

— *Sophomore Kjersten Harvey*

"When we hog tied coach Jackson."

— *Senior Josh Taha*

"When Josh, Todd and I were singing 'Two Pina Coladas' by Garth Brooks on the way home from a meet."

— *Senior Rocky Dhabolt*

Wt.		Record
103	Tony Leo	7-25
112	Jeff Buehler	3-18
119	Andrew Graeve	17-16
125	Jason Rice	1-5
130	Nick Piper	5-16
135	Dustin Byers	18-16
	[State Qualifier]	
140	Josh Taha [Team Capt.]	16-14
145	Garrett Hagins	11-18
152	Richard Kellis	0-2
160	Todd Morris	18-15
	[State Qualifier/Team Capt.]	
171	Kenny Paulding	2-18
189	Tim Crowder	13-21
275	Rocky Dhabolt	34-6
	[State Qualifier/Team Capt.]	

Hopefully the Scarlet people-fish don't end up like these unlucky fish...



It's Raining Fish!

There have been many instances reported of rainstorms showering down not only water, but also fish. Among the species which have poured down from the clouds are trout and sticklebacks. It is thought that such an event occurs when powerful swirling winds, as in a tornado, pass over a body of water and suck up the water—and fish—as a waterspout. The fish are swept into the cloud and then fall with the rain.

Four-Eyed Fish

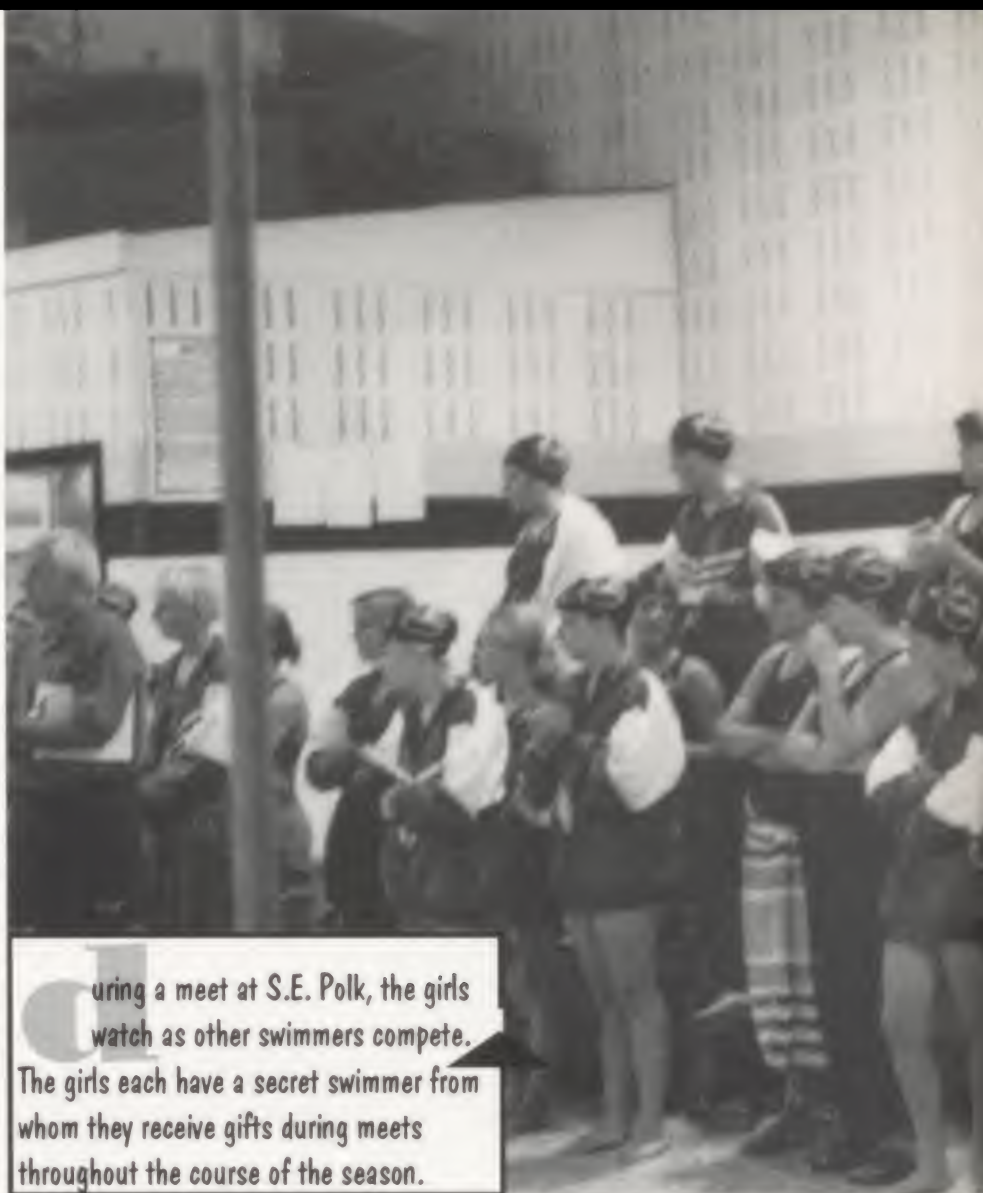


Light refracts as it goes into water. This means that the lens of the eye needs to be more powerful in water than in the air. A fish out of water sees a blurred view—except the four-eyed fish from Central and South America. It has two eyes, but each has two parts. The lower half has the usual underwater lens. The upper half's lens is weaker, for seeing in air.

—Focus on Fish



Posing for a quick pic, here are junior **Christin Cady** and seniors **Lesley Olson** and **Laura Luce**. Some swimmers try to get big companies to sponsor them in hopes of raising money for a new scoreboard.



During a meet at S.E. Polk, the girls watch as other swimmers compete. The girls each have a secret swimmer from whom they receive gifts during meets throughout the course of the season.

Metro 7th

East	Opponent
25	S.E. Polk 69
71	Lincoln 107
73	Perry 97
71	Ottumwa 97
60	Grinnell 106
48	Roosevelt 135
72	Hoover 98
53	Dowling 135
135	North 33
52	Indianola 118

District 9th
Ram Invitational 4th



Supporting her EHS swim cap and goggles, sophomore **Valerie Boland** is cheerfully emptying the H₂O out of her ears. Swimmers use caps in order to hold their hair back, making them more aerodynamic.

"HOPEFUL FOR

by: Heidi Bailey

The Future"

The echoes of young voices fill the air. The cool water leaves chills as girls rush in and out of the water. This is the scene for many middle school girls in Des Moines while over 50 schools are involved in a swim program for junior highs statewide.

This plays a part in the EHS swim team's struggle for new dedicated swimmers.

Junior **Ashley Armstrong** said, "You can't just start swimming your junior or senior year. You have to start early to be good. You need three to four years of experience."

Coach **Stan Thompson** said that the 33 girls practiced every day after school from 3:15 to 5:15 at East. They lifted weights twice a week and the rest of the time they worked on swimming.

Experts say that swimming is the best exercise for the body.

"It's important to swim off-season because you need to keep in shape. You can't swim and then go home and eat cakes and Fritos," said Armstrong.

Schoettler said, "I would like to swim when I go back home. I want to be able to swim off season before I leave."

This wasn't one of the EHS girls' best years. However, they are working on improving for next year.

"We are trying to set goals to improve next year," said junior **Andrea Cook**. "We are hopeful for the future."

Some of those goals include swimming in the off season and more team spirit.

Junior **Ilka Schoettler** said, "Communication is important and it's kind of hard to do when you're swimming. It's not like soccer or other sports where you can have contact with one another and be more able to encourage each other."

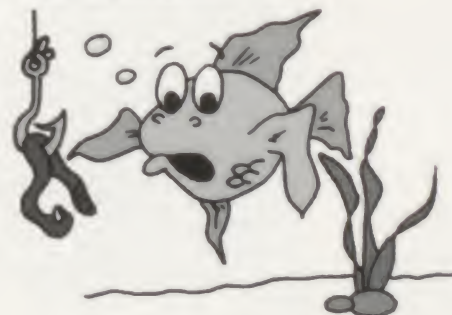
"One of the problems this season was that I think we depended too much on one swimmer. We need to become more independent," said Cook.

The swim team is also working to get a new scoreboard, costing somewhere in the area of \$20,000.

"Through fund-raisers the girls have raised \$2,000 and the parents have raised \$3,500," said Thompson.

"We could've tried harder and done better but overall it was a good season," said sophomore **Jessica Bush**.

Competing is junior **Kira Campos-Anderson's** passion. Some swimmers don't shave their legs until right before a meet. It is supposed to help them swim faster. Armstrong said that some girls even shave in the locker room.



"Your most unforgettable moment of this year would have to be..."



"When my relay team and I beat the number one school record that was set years ago."

— Junior Peter Sahling

"When we lost against Indianola by 6 points. We could have had them."

-- Sophomore Dan Williams

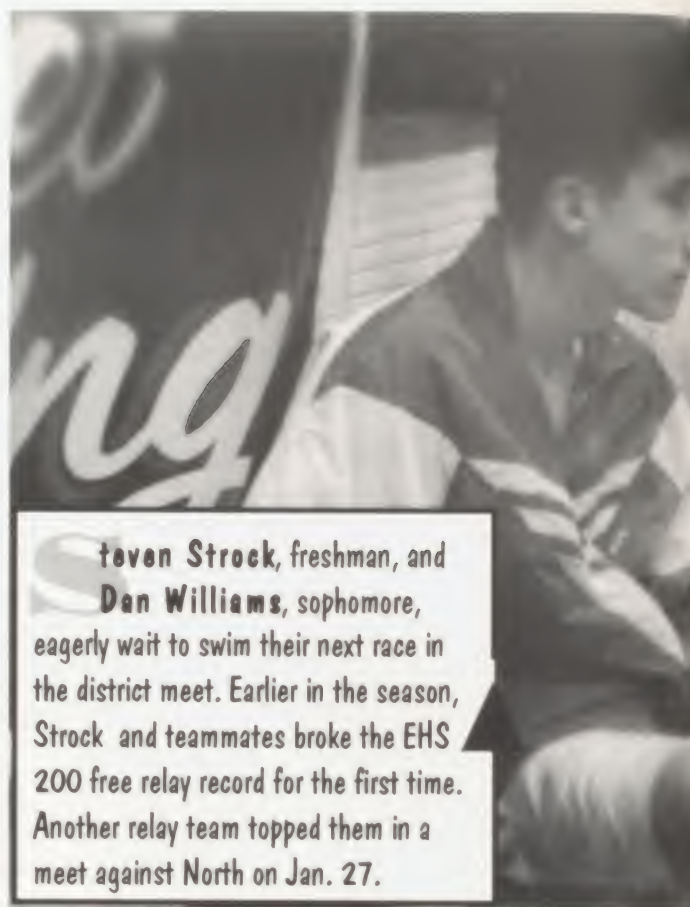


"When the team threw the coach and managers in the pool when they swam against North."

-- Manager Rachel Taggart

"All the hard workouts, meets, and competing against the schools."

-- Freshman Neal O'Brien



Steven Strock, freshman, and **Dan Williams**, sophomore, eagerly wait to swim their next race in the district meet. Earlier in the season, Strock and teammates broke the EHS 200 free relay record for the first time. Another relay team topped them in a meet against North on Jan. 27.

East Opponent

43	SE Polk	125
46	Lincoln	124
31	Ottumwa	129
40	Roosevelt	126
65	Grinnell	101
60	Hoover	106
44	Dowling	124
101	North	62
78	Indianola	84

• North Polar Bear Invitational
5th Place

• Rams Relay
5th Place

• Districts
7th Place

SWIMMING FOR

by: Jessica Bush

the record



Swimmers take your mark... GO!!! The swimmers swam hard this season and have a lot to show for it. They made it on the record board not once but twice this year and junior **Matt Evans** almost made it to the state competition.

Everyone thought that Evans would make it to the state competition for the 100 IM this year but he didn't. It would have been the first time in a long time for someone from East but he and his teammates hope to make it next year and many more years to come.

"I really wished that I could have made it but now I know that next year I have to try even

harder to make it because their might be a bigger competition for me," said **Evans**

"I was happy when we beat the school record and we got on the board in the number one spot," said junior **Jamie Furby**.

The 200 free relay team set a new school record on Saturday, February 12 with a time of 1:41.49. The team was Furby, Evans, Peter Sahling and Ross Hesseltine. They hoped that they would get on the board at least two times and they did with first and fifth place.

"I was very happy when I found out that I was going to be in the 200 free relay with Furby, Evans, and Hesseltine. I never thought

that I would have made it on the board before I went home to Germany, but now that I did I am very excited," said junior **Sahling**.

"I think the best memory of this year was when we beat the record and we almost beat Indianola, it was so close," said sophomore manager **Rachel Taggart**.

The boys got better as the year went on and they hope that next year they will win more meets, for instance, against Indianola. They came close to beating a lot of teams this year and were upset with losses, but hope to come back next year and do ten times better.

"Winning against North was a very exciting time even though we had it in our heads that we could beat them the whole time we swam. We also hope that with all the new-comers we will be better and will win more meets," said sophomore **Michael Moran**.

"I swam when I was in junior high and I liked it, so I figured that it would be fun when I was in high school," said freshman **Neal O'Brien**.

The boys hope to see a lot of spectators next year and see the team grow.

"Next year we hope to have a lot of great swimmers and we hope that no matter what anyone tells people they should stick with their instinct and come swim. We could use all the help and hope that next year we will beat more records with new names," said **Evans**.

FAST

	Metro 18-31	Overall 18-30
East	Opponent	
2	Dowling	3
0	Dowling	3
9	Roosevelt	0
12	Roosevelt	0
11	Hoover	1
5	Lincoln	2
4	Lincoln	3
8	S.E. Polk	7
2	S.E. Polk	3
9	North	3
4	Ottumwa	0
0	Ottumwa	2
3	Valley	8
5	Valley	2
3	Indianola	8
8	Indianola	6
3	Dowling	9
3	Dowling	5
0	Ankeny	8
12	Roosevelt	3
8	Roosevelt	7
15	Hoover	2
3	Lincoln	0
2	Lincoln	7
6	S.E. Polk	2
3	S.E. Polk	5
2	North	0
6	Ottumwa	2
1	Ottumwa	3
2	Indianola	6
6	Indianola	5

V

	Metro 8-19	Overall 9-21
East	Opponent	
10	D.M. Christian	0
1	Dowling	3
5	Valley	1
3	Roosevelt	2
6	Lincoln	6
10	S.E. Polk	2
8	North	2
2	Ottumwa	8
1	Ottumwa	3
2	Indianola	5
0	Dowling	5
4	Ankeny	6
5	Roosevelt	7
0	Lincoln	10
3	S.E. Polk	3
10	North	5
2	Ottumwa	8
2	Ottumwa	9
6	Indianola	14
6	Dowling	6
0	S.E. Polk	4



Waiting for the other team to arrive, freshmen girls huddle together and plan their strategy for the game. At top, during a game against North, a JV player makes a stretch to get to the base before the ball.

Senior Amy Griffiths strolls to the base as an opponent overthrows the ball. Griffiths, a catcher on the team, has been playing softball for four years.

COMING

by: Nicole Lawrence

Together

Since 1887, when softball was first invented by George Hancock, this once indoor sport has gone through a lot of changes. No matter how much time passes and how many changes are made, the desire to win and beat the other opponent is one thing that will never change.

This season Dowling was the team to beat for both freshman and JV teams.

"The team had their hearts set on beating Dowling and going to State," said JV freshman **Brandy Budd**.

"I played really good against Dowling and struck out eight people," said freshman pitcher sophomore **Jessica Payne**.

Both teams played extremely well, but JV was only able to win the first game they played against Dowling.

"It was disappointing because we wanted to beat them at least once, but we didn't let it hold us back," said freshman player sophomore **Ginger Stevens**.

The freshman team went on to place first in the Conference Tournament against four other teams.

"Even though a lot of us were nervous because it was

our first time playing, we worked together as a team," said freshmen player sophomore **Tiffany Dalrymple**.

Freshmen weren't the only ones working together. JV also had the "team spirit."

"Last year we had some problems getting along, but this year we really tried to compromise and come together," said JV player junior **Amy Goddard**.

Not only did the girls improve as a team, but they also improved individually with the help of coaches **Liz Baethke** and **Trisha Yenser**.

"They really helped me to improve on my hitting," said **Budd**. "It helped me to hit a homerun against Southeast Polk."

"I had the most stolen bases," said freshmen player **Amanda Ulmer**. "They taught me that you have to run hard and have timing."

"We're improving a lot as a team. This year we didn't beat Dowling, but there's always next year," said JV player junior **Tigre Williamson**.



Sliding in, junior **Tigre Williamson** sneaks to the base from behind her opponent. At top, the freshman team heads back to the dug-out after a hard inning on the field. They got a short pep talk and cheered their teammates on as they went to bat.

Freshmen **Stacey Carlos** and **Stephanie Cozad** hang out while waiting for their next game.



After winning a tough game, the team heads towards the dugout to move their equipment to another field.



Standing on first base line, the team honors our country before the game. At right, coach **Bob Savage** enters the dugout after having a pep talk on the mound.

Varsity

Metro 4-1 Overall 9-8

East	Opponent
10	Pella Christian 0
2	Dowling 0
1	Valley 2
4	Roosevelt 2
2	C..R.. Kennedy 3
0	Waukee 2
1	S.C.. West 3
1	Hoover 0
2	Lincoln 3
5	Waukee 0
3	Pella 1
4	North 3
2	Ottumwa 3
6	Ottumwa 2
0	Indianola 1
0	Ankeny 2
4	Roosevelt 0

SWINGING TO

by: *Stephane Carlos*

Success

Strike one. Strike two. Strike three, batter's out. No matter what happens when each player's at the plate, teammates always make each other feel better by cheering them on and giving them encouragement. After all, teamwork is the most important part of playing softball on the varsity level.

The team consisted of many different age groups. The starting lineup had at least two from every grade level.

"Our team had a little bit of every age group on it," said freshman **Brandy Budd**. "I was one of three freshmen on the team."

The starting freshmen really needed some encouragement from the older girls.

"We had quite a few younger girls on our roster this season," said coach **Bob Savage**. "We will be able to develop them together as a team over the years."

Having fun isn't everything in softball. A lot of hard work is needed from each of the players. After all, practice makes perfect.

The team practiced every day. The only time the girls would get

a break from practice was on game days.

"I got so sick of practices," said freshman **Stacey Carlos**. "I would always try to find some way out of practice."

The team traveled to three out-of-town tournaments, three weekends in a row.

"When we went to the tournament in Council Bluffs, I broke my ankle and then I was out for the rest of the season," said sophomore **Lindsay Steele**.

"We had so much fun going to these tournaments," said junior **Tigre Williamson**. "When we weren't on the field we were either at the mall or in the swimming pool."

The girls had a great season and it was one of their best outcomes ever. Even though they didn't make it to State, they had a blast playing together as a team.

"I was really hoping to go to State this year," said assistant coach **Marc Baethke**. "We had a group of talented girls and they had a really good season. I really thought they had a chance at taking it all."

Senior **Tiffany Oliver** looks exhausted after catching a game in the summer heat. Oliver took over catching duties after sophomore catcher **Lindsay Stool** broke her ankle.



TO THE PLATE

by: Heidi Bailey

Stepping up

We were playing Dowling. We were ahead, five to three, and it was the last inning. Dowling was last at bat and there was a guy on both first and second base. The next batter stepped up to the plate and hit a homerun to win the game," said sophomore **Jared Mendenhall**.

This is the game that many of the players on the freshman baseball team said was most momentous to them.

Assistant coach **Chris Murphy** said that the team "showed heart."

"I think that the most memorable game for me would be when (sophomores) played Southeast Polk and the lights went out. We were winning, but we couldn't finish the game," said junior **Ryan Schuler**.

Both the freshman and sophomore teams gained new coaches this year—Coach **Brian Luft** from Missouri (freshman team) and Coach **Brad Hamilton** (sophomore team). Unfortunately, Murphy and Hamilton may not be back next year.

"I got a coaching job in Bondurant. It'll probably be baseball," said Murphy. "I think Hamilton was offered a job there, too."

What are some of the things these players do for luck?

Sophomore **Aaron Hook** said that the freshman team never touched the center field fence before the game and they would free stretch.

Junior **Kevin Lundberg** said, "Before I got up to bat, I would always pull up my pant legs and say G-A-R-T-H Lundberg. That's my

grandpa's name."

The freshman team practiced for two-and-a-half hours Monday through Friday while the sophomore team practiced for two hours at a time.

The year wasn't all serious, though.

"Something funny that happened was when Montez Rankins hit a foul ball and it hit him in the head," said sophomore **Troy Parsons**.

Hook said that he remembered when **Steve Edwards** got poison ivy.

Schuler said that every year, the players have to clean up the fields to make them look nice.

"One time we had to paint the foul ball poles, and when we got there, Mike DeMoss' dad was just putting on the finishing touches. He had already painted them for us," said Lundberg. "He was always trying to help out."

The freshman team did a couple of things in order to prepare them for games. They would play no ball and listen to Laser 103.3.

"Coach Murphy had us pick a song that pumps us up a lot. Mine was *Eye of the Tiger* by Survivor," said Mendenhall.

Murphy said that he wanted the players to "visualize the game" and "see themselves in it."

Murphy said that over the season Hook had improved the most. He also has a message for his team.

"Stick together and play like you did at the beginning of the season. Staying together is the most important thing. You are one of the more exciting teams to watch."



*How do baseball players
get so good
at what they do?*

There are many ways players prepare themselves for games. Among them is a simple practicing technique that forces the use of the imagination — "No Ball."

"'No ball' is an infield drill in which we play without a ball. A person sits in the dugout and clanks bats together to make it seem like we (are hitting the ball). It makes us look really good."

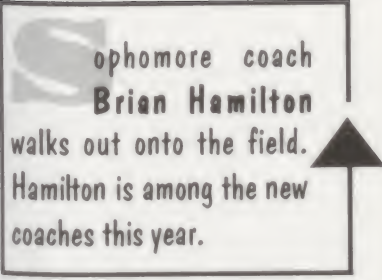
—Sophomore Jared Mendenhall



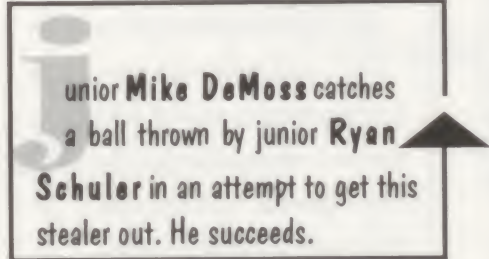
unions **Jerry Holman, Kevin Lundberg, Ryan Schuler** and **Paul Drey** gather around coach **Brian Hamilton** to discuss strategy during a game.



determined to hit a strike, junior **Mike DeMoss** watches as a ball flies by on the inside. DeMoss had the highest batting average this year.



sophomore coach **Brian Hamilton** walks out onto the field. Hamilton is among the new coaches this year.



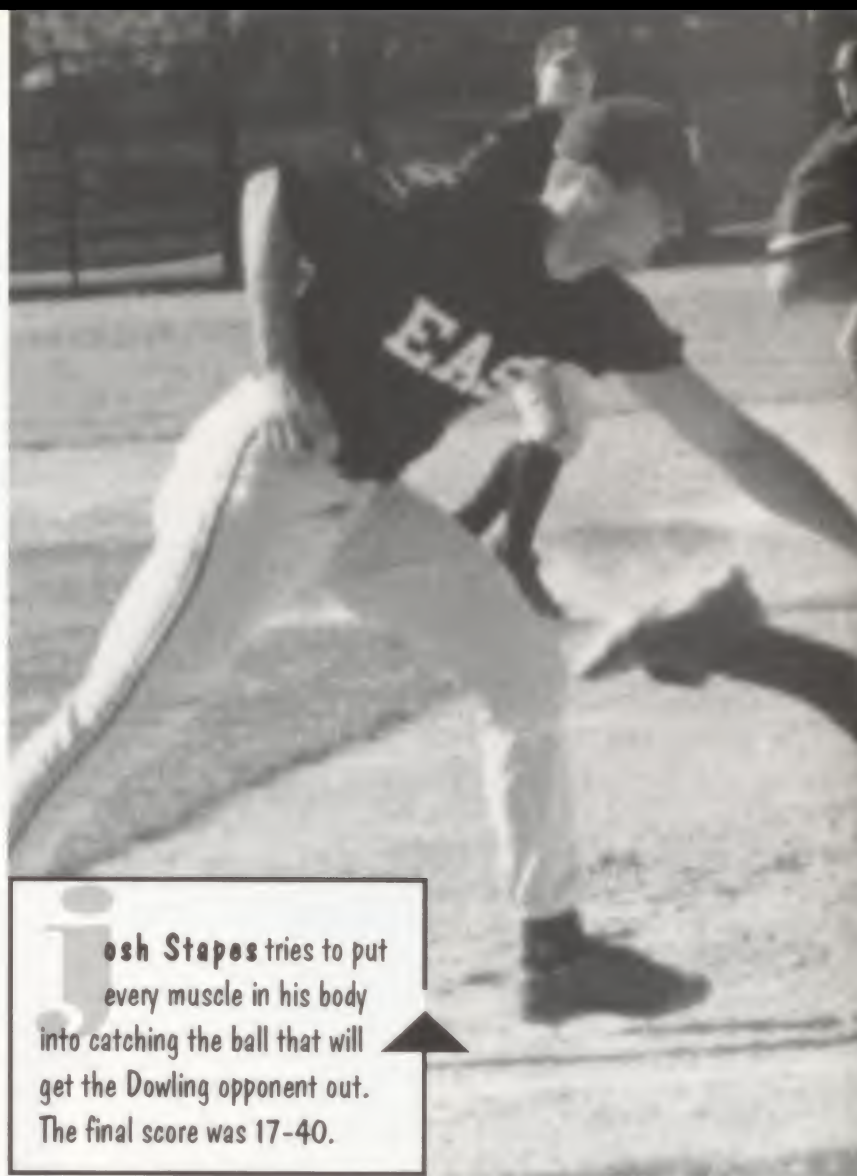
unior **Mike DeMoss** catches a ball thrown by junior **Ryan Schuler** in an attempt to get this stealer out. He succeeds.



Varsity

Metro 9-29 Overall 17-40

East	Opponent	
0	Indianola	8
3	Indianola	7
5	S.C. East	6
9	LeMars	1
13	Council Bluffs	2
2	Dowling	12
2	Roosevelt	5
4	Roosevelt	7
1	Hoover	12
17	Lincoln	5
4	Lincoln	6
11	Urbandale	12
18	North	6
12	North	6
11	Roland/Story	8
7	Roland/Story	4
4	Dav. North	5
5	Decorah	4
4	Indianola	6
11	Dowling	10
7	Dowling	14
6	Roosevelt	19
18	Ft. Dodge	6
3	S.C. Heelan	1
1	Hoover	4
8	Hoover	9
2	Lincoln	13
3	S.E. Polk	1
2	S.E. Polk	13
2	S.E. Polk	13
12	Dav. Assump.	6
8	S.E. Polk	7
8	Indianola	9
9	North	6
5	Ottumwa	10
8	Ottumwa	3
5	Ottumwa	15
8	Ottumwa	15
16	North	7
0	Dowling	11



Josh Stapes tries to put every muscle in his body into catching the ball that will get the Dowling opponent out. The final score was 17-40.



Rounding first and making a hard run towards second, East is on its way to a victory over the #1 state champs. The year was filled with incredible memories never to be forgotten.



Using all his power, an East player swings at the ball ripping it off the field. The team practiced a lot harder than last year, often going 2 hours a night.

WINSOME

by: Kelli Welker

Lose Some

This year's season centered around change. A new coach, new players, but the same attitude instilled in the players as soon as they enter the program...hustle.

The '99 season brought a new head coach, **Brian Luft**. Luft, who was a sophomore coach last year, had also head coached at Roland-Story and Ar-We-Va in western Iowa. The varsity assistants were **Trent Eckstein** and **Brian Hoff**.

The team practiced Monday through Friday, two hours each day.

"Practices were long, hard and hot," said alum **Brad Moore**, "but we still accomplished a lot."

The season was filled with many incredible memories. The team upset the number-one ranked Lincoln Railsplitters, 17-5. They once beat the eventual state champions, Dowling.

"Those games were really big wins, not to mention we also won the Fort Dodge Tournament and got second in the Saydel Tourna-

ment," said senior **Josh Stapes**.

The team hit some hard times during practice and games, but the key for them was sticking together.

"We didn't play the best we could all the time, but we always tried to stay together and remained focused," said senior **B.J. VanVleet**.

The team's final record was 17-40.

"Our record did not reflect what kind of team we were," said senior **T.J. Michelsen**.

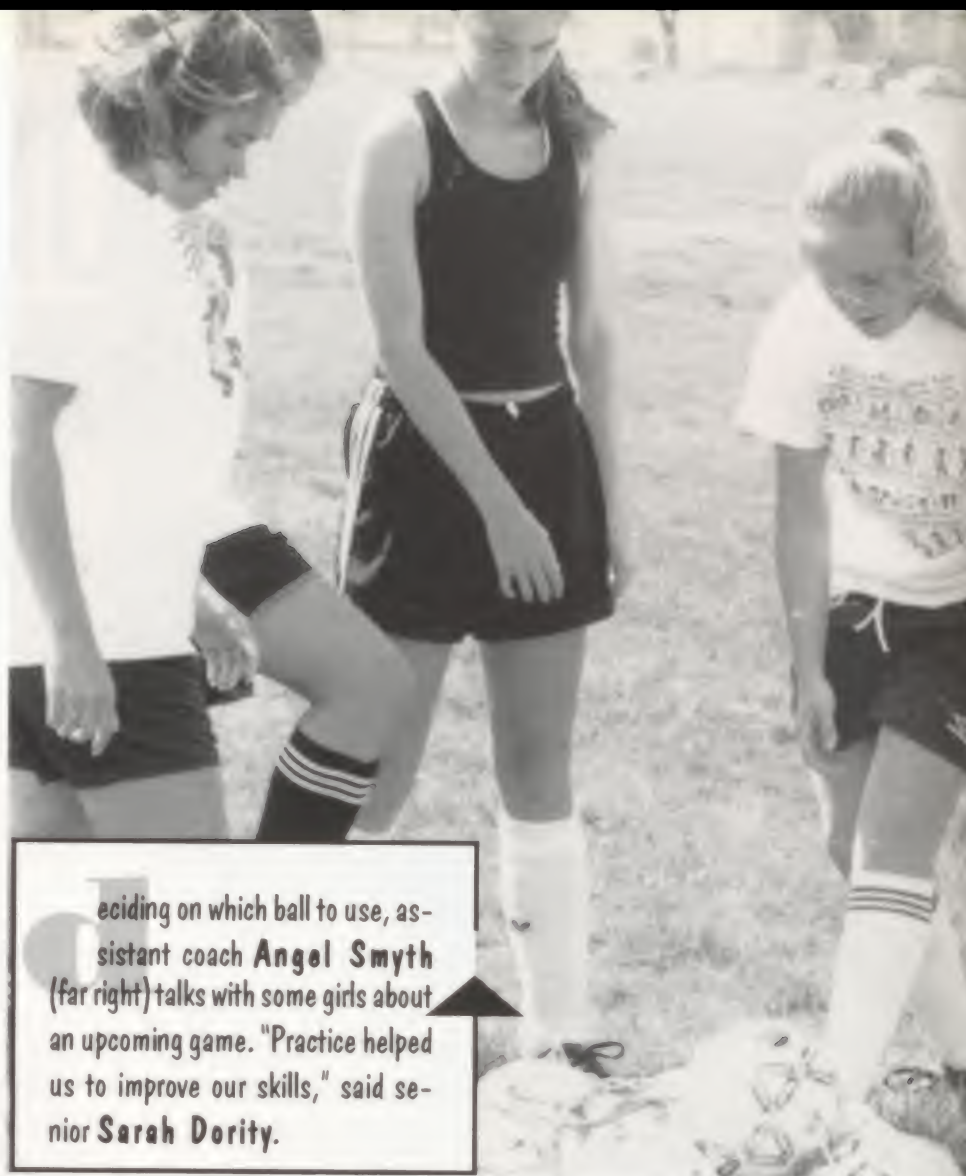
Team awards were handed out at the baseball banquet. Alums **Bill Olson** and **Zak Banks** were voted team captains, **Michelsen** was chosen most inspirational and **VanVleet** most improved.

The conference coaches also handed out awards. Senior **Nate Tounsley** was second team all-district and first team all-conference. Senior **Luke Krpan** was second team-all conference and **Olson** and **Michelsen** were voted honorable mention.

At left, seniors **Luke Krpan** and **B.J. VanVleet** cheer on teammates while waiting for their turn at bat. The most memorable moment was when the team once beat Dowling.

JUNIOR VARSITY		
Metro 0-7		
East		Opponent
0	Ankeny	3
0	S.E. Polk	7
0	Ames	7
0	Lincoln	7
0	Ames	7
0	Urbandale	9
0	Roosevelt	8
0	Roosevelt	1
0	Hoover	2
0	Indianola	5
0	Newton	2
0	Dowling	3

VARSITY		
Metro 1-7		
East		Opponent
2	North	3
0	Ankeny	10
0	SE Polk	6
1	Lincoln	6
0	Roosevelt	9
0	Ames	11
1	Hoover	7
3	Carlisle	2
0	Ankeny	5
2	Knoxville	1
2	North	1
0	Indianola	11
1	Newton	6
1	Dowling	11



Deciding on which ball to use, assistant coach **Angel Smyth** (far right) talks with some girls about an upcoming game. "Practice helped us to improve our skills," said senior **Sarah Dority**.



Kicking the ball to her teammates, junior **Catherine Knight** tries to concentrate during a game. The JV team made it to the second round of districts with three wins for the season.



Comforting each other after a loss, these girls tried hard to win throughout the season. The team practiced every day to work on their skills.

WORKING TO

by: Lou Ann Covalt

Don't measure their hearts by the number of victories they recorded. Though the girls soccer team had many losses this year, they all experienced something different from the season.

"Even though there were many differences between my teammates and me, we learned to work together and become better friends on and off the field," said senior **Amber Johnson**.

One thing you must remember about the team's losses is that they were a very young team and didn't have many upperclassmen with a lot of game experience.

"There were a lot more underclassmen that seniors," said junior **April Hazelwood**.

"All of the them did a really good job and knew the game. They have played before and that helped us to become a better team," said senior **Teena Hartkopp**.

For the girls who didn't have that much experience, the team felt they still gave 100% effort in all of the games.

"It was a challenge, but it was very enjoyable and I got to know people better. I plan on returning to the team next year," said senior **Stephanie Miller**, who joined the team for the first time this season.

Even though the girls had a love for the game, the team had practice almost every day of the season. A lot of time during practice was spent on conditioning, offense and defense skills.

The Top



Smiling at the camera, seniors **Stephanie Miller**, **Amber Johnson** and **Sarah Dority** take time out from practice (at left) while others are stretching out (top). Girls soccer had approximately eight new freshmen that joined the team.

Memories of Coach Troy Cortez

"Coach always talked about how he watched us grow and mature in our game, but we also saw the changes in him. He became more focused and he followed through with the goals he had for us."

— Senior Dan Govoni

"Coach was more than just a coach. I will always remember him because he wasn't just a good mentor in soccer, but in life as well."

— Senior Cory Sonner

"He was a good coach and friend. You could always go talk to him about school and your problems. We'll all miss him."

— Senior Matt Bird

"Cortez was a friend...and a very hardworking individual, who expected all the rest to work as hard as he would. He always said 'Expect the Best.'"

— Assistant Coach Derek Lounsberry

Rowing around Coach Troy Cortez, the soccer team goes over plays for an up-coming game. Practices consisted of a lot of running and control drills.



VARSITY		
Metro		Overall
3-4		3-7
East	Opponent	
0	Ankeny	3
0	Ames	13
1	S.E. Polk	4
2	Lincoln	1
1	Roosevelt	2
1	Hoover	6
0	Dowling	7
7	North	0
2	Indianola	1
1	Newton	4

JUNIOR VARSITY		
Metro		Overall
1-5		1-8
East	Opponent	
0	Ankeny	3
0	Ames	6
2	S.E. Polk	1
Rained out	Lincoln	Rained out
0	Roosevelt	0
0	Hoover	0
0	Dowling	0
0	North	0
0	Indianola	1
0	Newton	1



OVERCOMING

by: Linda Her

Tragedies

With alum **Chineda Sam** being injured for most of the season, the boys soccer team had a "big hole" to fill. However, more than one person filled that void, the whole team came together and played harder and tried to play with the same passion as Sam.

"It was really hard for the team to recover after Chineda got injured, but we all pulled together and we all had to step up," said junior **Clint Nereim**.

Although Sam's injury was a disadvantage to the team, it was also an advantage. He was able to go out and recruit new members and talk to the younger players about staying with the sport. Not only did the new members help the team out, but so did the leadership shown by the foreign exchange students.

"Alum **Michael Lawson** also came up and came in and became a major force physically. He and senior **Cory Sonner** showed great leadership to the team," said assistant coach **Derek Lounsberry**.

In spite of the many losses that the team had, they were able to accomplish their goals and play as a team. One goal that they

achieved was breaking the school's record for conference wins and another was winning the games they "knew" they would win.

Like any other team, they had their ups and downs, but no one would have expected what the boys soccer team had to face at the end of the season. Their coach, **Troy Cortez**, was in a serious boating accident at Saylorville and ironically the team had planned on throwing an end-of-the year bash there.

"I fell silent when I heard about what had happened. We were there when he first came to East and he was a great coach, we'll always remember him," said co-captain **Sonner**.

With the tragedies of the year behind them, the team hopes to continue their successes and looks forward to the next season.

"There were a lot of young players, but given time and composure, they'll get better and be more effective on the field. I was also impressed with how dedicated the guys are, too, because many practice in the off-season and work hard to improve," said **Lounsberry**.

At far left, at practice, alums **Ian Sims**, **Jason Nutt** and **Michael Lawson** and senior **Justin Stevens** run a "shielding" drill. At left, during practice, junior **Clint Nereim** tries to play defense against alum **Torsten Schwenke**.



junior **Jenny Golden** is running the baton pass. She is anxiously awaiting when she can pass the baton on to her teammate and take a rest.



friends forever. Junior **Angie Davies** and alum **Tracy Lowe** show the special friendship bonds that can be created from track experiences.



just taking a little break. Sophomores **Jonna Eastcott** and **Shannon Scarlett** just hang out while they have some down time.

girls **Jessica Randolph** and **Stacey Hornocker** share a few laughs with sophomores **Lindsay Steele** and **Danielle Zenor** after a long evening of practice.



RUN LIKE

by: Brooke Nowadzky

the wind

The girls track team was the champion in the 1999 City Meet. To achieve this they practiced almost every day from around 3 until they called it quits for the evening. The practices started in March and continued until the season was finished.

"In practice Coach Davis really pushed me to realize that I had the ability to run track," said sophomore **Alyssa Wilson**.

"We had a lot of people from the previous year, so I think we were more team-oriented," said Coach **George Davis**.

Not only was track running, it also included other events such as: the discus throw, shot put, high jump, long jump, hurdles and baton pass.

"I tried high jump once, and it was a lot harder than it looks," said junior **Cheyenna McClish**.

"People think it's just about running, but it's also about field events, team work and discipline of your mind. You just have to keep telling yourself you can do it," said junior **Angie Davies**.

"In track we do a lot of hard workouts, but you get to know a lot of great people," said McClish.

The coaches put people in events that they think they can do, sometimes only for the challenge.

"There were some events I didn't think I could do, but I ran them anyway," Davies said. "When I was done, I couldn't believe that I had done them."

GIRLS TRACK	Opponent	East
	Urbandale Relays	5th
	City Series	1st
	Polar Bear Relays	2nd
	Dowling Relays	2nd
	Hawkette Relays	7th
	Lee Town Relays	3rd
	District Meet	9th
	Conference Meet	5th
	Final Standing	5th in Conf..



Todd Bennett, a senior, takes the lead in one of his events. He went on to represent East at State and was also one of the team's captains, as were all the returning seniors.

Senior Todd Bennett encourages junior Maceo Anderson after a good meet. Bennett, one of the team's top runners, often encouraged the younger members of the team.



TRACK

Metro
5th Place

Event	Result
ISU Invit.	No Team Score
Graceland Invit.	No Team Score
Scarlet Spring Classic	No Team Score
Hi-Covey Relays	Rained Out
Roosevelt Invit.	3rd
Drake Relays	No Team Score
North Invit.	3rd
Urbandale Classic	6th
City Series	3rd
Dragon Invit.	4th
Indianola Invit.	No Team Score
American Conf.	5th
State Meet	23rd



Go! Freshman Justin Rankin passes the baton to senior Derek McChurch. The two competed on the JV 4 x 8 relay team. Each of the four runners ran 800m in the event, which is two laps around the track.

Dillon Wonders, a senior, runs hard at a meet. All the runners gave it their best and the team received 5th in the metro league's final standings.

READY, SET...

by: Shawna McChurch

Let's Run

The boys track team no longer had to worry about the problem of indecent exposure due to their short shorts. The runners got new shorts that weren't too short or faded red and for some of the guys this was a very exciting thing.

"We got new shorts and they didn't look like underwear!" said alum **Dillon Wonders**.

On the other hand, for some of the guys it was really not that big of a deal.

"It made no difference to me," said junior **Ryan Bernhardt**. "I just don't get excited over things like new shorts."

The new shorts weren't the only thing that happened to the

team. Alum **Todd Bennett** and the 4x1 relay team made it to State. **Wonders** had a personal best when he ran the mile in 4:50 at the Johnston meet. **Bernhardt** placed 6th in the Ottumwa meet and senior **Derek Pettijohn** received third place at the city tournament.

Of course the guys didn't accomplish these times and scores by just showing up at the meets. The coaching staff played a major role in their training.

"Coach Graves knows what he's talking about and he has plenty of personal track experience," said **Wonders**.

"Raz (Coach Rasmussen) coached us on an individual basis. He showed us what we were doing wrong and how to fix it," said **Pettijohn**. "He was willing to help us in and out of practice."

All in all, the team had a decent year and many of the guys were proud of the team. However, a few of the guys were disappointed with themselves.

"I didn't make state, but I was really close," said **Wonders**. "I really would have liked to go to State my senior year."

Junior **Nate Hibben** takes the baton from senior **Derek McChurch** as he finishes a relay race. The guys did a great job representing East at many meets and they worked hard to accomplish many personal goals.

GIRLS	Metro		Overall
	0-8		0-11
	2	Ankeny	9
	0	S.E. Polk	11
	0	Ames	11
	1	Lincoln	10
	3rd place	North Polk Tourn.	
	No place	North JV Tourn.	
	0	Roosevelt	11
	0	Hoover	11
	0	Saydel	11
	0	Indianola	11
	0	Ottumwa	11
	0	North	11
	0	Dowling	11

BOYS	Metro		Overall
	0-8		0-11
	East	Opponent	
	0	Ames	11
	0	S.E. Polk	11
	1	Lincoln	10
	4	Ankeny Invit. Last place	
	0	Roosevelt	11
	0	Hoover	11
	0	Dowling	11
	0	Indianola	11
	0	Ottumwa	11
	0	North	11
	0	Districts	No place

Practicing hard, one of the guys gets ready for a meet. The boys team practiced on Mon., Wed., Thur. and Friday, after the girls, from about 5 to 7.



Time for a pep talk. Senior **David Kouang** and Head Coach **Rob Gloe** have a talk after a daily practice about strategies to use in the next meet.

Senior **Corey Gipson** takes time after practice to show off his game face. The guys didn't have as great a year as they would've liked, but throughout, they were just happy having fun.

TENNIS TEAMS

by: Debbie Montis

Imagine being on a team with nearly 40 people, or on a team with a mere eight people. The two extremes are somewhat hard to comprehend. The girls tennis team had close to 40 people on it, and the guys had only eight.

The girls had to learn to get along, but when they did, everything worked out for the best.

"The team got along well, the new girls had to learn from the older girls, and once they started doing that, everything fell into place," said junior **Jessica Richardson**.

Although the stats would prove otherwise, both teams had a great season and they learned a lot.

"Even though we didn't do that great, tennis was a good experience

for me and I'm really glad I did it," said alum **Dillion Wonders**.

"We didn't win a lot, but we went out there and tried our hardest," said sophomore **Rhiannon Nagy**.

In practice, the girls and guys, would typically work on serves, do line drills, play two-on-two doubles or singles. They would work on back hand swings and volleying the net.

"I like practice, I think it's a great work-out and a lot of fun," said **Richardson**.

The season may not have gone like everyone wanted it to, but there are high hopes for next season. Everyone from freshmen to seniors improved in their tennis playing skills.

Fit Hard



Alumni Cameo Cott
and **Sandy Mendenhall** became friends over the years through playing tennis together. They were team captains in their senior year.

NEW COACHES

by: Heidi Bailey

New Year,

New, new, new. It's the millennium and everything around you is changing in the blink of an eye. Including golf.

The boys golf team had two new coaches this year, coach **Sy Forrester** and assistant coach **Deb Waltz**.

Senior **Cory Sonner** said, "I believe in years to come (Forrester) will bring East High up to a competitive level. East may go to State in a few years."

Forrester retired in 1994 after coaching at Tech and Roosevelt. This year he decided to start coaching again to help fill an East vacancy.

"It's been fun to get back in," said Forrester. "It's nice to see how hard the boys are trying."

Waltz has been teaching at Goodrell for the last four years as a the behavior interventionist. She said that coaching boys has been a "new experience" for her.

In most sports or activities, motivation is the key. "Get fired up, get excited, win, Win, WIN!" But golf is one of the very few exceptions.

"Golf is an individual sport. You want to keep the golfer relaxed. The more you get pumped up, the worse you'll play," said Forrester.

In addition to the new coaches this year, there were also no cuts, said Forrester. "Everyone got a chance to play."

There are a total of twelve spots on the team, six varsity and six junior varsity. There were about 35 golfers for the boys team and three for the girls.

How do you know who makes

it?

"The golfers play rounds of golf. The players with the lowest scores are placed in those twelve spots. The rest of the team practices to try and improve. If they can beat out other golfers for varsity or junior varsity, they can take the place of one of the players and get a chance to compete," said Waltz.

"The main goal for this year was for the golfers to improve from the first meet to the last," said Forrester.

Junior **Bryan McLaughlin** said, "The coaches really helped me with my defects."

Senior **Sheena Gray** said, "Because there were only three golfers on the girls team, we had to forfeit every game. We could never win."

The boys team practiced at Toad Valley every day after school. There was an optional practice on Sunday.

Sophomore **Alex Kelly** said that not only did the practice help him prepare for the meets, but they were fun as well.

"Our practices were at Grandview and Toadvalley everyday at three," said Gray.

It is common for athletes to have things they do, keep with them or use for good luck.

"I used my lucky putter and my lucky ball," said McLaughlin. "I also cleaned my clubs twice before meets."

There will be a few seniors that will have to move on.

"The district meet was a sad sight. It was my last tournament as a high school golfer and I'll miss it," said Sonner.



Setting the ball up on the tee is senior **Sheena Gray**. Both Gray and junior **Kathleen Robinson** received medals this year.



Coach Sy Forrester gathers the team around. Forrester is a new coach this year and may coach the girls team next year.



GIRLS

Conference Standing 8th

East		Opponent
293	Ottumwa	192
306	Hoover	247
315	Dowling	195
287	North	297
287	Roosevelt	236
288	Indianola	212
277	Pella Christian	165
281	S.E. Polk	228
285	Lincoln	217

North Invitational	10th
City Series	4th
Valley Classic	12th
Newton Invitational	6th

BOYS

Conference Standing 9th

East		Opponent
173	S.E. Polk	162
172	Lincoln	160
180	Ottumwa	150
193	Roosevelt	154
179	Hoover	156
173	Dowling	148
167	North	168
165	Indianola	147

Newton Invitational	14th
Conference 1st Half	9th
City Series	4th
Conference 2nd Half	9th
District	12th

Studying his paper very intently is junior **Mike DeMoss**. DeMoss is merely one of the 35 boys golfers this year.

ROSS COUNTRY

Metro

10-12

East

SE Polk Invit.	8th
Urbandale Classic	No results
Hoover Invit.	8th
Johnston Invit.	8th
North Invit.	5th
Newton Invit.	12th
City Series	4th
Urbandale Invit.	4th
Ankeny Invit.	11th
Conference	8th
Districts	10th
State	No Qualifiers



Cross country girls line up for the beginning of a meet. Instead of running on a track in circles, they run up and down hills. The team got to see a lot of scenery during the two mile run.



Sophomore **Rebecca Rodriguez** (above) eats ice cream after a meet. After many meets, the team would go out for food or different reasons for more "family" bonding. Senior **Lindsey Bennett** (right) chows down on a hamburger after a long day of practice. Practices were after school each day, and they ran to many different places.



Photojournalist: Melissa Khodan.

IT'S A FAMILY

by: Jennifer Oliver

Thing

Being in cross country is like being part of a family. Since our team is smaller than a lot of other sports at East, we really get to bond with each other," said senior **Leah Tedder**. When students are in a sport it may not feel like a family or be a big part of their life, but to Tedder and her teammates, cross country is. "Cross country is both physically and mentally challenging. It's good to feel like a family because they give you the support you need in order to get through each meet and through life. The friendships you gain last for a lifetime," said junior **Jenny Golden**. The reason they felt like a family was because of all the time they spent together.

"The friendships that I have made this year made it worth the effort of going to the practices," said **Tedder**.

The practices consisted of meeting in front of the school and running to different places each day.

"We would go out and run however many miles or minutes coach would tell us," said **Tedder**. "We went to Water Works park and other places for a change of scenery."

Scenery is what the runners see at a meet. The meets are similar to practices in that way.

"We ran two miles on a course that was set up for us. Some courses were harder than others," said **Golden**. "The different scenery is what makes cross country more fun than track."

The track teams are larger compared to the smaller cross country teams and that is another "family" factor.

"The upperclassmen really made me feel like a part of the family by cheering me and the other underclassmen on at meets and practices," said freshman **Risa Cave**.

Being part of a family is more than just about teamwork. It's about the fun they have together. Senior **Amy Griffiths**, sophomore **Rebecca Rodriguez** and senior **Lindsey Bennett** spend an enjoyable moment together not only in front of the camera, but at meets and practices.

unning with all his might freshman **Scott Flaherty** is watched by the many spectators at a meet. A two mile course was set up for them. They competed against many schools.



FOR THE LINE

by: *Jennifer Oliver*

Racing

Who runs over two miles each day after school and doesn't complain? It's the boys cross country team.

This year, 10 members made up the team. They ran from school to different places and back each day.

"We ran five to seven miles per day," said senior **Nate Hibben**.

A factor that made a difference this year, was the type of authority that is present on the team.

"We had more freshmen, but not many upperclassmen," said junior **A.J. Shipman**.

"I'm the senior. I make the rules," said **Hibben**.

A cross country meet is different than a track meet in many ways, including where they run.

"In our meets, we aren't on a track. We run on the grass and on hills," said **Shipman**. "Another difference is that Coach Graves

runs our best seven runners. Then, the top five times are used to score for the team. At the end of the meet, the team with the largest score wins."

Another way that cross country was different than track is in the way the teams do things, not only in meets and practices, but in the way they workout.

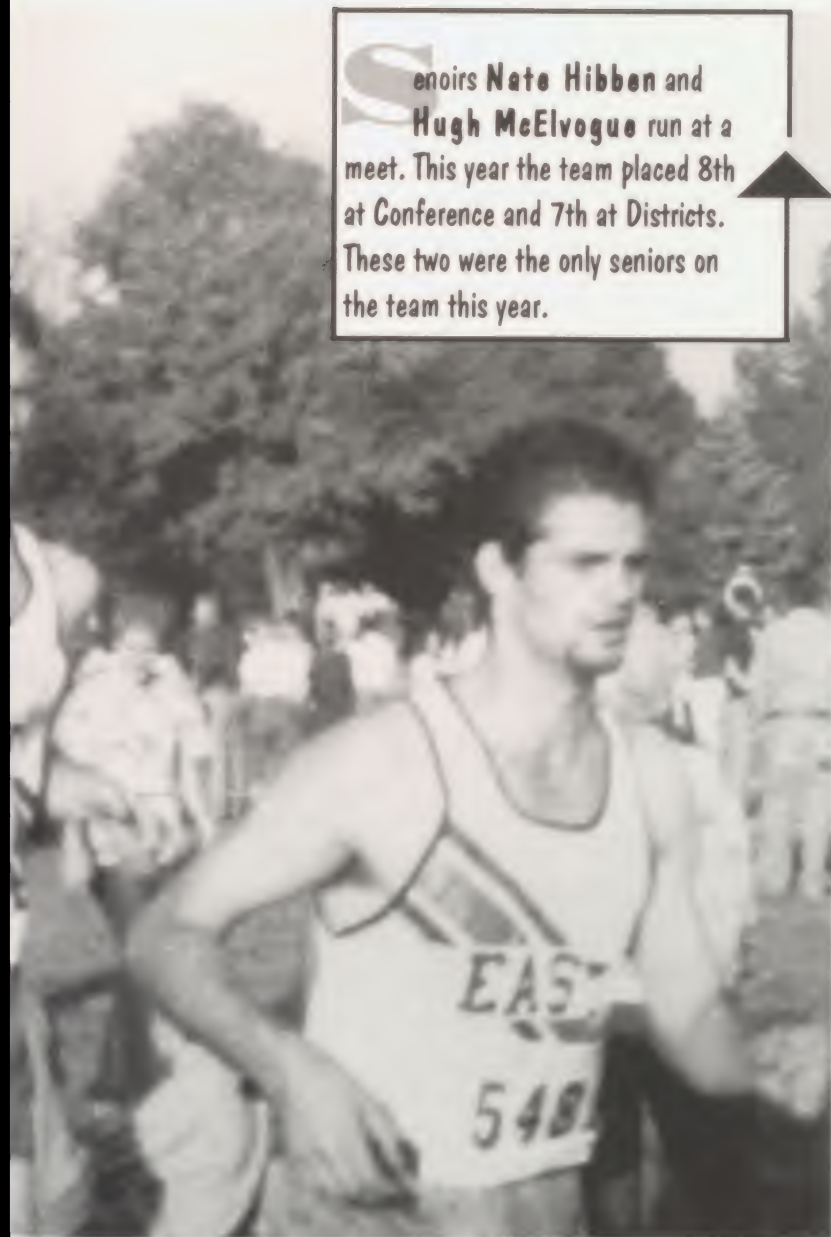
"We do much different workouts and it's longer. There are a lot more people in a cross country race," said **Shipman**.

One thing that made cross country different from any other sport was the fact that the coach ran with the team at practices.

"I thought it was cool that coach Graves ran with us. It was like he was our friend, not just our coach," said **Shipman**. "Running with him was fun because he pushed us to be the best."

Using all the strength that he has left in him (right), senior **Nate Hibben** pushes himself for the best time. Hibben has been running cross country since he was a freshman. Catching up to some opponents (far right), junior **A.J. Shipman** kept up with the pace of the other runners.

Seniors Nate Hibben and Hugh McElvogue run at a meet. This year the team placed 8th at Conference and 7th at Districts. These two were the only seniors on the team this year.



BOYS CROSS COUNTRY

Metro

10-12

East

SE Polk Invit.	8th
Urbandale Classic	12th
Hoover Invit.	7th
Karpen Invit.	8th
Cardinal Invit.	10th
City Series	4th
Ankeny Invit.	8th
Urbandale Invit.	4th
Augustine Invit.	6th
Conference	8th
District	7th





VARSITY/IV BOYS SOCCER. Front Row: Mgr. Khanthaly Souvatrat, Craig Webber, Omar Otero, Clint Nereim, Jack Thongsoum, Meyer Nece, Torsten Schwenke, Justin Anspach, Lee Webber, Mgr. Stacy Hester. Row 2: Aaron Giddings, Cory Sonner, Dan Webb, Joe Devore, Asst. Coach Derek Lounsberry, Luke Billings, Jack Weber, Matt Moeller, Justin Stevens. Back Row: Dan Govoni, Tony Sanders, Ben Cowie, Jason Nutt, Mike Lawson, Matt Bird, Sam Reese. Not Pictured: Coach Troy Cortez, Tingkham Damranh, James Pongphimkham, Iam Sims, Will Sitthisay.

IV GIRLS SOCCER. Front Row: Stacey Wood, Theresa Johnson, April Hazelwood, Stephanie Miller, Stephanie Kellis, Kendra Stephen, Sondra Lore, Amber Johnson, Catherine Knight. Row 2: Nicole Wood, Annette Rolan, Tessa Danielson, Kira Campos-Anderson, Brianna Frank, Nicole Houchin, Heather Hutchinson, Gaby Ibarra. Back Row: Noemy Carrasco, Katie Voll, Andrea Cook, Meyer Nece, Coach Angel Smythe, Maria Utyaganova, Amy Kelley, Corie Fogg, Nicole Winnekamp.



VARSITY GIRLS SOCCER. Front Row: Stephanie Kellis, Annette Rolan, Lacey DiMaio, Natalie Plummer, Heather Jones, Annelie Florin, Sarah Dority, Kendra Stephen, Jonna Eastcott. Row 2: Captain Shawna Lore, Stacie Hornocker, Corie Fogg, Krystal Pickett, Chey McClish, Teena Hartkopp, Tracy Lowe, Maria Utyaganova. Back Row: Sara Kelley, Megan Staley, Assistant Coach Angel Smythe, Coach Chaney Yeast, Manager Meyer Nece, Captain Panda Ferrell, Shannon Scarlett. Not Pictured: Jessica Zepeda, Manager Mandy Reidburn, Manager Jamie Furby.



BOYS TENNIS. Front Row: Mike Fuller, Kirby Praseuth, Ryan Nemmers, David Kouang, Back Row: Corey Gipson, Stephen Joanides, Coach Rob Gloe, Chris Hatchet, Dillon Wonders, David Frost.



GIRLS TENNIS. Front Row: Nicole King, Karrie Craig, Jenny Smith, Lindsey Deaver, Nicholle Axser, Mone Kavan, Carolina Canas, Kaleena Halterman, Sarah Evans, Ayssa long, Diana Calo. Row 2: Nickelle Stevens, Brittany Jones, Johnna Leverich, Amanda Kindred, Cameo Cott, Coach Joyce Smith, Assistant Coach Chris Hatchet, Sandy Mendenhall, April LeClere, Christina Ackelson, Jessica Richardson, Jessica Barker. Row 3: Lindsey Carr, Stephanie Staples, Michele Warnock, Risha Booker, Tanesha Thompson, Nicole Lawrence, Trisha Boyles, Sorya Sunny, Pon Thipyothin, Misty Stanton. Back Row: Nina Moore, Rhi Nagy, Sara Joanides, Brooke Bennet, Lesley Olson, Laura Luce, Carrie Birkhofer, Meghan Templeton, Sara Westergaard, Melissa Papiani, Aleisha Collins, Ginger Stevens.



BOYSTRACK. Front Row: Ryan Bernhardt, Adriel Ward, Anthony Robinson, Derek McChurch, Terry Rice, Justin Rankin, Donald Holtry. Row 2: AJ Shipman, Richard Weigel, Randy Blackford, Tim Crowder, Todd Wacht, Nathan Gary. Row 3: David Moore, John Easter, Assistant Coach Ned Rasmussen, Coach Don Graves, Assistant Coach Mark Hurley, Laurie Meyer, Jacob Walker. Row 4: Dillon Wonders, Todd Bennett, Tim Froehle, Hugh McElvogue, DeMarco Darrah, Meyer Nece. Back Row: Maceo Anderson, Jason Davidson, Courtney Hayes, Jamie Furby, Nate Hibben, Maurice White, Keon Sharp, Roscoe Lewis. Not Pictured: Mike Gary, Mark Grimm, Nick Kraska, Chuck Mercer, Nathan Miller, Derek Pettijohn, Mark Potter, Oliver Powell.

GIRLSTRACK. Front Row: Paula Montoya, Stacie Hornocker, Tracie Lowe, Stacey Zelenovich, Jessica Randolph, Maria Utyaganova, Annelie Florin, Raffaella Punelli. Row 2: Demitrus Diedrich, Allemeshia Tiesman, Angie Davies, Jasmine Reed, Stephanie Shatz, Courtney Page, Tiffany Good, Sarah Van Tassel, Jonna Eastcott. Row 3: Leah Tedder, Jenny Golden, Coach Stacey Murray, Coach Debbi VanVelzen, Coach George Davis, Coach Lowell Long, Coach Greg Morse, Coach Scott Ryan, Jennifer Grochala, Kendra Stephens. Row 4: Tigre Williamson, Darcy Baker, Michelle Denning, Shakeela Newsome, Rebecca Rodriguez, Mary Froehle, Krystal Pickett, Danielle Zenor, Amy Griffiths. Row 5: Jackie Beener, Lindsay Steele, Tiffany Boggs, Misty Waltz, Lindsay Bennett, Tiffany Oliver, Amy Goddard, Shayla Lee, Shannon Scarlett. Back Row: Cheyenna McClish, Mandy Reidburn, Alyssa Wilson, Melissa Horton, Leona Wortham, Erika Reed, Montique Miller. Not Pictured: Jessica Jordan, Ashley Jordan, Cassie Peterson.





VARSITY BASEBALL. Front Row: Bryan Ford, Joe Kephart, B.J. VanVleet, Nate Tounsley, Jon Fick, T.J. Michelsen. Row 2: Zak Banks, Matt Constable, Dray Grantham, Luke Krpan, Adam Wilson, Brad Moore. Back Row: Bill Olson, Jamie McDaniel, Assistant Coach Trent Eckstaine, Coach Brian Luft, Assistant Coach Brian Hoff, David Freerksen, Josh Stapes.

SOPHOMORE BASEBALL. Front Row: Steve Edwards, Andrew Graeve, Josh Markle, Mike DeMoss, J.D. Smith. Row 2: Randy Blackford, Clint Nereim, Ryan Schuler, Jerry Holman, John Tulk, Kenny Paulding. Back Row: Jason Fitzgerald, Paul Drey, Coach Brad Hamilton, Lance Allison, Kevin Lundberg.



FRESHMAN BASEBALL. Front Row: Garrett Hagins, Jeff Zelenovich, Kyle Audlehelm, Montez Rankins, Adam Bolander, Nick McNeley. Row 2: Tyler Williamson, Kurt Sloan, Steve Edwards, Bo Harvey, J.D. Smith, Troy Parsons, Jared Mendenhall. Row 3: Gabe Hibben, Jason Thompson, Coach Marty Luft, Assistant Coach Chris Murphy, Matt Freerksen, Thomas Smith. Back Row: Rick Weigel, Aaron Hook, Brandon Snitker, Joe Merryfield, Jason Fitzgerald, Danny Lint.

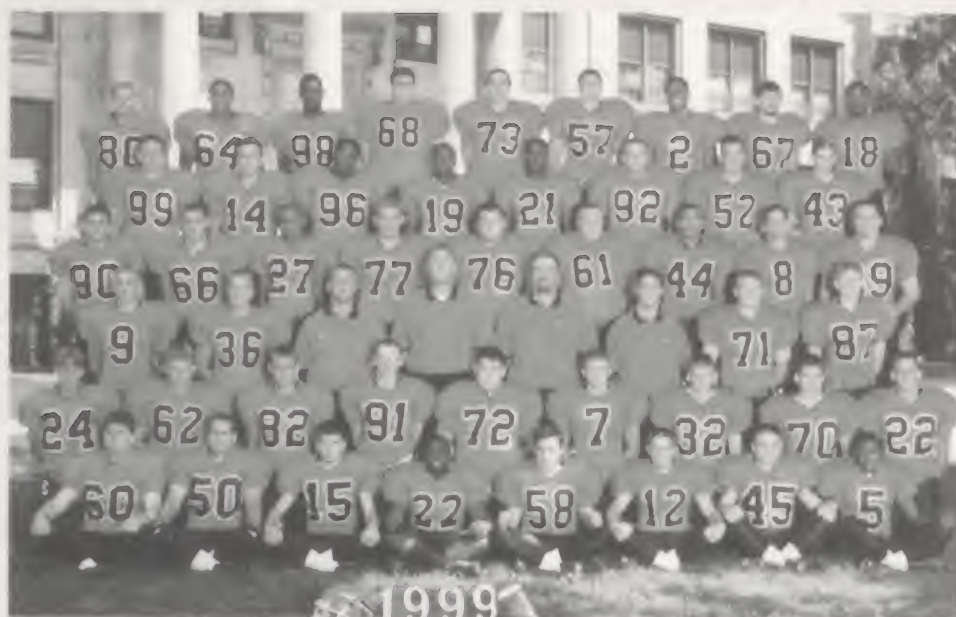
VARSITY SOFTBALL. Front Row: Stephanie Cozad, Stacey Carlos, Darcy Baker, Amanda Reed, Angela Bacon, Jenny Grochala. Row 2: Mandy Reidburn, Danielle Zenor, Michelle Denning, Tigre Williamson, Chrysta Bosley, Kathleen Robinson, Jackie Beener. Back Row: Lindsay Steele, Assistant Coach Marc Baethke, Assistant Coach Trisha Yencer, Coach Bob Savage, Tiffany Oliver, Not Pictured: Brandy Budd.



JV SOFTBALL. Front Row: Tigre Williamson, Brandy Budd, Jessica Ford, Chris Olson, Kristen West, Jessica Richardson. Row 2: Angela Bacon, Darcy Baker, Crysta Bosley, Michelle Denning, Amanda Reed. Back Row: Amy Griffiths, Coach Lizz Baethke, Amy Goddard, Coach Marc Baethke, Nickelle Stevens.

FRESHMAN SOFTBALL. Front Row: Sarah Raymond, Megan Logan, Jessica Payne, Beth Widlund, Britney Jones. Row 2: Darcy Baker, Brandy Budd, Kristen West, Kelly McFadden, Tiffany Dalrymple, Michelle Denning. Back Row: Amanda Ulmer, Tricia Yencer, Ginger Stevens, Asst. Coach Jenny Yaing, Alisha Collins. Not Pictured: Sarah Evans, Sarah Zust.





VARSITY FOOTBALL. Front Row: Ryan Nemmers, Ryan Bernhardt, Aaron Mowery, Jabre Norwood, Nick Piper, Nick Kraska, James Grasso, Nathan Gary. Row 2: Randy Blackford, Tim Crowder, Clint Nereim, Michael Munyon, Michael Sharon, Scott Burk, Ryan Schuler, Brandon Gregory, Kenny Paulding. Row 3: Meyer Nece, Jon Fick, Assistant Coach John England, Coach Ned Rasmussen, Assistant Coach Pug Starceovich, Assistant Coach Scott Ryan, Michael Reese, David Frost. Row 4: Josh Markle, Matt Evans, Maurice White Jr., Jason Brooks, John Sparks, Tod Wacht, Kenny Bass, Maceo Anderson, Oliver Powell. Row 5: Mike Redshaw, Mark Grimm, Nick Kemp, Roscoe Lewis, Courtney Hayes, Jamie McDaniel, Matt Breton, Joe Pett. Row 6: Mike Wyant, Tony Wharton, Keon Sharp, Jason Davidson, James Avon, Marshall Matlage, Tony Sanders, Alan Jones, Carl Shelton. Not pictured: John Galbreath, Mark Reed.

SOPHOMORE FOOTBALL. Front Row: Darren Cruchelow, Joe Thomas, Tony Robinson, Terry Rice, Tony Burrell, Troy Wacht, Allen Pierce. Row 2: Chris Crane, Joe Kephart, J.D. Smith, Gene Jewett, Ryan Grochala, Troy Parsons, Julius Johnson, Andre Lottie. Row 3: Tyler Card, Shane Clements, Coach Mike Teale, Coach Dan Sickles, Coach David Frost, Donald Holtry, Brad Boyd. Row 4: Chris Norwood, Joe Thompson, DeMareo Darrah, Dan Webb, David Marlenee. Back Row: Aaron Hook, Vince Gregory, Nick Fry, Justin Snider, Joe Merryfield. Not Pictured: Josh Best.



FRESHMAN FOOTBALL. Front Row: Chandy Sauvratat, Jon Piper, Jacob Blanker, Jared Graeve, Scott Phaydaving, Bryan Whiting, Adam Bolander. Row 2: Ray Fudge, Jeff Zelenovich, Garret Hagins, Matt Mitchell, Marcus Nece, Tyler Pinckney, Montez Rankins. Row 3: Brian Schulz, Dean Van Tassel, Matt Ballard, Damica Minter, Bo Harvey, Mike Chumbly, Tom Smith. Row 4: Andy Jensen, Nathan Nissen, Ross Loving, Neil Hall, Loren Harrelson, Jason Williams, Danny Lint. Back Row: Andrew Olsen, Reggie Ries, Dustin Fisher, Jason Metheny, Eric Radley, Jordan Turner. Not Pictured: Austin Peterson, Hector Sanchez, Derek Brady, Coach Ken Burgess, Asst. Coach Tom Sanders, Asst. Coach Mike Gale.

VARSITY VOLLEYBALL. Front Row: Kathleen Robinson, Amy Hornocker, Courtney Page. Row 2: Jackie Beener, Krystal Pickett, Lindsey Carr, Lindsay Steele. Back Row: Jessica Jordan, Amy Goddard, Coach Lizz Baethke, Mandy Reidburn, Tiffany Oliver.



JV VOLLEYBALL. Front Row: Misty Stanton, Courtney Page, Jessica Richardson. 2: Krystal Pickett, Michelle State, Jamie Rousseau, Stephanie Rover. Back Row: Amy Goddard, Assistant Coach Stephanie Fallis, Aleisha Collins. Not Pictured: Brandy Budd, Stephanie Cozad, Patsy Fredregill.



SOPHOMORE VOLLEYBALL. Front Row: Cheri Fenton, Amanda Grossman, Kati Bainter. Row 2: Tracie Althaus, Nicole King, Amanda Todd, Chantal LeFleur. Back Row: Melissa Horton, Kacie Westlake, Coach Kathy Erickson, Courtney Schieffer, Shannon Scarlett. Not Pictured: Aleisha Collins.



FRESHMAN VOLLEYBALL. Front Row: Beth Widlund, Danielle Campos-Anderson, Stephanie Cozad. Row 2: Ashley Munoz, Heather Kilby, Brandy Budd, Aimee Munoz. Back Row: Chelsea Pickett, Payton Petire, Coach Mary Decker, Jayme Wetzel, Crystal Smith.



GIRLS VARSITY BASKETBALL. Front Row: Jackie Beener, Manager Mandy Reidburn, Lindsay Hews. Row 2: Lindsey Bennett, Lindsay Steele, Kathleen Robinson, Amy Hornocker. Back Row: Asst. Coach Deb VanVelzen, Tiffany Oliver, Head Coach George Davis, Jessica Jordan, Asst. Coach Ken Morton, Amy Goddard, Asst. Coach Lowell Long. Not Pictured: Crystal Carr, Mary Froehle.

GIRLS SOPHOMORE BASKETBALL. Front Row: Tori Punelli, Crystal Carr, Katerina Isaac, Nicole King. Row 2: Jessica VanDyke, Moni Miller, Misty Waltz, Stacy Hester. Back Row: Melissa Horton, Shellique Thompson. Coach Lowell Long, Aleisha Collins, Shayla Lee. Not Pictured: Nina Moore.



GIRLS FRESHMAN BASKETBALL. Front Row: Tisha Rivas, Brandy Budd, Ashli Taylor, Stephanie Cozad, Teshe White. Row 2: Sara Neer, Heather Kilby, April Fisher, Crystal Smith. Back Row: Jayme Wetzel, Shannon Noble, Coach Deb VanVelzen, Micaela Mallett, Amanda Ulmer. Not Pictured: Stacey Carlos, Risa Cave.

VARSITY BOYS BASKETBALL. Front Row: Managers Pon Thipyothin, Christina Ackelson, Malisa Sam, Row 2: Lance Allison, Richard Lewis, Huck Jackson, Keon Sharp. Row 3: Jared Smith, Ted Harrington, Tommie Halsband, James Avon. Back Row: BJ VanVleet, Bryon Boggs, David Frost, Nate Hibben, Jermon Stokes.



BOYS SOPHOMORE BASKETBALL. Front Row: J.D. Smith, Larry Holloway, Steve Edwards, Terry Rice, Tony Burrell, Gene Jewett, Julius Johnson. Row 2: Sarah Evans (mgr.), Joe Kephart, Rick Weigel, Coach Mike Johnson, Coach Brian Luft, Patrick McGravey, Jason Fitzgerald, April LeClere (mgr.). Back Row: Jeremy Curl, Rod Stockbauer, Brandon Snitker, David Marlenee, Joe Merryfield. Not Pictured: DeMareo Darrah, Tyler Dearth.

BOYS FRESHMAN BASKETBALL. Front Row: Anthony Renfro, Chase VanZandt, Adam Bolander, Jon Piper, Junior Ochoa, Scott Phaydavong, Mike Chumbley, Montez Rankins. Row 2: Kory Anderson, Josh Ray, Kellie McFadden (mgr.), Buddy Burgett (mgr.), Tiffani Byrd (mgr.), Bo Harvey, Jeff Zelenovich. Row 3: Tom Smith, Julian Brown, Andrew Olson, Coach Brian Hoff, Coach Mike Teale, Dustin Shandri, Justin Cason, David Calo. Row 4: Dustin Fisher, Gabe Hibben, Danny Lint, Jordan Turner, Eric Radley, Jake Rogers, Scott Flaherty. Not Pictured: Jim Hurley, Sara Raymond.





BOYS CROSS COUNTRY. Front Row: A.J. Shipman, John Conn, Adam Thornton, Jeremiah Vincent, Justin Rankin, Gabe Hibben. Row 2: Nate Hibben, Hugh McElvogue, Coach Don Graves, Andrew Anderson, Scott Flaherty.



GIRLS CROSS COUNTRY. Front Row: Rebecca Rodriguez, Jenny Golden, Sarah Martineau, Renee Owens. Row 2: Amy Griffiths, Risa Cave, Cheyenne McClish, Leah Tedder. Back Row: Ashley Jordan, Coach Deb VanVelzen, Lindsey Bennett. Not Pictured: Shakeela Newsome.



BOYS GOLF. Front Row: Barney Kayser, David Lawrence, Jack Housley, Mike DeMoss, Justin Constable, Aaron Webb, Bryan McLaughlin. Row 2: Chris Miller, Richard Zubulake, Travis Roseberry, John Moran, Charles Lozano, Travis Tollari, Craig Williams, John Covalt. Row 3: Tony Antelman, Stephen Kahler, Assistant Coach Deb Waltz, Jesse Bainter, Coach Sy Forrester, T.J. Michelsen, Alex Kelly. Back Row: Dan Govoni, Cory Sonner, Brandon Snitker, Paul Augspurger, Matt Byrd, Jeremy Curl, Eric Brandt. Not Pictured: Eric Cooper, Chris Hanlin, Jeremy Young, Stuart Dalrymple, Nick Graham, Cody Grett, Robert Reynolds, Kevin Lundberg, Zach Peterson.

GIRLS GOLF. Sheena Gray, Coach Clark Roberts, Kathleen Robinson, Becky McAleavy.



GIRLS SWIMMING. Front Row: Ilka Schoettler, April Fisher, Kasandra Savage, Tiffany Dalrymple, Angela Vertz, Andrea Cook. Row 2: Molly Matlage, Danielle Reynolds, Sarah Ollie, Laura Luce, Becky McAleavy, Christina Ackelson. Row 3: Christi Bethards, Rachel Taggart, Christine Olson, Shannon Griffiths, Valerie Boland, Jessica Bush. Row 4: Ashleigh Dowell, Kira Campos-Anderson, Dorothy James, Katie Voll, Katie Murphy, Stacy Hester. Row 5: Mary Froehle, Lesley Olson, Dawn Ritchie, Christin Cady, Alison Lowe. Not Pictured: Ashley Armstrong, Jonna Eastcott, Heather Jones, Christina Lary, Amanda Palmer, Melissa Papiani, Coach Stan Thompson. Assistant Coaches: Susan Monahan-Blair, Eric Galvin.

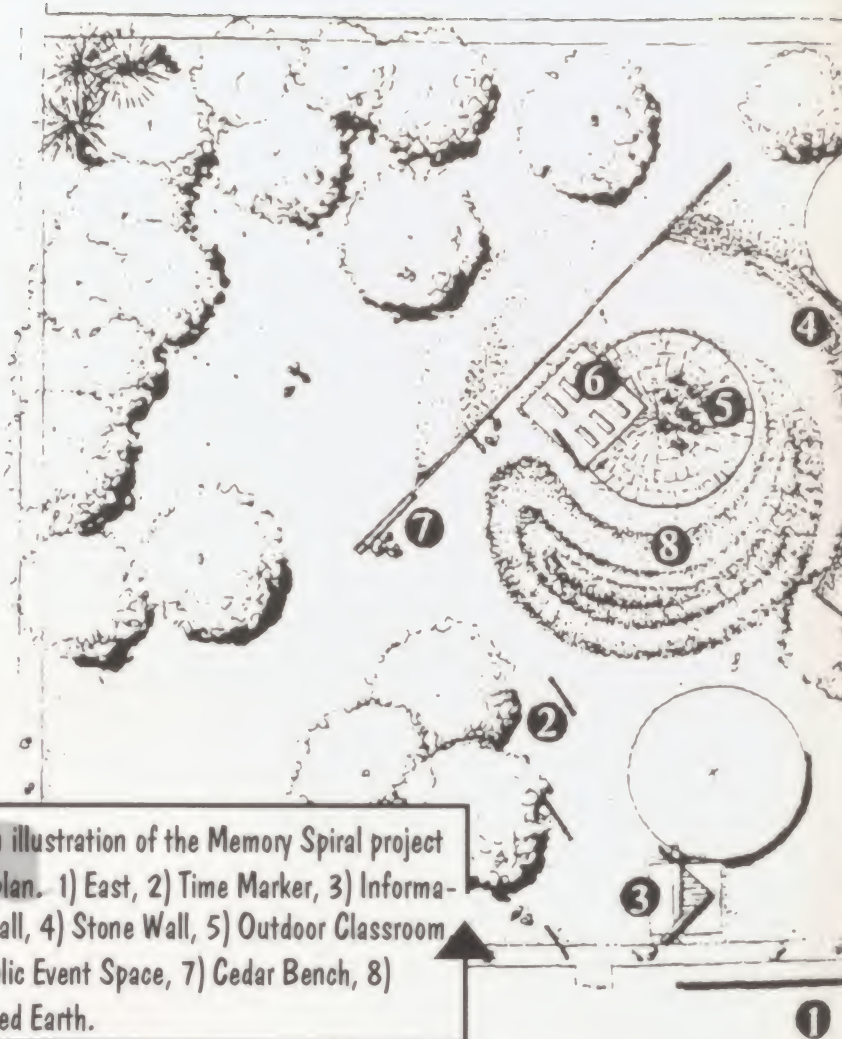


BOYS SWIMMING. Front Row: Troy Wacht, Raymond Fudge, Michael Moran, Neil O'Brien, Daniel Williams. Row 2: Alan Pierce, Adam Davis, Steven Strock, Brian Hicks, Tod Wacht, Ross Hesseltine. Back Row: Peter Sahling, Brandi Thurmond (asst. coach), Rachel Taggart (mgr.), Coach Sue Monahan Blair, Matt Evans, Justin Bales, Jamie Furby.



WRESTLING. Front Row: Perry Mila, Kjersten Harvey, Jeremy Vertz, Tyrone Bragg, Jabre Norwood, Sharky Baccam, Nick Piper, Jeff Buehler, Tony Leo, Brad Shanahan. Row 2: Jack Housley, Jeremiah Vincent, Ryan Thornton, Josh Taha, Andrew Graeve, Dustin Byers, Brandon Hagins, Jason Rice, Myer Nece. Row 3: Maria Herrera (mgr.), Richard Baccam, Garrett Hagins, Chris Hatchit (asst. coach), Head Coach Larry Jackson, Scott Rourke (asst. coach), Derick Anderson (asst. coach), Ben Erickson, Josh Davis, Robin Morris (mgr). Back Row: Heston Clark, Jason Davidson, Jason Metheny, Tony Sanders, Rocky Dhabolt, Todd Morris, Tim Crowder, Jared Metheny. Not Pictured: Brian Schulz, Josh Best, Brad Boyd, Kenny Paulding.

Students and staff begin their march into the gym for the Memory Spiral assembly (below). The parade was a reenactment of the school move in 1912. At far right, pictures and clothes of East's past are on display in the halls. The items were displayed for a week as a way to get students excited about the Memory Spiral project.



An illustration of the Memory Spiral project plan. 1) East, 2) Time Marker, 3) Information Wall, 4) Stone Wall, 5) Outdoor Classroom, 6) Public Event Space, 7) Cedar Bench, 8) Sculpted Earth.

Students listen as staff member and tour guide Diane Fleming talks about East's tunnels. The Tunnel Tours event raised over \$500.





A school spiralling into the future

It all started with a suggestion from the Art Center on ways to beautify Des Moines. So how did it end up being a 1.25 acre landscape project called the Memory Spiral?

"The art center contacted me about my award (as Iowa's Teacher of the Year) and then together we developed the landscape project," said teacher **Ruth Ann Gaines**.

"Originally we were just going to plant a couple of trees, but the students wanted an outdoor classroom as a way to connect the past to the present East."

And that's just what the Memory Spiral will do. A timeline describing important historical events in East's past and five time markers that contain time capsules are just two of the ways the connection will be made. Also, students and alumni will be able to purchase a limestone paver (ranging from \$50 to \$200) or bench (\$1,500).

"We've sold a few pavers but we need to sell a lot more," said senior member of the Memory Spiral committee **Matt Bird**.

The Memory Spiral project is going to cost over \$200,000 and a lot of money still needs to be raised. Besides selling pavers and benches, the committee has also been meeting these needs with fundraising.

"The fundraising (this year) went pretty well. I think we did OK on the Tunnel Tours," said Bird.

The Tunnel Tours, the most interesting of the committee's fund-raisers, let students see the archives, old pool and, of course, the tunnels of early East.

"I loved the green tiles that marked the tunnels, it was still shiny after many, many years," said tour guide and secretary **Diane Fleming**.

Along with fund-raisers, the committee is also trying to get local companies to help make the project happen.

"We're working on getting some construction companies to donate their time or money," said Gaines.

Once the committee is able to find a company, the only thing left will be to set a construction date.

"It's 'tentatively' scheduled to begin construction this coming summer," said senior committee member **David Frost**.

Although the project start is unclear, once it's done it should bring nothing but pride to East's students.

"I think the project will help beautify the school and have a positive effect on the community," said Frost.

"The idea was to create something that honors the history of East High, marks this class that is making something happen, and allows for future growth and expressions from the classes to follow."

-Taken from a letter from the Des Moines Art Center

by: Holly Buch

The Memory Spiral



Ads

Helping to Collaborate with East & STUDENTS

by: Nicole Lawrence

Since 1912, when East was built, the school has depended on a lot of people for its success.

Every year the community, local businesses and families have come together to help support East and its causes.

Their time and money have enabled East to buy and produce things that enhance the school. Without their funding, the school just wouldn't exist and definitely wouldn't be the same.

As the millennium approaches people and things are going to change. Hopefully the desire to help support East is something that will never change.



1970

Student Council changes its name and constitution. The new "Student Government" consists of three branches — Executive, Senate, SG House and Committees.

1971

A Math Lab is added for a more individualized approach to math.

1975

The North parking lot is built with the holding capacity of 102 cars; it also is used as a basketball court.



1979

**Computer scheduling
takes over and students
are no longer able to
plan their own
schedules.**

1983

**Bathrooms are remodeled
and Bathroom Supervisors
are appointed.**



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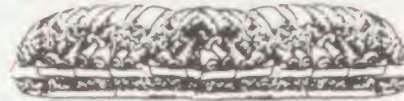
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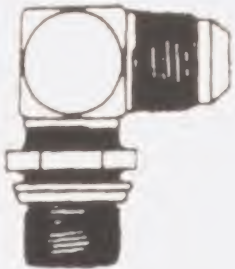
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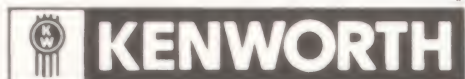
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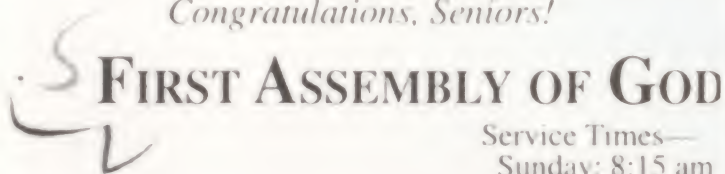


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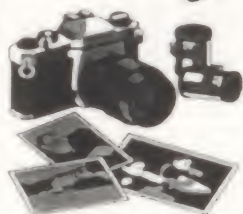
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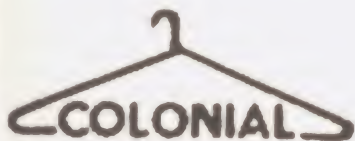
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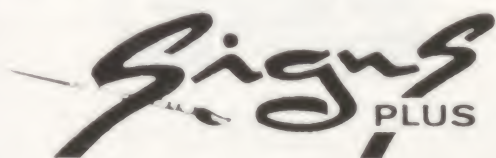
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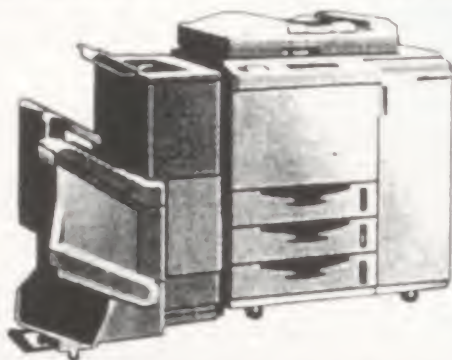
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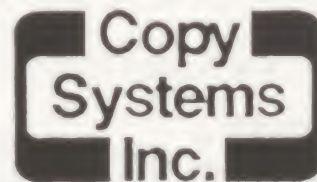
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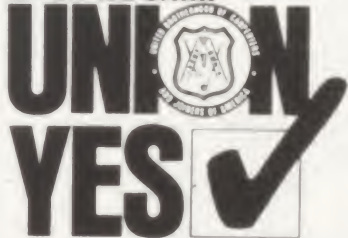
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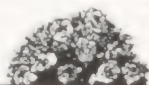
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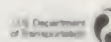
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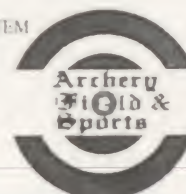
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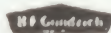
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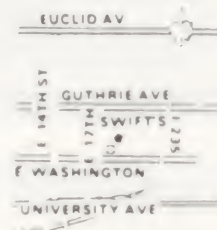


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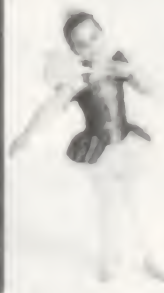


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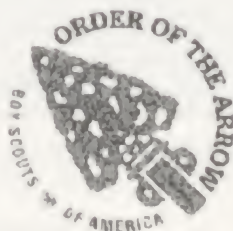
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Love Always
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David, Grandma,
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— Jessica Jordan —

There are so many things we want for you, as we watch you grow into your own life and leave your childhood behind.

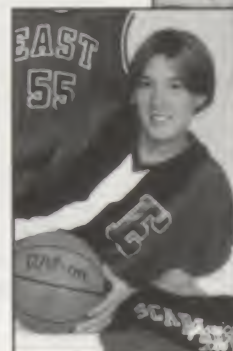
We wish you a world of adventure and experience. It makes us especially proud that you know who you are and where you are going.

But our greatest wish of all is that you will always remember how much you are loved—for you are a beautiful and special person...

A woman we are PROUD to have for a daughter.



**Love,
MOM & DAD**



To Amy

May the good Lord be with you
down every road you roam.
And, may sunshine and happiness surround
you when you're far from home.
And, may you grow to be
proud, dignified, and true.
And, do unto others as
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Be courageous and be brave.
And, in my heart you'll always stay.
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May good fortune be with you.
May your guiding light be strong.
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And, may you never love in vain and
in my heart you will remain...
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And, when you finally fly away,
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Today is the *Day* We Last Forever!



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erything you do is a model to others.
We love you
Mom & Dad



—Jenny Blakeman—
You've come so far—with much
more to Come!
You've made us so Proud!
All our Love,
Mom, Courtney,
"Uncle", & Aunt Dena



—Jackie Beener—
You have accomplished great things. We are
very proud of you. Love,
Mom, Dad, & Sarah



—Tiffany Oliver—
May all your hopes and dreams come true.
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Brandy—

We have watched you grow.

We shared your tears, and joys.

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dreams.*

We raised you to be a leader not a follower.

*We saw you grow from a baby that needs care
to a young lady with a love of life and calling.*

We hope that all your dreams come true.

Keep putting your heart into what you do.

Congratulations to our Millennium Girl.

We are so proud of you.

Love,

Mom, Dad & Bubba and extended Family.



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Congratulations Seniors

*Ruth Ann Gaines
1997 Iowa Teacher of the year*



—1999-2000 Theater Arts Students—

Row 1: Ellen Rothweiler, Theresa Johnson

Row 2: Kandra Paddock, Amy Giddings, Savannah Wadsworth, Desiree Johnson, Adam Jordison, Brooke Nowadzke

Row 3: Rachel Taggart, Ilka Schoettler, Johnna Leverich, Wendy Mehl

Row 4: Amanda Davis, Aimee Hankins, Kirsten Nichols, Christa Bosley, Mike Wolf, Troy Wacht.

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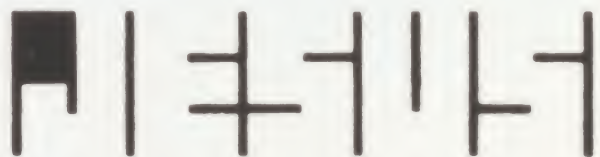
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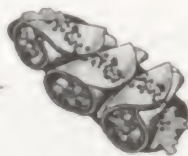
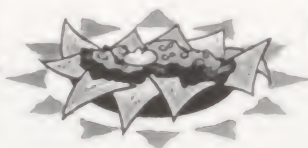
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Treble Choir Senior Members: Marquita Jenkins, Jessica Terrazas



Voice Class Senior Members: Tyrone Braff, Marquita Jenkins, Hilary Waller, Jessica McClaskey, Cody Pfau

Congratulations Class of 2000



Gospel Choir: Senior Member, James Fox



James McNear, Director



Mixed Choir Senior Members: CarrieLynn Meek, Christina Smith, Cindy Easter.



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Class of 2000*



—Brooke Bennett—



—Stephanie Miller—



—Jenny Edwards—



—Sarah Dority—



—Tiffany Good—



—Amber Johnson—

Class of 2000



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East Debate

1999-2000



Super Erin (at left) is hard at work.

Above, Mackenzie dazzles the court while trapping the witness.



Top 5 arguments overheard in the debate room:

1. How does that cause nuclear war?
2. Who is Cassiopeia and why does she have a Snood high score?
3. ...for real ...or for fake?
4. That's my Felons and Revolutionaries CD!
5. I really don't think a pool table would fit in the back of the room, Mr. Miller.

**WISHING ALL THE
“2000” EAST HIGH GRADUATES
“GOOD LUCK”**

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Erin Brown	1995
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Daughters – Amy (Brown) Davison	1990
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Kristie (Swacker) Vogel	1991
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Children – John Swacker	1996
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MARLYS (SWACKER) JONES	1971
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Anna Jones (Marlys’ Daughter)	2000



— Anna Jones —

PRESENT STUDENTS

James J. Swacker (James’ Son) 2001

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Class of 2000



- Row-1: Lindsey Thompson,, Demitrius Deidrich, Mandy Reidburn,Tyechia Burgess, Jenny Edwards, Leslie Olson, Kari Warren, Phut Hoang Van.
- Row-2: Tiffany Oliver, Jennifer Blakeman, Nickolle Stevens, Brooke Bennette, Lisa Gathercole, Amy Griffiths, Amber Johnson, Stephanie Miller, Linda Her.
- Row-3: Miriam Luna, Julanda Brown, Angela Gardner, Stephen Kirkpatrick, Lindsey Gorden, Katie Voll, Heather Knight, Leah Tedder, Jason Davison, Sara Dority
- Row-4: Emily Johnson, Nate Hibben, Ryan Nemmers, James Grasso, David Frost,Nate Crooks, Christina Ackleson, B. J. VanVleet, Jon Fick, Amy Hornocker, Dan Govoni, Cory Sonner.
- Advisor: Donna Christensen

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SUE HOOK

KATHY KAHLER

CATHY STEVENS

SHAWNA GRAEVE

PEG FROEHLE

RANDY HESSELTINE



East High School Booster Club

Congratulations, Jessica Lynn Terrazas



*No matter what the future brings for you...
always remember—*

Whatever you do, do your best!

Wishing you a lifetime of happiness

We are so very PROUD of you!

Love,

ART & OLGA, LEONNELL & DANNIELL



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Flute, 4 years



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Clarinet, 4 years



—JULIE SAMUELSON—
Flute, 4 years



—*Labor Day Parade*—
Grand Marshall, Vice President, Al Gore.
EHS Colorguard presented the colors.

Congratulations Seniors Class of 2000



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—EMILY STOKKA—
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Congratulations, Lou Ann!



**We are Very Proud
of you!**

—2000—

**Mom,
Dad, &
John
Covalt**



*The Scroll Staff thanks the Work/Study students in
Ms. Sears' class for their "labor of love" in helping with
the distribution of the paper.*

Your year-long efforts made it all possible. Thanks!



Jennie Varico



Josh Gerriells



Linda Her



Phut Hoang Van

Four years ago we started our journey through high school, can you remember how we thought we were so cool? Three years ago we were still young and naive, but we, we had dreams and we believed. Two years ago we moved towards the top of the ladder, and we felt that we really mattered. This year we are at the top, and our high school life shall come to a stop. But, this year will always be remembered, and we shall soon be alumni members.

—David Frost

Quill 2000 *Some Things Never Change*

*As we leave the steps of East High,
we take with us our pride and heave a heavy sigh.
The things we've learned, the friends we've made,
the memories we've shared will never fade.*

*Those who have crossed our paths in life,
have made a difference in all our shared strife.
They've helped us laugh, they've helped us cry,
they've come to be our support system without a lie.*

*As this journey ends, a new one begins,
but what was in high school will still be here ten years again.
The things we've learned, the friends we've made,
the memories we've shared will never fade.*

We have proudly had the honor of expressing East High excellence and traditions for three years. It has come for our time to move on and pass the torch. We leave you, the Quill staff of 2001, with a legacy to carry on. As the world changes around you, always remember one thing will **never change...** the spirit of the *Scarlet!*

Lou Ann Cevalt



Nicole Lawrence



Tiffany Roby

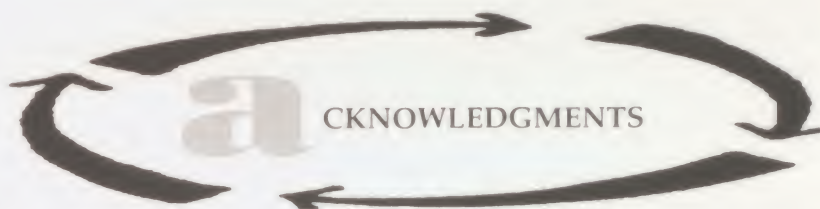


Ashley Vitirillo





- » The Herff Jones Yearbook plant in Mission, Kansas produced 1150 copies of the 2000 *Quill*. Twenty-eight staff members put together the 336-page spring-delivery book on 80 lb. Bordeaux Special paper.
- » The laminated lithograph cover is printed with four-color process soy ink. Endsheets are printed with black ink on scarlet Vibracolor paper stock. The 8.5" x 11" book is printed with offset lithography and is Smyth-sewn, rounded and backed. The majority of the copy throughout the book is 10 point Tiepolo.
- » All pages were submitted on Zip cartridges using 12 Macintosh computers and the applications Microsoft Word, Adobe Illustrator, and Adobe PageMaker. Most of the ads and backgrounds for some of the pages were submitted as camera-ready art.
- » Books were sold from September through November for \$35. The 2000 *Quill* was completed on March 3. The Herff Jones representative was Chris Heikes.



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» **Special Thanks:**

Artists:
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Zack Peterson
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Brandon Weiland

»

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To the many students under adviser Nancy Hansen's direction in the marketing sales and desk-top publishing classes, thanks for all your hard work.

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Closing

BEST things Of life in your OWN BACKYARD

by: Tiffany Roby

Throughout life you experience many changes and overcome various obstacles.

During these times you know you always have a certain support system. Whether it is people of the community, a teacher or your family, you always know that you can go to them for help. When you need support these people will be the ones to help you achieve your goals, when you feel as though they are too hard to complete.

Even though a lot is changing with the new year and the millennium, you will still have that support system to help you adjust to new life experiences. Be assured, some things will never change.





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Limp Bizkit and Korn

Korn's alternative funk-metal sound positioned the group among the most popular and provocative to emerge during the post-grunge era in 1999. After their debut album in 1994, Korn has slowly risen to the top. *Follow the Leader* has been on the charts for more than a year and their latest album, *Issues*, was released to good reviews. One of the most energetic groups in the fusion of metal, punk and hip-hop, **Limp Bizkit** was formed in 1994 by vocalist Fred Durst and his friend, Sam Rivers. Limp Bizkit's much-anticipated second album, *Significant Other*, was the fifth best-selling album in 1999.

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Boris Yeltsin

Former Russian President Boris Yeltsin was not a healthy man. Because of his health, Yeltsin resigned at 68 and Vladimir Putin became the new active president. Yeltsin had been hospitalized for an ulcer, pneumonia, bronchitis and heart trouble during his second term. He also had a quintuple bypass operation in 1996. And as the year came to a close, he was hospitalized again with high fever and the flu.

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Top Ten Rentals

- 1 Shakespeare In Love.....Gwenyth Paltrow
- 2 Analyze This.....Robert De Niro, Billy Crystal
- 3 Payback.....Mel Gibson
- 4 Cruel Intentions.....Reese Witherspoon, Ryan Phillippe
- 5 ED TV.....Matthew McConaughey, Jenna Elfman
- 6 8MM.....Nicholas Cage
- 7 Go.....Sarah Polley, Katie Holmes
- 8 A Civil Action.....John Travolta, Robert Duvall
- 9 Enemy of the State.....Will Smith, Gene Hackman
- 10 The Corruptor.....Mark Wahlberg, Chow Yun-Fat



Presidential Election

Competing for the first presidency in the twenty-first century were: **Bill Bradley** (D), a well known former pro basketball star and New Jersey senator, **George W. Bush** (R), Texas governor and son of former President George W. Bush, Senator John

McCain, and vice-president **Al Gore**.

Bush and Gore were front and center but Democratic rival Bradley gave the VP an unexpected run for his money.

The election will be held the second Tuesday in November.

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Hurricane Floyd

Charging up the East Coast with fearsome winds and drenching rain was Hurricane Floyd. More than 8,000 members of the National Guard in Florida, Georgia, South Carolina, North Carolina and Virginia were mobilized to help communities recover from the destruction that cost an estimated \$1.3 billion. With winds hitting 155 mph., Floyd closed schools and airports and even postponed a meeting of the United States Security Council in New York.

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Top Ten Singles

- 1 "Heartbreaker" Mariah Carey (feat. Jay-Z)
- 2 "Smooth" Santana (feat. Rob Thomas)
- 3 "Unpretty" TLC
- 4 "Mambo No. 5 (A Little Bit Of...)" ...Lou Bega
- 5 "She's All I Ever Had" Ricky Martin
- 6 "Genie In A Bottle" Christina Aguilera
- 7 "Someday" Sugar Ray
- 8 "I Need To Know" Marc Anthony
- 9 "My Love Is Your Love" Whitney Houston
- 10 "Scar Tissue" Red Hot Chili Peppers



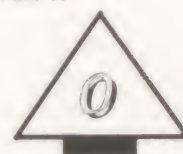


Country Music

Emerging in the 90's, Shania Twain has become the most popular country music artist since Garth Brooks. In 1997, she released her latest album *Come On Over*, making a break-through into the pop charts. It remained at the top of the charts for two years and was the fourth best-selling album of '99. Going quadruple

platinum and winning vocal group of the year at the 1999 CMA awards is the **Dixie Chicks**. Rising from relative obscurity to become one of the most popular acts in contemporary country music, they have achieved enormous success with their debut album of *Wide Open Spaces*.

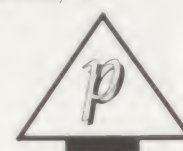
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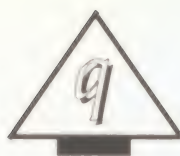
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Death of JFK, Jr.



On July 19, 1999, John F. Kennedy, Jr., his wife, Carolyn Bessette Kennedy, and her sister were killed when the small plane that

Kennedy was piloting crashed into the waters off the coast of Hyannisport, MA. JFK, Jr. was a cofounder of *George* magazine and many felt that he would have followed in his father's footsteps into the political arena.

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Top Ten Albums

1	Millennium.....	Backstreet Boys
2	Baby One More Time.....	Britney Spears
3	Ricky Martin.....	Ricky Martin
4	Come On Over.....	Shania Twain
5	Significant Other.....	Limp Bizkit
6	Fan Mail.....	TLC
7	Devil Without A Cause.....	Kid Rock
8	Wide Open Spaces.....	Dixie Chicks
9	Americana.....	The Offspring
10	The Miseducation of Lauryn Hill.....	Lauryn Hill

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Super Bowl XXXIV

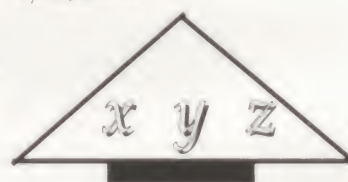
Super Bowl XXXIV, Jan. 30, 2000. The Saint Louis Rams defeated the Tennessee Titans, 23-16, in what was arguably the most exciting finish ever in a Super Bowl. After the Rams took the lead on Kurt Warner's 73-yard TD pass to Isaac Bruce with 1 minute and 54

seconds left in regulation, Tennessee drove the field, with Steve McNair's pass to Kevin Dyson coming up just a yard short of tying the game as time expired. Warner, who previously played for the Iowa Barnstormers, was named the game's MVP.

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2. Double Jeopardy
3. Fight Club
4. Bringing Out the Dead
5. Story of Us
6. American Beauty
7. Three to Tango
8. Bats
9. Sixth Sense
10. Three Kings



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 Zigler, Brian 54
 Zimmerman, Shelbie 54
 Zimmerman, Tammy 26
 Zbulake, Richard 33



The President and his wife

President William Jefferson Clinton will be the last president of the Twentieth Century. He was first elected in 1992 when a sluggish economy took its toll on the relatively popular George Bush. Going into the 1996 election, Clinton's approval ratings soared and never faltered through Election Day. Toward the end of his second term, he survived an impeachment trial. Clinton's wife, **Hillary Rodham Clinton**, proved to be an ambitious and politically savvy First Lady, which fueled speculation that she would run for the Senate, representing New York, in the 2000 elections.





1989

East football goes 9-2 with a first round win in the playoffs. They eventually would lose to Ankeny in the second round.

1991

The floor in room 110 caved in, landing in the math room below. No one was hurt because it happened during the summer when construction work was being done.

1994

Controversy spilled over as the Des Moines School Board made plans that East would have to share Williams Stadium.

1997

Students celebrate Homecoming by leaving a bath tub on the front lawn at Lincoln High. The tradition of leaving some sort of household oddity at the rival school has been carried out every year since.

2000+

East High looks toward the future with plans of being around for well over another 100 years.

